



Sailing Instructions

2023 SCYA & MBYC Midwinter Regatta

March 4&5, 2023



SCYA and Morro Bay Yacht Club in conjunction with DaySailer Fleet 128 are Co-Organizing Authorities for the 93rd Annual Midwinter Regatta.

1) RULES

- 1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2021 – 2024*
- 2. Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing.*
- 3. The regatta is open to all boats of O'Day DaySailer Class which comply with the measurements and specifications as determined by the Class constitution and bylaws: <https://daysailer.org>*
- 4. Right-of-Way USCG narrow channel rules apply. Racers MUST give way to larger vessels with limited maneuverability in the confines of the bay.*
- 5. A boat that does not: register, rig and launch each race day is not eligible for this competition*

2) NOTICES TO COMPETITORS

- 1. Prior to the day of the Regatta, Notices to Competitor will be posted using the online official Regatta Notice board is located at <https://www.regattanetwork.com/event/25598>*
- 2. On race days Notices to Competitors will be posted on the official Regatta Notice board located Morro Bay Yacht Club lower deck.*

3) CHANGES TO SAILING INSTRUCTIONS

- 1. Any change to these sailing instructions will be posted on the Official Notice Board before 1000 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.*

4) SIGNALS MADE

- 1. Signals ashore will be displayed from Morro Bay Yacht Club lower Race Deck.*
- 2. Signals afloat will be displayed from Morro Bay Yacht Club RC boat(s).*
- 3. Signals made are described in attachment A & B*
- 4. Course Number will be displayed on placards ashore or afloat as per 4.1 & 4.2.*

5) COMMUNICATION WITH COMPETITORS

- 1. The Race Committee will use VHF channel 69 for communication.*



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6) SCHEDULE OF RACES

1. *Skippers meeting will be held at the back deck of the MBYC at 10:00 on day of races.*
2. *The scheduled time of the first warning signal of each race day is 11:00 hours. The warning signal for subsequent races will be made shortly after the conclusion of the preceding race.*
3. *The warning signal for succeeding races will be made as soon as possible after finish of preceding race.*
4. *Eight (8) races are scheduled. Five (5) races to be held in the turning basin on the first day of racing and three (3) races to be held in the mooring field on the second day of racing.*
5. *On the last day of the regatta, no warning signal will be made after 15:00 hours.*

7) CLASS FLAG

1. *The class flags will be the: DaySailer Class Flag*

8) RACING AREA

1. *There will be Two (2) racing areas: The Turning Basin and the Mooring Field.*
2. *The Mooring Field sailing area will be – See Attachment E*
3. *The Turning Basin sailing Area will be- See Attachment D.*
4. *All racing will be conducted within the Morro Bay Harbor.*

9) THE COURSE(s)

1. *Attachment D, shows the Turning Basin courses.*
2. *Attachment E, shows the Mooring Field courses.*
3. *Unless otherwise stated marks shall be rounded to port.*
4. *Courses will be designated by numeric placards and displayed on the Committee Boat or at MBYC lower deck as pertains to the Racing Area*
5. *No later than the warning signal, the RC signal boat (or MBYC lower deck) shall display the course designation.*
6. *The Start / Finish line will not be restricted.*

10) MARKS

1. *Rounding marks will be floating buoys or fixed navigational marker as per the course*
2. *New marks will be floating buoys (unless otherwise stated in the SI)*



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11) THE START

1. Races will be started in accordance modified RRS Appendix U. This is a change to rule 26.
2. Races will be started using a 3 min sequence. Attachment B, for signal details.
3. There will be a multi horn signal approximately 15 sec, prior start of sequence.
4. The starting line will be between a staff displaying an orange flag on the RC signal boat (or MBYC lower deck) and a permanent navigational mark or a starting buoy, set by the Race Committee, at the Port end of the line.
5. A boat starting later than 5 minutes after her starting signal will be scored DNS

12) RECALLS

1. The RC will attempt to hail the recall numbers of OCS boats after the starting signal. This changes rule 29.1.
2. The failure of any boat to hear the hail, promptness of the hail, failure to hail any boats, or the order of boats hailed shall not be grounds for redress.

13) BOAT RETIRING

1. A boat retiring on the water shall notify, and be acknowledged, by the Race Committee as soon as reasonably possible on VHF channel 69 or notify the RC boat directly.

