

# DWYC - Sail For Life Regatta 2022

June 4, 2022

## SAILING INSTRUCTIONS

**Rules** -This regatta will be governed by the “rules” as defined in the Racing Rules of Sailing (RRS) and the International RS Tera Class rules. In the event there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail.

**Changes to Rules** – Rule 44 is changed so that if an incident occurs outside the zone for a rounding or finishing mark, the penalty under rule 44.2 – Two-Turns Penalty shall be one turn including one tack and one gybe.

**Changes to Sailing Instructions** - Any changes to the Sailing Instructions will be posted on the Official Notice Board on the window adjacent to the front entrance of the Dana West Yacht Club (DWYC) and announced from the committee boat prior to the first race.

**Notices to Competitors** - Notices to competitors will be posted on Scores can be found on the window adjacent to the front entrance of the Dana West Yacht Club (DWYC). After racing, all competitors should check the Notice Board on the window adjacent to the front entrance of the Dana West Yacht Club (DWYC), pending protests, or requests by RC to meet with a competitor. If a competitor is called upon, they should check in with the RC at the scoring room.

**Schedule** – A competitors check-in will be held at DWYC between 1000 and 1030. The competitor’s meeting will be held at DWYC at 1030. The races are scheduled as follows:

### **Saturday, June 4 2022**

1000 – 1030 Registration & Check-In .

1030 – 1045 Competitor’s Meeting. Coach and Support Boat Meeting immediately following the Competitor's Meeting.

1200 – First Warning Signal Subsequent warnings to follow ASAP.

No race started after 1530.

1700 Awards Ceremony at DWYC.

**Marks and Courses** – The marks and courses are described in the Course Chart Attachment A. Courses to be sailed will be displayed by the race committee boat by code flag or number on white board. The Attachment A below shows the course, including the approximate angle

between the legs, the order in which marks are to be passed, and the side on which each mark is to be left. The race committee will post or announce the course description from the Race Committee boat before the warning signal for that race.

**Restrictions** - The starting line will not be restricted.

**Starting Line** – The starting line will be between an orange mark for the Port end and an orange flag on the Race Committee boat for the Starboard end.

**Finish Line** – The finish line will use the orange flag on the Race Committee boat on the Port end, and an orange mark on the Starboard end.

**Reach Mark** -- The reach mark will be an orange mark outside of the starting line, to the Port side of the starting pin.

**Checking In** – Competitors must check-in prior to the warning signal.

**Safety Regulations** – All participants shall be required to wear USCG approved lifejackets. All boats must comply with safety requirements of the prescribed fleet at all times. A boat that retires from a race shall notify the race committee before leaving the race area or, when that is impossible, notify regatta personnel immediately upon arriving ashore.

**Starting Sequence** – The DWYC Sail For Life Regatta races will be started in accordance with **Appendix A**.

**Appendix A:**

<b>Signal</b>	<b>Sound</b>	<b>Time</b>
Attention Signal	5 short	Attention Signal
Warning Signal	3 long	3 minutes
Preparatory Signal	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
Start Signal	1 long	0 seconds

**Time Restrictions** -- If no boat has passed the first Windward Mark within 30 minutes the race will be abandoned. Failure to meet the target time will not be grounds for redress.

Boats failing to finish within 20 minutes after the first boat in their Class finishes the same course will be scored Time Limit Expired (“TLE”) without a hearing. In such a case, the Race Committee may score the boat points equal to the number of boats finishing plus two (2). This changes RRS 35, 63.1, A4, A5, and A11.

**Flags** – Flags may be used to signal postponement, abandonment or other signals prescribed in the RRS for starting a race.

**Recalls** – Sail numbers will be hailed by the race committee for boats over early. Failure to do so will not constitute grounds for redress. Boats over early that do not properly restart will be scored OCS for that race.

**Individual Recall** - 1 blast and display the “X” flag

**General Recall** - 2 blasts and display the first substitute flag

**Protests** – Protests must be filed within 30 minutes after the Race Committee docks. Protests will be heard within one hour of filing. Protest forms are available at DWYC.

A party shall submit a protest or request for redress verbally to the Race Committee. The Race Committee will accept protest notifications for five minutes after the last boat in that fleet finishes. This constitutes the time limit mentioned in the first sentence of RRS 61.3.

The Protest Committee will hear protests as soon as possible and in the order it determines. Notice of any other protest by the race committee or protest committee will also be posted. This will constitute the notification required under 61.1(b).

Only the skipper may represent a boat in a hearing. No coach or other person may represent a boat or file a protest on her behalf. This changes RRS 63.3(a).

It is the sole responsibility of each boat involved to be ready and have witnesses available when the hearing is called.

**“Three Minute Justice”** will be employed for this regatta. The jury will be made up of two coaches. The two skippers and the jurors will meet at the protest location. The protester has one minute to describe the incident including when and where it occurred, and the rule believed broken. The protestee then has one minute to present his/her side of the case. The protesting parties and the jurors may question each other. If any of the four want a witness to resolve a matter of fact, the witness has one minute to present their testimony. The jurors have one minute to reach a decision.

**Scoring** – The DWYC Sail For Life Regatta will consist of a minimum of one race with an estimated total of five races. One race will constitute a regatta. When five or fewer races have been completed, a boat's series score shall be the total of her race scores with no score excluded. If there are more than 5 races throw outs will apply. There will be one throw out score per 6 races. In the event of a throw out, the lowest score will be dropped from the competitor's overall score in the regatta.

**Trophies** – The awards presentation will be conducted at 1700 at DWYC on Saturday, June 4th 2022. The DWYC Sail For Life Regatta will award 1st-3rd trophies which will be awarded to the overall first, second and third place finishers.

**Support Boats** – All coaches and support boats shall identify themselves at the register at the Coach and Support Boat Meeting immediately following the Competitor's Meeting. Boats cannot be stored at DWYC overnight unless prior arrangements have been made with DWYC.

Arrangements for overnight parking on trailers must be made directly with DWYC.

Coaches must attend the mandatory coach's briefing immediately following the competitor's briefing on June 4th 2022. Coaches are expected to adhere to acceptable standards of conduct at all times during the event. **Coaches shall not give advice, instruction, or any type of assistance during racing, except to render assistance to a boat in distress.**

Each support boat shall carry a VHF radio and should have the ability to monitor channels 16 and 69. Failure to comply with a Race Committee hail will be grounds for removal from the course.

**Clean Seas** – Boats shall not intentionally put trash in the water. Trash may be placed aboard support and officials boats. The penalty for breaking RRS 55 is at the discretion of the Race Management Team. Competitors are requested to bring refillable water bottles.

**Disclaimer of Liability** – Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Inherent risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

**Right to use Name and Likeness** – By participating in the DWYC Sail For Life Regatta, all competitors (by parents or legal guardians of minors) acknowledge that they grant the Organizing Authority and its sponsors the unconditional right and authority, in perpetuity, to publish and broadcast anywhere in the world, for any purpose and in any media, the names, images, and biographical information relating to the competitors and photographs, video footage,

and audio recordings taken of the boat and skipper prior to, during, and after the races without compensation.

## Attachment A



**Table 1: Course Descriptions**

Course 1: Start – 1 – 2 – 3 – Finish
Course 2: Start – 1 – 2 – 3 – 1 – 2 – 3 – Finish
Course 3: Start – 1 – 3 – Finish
Course 4: Start – 1 – 3 – 1 – 3 – Finish
Course 5: Designated by RC

