

# NARRASKETUCK YACHT CLUB

## SAILING INSTRUCTIONS

### 1.0 Rules:

The regatta will be governed by the "THE RACING RULES OF SAILING 2021-2025" as adopted by the United States Sailing Association (USSA), except as modified by these instructions, the Narrasketuck YC GSBYRA Invitation Insert, and such Class rules as do not conflict with Parts I and II of the USSA rules.

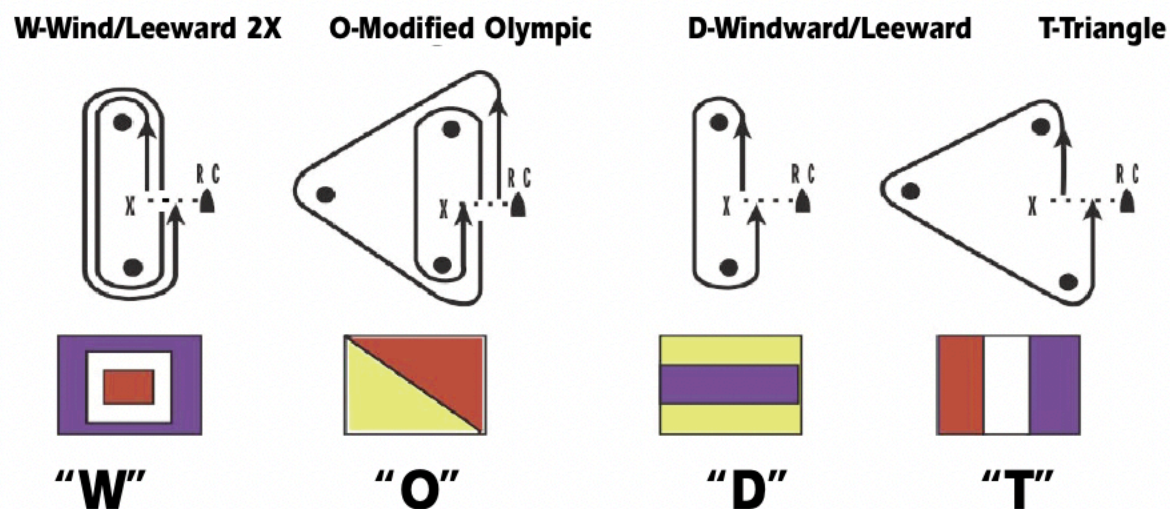
### 2.0 Changes in Sailing Instructions:

Any change in the sailing instructions will be posted on the Regatta Notice Board not less than one hour before the WARNING SIGNAL for the next race. The Regatta Notice Board is the one on the Club House porch. Conflicts between NOR and SIs will be resolved in favor of the SIs.

### 3.0 Schedule of Races: Start time 1:00 pm, three races and out.

#### 4.0 Courses:

- The courses to be raced will be signaled from the RC by the appropriate letter code flag. (see diagrams below).
- When a green flag is displayed below the course code flag (on the same staff), all marks shall be left to STARBOARD.



### 5.0 Starting sequence: RRS 26: The time sequence is 3 minutes. Rolling Start.



**Warning**  
• -3 minutes

↑ with SOUND



or other class flag

**Preparatory**  
• -2 minutes

↑ with SOUND



**1 Minute**  
• -1 minute

↓ with LONG SOUND



**Start**  
• 0 minutes

↓ with SOUND



Rolling Start...



or other class flag

### 6.0 Start Finish Line:

- The starting and finishing line will be between a ORANGE flag on the Race Committee boat and a distinctive Special Mark generally a round WHITE Sphere.
- Boats failing to keep clear of the Starting Area prior to their preparatory signal are subject to dsq.
- A starter who does not finish should notify the Race Committee as soon as possible.
- Starting and Finishing line is an obstacle. Do not cross except for Starting and Finishing. Closed Gate.
- Boats that have finished must clear the finishing area or the RC reserves the right to DSQ them.

### 7.0 Marks:

Primary marks will be Yellow Cylinders approximately 5 feet in height. Secondary marks are orange triangles 4 feet in height.

### 8.0 Recalls:

- Individual recall (X Flag): To the extent practicable, each premature starter will be recalled by one blast of a distinctive horn or other sounding device accompanied by a hail of the sail number. The onus of making a fair start lies with each yacht, and failure to hear or heed a recall will not prevent disqualification of a premature starter.
- General recall (FS Flag): The entire class will be recalled by two blasts of a distinctive horn or other sounding device accompanied by a hail "GENERAL RECALL". The clock will continue to run and the next signal will be the Preparatory signal for the recalled Class. In effect, the start has slipped six minutes for all Classes that have not yet started.

### 9.0 Protests:

- As defined in USSA Part 5.
- Notify the Race Committee as soon as practicable.
- Deliver to the Race or Protest Committee no later than 30 minutes after the RC boat docks a written protest form. Protest forms are available in the Club House.
- A protest flag is not required to be flown on single-handed class yachts, but you must hail "Protest" at the first reasonable opportunity.

### 10.0 Time limit:

A time limit of (One hour) will apply to each race. Any race in which the first boat of a Class does NOT finish in One Hour will be abandoned for that Class. Any boat finishing more than 20 minutes after the first boat in it's class will be scored DNF.

### 11.0 Scoring:

The low point scoring system, Appendix A RRS will apply. There will be one throw-out for every six races.

- Position Points - 1 for 1st, 2 for 2nd, 3 for 3rd, etc., after removal from ranking of all DNF, WDR, DNS and DSQ boats.
- DNF & WDR - 1 point more than the number of boats entered in the Series.
- DNS & DSQ - 1 points more than the number of boats entered in the Series.
- Handicap system will be the Portsmouth (GSBYRA Year Book), if not available the NYC Race Committee will arbitrarily assign one.

### 12.0 Safety:

- A Coast Guard approved life jackets are mandatory for all sailors 18 or under. All other sailors have an option which is left up to the skipper of each craft unless the "Y" flag is displayed. PDF's must be worn on the docks and on the water while racing.

### 13.0 Race Signals:

Code Flag	Sound Signals	Definition
AP (Answering Pennant)	2	Postponement
C (Red, White and Blue Stripes)	1 Repeated	Position of next mark has changed
I (Black Circle on Yellow Field)	1 Long	Rule 30.1 is in effect
L (Black and Yellow Squares)	1	Come within hailing distance
M (White Diagonals on Blue )	1 Repeated	Replaces missing mark
N (Blue and White Checkers)	3	All races are abandoned
S (Blue Square on White Field)	1	Course shortened
X (Blue Cross on White Field)	1	Individual recall
Y (Red and Yellow Diagonals)	1	Wear personal buoyancy
FS (First Substitute)	2	General Recall

### 14.0 Disclaimer of Liability: Competitors participate in the regatta at their own risk. Must follow U.S. Dept of Homeland Security Covid 19 rules for masks and human contact.