

SAILING INSTRUCTIONS

Twin Island Series 2023

Race Dates: April 22nd • July 8th • October 7th

1. RULES

The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).

2. SAFETY

a) Boats shall not impede the passage of a vessel, which can safely navigate only within a narrow channel or fairway, (see US Dept. of Commerce chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessel with restricted ability to maneuver. Boats identified by sail number who endanger their own safety or that of the commercial or government vessel will be subject to protest by the Race Committee (RC) or a contestant and face possible disqualification. A protest for allegations of the above will be heard by a protest committee whether or not the requirements of RRS 61.1 (a) & (b) have been fulfilled or exclusions referenced in RRS 60.2(a) have been met. A DSQ for a safety violation shall be considered as disqualification not excludable (DNE).

Propulsion: To comply with this section and to avoid impeding such a vessel, a competitor may utilize auxiliary power without being obligated to retire (in accordance with RRS 42.3(h)) for only as long as required to clear a channel expeditiously. In so doing, she shall notify the race committee as soon as possible. She shall then be subjected to a scoring penalty of 2 places worse than she would have received, however she shall not be scored worse than Did Not Finish.

b) Personal safety is the responsibility of each individual while racing. While wearing a personal flotation device (PFD) is not a requirement of this regatta, it is encouraged. For any particular race in the Series, the Race Committee may fly the Y Flag which indicates a PFD is required to be worn by all racers.

3. NOTICES TO COMPETITORS / CHANGES TO SAILING INSTRUCTIONS

Notices to competitors or changes to the sailing instructions will be posted on the official notice board at the SYC Clubhouse and on the regatta website

<http://www.regattanetwork.com/event/26012>. Notices shall be posted not later than 2000 hrs on the day before it will take effect. Notices to competitors may also be posted on the website, but the official notice board shall prevail.

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located at the SYC clubhouse. If a postponement is signaled ashore, the warning signal will be made not less than one hour after the AP is lowered.

6. SCHEDULE

a) First warning will be at **1200** hrs.

b) Races abandoned due to conditions on the race course may be rescheduled utilizing a notice to

competitors.

7. CHECK-IN & RETIRE

- a) All boats shall show their sail number to the Race Committee Boat by sailing past the committee boat on a starboard tack prior to the first warning signal.
- b) Boats with youths on board (participating crewmembers, 18 years of age or younger on the day of the race) wishing to compete for the 75th Anniversary John Williams Youth Award shall additionally notify the Race Committee Boat prior to the first warning signal that they have youths on board.

Skippers of such boats shall separately submit the names and dates of birth of all youths who were on board for the entire race to the race organizers prior to the awards ceremony for each race.

- c) [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

8. CLASS FLAGS

Fleet	Class	Flag
Division A	Spinnaker	A
Division C	Non-spinnaker	C

9. THE START

- a) The starting line will be in the Knox area of SF Bay between the staff displaying an orange flag on the SYC committee boat and an inflatable mark.
- b) Starts **will not** be rolled.
- c) Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10. COURSE and MARKS

Course number will be indicated by a numerical pennant. For the indicated course, boats shall choose one of the two alternate directions.

1	EITHER Start – Easom P - Angel Island S – Alcatraz S – Easom S – Finish - OR - Start – Easom P - Alcatraz P - Angel Island P – Easom S – Finish	10.1nm
2	EITHER Start – Easom P - Angel Island S – 7 S – Easom S – Finish - OR - Start – Easom P - 7 P - Angel Island P – Easom S – Finish	10.5nm
3	EITHER Start – Easom P - Angel Island S – Red Rock S – Easom S – Finish - OR - Start – Easom P - Red Rock P - Angel Island P – Easom S – Finish	15.3nm

Mark Descriptions:

Alcatraz	Island with conspicuous prison like buildings
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Angel Island	Wooded island located north of Alcatraz
Easom	Large lighted Yellow Column Buoy off Yellow Bluff west of Harding Rock
Red Rock	A protuberance 0.8nm WNW of Richmond Long Wharf
7	(YRA 7) R "2" Fl 6s nm Northwest of Treasure Island

11. THE FINISH

The finish line will be between the staff displaying an orange flag on the SYC clubhouse mast and an inflatable mark to the northeast of the club.

12. COMMUNICATIONS

- a) RRS 25 is modified to allow for on-the-water radio communications between the Race Committee (R/C) and racing boats on VHF channel 71.
- b) The R/C may hail boats that are OCS. Failure to make such a hail or the inability of a competitor to hear a hail for OCS or any other information or the order in which boats are hailed shall not relieve her of her responsibility, nor shall it be grounds for redress. This changes RRS 62.1(a).
- c) RRS 90.2(c) is amended to allow oral changes to the Sailing Instructions on the water. In the event the R/C needs to communicate oral changes, they shall raise the "L" flag and attempt to hail competitors on the above VHF channel.

13. RESTRICTED AREAS

For the purpose of RRS 18, 19, 28, the following objects shall be left to shoreward: Anita Rock and any buoy marking same, vertical 'H' beam off Water Quality Control Plant west of StFYC, bell buoy 7 off the west end of Alcatraz, and Point Blunt buoy off Angel Island. Above obstructions are not marks of the course. Any rocks visible at Mean Lower Low water immediately adjacent to Marin County or San Francisco shorelines shall be left to shoreward.

14. TIME LIMIT

The time limit for each race will be 1600 hrs for all boats to finish. Boats finishing after this time will be scored DNF. This modifies RRS 35.

15. PROTESTS

- a) Protest forms are available from the SYC Clubhouse. Written protests shall be delivered to the Race Committee Chair within one hour from the earlier of: a) when the last competitor finishes / retires, or b) when the time limit expires. The protests received will be posted on the notice board. Hearings will be held on the Thursday after the event, at 7pm.
- b) RRS 62.2(a), 66.2(a), and the US prescriptions to RRS 63.2 do not apply.

16. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**