14) PENALTIES

1. Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15) CHANGE THE NEXT LEG OF THE COURSE

1. To change the next leg of the course, the RC will lay a new mark (or move and existing mark) and remove the old marks as soon as practicable.
2. Course changes will be done in compliance with RRS

16) THE FINISH

1. The finishing line will be between a staff displaying an orange flag on a RC boat and the course side of the designated finish mark or between the flag staff located on the lower deck of the MBYC and Navigational Mark 14.

17) TIME LIMIT

1. The time limit for each race wills 45 min.
2. Boats that finish within the time limit will be scored, boats that do not finish within the time limit will be scored DNF.
3. Finish Window – boats failing to finish Races within 15 min. after the first boat sails the course, in accordance with rule 28, will be scored DNF for that race. This changes RRS 35.



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18) EVENT PROTESTS AND REQUESTS FOR REDRESS

1. A boat intending to protest about an incident that occurs in the racing area shall notify the RC of her intention as soon as possible after finishing the race, identifying the boat(s) being protested.
2. Protests forms will be available at and returned to the Morro Bay Yacht Club lower deck.
3. The protest time limit is 60 minutes after the RC signal boat docks or racing completes at the MBYC Dock (Dependent of the days racing format) following the last race of the day.
4. A protest hearing schedule and the location of the hearings will be posted on the official notice board (at MBYC) no later than 30 minutes following the end of protest time.
5. In case of conflict between the Notice of Race and the Sailing Instructions (SIs), the SIs will prevail.

19) SCORING

1. Eight (8) races are scheduled. Seven (7) completed races constitute a regatta.
2. When fewer than (7) races have been completed, a boat's regatta score will be the total of her race scores.
3. When Seven (7) or more races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.
4. RRS 2021– 2024 low point scoring rules will be used.

20) REPLACEMENT OF EQUIPMENT.

1. All boats and equipment shall be in compliance with the DaySailer Class constitution and bylaws: <https://daysailer.org>

21) CONDUCT OF COMPETITORS

1. All competitors shall conduct themselves in accordance with US Sailing RRS

22) PRIZES

1. Prizes will be awarded at the MBYC Club House and are generously provided by the SCYA.



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Attachment A – Signal Flags

CLASS FLAG		PREPARATORY SIGNALS				SIGNALS		BLACK	X	FIRST SUBSTITUTE
WARNING	PREP SIGNAL NORMAL START	OCS AT 1': ROUND ENDS	OCS AT 1': 20% PENALTY	OCS AT 1': DSQ RESTART OK	OCS AT 1': DSQ NO RESTART	INDIVIDUAL RECALL ↑•	GENERAL RECALL ↑•• 6↓•			
POSTPONED RACES NOT STARTED STAY AFLOAT ↑•• ↓•	POSTPONED RACES NOT START'D SIGNALS ASHORE ↑••	POSTPONED RACES NOT START'D NO MORE TODAY ↑••	POSTPONED RACES NOT START'D # HOURS FROM SCHEDUL'D START ↑•• ↓•	ABANDONED ALL RACES START'D STAY AFLOAT ↑•••	ABANDONED ALL RACES START'D SIGNALS ASHORE ↑•••	ABANDONED ALL RACES NO MORE TODAY ↑•••	PROTEST			
				COURSE-CHANGE 						
SHORTENED COURSE ↑••	NEXT MARK POSITION CHANGED •••••	MARK MOVED TO STARBOARD	MARK MOVED TO PORT	LEG SHORTER	LEG LONGER	REPLACES MISSING MARK •••••	COME W'IN HAIL/FOLLOW ↑•	RC BOAT IN FINISH POSITION	START OR FINISH LINE	WEAR PFD ↑•
↑ = FLAG UP ↓ = FLAG DOWN • = 1 SOUND SIGNAL •• = 2 SOUND SIGNAL ••• = 3 SOUND SIGNAL — = LONG SOUND ••••• = REPEAT SOUNDS										



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ATTACHMENT B – Starting Signals

RRS Appendix: U3

The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>	
Attention	Series of short sounds	Before the warning	
Warning	3 long	3 minutes	↑ 
Preparatory	2 long	2 minutes	↑ 
	1 long, 3 short	1 minute, 30 seconds	
	1 long	1 minute	↓ 
	3 short	30 seconds	
	2 short	20 seconds	
	1 short	10 seconds	
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds	
Starting	1 long	0	↓ 



