



St. Croix Yacht Club
30th International Regatta
Green Optimist Fleet
Teague Bay, St. Croix US Virgin Islands
April 14 - 16, 2023

Sailing Instructions

1 RULES

- 1.1 The Regatta will be governed by the racing rules as defined in the Racing Rules of Sailing (RRS),
- 1.2 Personal Flotation devices (PFDs) shall be worn by all team members, including safety officers, at all times while on the water except for brief periods of time while adjusting gear.

2 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day of racing.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official noticeboard located at the west end of the clubhouse facing the T-dock and online at Regatta Network.
- 3.2 Signals made ashore will be displayed from the flagpole on the East Lawn. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after the AP flag is lowered.
- 3.3 A competitors' meeting will be held at 0900 Saturday April 15 in the East Room at the SCYC.

4 SCHEDULE OF RACES

Saturday April 15	First Warning	1000
Sunday April 16	First Warning	1000

4.1 The warning signal for each succeeding race will be made as soon as practical after the finish of the last boat in the preceding race.

4.2 On Sunday April 16, no warning signal will be made after 1400 hours.

5 CLASS FLAG

The Green Optimist flag will serve as the class flag.

6 RACING AREA

The racing area will be Teague Bay

7 COURSES

Attachment A shows the courses and course designations. All marks are to be rounded to port.

8 MARKS

All marks will be inflatable shapes.

9 THE START AND FINISH

9.1 Races will be started using Appendix U – 3 Minute Audible Signal Racing System. This changes RRS 26.

9.2 The starting and finishing lines will be between an orange flag on the RC signal boat and a nearby mark.

10 PENALTY SYSTEM

RRS 44.1 and 44.2 are changed so that the Two-Turn Penalty is replaced by a One-Turn Penalty.

11 TIME LIMITS

11.1 A boat starting more than 5 minutes after her starting signal will be scored DNS without a hearing. This changes Rule A4.

11.2 A race may be abandoned by the race committee if the leading boat has not rounded the first mark within 10 minutes of starting or the time for the first boat to finish exceeds 20 minutes from start. This modifies rule 32.

11.3 Boats failing to finish within 20 minutes after the first boat in the fleet finishes will be scored one (1) point more than the number of finishing boats and will be scored TLE. This changes RRS 35, A5.1, A5.2, A6 and A10.

12 HEARING REQUESTS

12.1 A boat intending to protest shall inform the signal boat, on the finish side, as soon as they finish,

12.2 Protest shall be delivered to the Protest Secretary at the clubhouse east room within 30 minutes after the signal boat has docked.

12.3 Protests shall be open and heard in the protest tent.

13 SCORING

13.1 The Low Point Scoring System, Appendix A, will apply.

13.2 If at least 6 races are completed, each boat's worst score will be excluded from her series score. There will be one throw out for every six races completed.

13.3 One race constitutes a series.

14 SAFETY

14.1 All sailors are to check-in with the Race Committee each time they sail from shore to the Course.

14.2 Any sailor that retires from racing is to try and contact the Race Committee or if that is not possible, once ashore is to contact the SCYC manager to inform the Race Committee that the sailor is ashore.

15 RISK STATEMENT AND DISCLAIMER OF RESPONSIBILITIES

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

Buoy Courses

1: Start - W - L - Finish

2: Start - W - L - W - L - Finish

3: Start - W - R - L - Finish

*All Roundings to Port

*Start/Finish line is closed

