



# Bell



## BELL SAIL CENTRAL CHAMPIONSHIP at HYC **FRUITBOWL 2023** With U17 Central Canadian Regional Championships

JULY 20-23, 2023

Host: Hudson Yacht Club

Organizing Authority: Sail Canada in conjunction with Hudson Yacht Club

### SAILING INSTRUCTIONS

NP - All participants, hereinafter defined as competitors, Support Persons (as defined in the RRS), coaches, officials, staff, and volunteers, are advised that the [Sail Canada Safe Sport Policy Package](#) is in effect for this championship.

At the time of registration all participants shall sign the [Office of the Sport Integrity Commissioner \(OSIC\) Consent Form](#). All participants shall be designated as [Universal Code of Conduct to Prevent and Address Maltreatment in Sport \(UCCMS\) Participants](#) and shall be subject to the conditions in the UCCMS Consent.

All participants shall sign and agree to abide by the Sail Canada Code of Conduct and all policies that are part of the Sail Canada Safe Sport Policy Package.

## 1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024.
- 1.2 If there is conflict between languages, English will take precedence.

## 2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board, located on the Clubhouse veranda.

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### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted on the Official Notice Board before 8h00 on the day it will take effect.
- 3.2. Any changes to the schedule will be posted by 20h00 on the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the official flagpole located on the 'T' pier.
- 4.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP. Boats shall not leave the shore while the AP flag is displayed.
- 4.3. Boats shall NOT leave the shore until the D flag is displayed with one sound (DP). The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed.

### 5. SCHEDULE OF RACES

- 5.1. Seven (7) races are scheduled.
- 5.2.

Date	Event	Class
Thursday July 20, 2023	Training Day	All Classes
Friday, July 21, 2023	Training continued	All Classes
	12h30 – 13h00 Lunch	
	Practice Race: 13h30	All Classes
	16h00 – 17h00 – General debrief	
Saturday July 22, 2023	Coach Meeting: 08h15	
	Skipper's Meeting: 0830	
	First Warning Signal: 10h00	All Classes
Sunday July 23, 2023	Coach Meeting: 08h15	
	First Warning Signal: 10h00	All Classes
	Award Presentations	

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- 5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five (5) minutes before a warning signal is made.
- 5.4 On the last scheduled day of racing, no warning signal will be made after 14h00.

## 6. CLASS FLAGS

### 6.1.

Class	Class Flag	Racing Area
Optimist	Optimist logo on white background	Alpha
ILCA 4	ILCA logo on yellow background	Charlie
ILCA 6	ILCA logo on green background	Charlie
ILCA 7	ILCA logo on white background	Charlie
C420	420 logo on white background	Bravo
Optimist Green	Green Flag	Delta*

\* The OPTI Green practice race will be held on racing area “Alpha.”

## 7. RACING AREAS

- 7.1. Attachment B shows the location of racing areas.
- 7.2. Each Race Committee vessel will display the numeral pennant corresponding to their racing area.
  - Alpha: #1
  - Bravo: #2
  - Charlie: #3
  - Delta: #4

\* The OPTI Green practice race will be held on racing area “Alpha.”

## 8. THE COURSES

- 8.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

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Class	Course Type
ILCA 4, 6, 7	2, 3
C420	2, 3
Optimist	2, 3
Optimist Green	1

## 9. MARKS

9.1. Marks will be as follows:

Course Area	Mark Shape and Colour	Change Mark Shape and Colour
Alpha	YELLOW TETRAHEDRON	ORANGE TETRAHEDRON
Bravo	ORANGE TETRAHEDRON	YELLOW TETRAHEDRON
Charlie	YELLOW TETRAHEDRON	ORANGE TETRAHEDRON
Delta	Red Ball	n/a

9.2. Finishing marks will be a red mark with a blue flag on Alpha, Bravo, and Charlie. The Starting and Finishing Line on Delta will be the same using a red ball.

## 10. THE START

- 10.1. The starting line will be between the staff or halyard displaying an orange flag on the Race Committee boat at the starboard end of the line and a staff displaying an orange flag on a pin boat at the port end of the line.
- 10.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races (DP).
- 10.3. A boat that does not start within 4 minutes after her starting signal will be scored "Did Not Start", without a hearing. This changes rule RRS A4 and A5.

## 11. CHANGE THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the Race Committee will lay a new mark (or move the Finish Line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark is replaced and the original mark will be reused.

## 12. THE FINISH

- 12.1. The Finishing Line for Alpha, Bravo, and Charlie courses will be between the staff or halyard displaying a blue flag on the Race Committee boat and the staff displaying a blue flag on a red mark at the port end of the line.

