Emergency Information

Lakewood Yacht Club	2322 Lakewood Yacht Club Drive, Seabrook, TX 77586	(281) 474-2511
Marie Wise	Regatta Chair	(713) 419-5329
Karen McNamara	On-Shore Safety Contact	(917) 816-0212

Medical Emergency

Closest ER and Hospital

Emergencies - dial 911

Houston Methodist Clear Lake Hospital 18300 Houston Methodist Dr, Nassau Bay, TX 77058 (281) 333-5503

Safety Resources On Shore

First Aid Station will be located at the Seahorse Youth Sailing Building.

Safety Boats and Resources on the Water

EVERY coach, spectator, and support vessel will be informed of the safety plan, is expected to serve as additional safety, and should have a basic first aid kit.

Medical Emergencies On the Water

Emergency Response Pick-Up Location: Blue Marlin Fuel Dock .

Severe life threatening injury:

For example: head injury with loss of consciousness, stroke, heart attack, severe bleeding, drowning or if any doubt.

- 1. Call 911
- 2. Hail Safety Vessels on VHF
- 3. Proceed to EMS ambulance pick-up location
- 4. Notify on-shore safety and contact individual's parents/guardian

Severe non-life threatening injuries:

For example: severe cuts, broken bones, head injuries when the victim is conscious, etc.

- 1. Hail Safety Vessels on VHF
- 2. If it is safe to do so, transfer the victim to the first-aid boat or the fastest available boat for transport
- 3. Proceed to Lakewood Yacht Club on-shore First Aid station in the Seahorse Youth Sailing Building.
- 4. Notify on-shore safety and contact individual's parents/guardian

Towing and Navigating the Channel

Sailors will not navigate the Clear Lake Channel independently.

At launch, sailors will gather in groups with their coaches to be towed from Clear Lake to the race area or sail in groups with their coach(es). Movement out of the channel will proceed with a signal given by a race official. All sailors are required to check in with the Race Committee when they reach the race area.

Safety vessel volunteers will be stationed at the entrance and the exit to the channel to monitor for hazards or unsafe traffic.

When returning to harbor, sailors will be accompanied in small groups with their designated coaches following the same procedure as sailing out. Coaches should know where their team members are on the water. Each sailor should know which coach tow he/she is assigned to.

All tows will disconnect from their coach tow PRIOR to entering the LYC harbor area.

The coach is responsible for getting a retired sailor to a tow or spectator boat to wait for a tow.

Weather Monitoring

In the event of a storm, Race Officials will announce a return to Lakewood Yacht Club.

