



**2023 TOTE Maritime Optimist Team Racing Regatta
June 15, 2023
SAILING INSTRUCTIONS**

1. RULES

- 1.1. The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. Races will be umpired.
- 1.3. Appendix D will apply including D2.2 and D2.3(a), Protests And Penalties, single flag protest procedure.
- 1.4. The Organizing Authority may require all participating boats to display the event sponsor's advertising in accordance with ISAF Regulation 20, Advertising Code.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located at the St Thomas Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any written changes to the Sailing Instructions will be posted immediately after the coaches meeting for the day it will take effect. Any written changes to the time of the first warning signal will be posted by 2000 on the day before it will take effect.
- 3.2. Sailing Instructions can be changed orally by the Race Committee and/or the Umpires before the warning signal, when flag Lis displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches and posted on the official notice board.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flag pole in front of the St Thomas Yacht Club

5. EVENT SCHEDULE

Thursday, June 15th 2023

0900 Coaches and sailors Meeting

1000 Team Racing - Time of first warning signal

5.1. No warning signal will be made after 1600

6. FORMAT

6.1. The format will be based on the number of teams registered by Wednesday, June 14th at 6:30 pm and it will be announced at the coaches and sailors meeting on Thursday, June 15th.

7. CLASS FLAG

7.1. The class flag will be a white flag with the Optimist class logo.

8. RACING AREAS

8.1. The racing area is on the waters of Cowpet Bay.

9. THE COURSE

9.1. The diagram in Attachment A shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left

9.2. The Race Committee may move marks of the course.

10. MARKS

10.1. Marks 1, 2, 3 and 4 will be described at the sailors briefing.

10.2. The starting and finishing marks will be a Race Committee boat and an orange buoy

11. THE START

11.1. Races will be started as follows:

Three minutes sequence.

12. THE FINISH

12.1. The finish line will be between a staff displaying an orange flag on the Starboard end of the Race Committee finish boat and a buoy on the port end.

13. TIME LIMIT AND ABANDONMENT

13.1. The time limit for each race will be 20 minutes. Boats failing to finish within five minutes after the first boat finishes will be scored DNF without a hearing. This changes rule 35, Time Limit and Scores.

13.2. The Race Committee may abandon a race for any reason. This changes rule 32, Shortening or Abandoning After The Start.

13.3. Abandonment may be signaled orally by the Race Committee and/or the umpires. Abandoned races may be re sailed, and if so, a new warning signal will be made as soon as practical. This changes Rule 32, Shortening or Abandoning After The Start, and Race Signals.

14. UMPIRING AND FLAGS

14.1. The event will be umpired in accordance with Appendix D2.2, Umpired Races, and D2.3(a), Alternative Umpiring Rules, as modified by these Sailing Instructions. Some races may have more umpires than others as determined by the Chief Umpire.

14.2. The required red protest flag shall be attached to the sailor, clothing, or PFD, and it must be capable of being deployed at arm's length where it is easily visible to the protested boat and umpires and concealed when the incident is closed.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1. The umpire decision is final. No protest or request for redress shall be made based on the umpire ruling.

16. SAFETY

16.1. A competitor retiring from a race shall notify a Race Committee or safety boat before leaving the course, or notify the Race Committee immediately upon returning to shore.

17. COACH BOATS

17.1. Coach boats shall remain anchored within the designated waiting area shown on the diagram in Attachment A unless otherwise directed by the Race Committee and/or Umpires for safety purposes

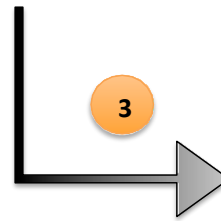
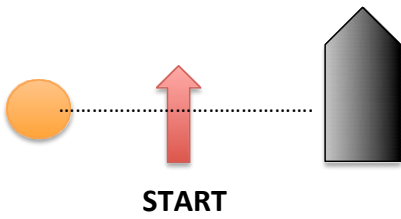
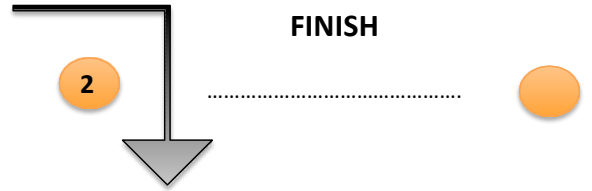
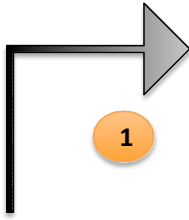
18. PRIZES

18.1. The following places will be awarded:

1st Place Team

19. DISCLAIMER OF LIABILITY

19.1. Competitors participate in the regatta entirely at their own risk. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



WAITING AREA
COACH BOATS

COURSE:

START -1- -2- -3- -4- FINISH