

# Doc Gilbert Potomac Cup Regatta

May 7 and 8, 2022

Potomac River Sailing Association

Hosted by Lightning Fleet 50 and Inland 20 Fleet PO

Leesylvania State Park, Woodbridge, VA

## SAILING INSTRUCTIONS

### 1. RULES

The regatta will be governed by the 'rules' as defined in the *Racing Rules of Sailing* (RRS).

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on Regatta Network which will be the official notice board.

### 3. CHANGES IN SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on Regatta Network by 8 AM Saturday and will be available at the competitor's meeting on Saturday. Any changes to the schedule of racing will be posted by 8 PM the previous evening.

### 4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on a committee boat at the dock.

4.2 If a postponement (flag AP) is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered. This changes RRS Race Signals "AP".

### 5. SCHEDULE

Competitor's meeting: **1030 Saturday**

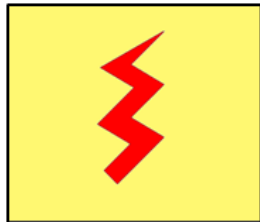
The scheduled time of the warning signal for the first race is **1200 on Saturday** and is **1000 on Sunday**.

No warning signal will be made after **1600 on Saturday** and after **1400 on Sunday**.

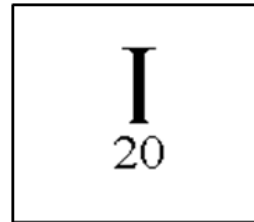
### 6. CLASS FLAGS

The class flags will be:

Lightning



Inland 20



### 7. RACING AREA

The race committee intends to conduct races on the Potomac River, approximately one nautical mile directly off of the docks at Leesylvania State Park.

## **8. THE COURSE**

See attachment A.

## **9. MARKS**

9.1 The starting mark S will be an **orange cylinder**.

9.2 Mark 1 will be an **orange tetrahedron**.

9.3 Mark 1A will be a **small red ball**.

9.4 The leeward gate will be **two large yellow balls**.

9.4 The finishing mark for **course "4"** will be the start mark S, an orange cylinder; for **courses "5" and "3"** it will be a **yellow cylinder**.

## **10. THE START**

10.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal. A series of short blasts will precede the warning signal. The race committee may attempt to hail OCS (On the Course Side) boat(s) over VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hails will not be grounds for redress. This changes RRS 62.1(a).

10.2 The starting line will be between a staff displaying an orange flag on the signal boat and the starting mark (see 9.1).

10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.4 A limit mark may be laid or extended from a Committee Boat acting as a start or finish mark to protect it. It will be a small orange or red ball and both the mark and the line attaching it to the Committee Boat shall be considered a part of the mark. A boat touching either a start or finish mark shall take a Two-Turns Penalty or else be disqualified without a hearing. This changes RRS 31 and RRS 63.1.

10.5 A boat starting later than 15 minutes after her start shall be scored Did Not Start. This changes rule A4 and A10.

## **11. CHANGE OF COURSE AFTER THE START**

To change the position of the next mark, the race committee will move the original mark (or the finishing line) to a new position. The change will be signaled before the leading boat has begun the leg, although the mark may not yet be in the new position. Any mark to be rounded after rounding the moved mark may be relocated without further signaling to maintain the course configuration.

## **12. THE FINISH**

The finishing line will be between a staff displaying a blue flag on the signal boat and the finish mark (see 9.4).

## **13. PENALTY SYSTEM**

13. RRS/US Appendix V1, (Penalty at the Time of an Incident) will apply.

13.2 Penalty taken after racing: RRS/US Appendix V2 will apply.

## **14 TIME LIMITS**

- 14.1 The time limit for the first boat to reach the weather mark is thirty minutes. The time limit for the first boat to finish is one hour and thirty minutes.
- 14.2 Boats failing to finish within thirty minutes after the first boat sails the course and finishes will be scored "TLE" and assigned points totaling 2 more than the number of boats finishing, but no worse than last. This changes rules 35, A4, A5, A7, and adds "TLE" to scoring abbreviations in A10.

## **15 PROTESTS**

- 15.1 Protest Forms are available from the Regatta Chairman. Protests shall be delivered to the Race Committee within one hour after the official docking of the designated (RC ensign) Race Committee Boat. The Time of docking will be posted on the official Notice Board.
- 15.2 Protests will be heard in approximately the order of receipt as soon as possible.
- 15.3 Protest notices will be posted within approximately 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

## **16. SCORING**

- 16.1 The race committee may run up to six races.
- 16.2 One race is required to be completed to constitute a regatta. If three or fewer races are completed, no scores will be excluded. If four or more races are completed, one score will be excluded. This modifies rule A2.1.

## **17. SAFETY**

- 17.1 **Personal flotation devices shall be worn at all times while racing**, except briefly while changing or adjusting clothing or personal equipment.
- 17.2 **All boats shall check in with the race committee** Signal boat displaying code flag "L", prior to the warning signal of the first race each day by sailing past the stern of the signal boat and hailing her sail number until acknowledged by the race committee.
- 17.3 A competitor that retires from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible.
- 17.4 **Competitors participate in the regatta entirely at their own risk. See Rule 3, 'Decision to Race'**. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during or after the Regatta.

## **18. RADIO COMMUNICATIONS**

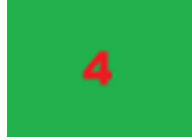
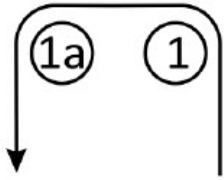
**Competitors are permitted to use hand-held VHF radios to monitor channel 72.** The Race Committee may announce their intentions and inform competitors of upcoming starting sequences on channel 72. The Race Committee will attempt to hail boats identified as OCS (On the Course Side) on channel 72. Failure to receive a hail, for a hail to be made, the order of hails made, or receive other communications to the fleet shall not be cause for redress. Other use of

any communication device is prohibited and such use shall require withdrawal from the race unless determined by the Race Committee to have been for emergency purposes.

**19. PRIZES**

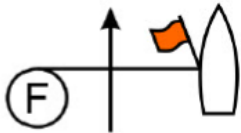
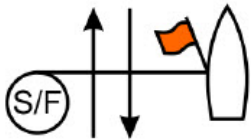
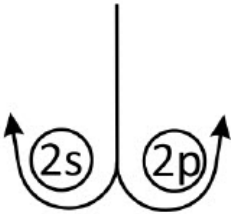
Depth of awards will be based on the number of registered boats.

**ATTACHMENT A - COURSES**



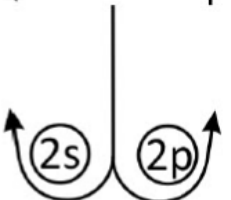
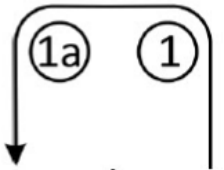
4 legs

Start - 1 - 1a - 2s/2p - 1 - 1a - Finish downwind



3 legs

Start - 1 - 1a - 2s/2p - Finish upwind



5 legs

Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - Finish upwind

