

**2023 Flying Scot Egyptian Cup Regatta  
Midwest District Championship  
Sailing Instructions**

**16-18 June, 2023**

**Carlyle Sailing Association, Flying Scot Fleet #83  
Carlyle Lake, Illinois**

**1. Rules & Entry:**

- 1.1 This regatta will be governed by the rules as defined in the current US Sailing Racing Rules of Sailing (RRS) for 2021 – 2024 and the current Flying Scot Sailing Association rules except as amended hereby. If these sailing instructions (SI) conflict with the RRS, these instructions shall control to the extent permitted by RRS 86.
- 1.2 This regatta is open to all Flying Scots.
- 1.3 Entrants must complete registration with the Carlyle Sailing Association (CSA) and provide proof of liability insurance on vessels prior to June 16, 2023 at 5pm as described in the NOR. **Entrants and crew must also sign the CSA release form prior to sailing in this event on or before the Competitors meeting on Sat June 17, 2023.**
- 1.4 The same crew shall sail the same yacht in all races except for cause as presented in writing to, and approved by, the Principal Race Officer (PRO). If it is known prior to the series that a yacht's crew cannot sail the entire series, then the specific crew changes shall be declared at the time of registration and be entered on the registration form.
- 1.5 World Sailing Regulation 20 and FSSA regulations on advertising shall apply.
- 1.6 The US Sailing prescriptions to RRS 63.2 shall not apply.

**2. Notices to Competitors:**

- 2.1 Notices to competitors shall be posted on the official regatta notice board that is located near the picnic pavilion between the harbor flagpole and the parking lot.

**3. Changes to Sailing Instructions:**

- 3.1 Any changes to these sailing instructions shall be approved by the Principal Race Officer and will be posted no later than 45 minutes before the warning signal of the first affected race. The posting shall be accompanied by one sound signal and the display of Code Flag "L". Any change in the schedule for racing on 18 June shall be posted by 1900 on 17 June.

**4. Signals Made Ashore:**

- 4.1 Signals made ashore shall be displayed from the Committee Boat at its berth on the dock closest to the main body of the lake.
- 4.2 Code Flag "L" accompanied by one sound signal means that a change to the sailing instructions has been posted.

- 4.3 Code Flag “AP”, Answering Pennant, accompanied by two sound signals means that the next race is postponed, do not leave the harbor. The next warning signal will be approximately 30 minutes after Code Flag “AP” is struck with one sound signal and the Committee Boat leaves the harbor.
- 4.4 An Orange flag with one sound signal means the Committee Boat is leaving the harbor and the warning signal will be approximately 30 minutes thereafter. The Orange flag shall be struck, accompanied by one sound, one minute before the warning signal for the next race.

## **5. Schedule of Races:**

- 5.1 There shall be a maximum of six (6) races in the series.
- 5.2 One race is required to be completed to constitute a series.
- 5.3 The warning signal for the first race on Saturday, 17 June, shall be at 1030 hours. The warning signal for the first race on Sunday, 18 June, shall be at 0930 hours.
- 5.4 A maximum of four (4) races may be sailed on Saturday, 17 June, at the discretion of the Race Committee to make best utilization of existing weather conditions.
- 5.5 No more than 2 races shall be sailed back-to-back without a shore break, and no race shall continue after sunset. There will be a lunch break on 17 June.
- 5.6 No race warning signal shall occur after 1125 hours on Sunday, 18 June.

## **6. Racing Area:**

- 6.1 The racing area will be on the main body of Carlyle Lake outside the entrance to Carlyle Sailing Association’s harbor.

## **7. The Courses:**

- 7.1 The course shall be a Windward/Leeward (WL) course, including an offset mark accompanying the windward mark. The leeward marks for the Windward/ Leeward course shall be a gate. All boats shall pass through the gate from the windward side to the leeward side and then round either gate mark to port or starboard. (The diagram at the end of these instructions defines the course.)
- 7.2 The starboard rail of the RC Boat shall display a placard indicating the first two digits of the approximate magnetic heading to the windward mark.
- 7.3 All marks except gates shall be left to port.
- 7.4 Start and finish lines will be located at some point on the weather leg of the course at the discretion of the Race Committee.
- 7.5 At the discretion of the Regatta Chairman, participants who inquire if the starting line is open or closed at the skippers meeting, may be summarily flogged.
- 7.6 The course may be shortened after the start, but it shall otherwise not be changed.

## **8. Marks:**

- 8.1 All turning marks will be Orange polyvinyl cylindrical shapes, except the windward offset, which will be a pink/orange sphere.

## **9. The Start:**

- 9.1 Races will be started in accordance with RRS 26.
- 9.2 The starting line will be between the flag mast on the stern of the Committee Boat and a spar mark with a pink streamer at the port end of the line.
- 9.3 Individual recalls shall be signaled in accordance with RRS 29.1. The Race Committee will attempt to hail the sail numbers of "On Course Side" competitors from either end of the starting line. Failure to be hailed or to hear the hail shall not be cause for redress.
- 9.4 If Code Flag "I" is displayed during the start sequence, hails may begin during the one minute prior to the start.
- 9.5 A boat starting later than ten (10) minutes after her starting signal will be scored Did Not Start (DNS). This changes Rule A4.1.

