

**SAILING INSTRUCTIONS**  
**FLYING SCOT NEW ENGLAND DISTRICT CHAMPIONSHIP**  
**STONE HORSE YACHT CLUB - FLEET 57, HARWICH PORT, MA**  
**SATURDAY, AUGUST 13, 2022**

**1. RULES**

The Flying Scot New England District Championship (“Regatta”) will be governed by the rules as defined by the Racing Rules of Sailing 2021-2024 (“RRS”), the rules of the Flying Scot Class Sailing Association (“Class Rules”) and the Sailing Instructions (“SIs”) of the Regatta.

**2. ENTRIES**

Competitors may enter online or by delivering a completed entry form and paying the entry fee before 0830 on August 13, 2022 to the Stone Horse Yacht Club (“SHYC”).

**3. CHANGES TO THE SAILING INSTRUCTION AND NOTICES TO COMPETITORS**

Any changes to the Sailing Instructions or notices to competitors will be posted on the official notice board located inside of the SHYC clubhouse (“Notice Board”) by 0900 on August 13, 2022.

**4. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the flagpole located on the SHYC front lawn.

**5. SCHEDULE**

Check –in	0730-0830	First warning signal	1015
Skippers meeting	0900	Last warning signal – no later than	1530
Harbor start	0930	BBQ & awards	Post racing

**6. SAFETY REGULATIONS**

Competitors shall notify the race committee (“RC”) or a designated support boat of their decision to retire for the day before leaving the racing area. Personal floatation devices (“PDF’s”) must be wear at all times by sailors on the water.

**7. CHECK-IN REQUIRED**

Competitors must check in with the RC for the first race of the day by sailing past the stern of the RC boat on starboard tack and hailing their sail number.

**8. RACING AREA**

The racing area will be located approximately one-half (½) mile southwest of the outer harbor of Wychmere Harbor.

**9. COURSES**

9.1 The course will be displayed on the stern of the RC boat on a course board prior to the warning signal of each race. The course to be raced will be designated by a letter with approximate heading and distance to the windward mark.

9.2 The courses are illustrated in the Race Course Diagram sheet. The “I” and “W” courses require the rounding of an “offset mark”. The offset mark is a second mark nearby the windward mark to be rounded on the same side as the windward mark. The I and W courses use a “gate” at the leeward mark. Boats shall sail between the two gate marks in the direction from the previous mark and round either mark of the gate as reflected in the Race Course Diagram.

9.3 The RC will display a number on the course board to indicate the number of times a course is to be sailed. For example, an I2 means an I course is to be sailed twice around. If no number is displayed the course is to be sailed once around.

**10. MARKS**

10.1 The starting and finish mark will be either a round orange ball or a boat displaying an orange flag.

10.2 The rounding marks will be either orange tetrahedron or yellow inflatable buoys.

## 11. THE START AND FINISH

- 11.1 Races will be started in accordance with Rule 26 of the RRS.
- 11.2 The starting line will be between an orange flag on the RC boat and either a nearby mark or an orange flag displayed on a nearby boat, unless otherwise specified by the RC.
- 11.3 The RC, as a courtesy and after the starting signal, will attempt to hail boats that are on the course side of the starting line at the starting signal or boats that have not complied. The failure of any boat to hear the hail, promptness of the hail, failure to hail any boats, or the order of boats hailed shall not be grounds for redress. The RC may attempt to hail competitors using channel 73 on their VHF.
- 11.4 The finish line will be between an orange flag on the RC boat and either a nearby mark or an orange flag displayed on a nearby boat, unless the course is shortened.

## 12. TIME LIMIT

- 12.1 The time limit for the first boat to finish a race is 90 minutes. After 90 minutes has elapsed the race will be abandoned.
- 12.2 A boat failing to finish within 30 minutes of the first boat to sail the course and finish will be scored Time Limit Expired (TLE). *This modifies Rule 35 of the RRS.*

## 13. ALTERNATIVE PENALTIES: Rule 44.1 will be replaced by appendix V1.

- 13.1 Penalty at the Time of an Incident, applies: The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.’
- 13.2. Rule V2, Post-Race Penalties, applies:
- Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
  - A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
  - A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

## 14. PROTESTS

- 14.1 A boat intending to protest shall notify the RC upon finishing a race including the sail number of the boat(s) they intend to protest.
- 14.2 Protest forms are available from the registration desk at SHYC. Completed protest forms shall be delivered to the registration desk within 45 minutes after the RC boat has docked. The RC docking time and a list of properly filed protests will be posted on the Notice Board. Hearings will be held as soon as possible.

## 15. SCORING

- 15.1 The Low Point System of Appendix A of the RRS will apply except as modified in these Sailing Instructions.
- 15.2 There are five (5) races scheduled of which one (1) race completed constitutes the Regatta.
- 15.3 If 5 races are scored then each boat shall have their worst score excluded from their total score. If less than 5 races are scored, then there will be no excluded race scores from a boat’s total score. *This modifies Appendix A Section A2.1 of the RRS.*
- 15.4 A boat scored TLE will be scored the total number of points of the last boat that finished that race plus one (1) place. *This modifies Appendix A Section A4 of the RRS.*

## 16. VHF RADIOS

As a courtesy the RC will use Channel 73 to provide information to competitors and notify boats of starting infractions referenced in section 11.3 of the Sailing Instructions.

## 17. TROPHIES

Trophies will be awarded to the boats that finished in the first three (3) places in both the Championship and Challenger Divisions.

## 18. RISK STATEMENT

30.1 RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.