

Catalina 22 Region 3 Championship and San Juan 21 Southern Challenge Regatta

March 4-5, 2023

Organizing Authority: Lake Monroe Sailing Association, Sanford FL

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. All boats must comply with their respective one-design class rules
- 1.3. RRS Rule 40 is changed as follows: Competitors shall wear personal flotation devices while on the water, except for brief periods while changing or adjusting clothing.
- 1.4. Appendix V Rule V1 (PENALTY AT THE TIME OF AN INCIDENT) shall apply: The first two sentences of Rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.5. Appendix V Rule V2 (PENALTY TAKEN AFTER A RACE) shall apply.

2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official notice board located at the Lake Monroe Sailing Association Clubhouse

3. Changes to Sailing Instructions

- 3.1. Any changes to the sailing instructions on the first day of racing will be posted after the skipper's meeting.
- 3.2. Any changes to the schedule will be posted by 1800 the night before the day the schedule change will take place.
- 3.3. Changes may be implemented on-the-water with "L" flag displayed and hailing competitors to the signal boat for instructions.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed at the LMSA Office
- 4.2. When AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signal AP. This changes RRS Race Signal AP.

5. Schedule of Races

- 5.1. A maximum of 4 races each day are scheduled.

Saturday, March 4, 2023

0900	Check-in/ Boat Rigging
1030	Skippers Briefing/Update
1155	First Warning

Sunday, March 5, 2023

0955	First Warning
1400	No Warning After

6. Class Flags

- 6.1. The class flag for the San Juan fleet shall be the San Juan insignia flag.
- 6.2. The class flag for the Catalina fleet shall be the Catalina insignia flag.

7. Racing Area

- 7.1. The racing area will be in the waters of Lake Monroe.

8. Courses and Roundings

- 8.1. The courses are depicted in the course addendum
- 8.2. Weather mark roundings at Marks 1 and Mark 1a are to port. Gate rounds may be to port or starboard.
- 8.3. In the event a weather mark, 1 or 1a, or gate mark, 2s or 2p, is missing, the remaining mark shall be rounded to port.

9. Marks

- 9.1. The windward mark 1 will be an inflatable cylinder. The offset 1a will be a red ball.
- 9.2. The leeward marks 2s and 2p will be inflatable cylinders.
- 9.3. The starting pin shall be an orange hippity-hop..
- 9.4. The finishing pin shall be a tall orange cylinder.

10. Communications and Safety

- 10.1. Except in an emergency, a boat this is racing shall not make or receive any voice or data communications that are not available to all boats.
- 10.2. VHF Channel 72 shall be used to advise competitors.
- 10.3. A boat that retires from a race or leaves the race area shall notify the Race Committee by VHF radio or hail.

11. The Start

- 11.1. Races will be started using RRS Rule 26 - Five minute starting sequence.
- 11.2. A 5-tone notification shall be made no more than one minute before the starting sequence.

- 11.3. The starting line will be between a staff or halyard displaying an orange flag on the signal boat at the starboard end of the starting line and the course side of an orange hippity hop at the port end of the starting line.
- 11.4. Boats whose warning signal has not been made, shall avoid the starting area.
- 11.5. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 11.6. The starting line is not restricted.

12. Recalls

- 12.1. The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.
- 12.2. Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

13. The Finish

- 13.1. The finishing line will be between a staff or halyard displaying an orange flag on the signal boat and the course side of a tall orange cylinder on the starboard side of the signal boat.

14. Time Limits

- 14.1. Any race where the first boat does not round Mark 1 in 45 min, shall be abandoned.
- 14.2. Boats failing to finish within 30 minutes after the first boat in the fleet that sails the course and finishes will be scored DNF without a hearing. This changes RRS 35.
- 14.3. To facilitate additional racing, the PRO may elect to Finish-In-Place competitors significantly behind.

15. Protests and Requests For Redress

- 15.1. Boats intending to protest or request redress for an incident in the racing area should notify the Race Committee of their intention immediately after finishing or retiring from the race concerned, naming other boat(s) involved, and wait for acknowledgement. This changes RRS 61.1(a)
- 15.2. Protest forms will be available at the LMSA Clubhouse.
- 15.3. Protests or Requests for Redress shall be delivered to the Clubhouse within 90 minutes of the last boat finishing the last race of the day.

16. Scoring

- 16.1. The low point scoring system will apply.
- 16.2. One race completed in each fleet constitutes a series
- 16.3. If five races have been completed, a boats score shall be the total of her five races. If six or more races have been completed, a boat's score shall be the total of her race scores excluding her worst score

17. Prizes

- 17.1. Prizes will be awarded to the top three finishers in each class.
- 17.2. The Catalina Fleet will have one first place prize for the silver fleet champion if two or more boats decide to race as the Silver fleet. The Silver fleet will have the same start as the Gold fleet.

18. Disclaimer of Liability

- 18.1. In addition to RRS 4, DECISION TO RACE, the safety of a boat and her entire management shall be the responsibility of the owner(s) and the owner(s) representative. Sailing is an activity that has an inherent risk of damage and injury. Competitors at this event are participating entirely at their own risk. The race organizers (Organizing Authority, Race Committee, Protest Committee, host club, sponsors and any other organization or official) shall not be responsible for the damage for any boat or property or injury to any competitor or participant, including death as the result of participating in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with the participation with this event to the fullest extent permitted by law.

