

Monterey Peninsula Yacht Club

Monterey CA USA

2023 Standing Sailing Instructions (SI) Revised 4/6/2023

1. RULES

1.1 All races will be governed by the rules as defined in *the 2021 - 2024 Racing Rules of Sailing*.

2. NOTICES TO COMPETITORS

2.1 Notices of Race for races and regattas will contain specific details for each race or regatta, including but not limited to courses, schedules, scoring and safety equipment requirements (SER).

2.2 Notices to competitors will be posted on the Notice Board at the MPYC clubhouse, and on the MPYC Race web page as appropriate.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 On the day of a race, any change to the SI will be sent via email to all competitors and posted on the MPYC notice board at the clubhouse before 09:00 on the day it will take effect. If there is any change to the schedule of races, it shall be posted by 20:00 on the day before the change takes effect.

3.2 In the most unusual circumstances, where the procedure above is precluded, the race committee may give oral changes to the sailing instructions on the water by displaying Code Flag L with one sound. The change will be given to each boat and the race committee will record the acknowledgement of the change by each boat.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore may be displayed at the flagpole atop the MPYC Clubhouse.

5. CLASSES

5.1 The designated One Design classes will be sailed on Shields Class and Santana 22 Class boats.

5.2 Boats with a PHRF rating of 110 and below will compete in A class, while boats with a PHRF rating of 135 and higher will compete in B class, whether fully crewed or single/double handed. Boats with a PHRF rating between 111 and 134 will have the option to compete in A or B fleet, but must choose at registration time and race in that fleet for the entire season. Race Chair and

PHRF fleet captain will make final decisions prior to racing on A and B fleet split to promote safety, competitiveness and fairness amongst both fleets.

5.2.1 Single/double hand boats with valid PHRF certificates and **registered to race in the correct PHRF series** will constitute a combined sub-class if there are three or more boats.

5.3 The Class flags for One Design classes will be a flag with the class insignia. The Class flag for PHRF A will be Code Flag A.

The Class flag for PHRF B will be Code Flag B.

5.4 The MPYC 2023 Sunset Series will have separate divisions for each One Design Class and PHRF. If less than three Santana 22 yachts participate, they shall race in PHRF B Class (but scored as One-Design).

5.5 At least one person on board each competing yacht shall be an MPYC member in good standing.

6. SCHEDULE

6.1 The schedule of races is listed in the MPYC 2023 Racing Schedule on the website. Additional race days or races may be scheduled if necessary.

6.2 The MPYC 2023 Season Championship for the One Design Class consists of three separate Series: Spring, Summer and Fall while PHRF consists of two separate Series: Spring and Fall as listed in the Schedule.

6.3 The One Design and PHRF classes will have the number of races indicated in the Schedule for each scheduled Series Race Day. Three races must be completed to constitute a series.

6.4 For all other MPYC regattas, the number of races each day is set by the Notice of Race and/or the race committee.

6.5 The scheduled start time of the first race of each day is listed in the MPYC 2023 Racing Schedule. The warning signal for this first race will be given no earlier than 5 minutes prior to the time listed.

6.6 When more than one race (or sequence of races, for two or more classes) is held on the same day, the warning signal for each succeeding race will be made as soon as practicable.

6.7 The Sunset Series races will start as close as possible to 1800, with a warning signal at 1755.

7. RACING AREAS AND COURSES

7.1 The 2023 MPYC Course Sheet (available at mpyc.org) shows the location of racing areas, fixed marks and the coded courses. Courses are not limited to those listed.

7.2 Courses may be selected from the current Course Sheet, displayed on the Race Committee Boat, or by special written instructions. Courses may be described using a sequence of the mark

rounding codes of SI 8.1. A course for a specific class may be prefixed with an unambiguous class abbreviation.

7.3 Multi-lap courses may be indicated using the letter "X" and a whole number to indicate that the given course is to be repeatedly sailed that number of laps. If a course is to be sailed repeatedly, boats must sail through the start line to complete each lap prior to starting a subsequent lap.

8. MARKS AND OBSTRUCTIONS

8.1 The 2023 MPYC Course Sheet describes the racing area and marks of the course(s). Mark descriptions are abbreviated to a short uppercase letter or number code followed by a smaller letter "p" or "s" to indicate that the mark is to be left to port, or starboard.

8.2 In the event a mark is out of position, and if the mark is not replaced or substituted by the race committee per RRS 34 (a) and (b), then the race is automatically abandoned, and the competitors shall return to the starting area for further instructions from the Race Committee. This changes RRS 32 and 34.

