

The 2023 Northeast Championship J/22 Regatta The Lake George Open September 23&24, 2023

THE LAKE GEORGE CLUB
Lake Shore Drive, Route 9N Diamond Point, NY 12824
IJ22CA District 7, Fleet 61

Sailing Instructions

ALL BOATS MUST BE INSPECTED FOR INVASIVE SPECIES BEFORE LAUNCHING!

These are new Lake George Park Commission regulations. See Notice of Race for details on Lake George Club inspection times and procedures. If you chose to have your boat inspected before arrival at Lake George Club, visit: www.LGBoatInspections.com for locations and hours of operation.

I. RULES

1. The regatta will be governed by the rules as defined in the 2021–2024 Racing Rules of Sailing, (RRS) of the World Sailing; the Prescriptions of US Sailing; the Class Rules of the International J/22 Class Association (03/01/13); the Notice of Race (except as altered by these Sailing Instructions); and these Sailing Instructions (SIs).

II. ENTRIES

2. J/22 Class boats—as defined by the Class Rules — may enter. Note valid Measurement Certificates are required. Owners and helmspersons must meet Class membership requirements. All boats must have completed registration and paid all fees with the regatta organizing authority before becoming official competitors.

3. Bow numbers will be furnished to each competitor at the registration desk. The numbers shall be affixed on both port and starboard sides of the bow no further than 4" down from the rail and 8" back from the leading edge of the bow.

III. NOTICES TO COMPETITORS

4. Notices to competitors will be posted on the official regatta notice board in the Club lobby, near the main entrance.
5. Any questions concerning these Sailing Instructions, scoring, or any other racing issues shall be submitted in writing to the Race Committee Chairman. The question and any answer will be posted on the official regatta notice board.

IV. CHANGES IN THE SAILING INSTRUCTIONS

6. Any change in these Sailing Instructions will be approved by the Race Committee Chairman and posted before 0900 hours on the day it will take effect, except that any change in the Schedule of Races will be posted before 2100 hours the day before the change is to take effect.

V. SIGNALS MADE ASHORE

7. Signals made ashore will be displayed on the Race Committee Boat located in the harbor adjacent to the Club.
8. Before races each day, the Race Committee flag is hoisted with one sound, the Harbor Signal, signifying not less than 25 minutes until the Warning Signal for the first race.
9. After races each day, a red flag is hoisted and one sound signal meaning "*Protest Time has begun.*" When lowered with one sound, it means, "*Protest Time has ended.*"

VI. SCHEDULE OF RACES

The actual number of races and start times are at the discretion of the Race Committee. However, up to seven (7) are planned as follows:

Saturday, September 23th

0900 Skippers meeting, LGC steps

0930 Morning Harbor signal, LGC harbor

0955 Warning signal, Race 1

Warning signal, Race 2 — as soon as possible after the last boat finish of race 1.

Lunch Break On Shore — after finish of race 2 (or as announced by RC on Ch. 72).

1300 Afternoon Harbor signal, LGC harbor

1325 Warning signal, Race 3

Warning signal, Race 4 — as soon as possible after the last boat finish of race 3.

Sunday, September 24th

0930 Harbor signal, LGC harbor

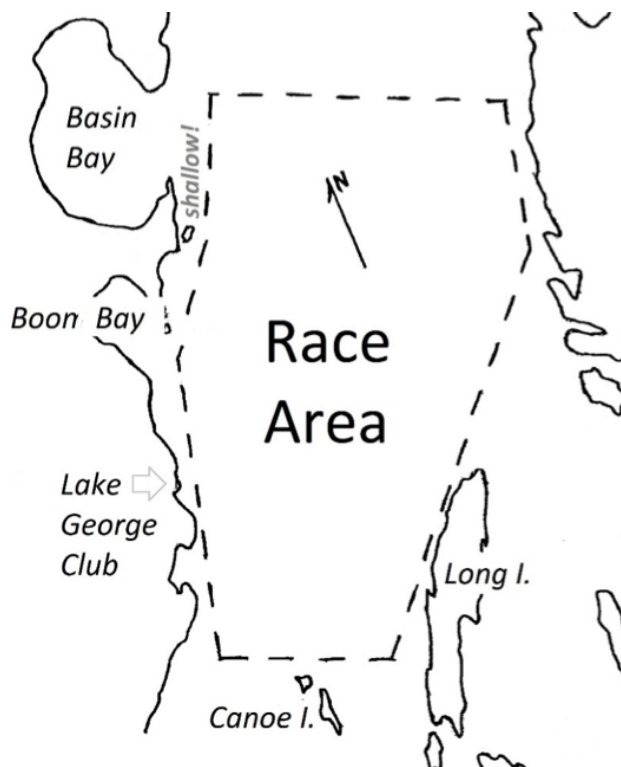
0955 Warning signal, Race 1

Warning signal, Races 2 – 3 — as soon as possible after the last boat finish of the previous race.

