

**Around Monterey Bay Mile Buoy Long Distance Race
May 13, 2023**

**SAILING INSTRUCTIONS
(May 10, 2023)**

Monterey Peninsula Yacht Club Monterey, CA

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1. Rules

- 1.1. This race will be governed by the rules as defined in the Racing Rules of Sailing and these Sailing Instructions.
- 1.2. All competitors are required to wear personal flotation devices while racing. The "Y" flag will not be displayed. This changes RRS 40.

2. Safety requirements and equipment

- 2.1. The safety requirements and equipment are specified in the Notice of Race, and Amendments thereto.

3. Notices to Competitors

- 3.1 A mandatory skippers and crew meeting will be held at 800 hours (8am) on May 13, 2023, via Zoom at the following link.

<https://us04web.zoom.us/j/75100086402?pwd=CDzgVi71p4BZGL0wEml7czkJ41iQy1.1>

Meeting ID
751 0008 6402
Passcode
GSdq4fHide

- 3.2. On the water, the Race Committee may use VHF channel 68 for communication. Changes to the Sailing Instructions, if any, will be communicated no later than 1030 hours on the day of the race.

4. Schedules and Class Flags

- 4.1. One race scheduled.
- 4.2. The first warning signal at all three starting locations will be at 1055 hours.
- 4.3. The class flag will be code flag F for all Divisions starting at the three starting locations. The start of boats at the three starting locations will be simultaneous at 1100 hours.

5. Race Area and Course

- 5.1. The race area will be between the Mile Buoys outside the harbors of Monterey, Santa Cruz and Moss Landing.
- 5.2. The 44.06 nautical mile course requires competing boats to round all three Mile buoys on the shore side of each Mile buoy. Boats are free to decide whether to sail the course clockwise or anticlockwise. The latitude/longitude coordinates for the Mile Buoys as published at mpyc.org are:
 - 5.2.1. Monterey (Red can "4" with 4 seconds flashing red light and bell): **36° 37.46"**;
121° 53.74
 - 5.2.2. Santa Cruz (Red and White can "SC" with whistle): **36° 56.38"**; **122° 00.71"**
 - 5.2.3. Moss Landing (Red and White can "MLA" with bell): **36° 47.93"**; **121° 48.08"**

6. The Start

- 6.1. Boats may start at any of the three starting areas. Boats will start between the relevant Mile buoys and a race committee boat anchored to the shore side of each Mile Buoy. All three starts will be simultaneous and to windward.
- 6.2. The Starting lines will be between a staff displaying an orange flag on each race committee Signal Vessel and the appropriate Mile buoy.
- 6.3. Instructions on the starting procedure will be announced by the committee boat on VHF Channel 68 prior to the starting sequence.
- 6.4. All boats shall check in with their respective race committees on VHF 68 prior to the starting sequence. Failure to check in may lead to disqualification from the race.
- 6.5. After the starting signal, the race committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line by VHF channel 68.
- 6.6. Competitors are requested to switch to VHF 16 after starting.

7. The Finish

The Finish

- 7.1. Boats shall finish at the same Mile buoy where they started. Boats sailing the course clockwise shall leave the finish Mile buoy to starboard. Boats sailing an anti-clockwise course shall leave the finish Mile buoy to port.
 - 7.1.1. Boats finishing at the Monterey Mile buoy shall cross the imaginary line between the Monterey Mile Buoy and the red and white radio mast at Cannery Row.
 - 7.1.2. Boats finishing at Moss Landing shall cross the imaginary line between MLA and the Green can "1" off the northern breakwater entrance to Moss Landing harbor.
 - 7.1.3. Boats finishing at Santa Cruz shall cross the imaginary line between the SC Mile Buoy and the Walton Lighthouse at the end of the Santa Cruz harbor breakwater.
- 7.2. Finishing boats shall take their own finish times and report these times to race@mpyc.org or via text at 831-747-4597 with the name of the boat, sail number and the division it competed in.
- 7.3. For safety reasons, boats are also required to check in with their respective race committees upon finishing by sending a text message. Failure to check in at the time of finish, or soon thereafter may lead to disqualification from the race.
- 7.4. A boat retiring before finishing shall notify the respective race committee as soon as reasonably by calling or texting the respective race committee. The Coast Guard and local authorities will be notified of missing boats.

8. Time Limit

- 8.1. There is no time limit, but boats finishing after dark are requested to report their positions and expected finish times to the respective race committees.

9. Penalties

- 9.1. RRS Appendix V1 and V2 will apply.

10. Protests

- 10.1. US Sailing protest forms will be used and can be downloaded at <https://www.ussailing.org/wp-content/uploads/2018/01/US-Sailing-2017-2020-Protest-Form.pdf>
- 10.2. Protests and requests for redress shall be lodged with the organizing authority at race@mpyc.org within 90 minutes after the finish of the protesting boat.

11. Prizes

- 11.1. The winners of each division will be engraved on a perpetual trophy kept at MPYC.
- 11.2. Prizes will be awarded to each Division for first place and additional places based upon the number of entries at the discretion of the organizing authority. Prizes will be delivered to each club for distribution to the winners.