

2023 Commodore's Challenge Regatta



In honor of SWYC Staff Commodore James Lonergan

San Diego, CA
Saturday, July 29, 2023

SAILING INSTRUCTIONS

Regatta Co-Chairs:	Commodore Debbie Kahler	commodore@southwesternyc.org
	Carolyn Sherman	cmaidn@yahoo.com
Principal Race Officer:	Jerry Lewis	jerrymlewis@cox.net
Protest Chair:	Charles Campbell	Protests@southwesternyc.org
Race Management Chair:	Ian Trotter	RCChair@southwesternyc.org

1 RULES

- 1.1 [DP] Local Advisory: All competitors are asked to observe USCG Navigational Rule 9, which in part reads "A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway." RRS 60.2, 63.1, and A5 are modified to add that the Race Committee (RC) may disqualify a boat infringing this instruction without a hearing. RRS 90.3 is modified to add that this disqualification shall not be excluded.
- 1.2 [DP] NAVAL and CRUISE SHIP PROTECTION ZONE: A naval protection zone exists in a radius of 500 yards ([CFR 165.2015](#)) around U.S. naval vessels greater than 100 feet in length, except when the large naval vessel is moored or anchored within a restricted area. All vessels within a naval vessel protection zone shall operate at the minimum speed necessary to maintain a safe course and shall proceed as directed by an official patrol, and when within such zone, no vessel is allowed within 100 yards of a large U.S. naval vessel ([CFR 165.2030](#)). No vessel is allowed within 100 yards of a cruise ship ([CFR 165.1108](#)).
- 1.3 [DP] Entry into the NAS North Island Security Zone 100 yards around Pier Bravo and vessels moored to it ([CFR 165.1105](#)) is prohibited.
- 1.4 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid situations in SI 1.1 or 1.2 provided they gain no significant advantage in the race.
- 1.5 Add new rule 41(e): (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.6 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall pay for the repairs.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag L over A with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel **68**. Please contact them to notify of a boat's intent to withdraw from racing per SI 20.1.
- 3.3 **In the event of an on-the-water emergency, first contact the US Coast Guard on VHF Channel 16 directly and immediately. Then please contact a RC boat.**

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 There will be no signals made ashore. Any change in the race plan will be posted on the online [EVENT NOTICE BOARD](#).

6 SCHEDULE OF RACES

- 6.1 The races are scheduled on Saturday, July 29, 2023, as follows:

<u>RACE</u>	<u>TIME OF FIRST WARNING</u>
1	1155
2	Immediately following Race 1
3	Immediately following Race 2

7 ENTRIES & CHECK-IN

- 7.1 [DP] Boats will have completed their entry when they check-in with and are acknowledged by the RC while clearly displaying their sail number.
- 7.2 Check-in will commence when Flag **L** is hoisted. Boats checking in shall pass the RC boat to starboard and hail with sail number and class. Check-in will be complete only when RC boat responds with that information.
- 7.3 There will be no radio check-in.

8 CLASS FLAG

- 8.1 There is only one class, the Yacht of the Commodore.
- 8.2 The class flag will be the Flag of the Commodore.

9 RACING AREA

- 9.1 The starting area will be in the vicinity of SD Buoy 30.
- 9.2 The racing area for Races #1 and #2 will be in South San Diego Bay.
- 9.3 The racing area for Race #3 will begin in South San Diego Bay and proceed into North San Diego Bay, finishing near Southwestern Yacht Club.

10 COURSES

- 10.1 The following signals will be posted from the RC boat located at the starboard end of the starting line:
 - The number of the course to be sailed will be a yellow number posted on a black placard.
 - The distance to Mark 1 in nautical miles will be yellow numbers posted on a black board.
 - The approximate bearing to Mark 1 will be yellow numbers posted on a black board.
- 10.2 Races #1 and #2 will be held in South San Diego Bay and will be "Windward/Leeward" courses.
- 10.3 The windward/leeward courses for races #1 and #2 will be selected from the Course Chart included in Attachment A. Marks of the W/L courses are to be rounded to port.
- 10.4 Race #3 will start in South San Diego Bay. It will finish in the Shelter Island Basin off of the SWYC Guest Docks. Course 3, for race #3, is described in Attachment A.

11 MARKS

11.1

Start pin	Orange tetrahedron
Mark 1	Yellow tetrahedron
Mark 1 Change Mark	Orange tetrahedron
Mark 2	Yellow tetrahedron
Finish pin	Green tetrahedron

12 THE START

- 12.1 The starting line is between a staff with an orange flag on the RC vessel and the course side of an orange mark near the RC boat.
- 12.2 As a courtesy, one minute prior to the first warning the RC will sound 4 horn blasts.

13 RECALLS

- 13.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will hail her sail number as soon as possible over a loud hailer and/or on VHF 68. It is the responsibility of each boat to start properly.
- 13.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 13.3 A RC assist vessel may be stationed near the Pin Buoy end of the starting line and is also authorized to identify and hail premature starters.

14 CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 14.2 The race committee may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing to the mark. This changes RRS 33.
- 14.3 The race committee may, without signal, adjust a finish line mark while boats are on the first half of the leg. This changes RRS 33.

15 THE FINISH

- 15.1 In the South Bay racing area, the finish line will be between the course side of a green mark and a staff displaying a blue flag on the RC boat, leaving the RC boat to starboard. Should the mark not be present, boats are to pass close (within 30 yards) to the RC boat leaving the RC boat to starboard.
- 15.2 For Race #3, the finish shall be in the Shelter Island Basin off of SWYC guest docks, between an inflated tetrahedron in the basin channel and a staff displaying a blue flag on the SWYC Guest Dock "C". Finishers will leave the SWYC Guest Dock to port.

