



Lloyd Harbor Yacht Club

51st Annual
Edward S. Dole Memorial
Stratford Shoal Race

Saturday July 8, 2023

SAILING INSTRUCTIONS



All proceeds from this event will directly benefit Make-A-Wish America

1. RULES

- 1.1. The regatta will be governed by the rules as defined in:
 - 1.1.1. The [Racing Rules of Sailing \(RRS\)](#) including US Sailing Prescriptions.
 - 1.1.2. The current [PHRF regulations](#), as administered by YRA of Long Island Sound (YRALIS) including non-spinnaker regulations for PHRF classes.
 - 1.1.3. US SAFETY EQUIPMENT REQUIREMENTS (SER), Nearshore Category.
 - 1.1.4. Current class rules for one-design fleets. The J/105 class waives weight limits in one-design divisions.
 - 1.1.5. RRS Appendix V1 & V2.
 - 1.1.6. All boats shall display running lights beginning one half hour before sunset.
 - 1.1.7. The RRS will be changed as noted in these instructions or the NOR.

2. ELIGIBILITY AND ENTRY

- 2.1. The regatta is open to monohull boats, no less than 24 feet LOA and PHRF ratings of less than 190.
- 2.2. Entry is done using the Lloyd Harbor Yacht Club's online registration at www.lhyc.org, following the link to the Race Information page.
- 2.3. The final deadline for entries is 2400 hrs, July 7.
- 2.4. Racing will be offered for the following PHRF classes of boats: Jib-and-Main, Spinnaker, One Design, Single – Handed & Double-Handed. Spinnakers are permitted in the single-handed and double-handed divisions as well as in the one-design division to the extent the rules of the one-design class permit spinnaker use.
- 2.5. Entrants must possess a valid YRALIS PHRF certificate, a valid one-design certificate, or receive a waiver and LHYC handicap rating from the LHYC Measurer. Entrants in the double-handed class must have a valid YRALIS DH PHRF certificate. Entrants in the single-handed class may use their DH PHRF certificate for purposes of this race. Entrants shall use their **distance** handicap rating.
- 2.6. ONE DESIGN FLEETS

2.6.1. One design classes of at least four boats will be provided their own division. If fewer than four entries are received for any one-design class, they will be entered in an appropriate PHRF class unless they wish to withdraw their entry.

2.7. CANTING KEELS

2.7.1. The use of a canting keel shall be permitted in accordance with YRALIS PHRF regulations and the use of stored power in order to power the mechanism to cant a keel shall be allowed. This changes RRS 52.

2.8. MULTIHULL FLEET

2.8.1. Multihull boats are welcome to enter in a demonstration class, but will not be scored.

2.9. (new): MINI 6.50s

2.9.1. Notwithstanding the limitation on LOA specified in section Mini 6.50 or Mini Transat Class boats are permitted.

3. NOTICES TO COMPETITORS

3.1. Notices to competitors will be posted on the LHYC web site (<http://www.lhyc.org/>) and shall be broadcast on VHF channel 72 prior to the first warning signal.

4. CHANGES TO SAILING INSTRUCTIONS

4.1. Any change to the sailing instructions will be posted on the LHYC website prior to 2000 hrs. on the day before it will take effect and announced prior to the first warning signal on VHF channel 72.

5. SIGNALS MADE ASHORE

5.1. No signals will be made ashore.

6. SCHEDULE OF RACES

6.1. Racing is scheduled for Saturday, July 8, 2023.

6.2. The scheduled time for the first warning signal is 1400 hrs.

7. CLASS FLAGS

7.1. The number of classes and the class assignment for each boat will be made at the discretion of the Race Committee (RC) and indicated on the Scratch Sheet.

7.2. Scratch Sheets will be available on the LHYC website (www.LHYC.org) no later than 1800 hrs. on the day before the event. The Regatta Network "Current Registrants" list is NOT the Scratch Sheet.

7.3. Classes will be designated by numbers. Class flags will be numeral pennants.

7.4. Boats shall display the numeral pennant for its class on its backstay or, in the absence of a backstay, from a point near its stern.

7.5. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the RC prior to the first warning signal of the day. The RC will announce any such changes on VHF channel 72.

7.6. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

8. RACING AREAS

8.1. Rendezvous will be made in the vicinity of Nun "6" off Lloyd Neck.

9. COURSE & MARKS

9.1. Two courses are defined. The intent is to use Course A unless the Race Committee decides that the majority of boats will not be able to finish within the prescribed time limit. The course will be displayed on the Signal boat. All classes will sail the same course.