## **10. Shortening the Course:**

- 10.1 A shortening of the course shall be signaled from a boat stationed near the turning mark beginning the leg containing the finish line. This leg may not be of full original length. The boat shall display Code Flag "S" and shall make periodic sound signals. This changes Rule 32.2.

## **11. The Finish:**

- 11.1 The finish line shall be between the flag mast of the Committee Boat, which is flying the blue flag, and a spar mark with a pink streamer.
- 11.2 If another race is to be sailed back-to-back with the race just completed, it shall be indicated by display of the orange flag from the mast of the Committee Boat during finishing.

## **12. Time Limits:**

- 12.1 The race shall be abandoned if the lead yacht does not reach the first weather mark within 30 minutes or completes the entire (or shortened) course within 90 minutes.
- 12.2 All yachts not finishing within twenty (20) minutes of the first yacht to finish shall be scored in their relative positions at that time to the best ability of the Race Committee. This changes RRS Rules 35 and A4.1.

## **13. Protests and Requests for Redress:**

- 13.1 Protests shall be made in writing on forms available at the Committee Boat when in her regular berth. The completed form must be submitted to the PRO within 30 minutes of the Committee Boat's official docking time after the last race of the day. The official docking time will be posted on the Committee Boat placard display. The start and end of this protest filing time will be indicated by display of a red flag from the mast of the Committee Boat, the hoisting and lowering of which will be denoted by sound signals.

13.2 All interested parties to protests shall remain within hearing range of the Committee Boat until informed of a time and place for their proceedings. Protest hearing time and location notices shall be posted no later than 30 minutes after the expiration of the protest filing time (unless an official extension is granted by the judges) to inform the competitors that a hearing will occur for which they are parties to a protest or named as a witness.

13.3 On the last day of racing, a party to a hearing may ask for a reopening of the hearing no later than 1/2 hour after being informed of the decision. This modifies RRS Rule 66.

#### **14. Scoring:**

14.1 The series will be scored as provided in Appendix A of the RRS using the Low Point System.

14.2 Each boat's series score shall be the total of her race scores. No scores will be excluded. This modifies RRS, Appendix A2.1.

14.3 Trophies will be awarded to the skipper and crew of the top five yachts that have the lowest total point score for the series. The Egyptian Cup perpetual trophy (non-traveling) will be awarded to the Egyptian Cup Regatta Champion.

14.4 One race is required to be completed to constitute a regatta.

#### **15. Safety Regulations:**

15.1 The safety of a boat and her entire management shall be the sole and inescapable responsibility of the owner and or skipper. Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions.

15.2 A yacht which withdraws from the race prior to finishing shall notify a race committee representative before leaving the course area, or if that is not possible, to the Committee Boat immediately after it returns to shore.

15.3 Each yacht shall carry the following equipment on board and ready for immediate use:

- a. One USCG approved life jacket (PFD) for each person aboard
- b. Paddle
- c. Bailing device
- d. One throwable flotation device
- e. Sound signal (whistle)
- f. Anchor, with a minimum of 50 feet of line
- g. A bowline of adequate length and strength for towing

Failure to produce any of this equipment at any time shall render the offending yacht subject to disqualification.

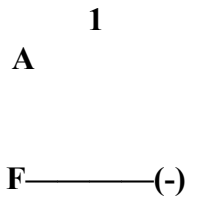
4. Each yacht shall be insured for liability to persons and property and upon demand at any time a boat owner shall produce proof of such insurance.

## **16. VHF Radio Communications:**

- 16.1 VHF radios may be used by competitors to report emergencies to the Race Committee on channel 72. A vessel reporting/declaring its own emergency shall be scored RET (retired); a vessel reporting an emergency on a competitor's vessel shall not be penalized, and it may seek redress if its finishing position is affected by providing such report. No other transmissions from competitors are permitted.
- 16.2 In addition, the Race Committee may use VHF radios channel 72 to inform competitors of safety information (such as approaching weather) or to hail boats that are on course side of the starting line (OCS) at the start.
- 16.3 In addition, the Race Committee may use VHF radios channel 72 to assist in the management of the race when not racing. This may include transmissions to competitors about postponements, countdowns, or courses. Such transmissions would be in addition to all required flags and signals.

## COURSE MARK POSITION DIAGRAM

### Windward/Leeward “WL” Course



#### **Order of rounding:**

**S, 1, A, 2G, 1, A, 2G, F**

S = Starting Mark

F = Finish Mark

A = Offset Mark

(-) = Signal Boat

G = Gate

Start and finish legs may not be of full length.

The windward and offset marks shall be rounded to port.