

# Student Expectations

## General Safety Rules

The following are general safety rules that are to be followed by everyone in the Sailing Program.

1. Students certify that they are capable of swimming 50 yards and treading water for 2 minutes while wearing a life jacket.
2. Life jackets must be worn at all times while on the water (by students and instructors). PFD's must be U.S. Coast Guard approved and must be properly fitted to an individual's size and weight.
3. Closed-toe footwear is recommended. Open-toe shoes or flip flops may be worn, but at your own risk!
4. Wear adequate sunblock and sunglasses. Students are responsible for having and applying their own sunblock.
5. Students should bring a water bottle and drink adequate water to prevent dehydration.
6. Students should notify the club via **GROUPME** about missing classes, late arrivals, early dismissals, and vacations.
7. Stay with the class unless you have permission from an instructor to leave
8. Prior to drills, all boats must sail to the rally point and stay within hailing distance of the safety/coach boat
9. All coach boats and junior sailboats must return to the dock prior to sunset
10. No guest sailors without permission from the Instructor
11. No destruction of club or private property
12. No smoking, drugs or alcohol
13. No playing on tower or hoists
14. Watch fingers and feet between boats, docks, and moving parts
15. Boats must be properly returned and put away after use
16. Make every effort to avoid collisions
17. Have fun! Learn to sail and race.....

## Discipline Policy

Violations include, but are not limited to, breaking program rules, breaking club rules, inappropriate language, destruction of property, physical/verbal abuse of another student or instructor, and bullying. The Safety Boat Operator, Instructors and/or members of the HS Sailing Committee will warn students of any rule violations. Continued abuse of the rules by a student will result in expulsion from the program. Parents and the HS Program Lead will be informed. No fee will be refunded.