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- 12.2. The Finishing Line for Delta courses will be between the staff or halyard displaying a blue flag on the Race Committee boat and a red ball.

## 13. PENALTY SYSTEM

- 13.1. RRS Appendix P will apply as per NOR 1.3.
- 13.2. RRS P2.2 and P2.3 does not apply and RRS P2.1 is changed so that it will apply to any penalty.

## 14. TIME LIMIT

- 14.1. Time limits and target times are as follows:

Class	Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Time
Optimist	25 Minutes	70 Minutes	15 Minutes	45 Minutes
Optimist Green	20 Minutes	50 Minutes	10 Minutes	30 Minutes
ILCA	25 Minutes	70 Minutes	15 Minutes	45 Minutes
C420	25 Minutes	70 Minutes	15 Minutes	45 Minutes

- 14.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race shall be abandoned.
- 14.3. According to the table above, boats failing to finish within the Finishing Window after the first boat sails the course and finished will be scored “Did Not Finish” without a hearing. This changed RRS 35, A4 and A5.
- 14.4. When it is in the best interest of the fleet and its competitors, the Race Committee may award finishing places to boats which are delaying the finish of the race (on course finish). The scoring abbreviation for an on-course finish will be OCF.
- 14.5. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

## 15. HEARING REQUESTS

- 15.1. The protest time limit shall be posted for each class and will be 60 minutes after the time the Race Committee boat docks after racing is completed for the day, or the Race Committee signals no more racing for the day, whichever is later.
- 15.2. Scoring Inquiry Forms, Protest Forms, and Jury Desk will be located at the Information Desk. The Information Desk is located in the entrance hallway of the Clubhouse.

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- 15.3. Notices will be posted on the Official Notice Board as soon as practicable after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearing will be held in the protest room, located in the Gazebo at the east end of the Clubhouse.
- 15.4. Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted on the Official Notice Board to inform boats under RRS 61.1(b).
- 15.5. A list of boats that have been penalized for breaking RRS 42 under Appendix P, will be posted.

## 16. SCORING

- 16.1. When fewer than five (5) races have been completed, a boat's series score will be the total of her races scores.
- 16.2. When five (5) or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

## 17. REPLACEMENT OF A CREW

- 17.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee (DP).

## 18. MEASUREMENT CHECKS

- 18.1. A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

## 19. OFFICIAL AND SUPPORT BOATS

- 19.1. Judges will display a white flag with the letter J shown.
- 19.2. Race Committee vessels will display their course number pennant.
- 19.3. Except on the OPTI Green Fleet course, Team Leaders, Coaches, and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start, until all boats have finished or retired or the Race Committee signals a postponement, general recall, or abandonment (DP).

## 20. SAFETY REGULATIONS

- 20.1. All competitors shall wear approved lifejackets or other approved personal buoyancy at all times while afloat.

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- 20.2. All boats must check-out and check-in at the Safety Bracelet tables, near the Clubhouse (DP).
- 20.3. A boat that retires from a race shall notify the Race Committee as soon as possible (DP).

## 21. PRIZES

- 21.1. Prizes will be awarded for each class except OPTI Green Fleet. Participants in the OPTI Green Fleet will receive event souvenirs.

## 22. DISCLAIMER OF LIABILITY

- 22.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The Organizing Authority and Hudson Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta.

## 23. INSURANCE

- 23.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500 000.00 per incident or the equivalent.

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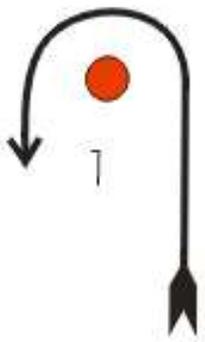
# ATTACHMENT A

