



2022 SAIL CENTRAL CHAMPIONSHIP at HYC FRUITBOWL With U17 Central Canadian Regional Championships JULY 21-24, 2022

Host: Hudson Yacht Club
Organizing Authority: Sail Canada

NOTICE OF RACE

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024.
- 1.2 Appendix P will apply as changed by NOR 1.3
- 1.3 Rules P2.2 and P2.3 will not apply and Rule P2.1 is changed so that it will apply to any penalty.
- 1.4 Racing Rule 40 will be in effect at all times while afloat without the displaying of signal flag Y. This changes the preamble to Part 4 and rule 40.

2. ADVERTISING

- 2.1. Boats may be required to display advertising chosen and supplied by the organizing authority.

3. ELIGIBILITY and ENTRIES

- 3.1. The regatta is open to eligible sailors in the following classes:

Optimist

Opti Green (beginner sailors born later than 2007)



- Opti White** (for sailors that have not reached the age of 11 years old before the first day of scheduled racing at the event)
- Opti Red** (for sailors that have reached the age of 13 by the first day of scheduled racing at the event and who are not older than 15 years old as of December 31st of the year of the event)
- Opti Blue** (for sailors that have reached the age of 11 by the first day of scheduled racing at the event and are younger than 13 years of age as of the first day of the event)

Club 420	12 and up	CII	Open
ILCA 4 (Laser 4.7)	12-16	Sailboarding	12 and up
ILCA 6 (Laser Radial)	12 and up	2.4m	Open
ILCA 7 (Laser)	16 and up	Open class	Open
29er	15 and up		

With the exception of optimist fleets, all ages are as of December 31, 2022,

3.2. Eligible sailors may enter by registering online:

Event website - <https://www.regattanetwork.com/event/24219>

Competitors - https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=24219

Coaches - https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=24314

- 3.3. All competitors must present proof of age and Sail Canada membership according to Sail Canada's Application of RRS 75 for sailor Eligibility-see Annex 1.
- 3.4. All competitors must present any required waivers and medical release forms signed by a parent or legal guardian at the sailor check-in desk. Required waivers and medical release forms are available to download during online registration.
- 3.5. For competitors who have not reached the age of consent, the parent or guardian of such competitor shall identify in writing a parent or adult representative that shall be responsible for the competitor throughout the event.
- 3.6. A minimum of three boats is required to constitute a class.



4. FEES

4.1. Required fees are as follows:

Early bird special until July 14, 2022 at 20h00

The 4-day event includes 2 days of on land and water training and 2 days of racing. Lunches for all 4 days and a Saturday night dinner are also included in the below registration fee.

Sailors:

Single Handed - 180.00\$/boat

Double Handed - 360.00\$/boat

Coaches: \$92.00/ coach*

**The coach fee includes the above, as well as 40L gas for coach boats and a coach dinner on Friday night.*

After July 14, 2022, there will be an additional fee of \$50.00.

5. SAILING INSTRUCTIONS

5.1. The Sailing Instructions will be available upon completion of registration at the Hudson Yacht Club.

6. VENUE

6.1. The Hudson Yacht Club is located in the town of Hudson on the Lake of Two Mountains.

6.2. Regatta participants and registered campers may use the club facilities during the Regatta.

6.3. HYC by-laws do not allow dogs on club grounds except for going to and returning from boats in the harbour.

7. THE COURSES

7.1. There will be three course areas. Courses will be detailed in the Sailing Instructions.

8. PENALTY SYSTEM

8.1. For the 29er class Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.



9. SCHEDULE

Provisional Schedule of Events	
Wednesday, July 20, 2022	
1600 - 2000	Registration and Check-in
Thursday, July 21, 2022	
0730 - 0900	Registration and Check-in
0830	Welcome Ceremonies
0915	Fruitbowl Clinics Start
1600 - 1700	On-Land Debriefing by SAIL CANADA Event Coach & Coaches
Friday, July 22, 2022	
0900	Fruitbowl Clinics Continue
1100	Practice Race Warning Signal
1600 - 1700	On-Land Debriefing by SAIL CANADA Event Coach & Coaches
1600 - 1800	Registration and Check-in
1800	Coaches Dinner
Saturday, July 23, 2022	
0700 - 0900	Registration and Check-in
0815	Coaches Meeting
0830	Skipper's Meeting
1000	Warning Signal for 1 st Race of Day
After Racing	On-Land Debriefing by SAIL CANADA Event Coach & Coaches
1800	Regatta Dinner
2000	Bonfire
Sunday, July 24, 2022	
0815	Coaches Meeting
1000	Warning Signal for 1 st Race of Day
THERE WILL BE NO RACE WARNING SIGNAL MADE AFTER 1400	



