



**Lauderdale Yacht Club**  
**2023 Annual Boomerang Regatta**  
**International Optimist Dinghy Class**  
March 4,5 2023

**SAILING INSTRUCTIONS**

**1. RULES**

The regatta will be governed by The Racing Rules of Sailing (RRS).

**2. ENTRIES**

Eligible boats may be entered by completing registration with the Lauderdale Yacht Club Race Committee by March 4, 2023.

**3. EQUIPMENT**

Each boat shall display the unaltered class pennant provided by the Race Committee from the top end of the sprit.

**4. NOTICE TO COMPETITORS**

Notices to competitors will be posted at the official regatta notice board located at the Lauderdale Yacht Club Pavilion.

**5. CHANGES IN SAILING INSTRUCTIONS**

Unless made afloat in accordance with SI 7.2 below, any change in the sailing instructions will be posted by 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

**6. SIGNALS MADE ASHORE**

6.1. Signals made ashore will be displayed at the easternmost flagpole of the Lauderdale Yacht Club. Signals applying to the Optimist Course shall be accompanied by a flag with an Opti logo. Signals applying to the Ocean course shall be accompanied by a flag with a Laser logo.

6.2. When code flag AP, Answering Pennant, is displayed and subsequently lowered, the time of the warning signal for the next race is posted on the regatta notice board. This changes *Race Signals*.

**7. ORAL INSTRUCTIONS**

7.1. When Code Flag "L" is displayed ashore, all skippers are instructed to proceed to the "Official Regatta Notice Board."

7.2. When Code Flag "L" is displayed afloat oral instructions may be given by the Race Committee on the water. All competitors shall pass astern of the Race Committee Signal Boat on starboard tack. These Oral Instructions shall constitute a change in the Sailing Instructions.

## **8. SCHEDULE**

On Saturday and Sunday, there will be a Skippers Meeting at 0915 at the Lauderdale Yacht Club Pavilion, with racing to follow immediately.

## **9. RACING AREA**

- 9.1 The racing area is the area west of the Intracoastal Waterway, east of the mouth of the various canals near the Lauderdale Yacht Club, but does not include any area near the finish line where sailors are directed to wait at the Skipper Meeting or by the Race Committee. All boats are required to stay clear of the racing area when not racing or preparing to race.
- 9.2 No competitor may sail in the Intracoastal Waterway at any time.
- 9.3 Boats failing to comply with this section are subject to protest by the Race Committee only.

## **10. COURSES**

Courses will be announced at the designated skipper's meetings and are subject to change at the discretion of the Race Committee. Several sample courses are included in the competitor's race packets.

## **11. MARKS**

- 11.1. Marks will be described at the skipper's meeting.
- 11.2. The starting line will be between a staff displaying an orange flag on Race Committee Signal boat and the appropriate start mark as described at the skipper's meeting.

## **12. THE START**

- 12.1. Races will be started in accordance with Appendix U – Sound Signal Starting System.
- 12.2. Each class will start three minutes after the preceding class.
- 12.3. The order of the start and the class flags for each will be announced at the Skippers Meeting. Classes may be combined.
- 12.4. Rule 30.1 ("I-Flag Rule") will be in effect for all Red, Blue, and White starts. No flag will be displayed. The Race Committee may attempt to hail boats prior to their starting signal.
- 12.5. Boats whose warning signal has not been made shall keep clear of the starting area.
- 12.6. A boat shall not start later than three minutes after her starting signal except for Green and Yellow Fleets, which may start later at the discretion of the Race Committee.
- 12.7. In the event of a general recall, the same class shall restart and the starts for any succeeding classes shall follow the new start.

## **13. NOT COMPETING OR RETIRING**

A boat that decides not to compete in a race or retires after starting a race shall notify the Race Committee or report to a designated Safety Boat as soon as practical.

## **15. FINISH**

- 15.1. The finishing line will be between a staff displaying an orange flag on a Race Committee Signal boat and the appropriate Finish mark as described at the skipper's meeting.

- 15.2. After finishing, all boats shall keep clear of the racing area and remain clear until the last boat has finished unless otherwise directed by the Race Committee.

## **16. TIME LIMIT**

The time limit for the first boat to finish the race will be 60 minutes. Boats failing to finish within 30 minutes after the first boat in her class finished will be scored DNF. This modifies Rule 35.

## **17. PROTESTS AND REDRESS**

- 17.1. Competitors are strongly encouraged to monitor the Official Notice Board for protest and scoring penalty notices. Time limits will be strictly enforced for notices properly posted, and failure to check the board when a notice has been properly posted will not be grounds for redress.**
- 17.2. A boat intending to protest another regarding an incident of Part 2 that occurred in the racing area shall notify the Race Committee Finish Boat as soon as possible after finishing.
- 17.3. The protest time limit is 30 minutes after the docking of the Race Committee finish boat. For races started before Saturday's lunch break, the deadline is 30 minutes after the docking of the Race Committee finish boat following those races.
- 17.4. A request for redress for a scoring penalty shall be made no later than 30 minutes after the protest time limit when the scoring penalty was posted on the Official Notice Board prior to the protest deadline. This changes rule 62.2. The request must state the procedural error the competitor believes the race committee may have made and the competitor will be expected to establish that he or she started properly. This changes RRS 62.2.
- 17.5. Appendix T (Arbitration) will apply. The Arbitrator may be a member of the Protest Committee.
- 17.6. Protests or arbitration hearings may be held during the Saturday lunch break.
- 17.7. Only the Race Committee or Protest Committee may protest a competitor for violation of SI's 3, 9, 19, and 21, and the Protest Committee may assess a scoring penalty other than disqualification for their violation

## **18. SCORING**

- 18.1. The Low Point scoring system, Rule A2, will apply, modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if six races have been completed.
- 18.2. Red, Blue, and White Fleet Sailors will be scored against other sailors in their respective fleets, though a prize may also be awarded to the overall winner. Green and Yellow fleet sailors will be scored within their individual fleets.
- 18.3. Six races are scheduled, of which one race shall be completed to constitute a regatta.

## **19. SUPPORT AND SPECTATOR BOATS**

- 19.1. Team leaders, coaches and other support personnel shall not be in the Racing Area from the time of the warning signal for the first class to start until all boats have finished, or the Race Committee signals a postponement, general recall or abandonment.
- 19.2. All support and spectator boats are requested to monitor channel 70 for requests from the Race Committee to assist with fleet safety.
- 19.3. Support and spectator boats may enter the race area at the request of the Race Committee or

when they deem it necessary to assist a boat in distress.

**20. ENFORCEMENT OF RULES 42 (PROPULSION)**

20.1 Appendix P of the RRS will be in effect; however, competitors who observe a violation of Rule 42 are expected to protest. Judges may or may not be present enforcing Appendix P. RRS P2.3 will not apply, and RRS P2.2 is changed so that it will apply to any penalty after the first one.

20.2 The Principal Race Officer on the signal boat is a designated observer in accordance with RRS P1.

**21. COACHING GREEN and YELLOW FLEET**

After the start, coaches appointed by the Race Committee will be permitted to provide basic boat handling assistance and encouragement for the bottom half of the Green and Yellow Fleets.

Good sailing!