ILLUSTRATION OF THE COURSES

## Course #1:

L2: Start-1-2-1-Finish

OPTI GREEN FLEET



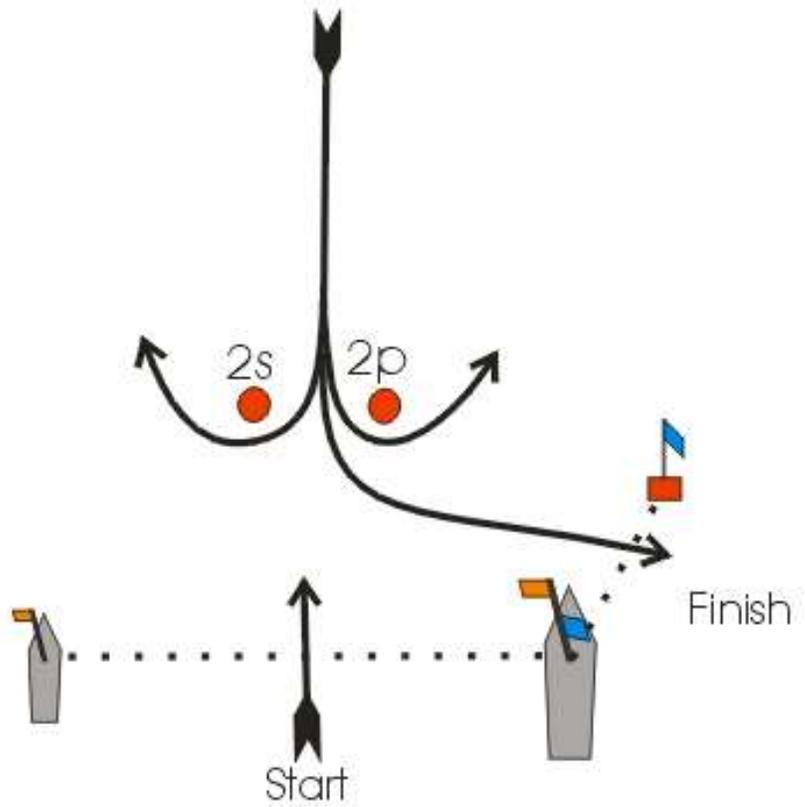
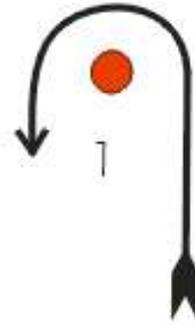
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**Course #2:**

LH2: Start-1-2(gate)-1-2p-Finish  
ALL EXCEPT OPTI GREEN FLEET



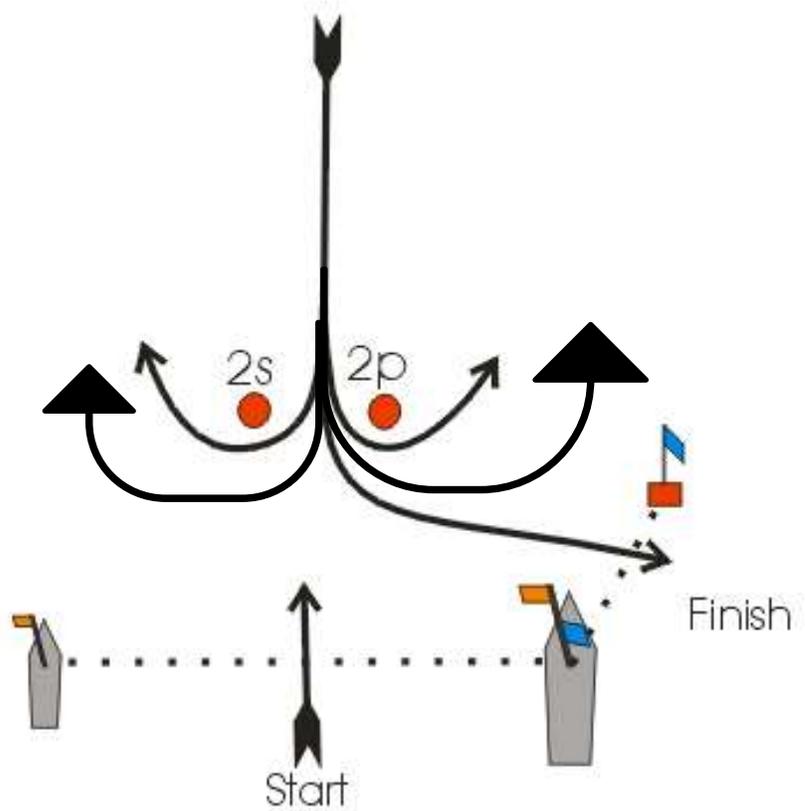
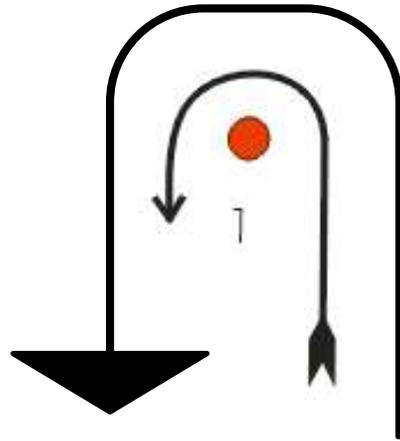
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**Course #3:**

LH3: Start-1-2(gate)-1-2(gate)-1-2p-Finish  
ALL EXCEPT OPTI GREEN FLEET



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# ATTACHMENT B

## ILLUSTRATION OF THE RACING AREAS



Class	Racing Area
Optimist	Alpha
ILCA 4	Charlie
ILCA 6	Charlie
ILCA 7	Charlie
C420	Bravo
Optimist Green	Delta

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