

Maryland Yacht Club – Junior Regatta

July 19, 2023

Sailing Instructions

1. **Rules:**

The CBYRA Sanctioned High Point junior regattas will be governed by the current RRS, CBYRA, International Optimist Dinghy class rules, International Laser class rules, 420 Class Assoc. rules, and O’Pen Skiff class rules except as altered by these sailing instructions.

2. **Notice to Competitors:**

Notice to Competitors will be posted on the Official notice board located in the Pavilion.

3. **Changes to Sailing Instructions:**

Any changes to these SI’s will be posted on the Official notice board before 0900 on the day of the change.

4. **Signals Made Ashore:**

No signals will be made ashore; all communication will be made by radio or verbal announcement.

5. **Schedule:**

Registration: 0830

Competitor’s Meeting: 0930

First Warning: As soon as all boats are in the starting area

Schedule of races: No races started after 1500

Awards: 1600 or as soon as possible

6. **Class Flags:**

Class flags will be class insignia as shown:



Opti-Green



O’pen Skiff



Opti-RBW



C420



Laser Radial

7. **Courses:**

Courses will be windward leeward and triangle courses. See Attachment A.

8. **Race area:**

Course races area will be in the mouth of and within Rock Creek – See Attachment B.

9. **VHF Radio Communications:**

The following VHF channels shall be used for each racing area

Opti Green/O’Pen Skiff: 68

C420/Laser/Opti: 71

10. **Marks:**

Orange buoys or yellow buoys will be used for all marks.

11. **The Start:**

Races will be started using RRS Appendix U (attached)

Starting line will be between the staff displaying an orange flag on the RC committee vessel and the course side of the starting mark.

12. **The Finish:**

The finish will be between a staff displaying an orange flag on the RC boat and the course side of the finishing mark.

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13. **Time Limit:**

Time limit for first mark – 20 min

Course time limit - 1 hour

Finishing window – 20 min

Race will be abandoned if the First Mark 1 time expires

Boats not finishing within the Finishing Window will be scored DNS without a hearing. This changes RRS 35.

14. **Protests:**

Protest forms are available at the official notice board in the pavilion.

Protests shall be filed with the RC within 30 minutes after the RC arrives at the dock.

15. **Scoring:**

Low point scoring system, RRS Appendix A shall apply. One race constitutes a series

Six (6) races are scheduled. Per six (6) races completed, the boat's worst score will be excluded.

16. **Safety:**

All competitors are required to pass astern of the RC signal boat on Starboard tack, hail their number and receive acknowledgement before the start of race 1 each day.

All competitors and support personal will be required to wear a USCG approved type III lifejacket at all times afloat, albeit a brief time when changing clothing. Inflatables are not permitted. Competitors from foreign countries must abide by that country's requirements. Failure to comply will be grounds for team/club DSQ of sailors from all races. **RRS 64.5(b) will be in effect without a hearing. This changes RRS 63.1.** (RRS definition of a support person RRS pg 10). Coaches and spectator vessels shall remain outside the course from the time of the race starting sequence until all racers have finished the race.

At all times afloat, all coaches will display in a readable manner, a registered CBYRA coach flag. All coaches will monitor the VHF channel for the RC.

17. **Radio/Electronics:**

The use of GoPro or like recording cameras are acceptable but the use of any type of tracking device, Velocitec, iPhone, Android, etc. is prohibited.

18. **Trash:**

Boats will not put trash in the water. All trash aboard the boats will be contained such that in the event of a capsize; no trash shall float away. Trash will be placed in appropriate receptacles ashore. Breach of this rule will be grounds for DSQ without a hearing. This changes RRS 55 and 63.1

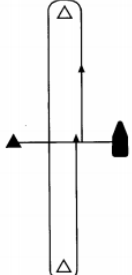
19. **Behavior:**

Participants are expected to act in a sportsmanlike manner at all times on and off the water throughout the entire event. Participants include but not limited to all competitors, support personal and parents. RRS Basic Principles are expected to be followed.

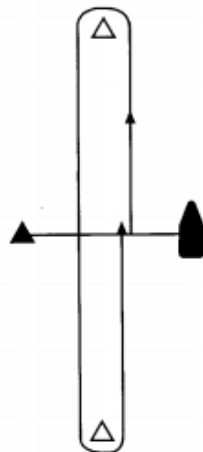
Attachment A

Race Courses

OPTI RWB, LASER, C420

Course	Flag Displayed
 <p data-bbox="402 892 641 919">Windward/Leeward</p>	<div data-bbox="896 575 1110 680" style="border: 1px solid black; padding: 5px; text-align: center; width: fit-content; margin: 0 auto;">W1</div> <p data-bbox="889 693 1120 724" style="text-align: center;">Once Around</p> <div data-bbox="896 793 1110 898" style="border: 1px solid black; padding: 5px; text-align: center; width: fit-content; margin: 0 auto;">W2</div> <p data-bbox="883 911 1130 942" style="text-align: center;">Twice Around</p>

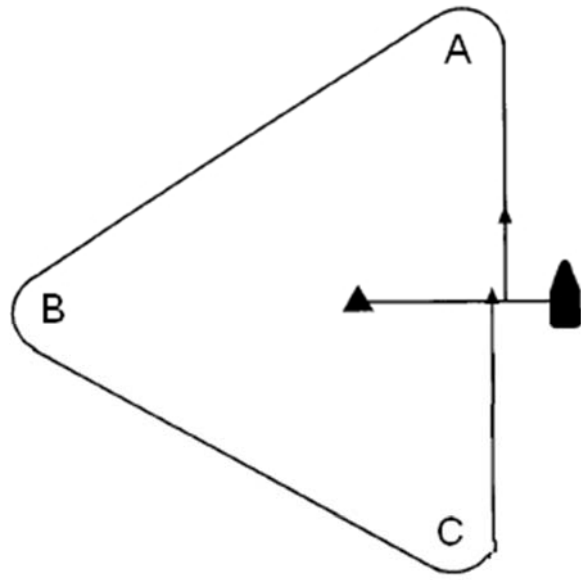
Opti GREEN



Windward/Leeward

Attachment A

O'pen Skiff



Triangle

Attachment B

Racing Areas



APPENDIX U

AUDIBLE-SIGNAL RACING SYSTEM

This appendix is a US Sailing prescription.

US Sailing prescribes that when the sailing instructions so state the Audible-Signal Racing System described below shall be used. It is recommended primarily for small-boat racing or when race committee resources are limited. Rules in this appendix replace rule 26 and permit changes to Race Signals and the corresponding rules in Part 3.

- U1** Any Race Signal may be made by hailing, in which case the corresponding visual signal may also be used, but not its designated sound signal.
- U2** A series of short sounds may be made at any time to call attention to a hail or a visual signal.
- U3** The starting sequence shall consist of the following sound signals made at the indicated times. These signals shall be timed from their commencement and shall govern, even if visual signals are also used.

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
Starting	1 long	0

- U4** Individual recalls shall be signalled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.
- U5** Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.

MYC Junior Regatta