9. THE START

9.1 The starting line may be between a staff on a Race Committee vessel displaying an orange flag and a nearby floating mark as designated by the Race Committee.

9.2 A boat starting later than 10 minutes after her starting signal will be scored "Did Not Start." This changes RRS A5.1 and A5.2.

9.3 Single and Double Handed boats with a **valid PHRF certificate and registered for the correct PHRF series** will start with their respective A or B Classes.

9.4 Rabbit Starts may at times be used instead of a Race Committee boat. See Rabbit Start procedures on the MPYC website.

9.5 No races shall start when the windspeed is less than 3 knots. The criteria for meeting the 3 MPH minimum windspeed shall be a measurement on the RC boat of 3 knots sustained windspeed with consistent wind direction at the Warning signal and continuing through the Sequence through the Starting signal. RRS 27.3 signals shall be announced as appropriate.

10. THE FINISH

10.1 The finish line shall be between a staff displaying an orange flag and a nearby floating mark.

10.2 The finish line for courses finishing at "X" will be between the "X" mark and the flagpole on the MPYC rooftop, or a staff displaying an orange flag at the end of Wharf II, or between the "X" mark and a staff displaying an orange flag on the committee boat.

11. TAKING A PENALTY

11.1 RRS Appendix V1 and V2 will apply.

12. PROTESTS, ARBITRATION AND REDRESS

12.1 For each class, the protest time limit is 2 hours after the last boat of that class has finished the last race of the day (RRS 61.3 applies).

12.2 Notices will be posted at the MPYC Clubhouse within a reasonable time after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

Hearings will be held at the place and time posted.

12.3 Hearing Request forms are available at the MPYC race office. Protests shall be delivered to an RC official within the protest time limit. Time of protest form delivery shall be noted on the protest form by the receiving RC representative.

13. SCORING

13.1 Scores will be posted in the Regatta Network by the race committee as soon as possible after the race committee returns to the club house.

13.2 For races in PHRF classes the scoring is based on Time-On-Time (TOT). The corrected time will be calculated as $CT = ET * (650 / (550 + PHRF))$.

13.3 The MPYC 2023 Season Championship, Sunset Series and the Single/Double Hand subclass standings will be the total of each boat's race scores excluding one worst score after 5 races are complete, 2 worst scores after 10 races are complete and one additional worst score for each five additional races completed.

13.4 For individual Sunset Series races, the winning boat from each class will receive a prize. For purposes of the overall Sunset Series championship, first, second and third place winners in each competing class will be based on the overall scores by each competing boat.

13.5 Terms and their respective scores (this changes RRS A5.2, and A5.3):

(DNC) Did Not Come to starting area - shall receive a score equivalent to the total number of boats that **“Registered +1”**

(DNF) Did Not Finish - boats that started, but did not finish, shall receive a score equivalent to the total number of boats that properly **“Finished+1”**

(DNS) Did Not Start - checked in, but did not start **“Checked in+1”**

(RET) Retire - A boat which voluntarily retires from a race after properly checking in **“Finished+1”**

(OCS) On Course Side – on course side of starting line at starting signal or broke

30.1 **“Checked in+1”**

(UFD) U Flag disqualification – broke RRS 30.3 **“Checked in+1”**

(BFD) Black Flag Disqualification – broke RRS 30.4 **“Checked in+1”**

(**DSQ**) Disqualified – disqualified by a protest committee after a hearing “**Checked in+1**”

13.6 Boats sailing Single Handed or Double Handed (SH/DH) with a valid PHRF certificate may be scored using two methods, PHRF A or B, **and** a combined Class A and Class B SH/DH subclass.

13.7 If a registered boat is DNC for the entire series of races, it will be removed from the overall scoring calculation for boats that did compete in that series.

14. SAFETY REGULATIONS

14.1 All competing boats shall be equipped in accordance with Federal Equipment Requirements for Recreational Vessels.

14.2 All participants shall wear a PFD while racing. This is a change to RRS40. All competitors are strongly encouraged to regularly check and service their self/auto inflatable PFDs.

14.3 All competing boats are strongly encouraged to comply with relevant social distancing guidelines.

14.4 All competing boats shall carry a VHF marine radio in working condition. It is recommended that radios be capable of dual band monitoring, or two radios, monitoring Channels 16 and 68 (MPYC race channel) respectively.