No warning signal will be made after **1300** hours on Sunday.

VII. RACING AREA

The racing area is shown on the following chart:



VIII. THE COURSE

10. The courses will consist of **I** or **W** course with the number of legs following the letter. The diagrams and text in the attachment show typical courses and the order and side of marks to be rounded or passed.

11. An offset mark will be placed approximately at a right angle to the windward leg, off from Mark 1.

12. The Race Committee will determine the distance from the starting line, and from Mark 1 to Mark 2.

13. At least two minutes before the warning signal the Race Committee will display on the signal boat the course and the approximate compass bearing of the first leg from the starting line.

14. A leeward gate will be used for Mark 2. Boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

15. The Finish Line for an **I** course will be closed.

IX. MARKS

16. Marks 1 and 2 will be orange inflatable tetrahedrons. The offset mark to the port side of Mark 1 will be a small orange or red sphere.

17. If one of the leeward gate marks is missing, the remaining gate mark shall be rounded, leaving it to port.

18. A new mark, when used in accordance with Sailing Instruction XII, CHANGES OF COURSE AFTER THE START, will be a yellow inflatable tetrahedron.

19. The starting and finishing marks are described in Sailing Instructions X, THE START, and XIII, THE FINISH.

X. THE START

20. Code flag “L” will signify that the Race Committee boat has arrived on station at the starting line. The code flag “L” will be lowered not less than one minute prior to the Warning Signal.

21. Before the Warning signal of her first race each day, each boat shall sail past the stern of Race Committee boat on starboard tack and hail her bow number until acknowledged by the Race Committee.

22. Races will be started using RRS 26.

23. The starting line will be between a staff displaying an orange flag on the Race Committee boat at the starboard end and the course side of the port end mark. The port end mark will be an oblong yellow “*West Marine*” (WM) inflatable buoy.

24. For **I** course the starting line will be windward of Mark 2. For **W** course the starting line will be leeward of Mark 2 by approx. 200 ft.

25. The class flag used in accordance with RRS 26 will be the official J/22 Class Flag: white with blue insignia.

XI. RECALLS

26. The Race Committee may attempt to broadcast the bow numbers of all boats observed to be OCS at the start on VHF Channel 72.

27. Failure of a boat to receive the recall broadcast or the timing and order of the broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).

XII. CHANGES OF COURSE AFTER THE START

28. To change the next leg of the course, the Race Committee will move the original mark or lay a new mark (or move the finishing line) in a new position in accordance with RRS 33, although the new mark may not then be in position. If the new mark is a windward mark, no offset mark will be used. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark, no offset.

XIII. THE FINISH

29. A blue flag will signify that Race Committee Boat is on station at the finish line.

30. The finishing line will be between a staff displaying a blue flag on the Race Committee Boat and the Finishing Mark.

31. The Finishing Mark will be a small orange tetrahedron.

32. For **I** courses, the finish line is located part way along an upwind leg from Mark 2 to Mark 1 and is closed – See Course Diagrams. For **W** courses the finishing line lies either windward of Mark 1 (**W5**) or leeward of Mark 2 (**W4**).

XIV. TIME LIMIT

33. If no boat passes Mark 1 within one hour of the start of the race or no boat has finished within two hours, the race will be abandoned.

34. Boats failing to finish within 30 minutes of the finish time of the first boat will be scored Time Limit Expired (TLE).

XVI. WIND STRENGTH

35. Races will not start if the sustained wind strength is 20 knots or higher.

XVII. SAFETY

36. A boat that retires from a race or leaves the racing area between races shall notify the Race Committee Boat and receive confirmation as soon as possible, preferably on VHF Channel 72.

XVIII. PROTESTS

37. The protesting boat shall conspicuously display a red flag, with a hoist of not less than 150mm and a fly of not less than 200mm, from a leg of the backstay adjuster bridle in accordance with RRS 61.1.

38. Protests shall be written on a US Sailing Protest Form available at the Club's front lobby office, and lodged there within the one hour Protest Time; see SIs V. 9. Protest Time will be posted on the official regatta notice board.