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Attachment C – Courses afloat (Turning Basin)

Course	Rounding Order
1	Start – W1– D1 – Finish (boats must finish in the same direction that they started)
2	Start – W1– D1 – W1– D1 – Finish (boats must finish in the same direction that they started)
3	Start – W1– D1 – W1– D1– W1– D1- Finish (boats must finish in the same direction that they started)
4	Start – W1– D1 – W1 - Finish
5	Start – W1– D1 – W1– D1 – W1 - Finish
6	Start – W1– D1 – W1– D1– W1– D1- W1 - Finish



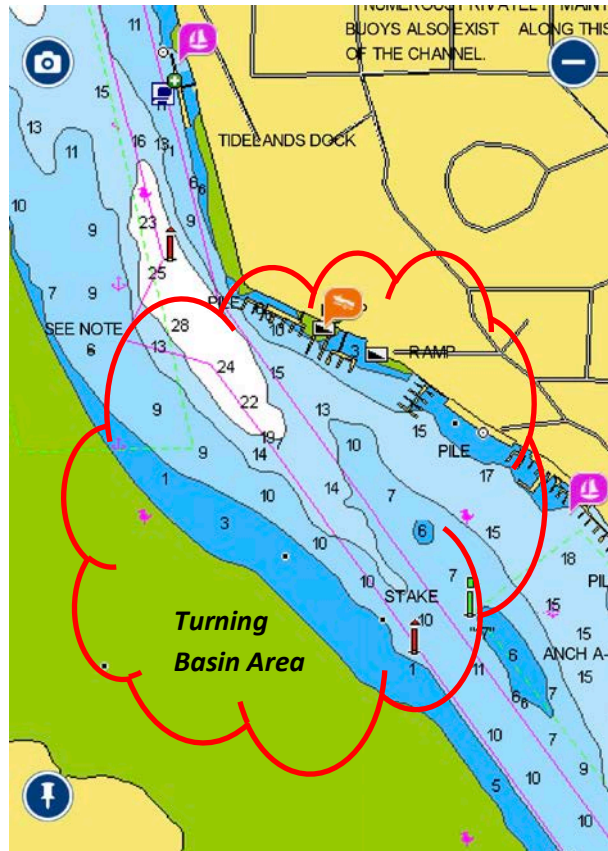
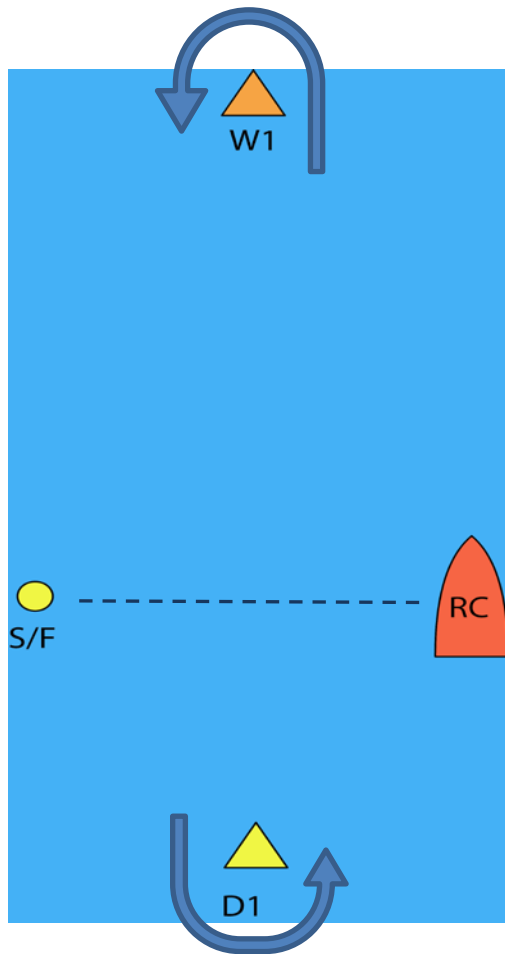
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Attachment D – Course afloat Diagram (Turning Basin)





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Attachment E – Mooring Field Race Area