- 9.2. Course (A): Start between the orange flag on the signal boat and Nun "6". Proceed towards Can "13" off Eaton's Neck Point leaving it to starboard, proceed to the Stratford Shoal Lighthouse, leaving it to starboard, continue back to Eaton's Neck Can "13", leaving it to port, proceed to the finish at Nun "6". Course distance for handicapping purposes is 34.0 miles.
- 9.3. Course (B): Start between the orange flag on the signal boat and Nun "6". Proceed towards Buoy "28" (Great Reef Lighted Buoy), leaving it to port, proceed to the finish, at Nun "6". Course distance for handicapping purposes is 11.8 miles.
- 9.4. Course (C): Start between the orange flag on the signal boat and Nun "6". Proceed towards Buoy "28" (Great Reef Lighted Buoy), leaving it to port, proceed to "32", leaving it to port, proceed to "15" (Lloyd Point) leaving it to port, proceed to finish, at Nun "6". Course distance for handicapping purposes is 18 mile.
- 9.5. All government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

10. THE START

- 10.1. Races will be started according to RRS 26 using a rolling sequence where the Start of one division is the Warning Signal for the following division unless otherwise announced by the RC.
- 10.2. The starting line will be between the orange flag on the signal boat and the course side of Nun "6".
- 10.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 62.1a.
- 10.4. Any boat OCS and not returning shall be penalized by having her elapsed time increased by 30 minutes. This changes RRS 29.1
- 10.5. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 10.6. Any boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 10.7. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.
- 10.8. The race committee at its discretion may start multiple classes together. If so, the scratch sheet will clearly designate the classes that will start together, and multiple class flags will be flown at the warning signal. This modifies RRS 26.

11. THE FINISH

- 11.1. The finish line will be between a staff displaying a blue flag on the signal boat and the course side of Nun "6" off Lloyd's Neck. The committee boat will be stationed to the north of Nun "6."
- 11.2. If finishing after dark, racing boats finishing must: call the race committee on VHF channel 72 about ten minutes before they expect to finish, shine a light on their sail number at the finish line and hail the race committee by voice or radio with name, sail number and class.
- 11.3. The race committee shall provide acknowledgement to finishers immediately after finishing. It is also strongly recommended that all finishing boats record their own finishing time and note the names of boats finishing immediately in front and behind.
- 11.4. If the race committee is absent when a boat finishes, she should report her finishing time and her finishing position in relation to nearby boats to the race committee at the first reasonable opportunity. Her finishing time shall be taken in GPS time, when within 50 feet of Nun "6" her bow crosses a line bearing 153° magnetic to Nun "6".

12. TIME LIMIT

- 12.1. The time limit for the day will be ten hours after the start of the first class.
- 12.2. Any boat failing to finish within 60 minutes plus her PHRF time allowance from the finish of the first boat in her class, will be scored Did Not Finish without a hearing. This changes RRS rules 35, 63.1, A4 and A5.

13. PENALTY SYSTEM

- 13.1. Penalties at the Time of the Incident
 - 13.1.1. The One-Turn Penalty as described in RRS V1 is in effect. This modifies RRS 44.1.
- 13.2. Post-Race Penalties
 - 13.2.1. The Post-Race Penalty as defined in RRS V2 may be taken prior to the opening of the protest hearing.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. A boat initiating a protest shall immediately after finishing, notify the race committee over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested until acknowledged by the race committee. This changes RRS 61.1(a).
- 14.2. Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 61.1(b).
- 14.3. Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as listed in "Contacts", Section 23.2. Protests shall be delivered in person or via email to protest@lhyc.org by 1800 hrs. on the day following the race. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 14.4. Protest hearings will be scheduled accordingly and posted on the event website notice board to inform competitors of hearings in which they are parties or named as witnesses.

15. SCORING

- 15.1. Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance of 34.0 nm for course A, 11.8 for course B and 18 for course C regardless of the distance sailed.
- 15.2. Each class will be scored separately.

16. SAFETY REGULATIONS

- 16.1. All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to manoeuvre, making passage through the racing area. Any boat observed to impede such traffic may be protested by the Race Committee.
- 16.2. A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity or contact the race committee via cell phone as indicated on the Scratch Sheet.

17. RADIO COMMUNICATION

- 17.1. Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 17.2. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 17.3. The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast.
- 17.4. (new): RRS 41 is modified to allow single-handed and double-handed entrants to communicate amongst themselves by VHF Radio.

18. PRIZES

- 18.1. Prizes will be awarded as follows for each class: First if 3 or more registrants, Second if 5 or more, Third if 7 or more and Fourth if 11 or more.
- 18.2. The Stratford Shoal Trophy will be awarded to the boat in a PHRF spinnaker fleet with the lowest corrected time (one year retention).
- 18.3. The Silver Girl Trophy will be awarded to the boat in the JAM fleet with the lowest corrected time (one year retention).
- 18.4. The First Home Trophy will be awarded to the first boat of a PHRF spinnaker fleet to finish (one year retention).
- 18.5. This event is a qualifier for the North Sails Huntington Bay Boat of the Year Trophy. Participation earns one point.
- 18.6. This event is a qualifier for the North Sails Long Island Sound Charity Cup.
- 18.7. This event is a qualifier for YRA of Long Island Sound Youth Challenge Cup.

19. DISCLAIMER OF LIABILITY

- 19.1. Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.
- 19.2. Each participating boat shall be insured with valid third-party liability insurance.

20. Contacts:

- 20.1. LHYC Fleet Captain: Larry Murphy, fleetcapt@lhyc.org
- 20.2. Protest Committee: Bill Mahr, protest@lhyc.org
- 20.3. Fleet Measurer, June Kendrick, measurer@lhyc.org
- 20.4. Technical Committee Chair, techcomm@yralis.org