14.5 All competing boats shall be equipped with ground tackle sufficient for anchoring offshore in the racing area, a bucket, a compass and a first aid kit. It is recommended that boats carry a working flashlight.

14.6 All competing boats shall be equipped with a LifeSling or a horseshoe/donut-type buoy with 100 feet of floating line attached to both the buoy and the boat. It is recommended that boats be equipped with at least one halyard long enough to be used for hoisting a person from the water back on board, and/or an appropriate halyard extension or sling.

14.7 It is highly recommended that competing boats be equipped with lifelines, as appropriate for the boat design and type. For boats without lifelines, the use of tethers and jack lines as appropriate for the wind and sea conditions, are recommended.

14.8 For long distance races across Monterey Bay, jacklines are required to be rigged and boats shall have tethers for each member of their crew.

14.9 All competing boats in long distance races outside, or across Monterey Bay, shall register crew member names and crew contact information on the Regatta Network.

14.10 Annually, two-thirds of each competing boat’s racing crew shall practice man-overboard procedures appropriate for the boat’s size and speed. The practice shall consist of marking and returning to a position on the water and demonstrating a method of hoisting a crewmember back

on deck, or other consistent means of reboarding the crewmember. Racing skippers are requested to keep a log of practice dates and trained crew. See website for blank form.

14.11 All competing boats shall stay at least 200 feet clear from dive boats displaying the Divers, and/or Alpha flags. Boats shall also exercise precaution in proximity of swimmers and kayakers.

14.12 Competing boats shall not approach within 100 yards of any U. S. Naval vessel or cruise ship.

14.13 Prior to her first start of each day, all competing boats shall check-in with the Race Committee by passing the committee boat's stern on starboard tack, or by hailing the race committee on VHF Channel 68. Boats that have been properly "checked in" by the Race Committee will be acknowledged orally and/or by VHF radio.

14.14 A competing boat that retires from a race shall notify the race committee as soon as reasonably possible.

14.2 Boats competing in the Single Hand/Double Hand sub-classes are permitted the use of mechanical/electrical autopilots.

14.3 Race Committee on Duncan's Watch needs a minimum of 3 people, club whaler 2 people and at least one member per boat for all club races for safety and proper race management. This requirement would exclude going to refuel docks and junior sailing practices.

15. EQUIPMENT AND MEASUREMENT CHECKS

15.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee official to proceed immediately to a designated area for inspection.

15.2 As per PHRF Monterey Bay certification rules, all boats competing in PHRF series races are required to be equipped with an outboard or inboard motor, minimum size dependent on individual class rules, capable of propelling the boat at hull speed in a seaway. Shields are exempt from this motor requirement but can compete in MPYC Specialty Races with closed courses under PHRF rules (i.e., Jack and Jill Race).

16. RADIO COMMUNICATIONS

16.1 The Race Committee may broadcast information regarding MPYC racing activities on VHF channel 68, or another channel properly designated prior to the warning signal for a specific race.

16.2 All Race Committee boats shall be equipped with two VHF radios to monitor VHF channels 16 and 68 simultaneously.

16.3 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. 16.4 The Race Committee boat will monitor VHF channels 68 and 16. In case of emergency situations, the Race Committee will relay communications to boats on VHF Channel 68. 16.5 The Race Committee will monitor VHF channel 16 and 68 until all boats have finished the race, or otherwise been accounted for.

17. RACE COMMITTEE DUTY

17.1 Each boat's skipper is required to provide adequate race committee support when scheduled. Race committee support includes crew on Duncan's Watch and/or additional race committee boats, as well as scoring.

17.2 A minimum of three race committee personnel is recommended on Duncan's Watch; and when additional MPYC boats are used, it is recommended that these boats be crewed by at least two persons. Each boat used shall include a qualified and trained member of MPYC. Helmspersons of MPYC race committee boats must comply with California Boater Card requirements.

17.3 Failure to provide competent race committee support will be grounds for disqualification from the MPYC 2023 Season Championship and the Sunset Series. Boat skippers/crew who are unable to provide the assigned race committee support shall inform the Race Chairperson in a timely manner and find a suitable replacement race committee.

18. PRIZES

18.1 The Race Chairperson, in consultation with the MPYC Flag Officers and the Fleet Captains, will determine trophies and perpetual trophy awards. Generally, trophies are awarded for first, second and third place finishers in each class for each series of races and specialty races; except a class or race with less than 9 entries may be awarded trophies for only first or only first and second place finishers at the discretion of the Race Chairperson.

19. DISCLAIMER OF LIABILITY

19.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.