



Sarasota Sunshine Sunfish Clinic & Regatta Sarasota Sailing Squadron (SSS)

Sarasota, FL

Sunfish Sailing Clinic: Friday February 10, 2023

Regatta: February 11 & 12, 2023

Notice of Race

1. RULES

- 1.1. The event is governed by the rules as defined in the Racing Rules of Sailing (RRS) and the Sunfish Class Rules
- 1.2. The US SAILING prescriptions to RRS 60.3, 61.4, 67, 70.5(a), 76.1 and Appendix R will apply and are contained in their entirety at: <https://www.ussailing.org/competition/rules-officiating/racing-rules/>
- 1.3. RRS 40.1 shall be in effect. Each competitor shall wear a USCG personal flotation device at all times while on the water
- 1.4. Appendix V, Alternative Penalties will be in effect

2. ELIGIBILITY AND ENTRY

- 2.1. The regatta is open to Sunfish class boats.
- 2.2. The clinic is open to sailors using Sunfish class boats who want to improve their racing skills
- 2.3. Eligible competitors must register online through Regatta Network at: <https://www.regattanetwork.com/event/25480>

3. REGISTRATION AND FEES

- 3.1. The entry fees are \$50 for the Clinic and \$75 for the Regatta
- 3.2. Regatta Fee includes Saturday February 11, 2023 Dinner. Guest dinners can be purchased through Regatta Network
- 3.3. Regatta Fee includes coffee & light breakfast and Lunch
- 3.4. Clinic Fee includes Friday Feb 10, 2023 Pizza Dinner. Guest dinners can be purchased through Regatta Network
- 3.5. Entry fees must be received for registration to be complete
- 3.6. Any entry completed starting on and after Tuesday February 6, will be assessed the following Late Fees - \$10 for the clinic, \$20 for the regatta



4. CHARTERS

4.1. Charters may be available. Please contact Regatta Chair

5. MEASUREMENT

5.1. Each boat must conform to the Sunfish Class Rules

6. SAILING INSTRUCTIONS:

- 6.1. Sailing Instructions for the Regatta will be available online on the event website no later than 8:00 p.m. EST on Thursday February 9, 2023
- 6.2. There will be no paper copies of the Sailing Instructions

7. COMMUNICATION

- 7.1. The official notice board is located online at the event website at www.regattanetwork.com.
- 7.2. It is highly recommended that clinic participants in the Clinic have a working VHF radio capable of both receiving and transmitting communications. VHF radios improve the ability to communicate and coordinate the on-water sessions
- 7.3. Sunfish class rules prohibit boats participating in the Regatta to use a working VHF radio capable of both receiving and transmitting communications
- 7.4. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that are not available to all boats

8. SCHEDULE

| SUNFISH SAILING CLINIC | | |
|----------------------------------|--------------------------|---|
| Friday, February 10, 2023 | 8:00 a.m. | Gates Open and Onsite registration |
| | 10:00 a.m. | All boats should be ready for launch; No need to be dressed for sailing; |
| | 10:00 a.m.- 5:00 p.m. | Clinic; BYO Lunch and water |
| | 4:30/5:00 p.m. | Onshore debrief, with snacks and beverages at the SSS Pavilion (included in registration fee) |
| | 6:00 p.m. | Pizza dinner at SSS (included in registration fee) |
| SARASOTA SUNSHINE REGATTA | | |
| Saturday February 11, 2023 | 8:00 a.m. | Gates open and Onsite Registration |
| | 9:30 a.m. | Competitors' Meeting at the SSS Pavilion |
| | 10:55 a.m. | Warning signal for the first race of the day; multiple races to follow. BYO Water |
| | 5:00 p.m. | Appetizers; Included in Registration Fee |
| | 6:00 p.m. | Dinner; Included in Registration Fee |
| Sunday February 12, 2023 | 9:55 a.m. | Warning signal for the first race of the day; multiple races to follow |
| | 2:00 p.m. | No further races will be started |

9. VENUE



- 9.1. Racing will take place on Sarasota Bay north of Sarasota Sailing Squadron
- 9.2. Vehicle and empty trailer parking on Sarasota Sailing Squadron property when available. Alternate parking is at no charge at the city park just outside the entrance

10. AWARDS

- 10.1. Prizes will be awarded to the top three competitors, top women and top youth. Sailors not reaching the age of 19 by the end of 2023 shall be classified as a youth

11. CLINIC

11.1. Description

11.1.1. Overview

Sunfish Fleet 154 at the Sarasota Sailing Squadron is hosting a 1-day clinic session for sailors using Sunfish class boats on Friday February 10, 2023 prior to the Sunfish Regatta February 11 & 12, 2023 hosted at Sarasota Sailing Squadron. Prepare for your racing season in Sarasota Florida!

11.1.2. What to Expect

Sessions, led by Mike Ingham, will be both on shore and on the water. The shore sessions will comprise of presentation and discussion of racing concepts which we will practice when we hit the water. On water activities will include drills including practice starts and races. This is an opportunity to practice your areas of improvement in a group setting where you can see how you are doing compared to others. On the water coaches will provide one on one feedback.

11.1.3. Schedule

Arrive around 8:00 a.m. to register and set up your boat so you are ready to leave the beach efficiently. Expect the group shore sessions to start at 10:00 a.m. We anticipate being off the water between 3:30 to 4:00 and we will have a wrap up on shore session with Pizza Dinner for the participants. Specific session timing and activities will be set during the event so be prepared to spend a good portion of the day sailing.

11.2. Recommended items to bring to the clinic

- 11.2.1. VHF radio
- 11.2.2. Water
- 11.2.3. Lunch

12. RISK STATEMENT

The responsibility for a boat's decision to participate in a race or to continue to race is hers alone. It is the sole responsibility of each participant to decide whether or not to start or continue a race, or to participate or continue to participate in any on-the-water event. Competitors participate in Sarasota Sailing Squadron events entirely at their own risk. See RRS 4, Decision to Race. By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an



unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.** Each competitor, by participation, agrees to sail and utilize the Sarasota Sailing Squadron facilities at his/her own risk. Neither the Sarasota Sailing Squadron nor persons assisting in the conduct of races or other on-the-water activities shall be liable for damage or injuries incurred during participation in racing or other activities. It is known and understood that all participants, skippers, crew, and guests, accept the Sailing Instructions and all personal risks.

13. INSURANCE

The organizing authority recommends that each competitor shall be insured with valid third-party liability insurance

14. FURTHER INFORMATION

- 14.1. Event website: <https://www.regattanetwork.com/event/25480>
- 14.2. Regatta and Clinic Chairperson
Mary Ellen Brown
(703) 408-7298
meib2018@gmail.com
- 14.3. Sarasota Sailing Squadron
www.sarasotasailingsquadron.com
1717 Ken Thompson Parkway Sarasota, FL 34236
Phone: 941-388-2355
Email: membership@ssssailing.com