39. Protest notices will be posted on the official regatta notice board within 30 minutes of the end of Protest Time to inform competitors where and when there is a hearing in which they are parties to a protest or named as a witness.

40. The Protest Committee will hear protests in approximately the order of receipt.

XIX. SCORING

41. The low-point scoring system, RRS Appendix A, as modified herein, will be used.

42. Up to seven races may be held.

43. A minimum of one completed race is required to constitute a regatta.

44. If fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her one worst score.

45. Boats scored TLE will receive one point more than the

points for the last boat to finish within the time limit. This changes RRS 35 and A4.1.

XX. DISCLAIMER OF LIABILITY / INSURANCE REQUIREMENTS

46. Competitors participate in the regatta entirely at their own risk (see RRS 4, Decision to Race). J/22 Fleet 61 and The Lake George Club and their officers, members, staff, and volunteers, and any other affiliated organization or official, including the Town of Bolton, and the State of New York and their departments and agencies ("*Organizing Authority*"), will not be responsible for, and participants hereby release them from, any claim, cause of action or liability for damage to any boat or other property or the injury to any competitor, including death, sustained in conjunction with, or prior to, during, or after this regatta on the water or ashore. By participating in this event, each competitor agrees to release the Organizing Authority from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

47. Each participating boat shall be required to present proof at registration that boat is insured with valid third-party liability insurance in an amount of at least \$100,000/\$300,000.

XXI. WASTE DISPOSAL

48. Because we wish to preserve the drinking water quality of Lake George, the disposal or discharge of waste, human or otherwise, is illegal and will be considered misconduct under RRS 69, in addition to

finest and/or penalties as prescribed by the Lake George Park Commission and the Warren County Sheriff's Department. Competitors are accordingly required to hold any waste and discard of it in proper containers at the Club. Before launching a boat in Lake George, competitors are required to drain all water and wash the hull and all underwater surfaces to remove any foreign organisms, particularly Zebra Mussels, Asian Clams, and Eurasian Water milfoil. Also, be sure that sails are clean and dry. Inspections and purging may be required by Race Organizers prior to launching any boat or participating in any race.

XXII. HAUL-OUTS

49. No boat shall be hauled out nor her rudder removed during the regatta without prior written permission of the Race Committee Chairman.

50. Assigned bow numbers designates the order of haul-outs at the end of the regatta.

51. Trailers will not be moved from their assigned parking spots to the club hoist until instructed to do so by the Regatta Chairman or his assignee.

XXIII. PRIZES

52. Prizes will be awarded to the helmsperson and crew of the top five finishers in the regatta. The "*Northeast District Championship*" perpetual trophy will be awarded to the boat finishing in first place. The "*Best Local Boat*" trophy will be awarded to the highest placing boat of J/22 Fleet #61. The traditional "*Grab Bag*" prize will go to a boat not awarded any other prize, selected by a random drawing held on Saturday evening.