10. AMENDMENTS

10.1. Any amendments to this Notice of Race will be posted no later than July 1st, 2022.

11. SCORING

11.1. Seven races are scheduled. One race must be completed to constitute a series.

12. DISCLAIMER OF LIABILITY

12.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, or after the regatta.

13. RADIO COMMUNICATION

13.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

14. PRIZES

14.1. Prizes will be given as follows:

14.2. SAIL CANADA medals & Helly Hansen prizing will be awarded to the top three finishers in all classes.

14.3. Other prizes may be awarded.

15. INSURANCE

15.1. Each participating boat shall be insured with valid third-party liability insurance.

16. SAFETY

16.1. All boats are required to have a minimum 5 meter long by 7mm diameter floating line attached to the mast while afloat. Sheets or other rigging may not be substituted for this purpose.

17. RIGHTS TO USE NAME AND LIKENESS



- 17.1. In participating in the event, a competitor automatically grants to the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or film television and other reproductions of him/her during the period of the competition for the said event is which the competitor participates and in all material related to the said event without compensation.

18. FURTHER INFORMATION

- 18.1. All regatta announcements will be made using the Fruitbowl's social media accounts. Follow the below accounts to ensure that you are up-to-date with the latest news.

Facebook: <https://www.facebook.com/sailfruitbowl/>

Instagram: <https://www.instagram.com/sailfrutibowl/>

Twitter: <https://twitter.com/sailfruitbowl>

Hudson Yacht Club
Yacht Club Road
Hudson, Quebec
J0P 1H0
Canada
Tel: 450-458-5326
Fax: 450-458-5141
info@hudsonyachtclub.com

19. ACCOMMODATIONS

- 19.1. A limited number of camping sites will be available at HYC. Allocation of camping sites will be on a first come basis on receipt of registration and fees.
- 19.2. A list of accommodation choices is also available here:
<https://www.google.ca/maps/search/ACCOMODATIONS/@45.3762816,-74.2189896,11z?dcr=0>



1:

Application of RRS 75 to determine Sailor Eligibility at Sail Canada Events and National Sailing Competitions in Canada.

The following items are required to show at registration desk check-in to confirm eligibility to race:

1. Sail Canada member card (and valid proof of age for age restricted events); or
2. Proof of membership with a Sail Canada member club or other Sail Canada member organization, or other ISAF member national authority (MNA)*, (and valid proof of age for age restricted events).

A sailor without

- Sail Canada member card, or
- Proof of membership with a Sail Canada member club or other Sail Canada member organization, or
- Proof of membership with other ISAF member national authority

may obtain a Right-to-Race card which will be available at the registration desk for a fee of \$35.00. A Right-to-Race sailor card is valid until the completion of the event being entered.

Sail Canada member cards are issued by the Provincial Sailing Associations, who then issue them to Sail Canada member clubs. Directors or managers at the clubs then issue the cards to their members.

Proof of age – the following are valid forms of proof of age:

- Valid passport
- Provincially issued identification – e.g. driver's license, health card;
- Municipally issued photo accreditation that includes full name and birth date;
- School-issued photo accreditation that includes full name and birth date.

Proof of membership with a Sail Canada club or other organization – the following are acceptable means to prove membership or affiliation:

- Membership card from Sail Canada member club or other organization (or other ISAF MNA) – such card indicating name and type of membership held;
- Official and original signed documents (or copy – facsimile or electronic file) from director of the Sail Canada member club or other Sail Canada member organization – such document is to be on letterhead of the club or organization, and need name the competitors and indicate the nature of the membership or affiliation with that organization;



- On-site reference to member list on official website of the organization – such list will indicate full name and nature of the membership or affiliation.

