

WIND Clinic Laser Schedule



With exception of Monday's check-in, all times will be variable.

Schedule subject to change at coach's discretion and the fate of the winds . . .

Please note: all meals are BYO

Monday

0900-1100: arrival, check in, pre-rigging
1100-1130: introductions, venue info, chalk-talk/demos
1130-1300: on-the-water drills
1300-1400: lunch on shore, morning debrief
1400-1600: on-the-water drills
1600-1700: de-rig, debrief, and refuel

Tuesday

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Wednesday

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Thursday

0900-1000: rigging (on sailor's own time)
1000-1030: morning chalk-talk/ land demos
1030-1200: on-the-water drills
1200-1300: lunch on shore, morning debrief
1300-1500: on-the-water drills
1500-1600: de-rig, debrief, and refuel

Wind Laser Clinic Coaches

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