



2022/2023 INSIDE COURSE SAILING INSTRUCTIONS

1.0 COURSES & MARKS: Attachment A shows the order in which marks are to be passed, and the side on which each mark is left. Marks **W**, **R** & **L** are red buckets or red balls on the Inside Course. Start/Finish marks are red buckets or red balls.

2.0 STARTING:

2.1 Per Rule 26 the starting sequence is changed to a 3 minute sequence with the warning signal given 3 minutes before the starting signal.

Signal	Flags	Sound	Mins to Start
Warning	Raise Fleet/course Flag	Horn	3
Preparatory	Raise P, I or Z Flag	Horn	2
	Drop P, I or Z Flag	Horn	1
START	Drop Fleet Flag	Horn	0

2.2 Prior to the first race of the day, each boat shall sail past the stern of the committee boat to hail her sail number for recognition.

2.3 Boats starting more than 10 minutes after their class starts will be scored DNS without a hearing.

2.4 The starting line will be between an orange flag on the committee boat and the starting mark (red bucket or red ball) . See Attachment A .

2.5 For each fleet, the starting sequence for the next race will commence as soon as practical after the last boat of that fleet has finished. This may alter a previously announced starting order.

2.5 A boat whose warning signal has not been made shall avoid the starting area during the starting sequence for other fleets.

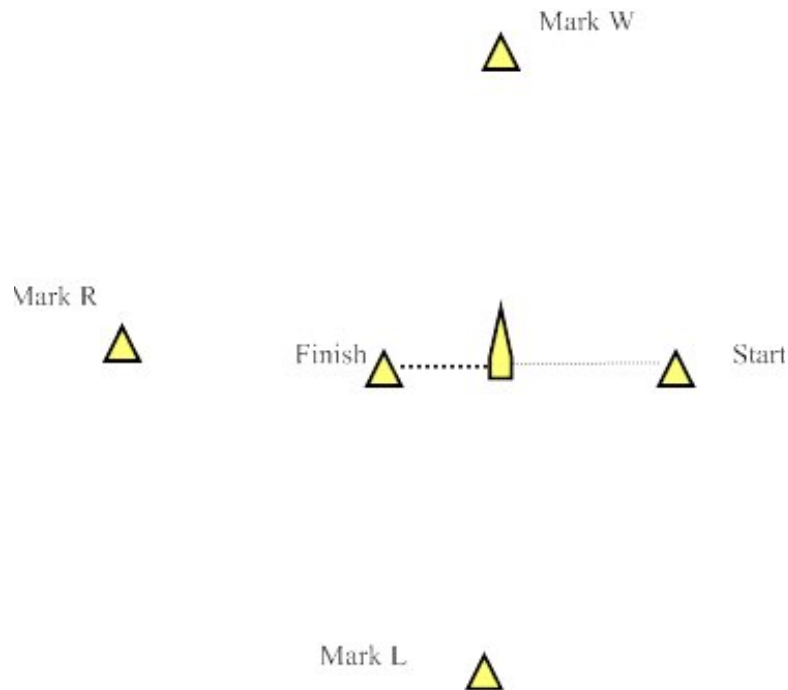
3.0 RESTRICTED AREAS: The START and FINISH lines are restricted. A boat shall not cross the START line except when starting, preparing to start or cross the FINISH line except when finishing.

4.0: FINISHING: The finishing line will be between a blue flag on the committee boat and the finishing mark.

5.0 TIME LIMIT: The time limit for each fleet is 1.5 (one and a half) hours. Boats finishing more than 20(twenty) minutes after the first boat in their fleet finishes will be scored as “Did Not Finish” without a hearing. This changes Rule 35.

Inside Course

Attachment A



Mark Changes: When changing the next leg of the course after the start, the race committee will move the original mark to a new position.

Marks:

W – Weather Mark

R – Reach Mark

L – Leeward Mark

All marks are to be left to Port)

Courses

1– Start – W – L – Finish

2– Start – W – R – L – Finish

3– Start – W – L – W – L – Finish

4– Start – W – R – L – W – L – Finish

Interference with Shipping Traffic

Boats shall not impede the passage of ship traffic. Rule 9 of the Inland Rules of the Road applies to all shipping traffic on San Francisco Bay and its tributaries