16 PENALTY SYSTEM

- 16.1 RRS V1, *Penalty at the Time of the Incident*, shall apply.
- 16.2 RRS V2, *Penalty Taken After a Race*, shall apply.

17 TIME LIMIT

- 17.1 The time limit for the first boat to finish will be one (1) hour for each race #1 and #2.
- 17.2 Yachts failing to finish within 30 minutes after the first yacht finishes will be scored "Did Not Finish" (DNF). This modifies RRS 35.
- 17.3 The time limit is 1700 for the last race. Any boat not finished by 1700 will be scored DNF for that race. This modifies RRS 35, A4, and A5.

18 HEARING REQUESTS

- 18.1 RRS 61 is modified to add this additional requirement: A boat intending to protest shall report her intentions and the boat(s) being protested to the RC boat on station upon finishing or retiring and obtain RC acknowledgment. Radio reports of protests are only accepted from boats that are retiring from the race.
- 18.2 Protests may be filed electronically to Protests@southwesternyc.org or on hard copy with the RC within 60 minutes of the docking of the RC signal boat. The Protest Time Limit will be posted on the [EVENT NOTICE BOARD](#).
- 18.3 The parties involved will be listed, in the order of filing, on the EVENT NOTICE BOARD and protests will be heard as soon as practicable. This posting constitutes the notice required by RRS 63.2, *Time and Place of the Hearing*.

19 SCORING

- 19.1 Assigned PHRF San Diego "Buoy" handicaps shall be used for Races #1 and #2. Assigned PHRF San Diego "Random Leg Course" handicaps shall be used for Race #3.
- 19.2 Three races are scheduled for this series. At least one race started and finished by the Race Committee shall constitute the series.
- 19.3 A boat's series score is the total of her race scores.

20 SAFETY REGULATIONS

- 20.1 A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Informing the RC may be accomplished by either (a) sailing (motoring) past the RC vessel OR (b) radioing the RC vessel (VHF 68).
- 20.2 The RC shall monitor VHF Channel 68. All yachts shall monitor VHF Channel 68 from the time the boat checks in with the RC until she finishes the last race.

21 POST-RACE ACTIVITIES

- 21.1 Race results will be published on the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 21.2 SWYC invites all participants to enjoy the facilities and hospitality of the club at the after-race party to celebrate the winner following racing.
- 21.3 The *Staff Commodore James Lonergan Commodores' Challenge Cup* will be presented to the first place boat at the after-race party. A "take-home" trophy will also be awarded to the Commodore of the first place boat.

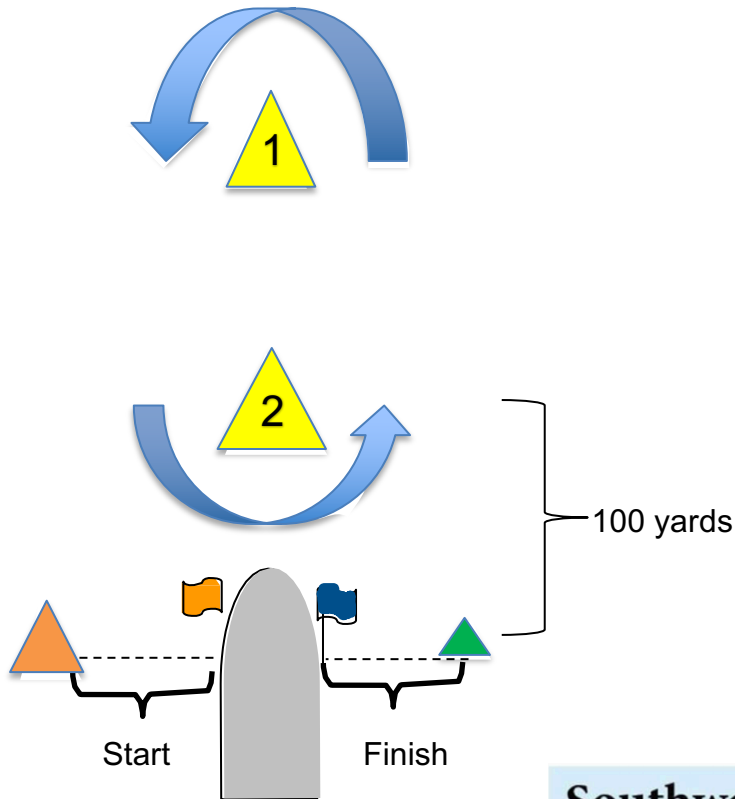
22 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

ATTACHMENT A

W/L COURSE CHART Races #1 and #2

Course	Marks
2	Start, 1, 2, 1, Finish
3	Start, 1, 2, 1, 2, 1, Finish



Race #3 - Course #3

- Start,
- Leave Mark 1 to Starboard,
- Finish in Shelter Island Basin off of SWYC guest docks, between an inflated tetrahedron in the basin channel and a staff displaying a blue flag on the SWYC Guest Dock "C". Finishers will leave the SWYC Guest Dock to port.

NOTE: The distance for handicap purposes will be calculated by the RC at the time of the race. The distance will vary dependent upon the location of the weather mark which is dependent upon the wind direction. It is expected that race #3 will measure approximately 8nm.