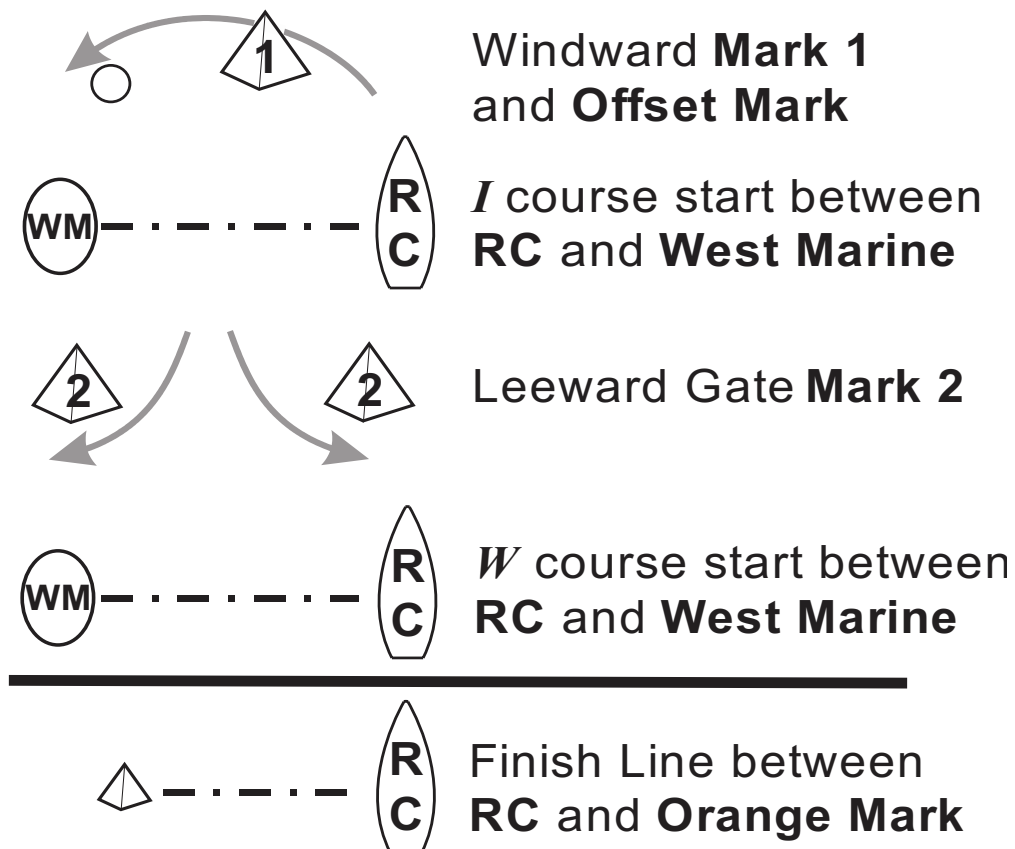
ATTACHMENT A: Course Descriptions

I5 = **I** Start, Mark 1+offset, Mark 2 gate, Mark 1+offset, Mark 2 gate, Upwind Finish in the middle between Finishing Mark and RC.

W4 = **W** Start, Mark 1+offset, Mark 2 gate, Mark 1+offset, Downwind Finish between RC and Finishing Mark.

W5 = **W** Start, Mark 1+offset, Mark 2 gate, Mark 1+offset, Mark 2 gate, Upwind Finish between Finishing Mark and RC.

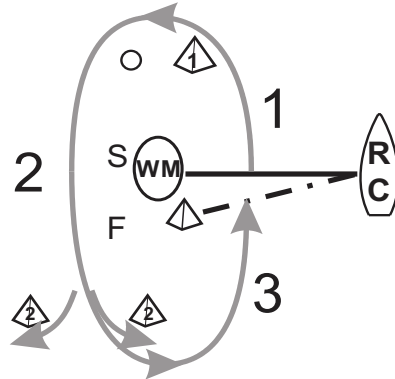
All Marks shall be left to port, except when there are leeward gate marks, boats shall sail between the marks from the direction of the previous mark and round either gate mark.



J/22 Lake George Open/ Northeast Championship Typical Course Diagrams

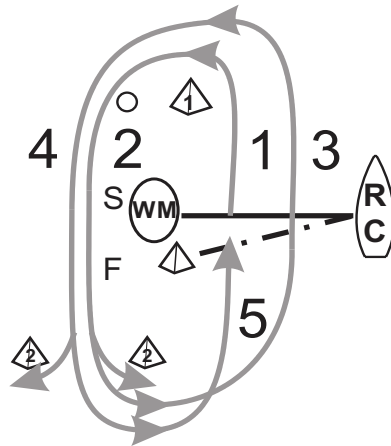
COURSE 13

- Start
 1-Upwind to Mark 1
 2-Downwind to Mark 2 (gate)
 3-Upwind to Finish



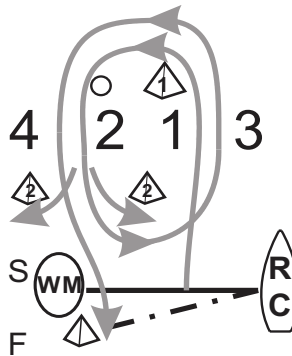
COURSE 15

- Start
 1-Upwind to Mark 1
 2-Downwind to Mark 2 (gate)
 3-Upwind to Mark 1
 4-Downwind to Mark 2 (gate)
 5-Upwind to Finish



COURSE W4 (Downwind Finish)

- Start
 1-Upwind to Mark 1
 2-Downwind to Mark 2 (gate)
 3-Upwind to Mark 1
 4-Downwind to Finish



COURSE W5 (Upwind Finish)

- Start
 1-Upwind to Mark 1
 2-Downwind to Mark 2 (gate)
 3-Upwind to Mark 1
 4-Downwind to Mark 2 (gate)
 5-Upwind to Finish

