

## AYC RoadRunner Safety Plan

### Emergency or Life Threatening Injury – Initial Steps

1. Render assistance
2. Call for help: call 911 or call for help over RC channel
3. If in doubt about whether to call 911, call 911.
3. Get injured sailor aboard a motor boat and head to shore.
5. Monitor and administer first aid
  - AED located upstairs in the main clubhouse
  - First Aid in Cub House and Main Office.
6. Have someone call Terry Schertz 512-422-6166 or Jeff Brock 808-639-3534

### Be prepared to tell 9-1-1:

- Current location of injured person
- Where you plan to bring injured person ashore (see below)

### Emergency Response Pick-Up Location:

On water injuries: North Boat Ramp

Other injuries: Clubhouse - Downstairs by the pool



### Essential Numbers:

Baylor Scot & White Medical Ctr Lakeway ...512-571-5000  
Lake Travis Fire Rescue (E.S.D. No. 6) .....512-266-2533  
Poison Control Center.....800-222-1222  
Travis County Sheriff.....512-974-0845 (non-emergency)

AYC Office: 512-266-1336  
Regatta Chair: Jeff Brock 808-639-3534  
Safety Chair: Terry Shertz 512-422-6166

Terry Schertz or Jeff Brock will as soon as possible head to final location of injured person for support and will ensure that the sailor is in the care of the appropriate person.