

**Dear Sailors, Coaches and Parents,**

The Lauderdale Yacht Club is excited to have you for our Boomerang Regatta! **Please read everything below** as there is a lot of information regarding Safety that could affect your sailor's ability to participate in the regatta. We want to provide this opportunity and our staff and volunteers are looking forward to a great regatta!

### **Registration and Coaches Meeting**

**All coaches must register -**

#### **[BOOMERANG COACH REGISTRATION](#)**

There will be a mandatory coach meeting on Wednesday, March 1st at 6PM. The meeting via Zoom – link will be sent to **registered coaches only**. Any coach not attending the meeting may not attend the regatta without written approval by myself or the LYC Sailing Director.

### **Safety**

To ensure a safe event for all, please read carefully the items below. In addition to the bolded items to ensure a safe regatta, Boomerang will utilize a "Launch Conditions Protocol".

- **All sailors will wear a USCG approved life jacket, no exceptions**
- **Coaches will be limited to an 8:1 coaching ratio**
- **Kill switch cords/devices will be worn during any on the water activity for the regatta or practice prior to the start of the regatta**
- **Sailors will be subject to Boomerang Launch Conditions below**

#### **Boomerang Launch Conditions Protocol**

***The OA shall have the right to limit boats launching due to conditions as deemed by the following "Launch Committee".***

#### **Boomerang Launch Committee**

Ocean Course PRO- Terry Hamilton  
Race Manager- Chris Hamilton  
Sailing Director - John Casey  
Fleet Captain- Kacey Roder

The busy Fort Lauderdale Inlet with ship and pleasure boat traffic becomes often impassible to coaches and sailors in tow due to wave height and interval at the entrance, as well as general sea conditions over the reef in certain wind/wave conditions.

To ensure a safe regatta, Boomerang will utilize a “Launch Conditions Protocol”.

This will apply to Lasers and Optimist RWB. Green Fleet will be sailing inside the basin at the discretion of the Inside Course PRO.

A daily announcement will be made for the day's launch condition two hours prior to the scheduled start via the official notice board. If there is a delay or postponement onshore, or a change in conditions, the “Launch Committee” may update the launch condition.

## **Launch Conditions**

**Condition 0 – No sailors are able to launch**

**Condition 1 – Only sailors designated for category “A”**

**Condition 2 – All Fleets - Launch category “A” and “B”**

## **Protocol**

All competitors must have a registered coach and Boomerang will utilize a maximum 8:1 sailor/coach ratio at all times for towing and coaching per the NOR. Coaches will submit to the OA via [Google Drive sheet](#) a list of sailors and their sailor’s category for “launch conditions” as defined below to the Race Manager and the LYC sailing Director by Wednesday, March 1st. The OA shall have the final say on any sailor launch classification. Any coach not submitting their sailors by the deadline will have their sailors be classed as category “B” per below.

Please use the google drive links to add/ update sailor category list and launch category to the LYC Sailing Director by Wednesday, March 1, 2023.

[COACH/SAILOR CATEGORY ASSIGNMENTS SHEET LINK](#)

Please email any concerns or questions to

[john.casey@lyc1938.org](mailto:john.casey@lyc1938.org) and [chris@movihealthcare.com](mailto:chris@movihealthcare.com)

## **Category “A”**

These are very experienced sailors who have the requisite experience in towing/sailing in adverse conditions on a frequent basis. These are not sailors new to their class/boat. They should be in excellent physical shape, training frequently with a coach and regularly competing at events.

The sailor should be proficient or have experience in the following;

- Sailed multiple times in 18 knots and above with proficiency on upwind, downwind and reaching
  - Towing on a tow line in heavy sea state and in 18 Knots plus of wind
  - Ability to self-recover in heavy sea state without help and right their boat
  - Physically fit to tow sail and tow back in over a regatta day of 6-8 hours on the water in above wind conditions
  - Sailor regularly finishes in the top third of the fleet
  - Sailor qualifies for class specific or high-level teams, events and clinics.
- examples below;

- Youth Champs – invite
- Laser Grand Prix Points that qualify for international championship events
- Brooke E. Gonzalez Advanced Racing Clinic/Neill/CISA Attendees
- OPD Team members
- Opti
  - National team
  - OPD2 Program
  - Team Trials Qualified
  - USODA International Team Qualified

### Category “B”

These are mid-level to inexperienced sailors **who do not** have the requisite experience in towing/sailing in adverse conditions on a frequent basis. These are sailors **who are newer to their class/boat or are not yet proficient due to skill level**. These are sailors who do not attend or qualify from the category “A” examples list.

[COACH/SAILOR CATEGORY ASSIGNMENTS SHEET LINK](#)

### Final Decision

After submission to the LYC Sailing director of their list of sailors, coaches may be contacted to request additional information on a sailor in question or a change in sailor launch condition category. Final decision shall be made by Thursday, March 2, 2023.

Thank you and your teams for being flexible. If you have questions, we are here to help! Please call me directly.

Chris Hamilton

Race Manager  
Boomerang 2023

