



**Miles River Yacht Club**  
Welcomes you to the  
**2023 Log Canoe**  
**Centennial & July 4<sup>th</sup> Regatta**  
June 24 and 25 of 2023  
**Sailing Instructions**

1. **ELIGIBILITY:** Only Chesapeake Bay Log Sailing Canoes.
2. **ENTRIES:** All contestants must register with the Miles River Yacht Club (MRYC) Race Committee (RC) prior to that contestant's first race at MRYC for the 2023 racing season. Contestants may register for this series online at <http://www.regattanetwork.com/event/26291> prior to the Saturday races. **A Skipper's meeting is scheduled at 12:00 noon on Saturday.** There is a \$40.00 dollar entrance fee.
3. **RACING RULES:** The regatta will be governed by *The Racing Rules of Sailing*, the prescriptions of US Sailing, as modified by CBYRA, the rules of CBLSCA, except as any of these are changed by the PRO at the skipper's meeting, and by these sailing instructions. Changes made at skipper's meeting will be posted in writing immediately following the meeting on the official notice board in the Clubhouse.
4. **COURSE:** The course will be displayed at the Committee boat prior to the Warning Signal. It will consist of a sequence of letters, each indicating the next mark to round. The letters will be displayed in red to round the mark to port, and in green to round to starboard. (See attached Log Canoe Course Sheet)

5. **SCHEDULE OF RACES:**

<u>Race</u>	<u>Date</u>	<u>Warning Signal</u>
1	Sat June 24	1400
2	Sun June 25	1000
3	Sun June 25	1400

Sunday races may be back-to-back at the Skipper's request.

6. **START:** Signals will be at 5-minute intervals. Times shall be taken from the visual signals; failure of a sound signal shall be disregarded. Sequence will also broadcast on VHF 71.  
Signals will be as follows:

WARNING	10 minutes	Yellow shape	sound
PREP	5 minutes	Blue shape	sound
START	0 minutes	Red shape	sound

The starting line will be between the orange flag on the committee boat and a yellow starting mark. There may be a barging buoy set aft of the Committee boat. Do not enter this area. No race will be started in less than 3 knots of wind. The decision to start a race shall be made by each skipper on his own responsibility. Competitors participate in the regatta entirely at their own risk.

7. **RECALLS:** Individual recalls will be signaled by Code Flag "X" and one blast of the horn. The committee will hail the sail number(s) of premature starters. Whether or not hail is heard, responsibility for starting properly rests with each skipper.
8. **GENERAL RECALL** will be signaled by display of Code Flag "First Substitute" and two blasts of the horn. Warning signal will replace this signal one minute after it is lowered (one sound of horn will accompany the lowering of the signal).
9. **PENALTIES:** For mark and competitor infringements to the rules, a one penalty turn will be used to exonerate the guilty party. Refer to RRS 44.2 and substitute one turn wherever a two turn penalty is mentioned. *If a competitor makes contact with the Committee boat and as a result of such contact, damage occurs to the Committee boat and/or injury is sustained by any of the Race Committee crew, the offending yacht shall retire immediately from that race. No penalty will be allowed. (This modifies RRS Rule 44)*
10. **FINISH:** The finish line will be between the orange flag on the committee boat and the nearby mark.
11. **TIME LIMIT:** The first boat must cross the finish line within the times listed below. The Race Committee may call the race sooner at its discretion:
  - 2 ½ HOURS** if 2 races scheduled for the day.
  - 3 HOURS** if 1 race is scheduled for the day.Any boat that finishes 45 minutes or longer after the first boat has finished, shall be scored DNF.  
  
A minimum of ONE hour shall be allowed between the time of the last place finisher and the warning signal for a succeeding race, unless there have been back to back races agreed upon beforehand.
12. **PROTESTS:** Red flag must be flown before and after announcement to the committee boat. Time limit for filing a written protest is 60 minutes after the committee boat returns to dock after the last race for the day. Time and location of the protest hearing will be posted on the official notice board. All protests shall be made in writing in a clear and comprehensive manner setting forth all details and names of witnesses. CBYRA protest forms can be found in the Greenbook or in the MRYC office. All involved parties shall report to the designated protest area and remain easily available.
13. **SAFETY:** All canoes shall have a chase boat/tender with life jackets for all the crew. All canoes must have a life ring or throwable cushion with a rope. Any crewmember who cannot swim must wear a life jacket. It is the sole responsibility of the owner and/or skipper that these requirements are met.
14. **SCORING:** The low point scoring system described in RRS Appendix A will apply. Each boat is considered registered for the 2023 racing season and will be scored in every race. If a boat does not compete in a race, she will be scored as DNC.
15. **TROPHIES:** The Trophy Award Ceremony is scheduled for approximately 4:30 pm on Sunday or earlier if possible.

**PLEASE REMEMBER – SHIRT AND SHOES ARE REQUIRED IN THE CLUBHOUSE**