

2023 Plymouth Yacht Club Junior Regatta

Sailing Instructions

Authority: The Plymouth Yacht Club Junior Regatta is organized under the authority of the Plymouth Yacht Club Sailing Committee and will be governed by the *Rules* as defined in The Racing Rules of Sailing, the prescriptions of U.S Sailing, USODA. Class Rules, Club 420 Class Rules, Optimist Class Rules, Sailing Instructions, and any other applicable rules.

Entries: International Optimist Dinghy: Championship Line (White, Blue & Red Fleets)
Green Fleet (Novice Optimist Sailors Only)
Club 420

Limitations: For 420s, all competitors (skippers and crew) shall not have reached their 19th birthday during the 2023 calendar year.
For Optimists, all competitors shall not have reached their 16th birthday during the 2023 calendar year.

Notices: Notices to competitors will be posted on the official noticeboard located at the PYC Junior Club House.

Signals: Signals made ashore will be displayed from the flagpole located adjacent to the PYC launch dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered.

Schedule:

| | | |
|----------------------------------|-------------|--|
| Monday July 31 st | 5:00-7:00 | Early Drop Off/Late Registration |
| Tuesday August 1 st | 8:00-9:15 | Onsite Check-In/Breakfast Buffet |
| | 9:15 | Competitors' Meeting |
| | 10:00 | Harbor Start |
| | 10:30 | First Warning Gun |
| | | Snacks/Drinks on the Water |
| | 2:00 | Last Warning Signal |
| | 3:30 | Cookout, Competitor/Parent Entertainment |
| Wednesday August 2 nd | 9:00-10:00 | Light Breakfast |
| | 10:30 | Harbor Start |
| | 11:00 | First Warning Gun |
| | | Snacks/Drinks on the Water |
| | 2:00 | Last Warning Signal |
| | Post Racing | Awards Ceremony |

Scoring: The Low-Point Scoring System, RRS Appendix A2 will apply. One race is required to be completed to constitute a series. There will be no maximum number of races. One throw out will be allowed after five races are completed.

Prizes: Awards for the first three places in each fleet as well as an overall award for Opti Championship Fleet. Green Fleet competitors will receive participation awards.

Coach boats: All visiting coach and support boats are required to check in before heading out onto the water. Boats can be launched at the Club or the town boat ramp at the head of the harbor. Each coach boat shall have a working VHF radio, an anchor, and a basic first aid kit. No coaching is allowed after the first gun for each race (except for Green Fleet competitors in the bottom half of any given race).

VHF: **Opti Green Fleet** Race Committee will be monitoring channel **68**.
Opti Champ Fleet Race Committee will be monitoring channel **69**.
420 Fleet Race Committee will be monitoring channel **71**.

Racing Area: The Optimist fleets will start in open area EAST of the PYC Docks. The first starting area will be the Green Fleet, closest to the Club, and the second starting area will be the Championship Fleet, closest to Plymouth Long Beach. The Club 420s will start in the area NORTH of Plymouth Harbor breakwater and SOUTH of the Plymouth Harbor Channel marker "12". Getting to this location requires crossing the Plymouth Harbor Channel which often has heavy commercial and recreational traffic. Competitors will cross the channel from buoy markers C "21" and N "22" and must follow directions that may be given by the Plymouth Harbor Master or Safety Boats designated for this purpose.

Courses: The courses will be Modified Windward/ Leeward (WL), a Modified Triangle (T), or an Olympic Triangle/Windward/ Leeward (TWL). The course will be designated by black letters written on a whiteboard on the RC start boat. All rounding marks will be orange or yellow inflatable buoys. Diagrams show the courses, course designations, the marks in order and the rounding direction of each mark will be provided to all competitors.

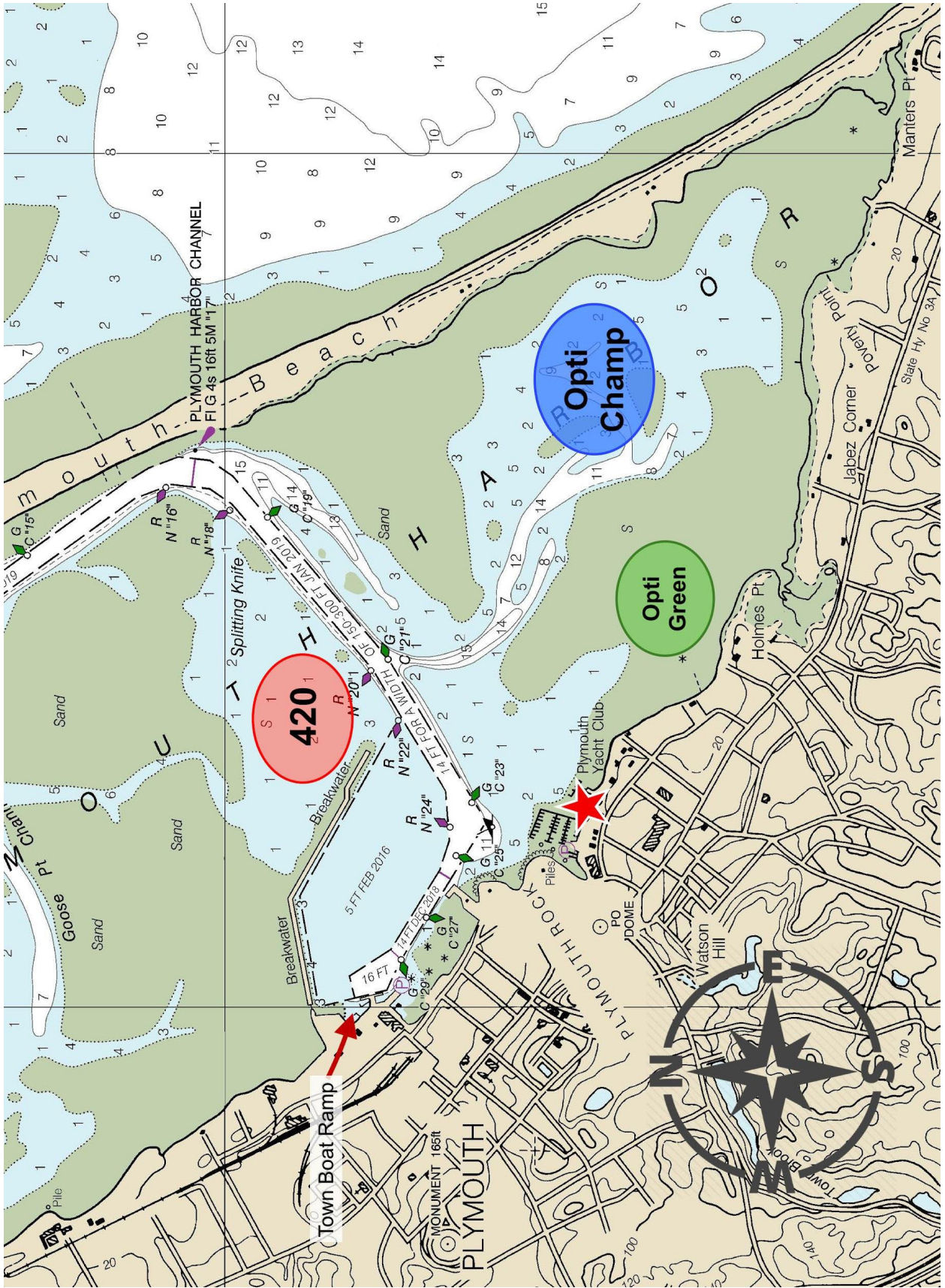
Lines: All starting and finishing lines will be between the orange flag on the RC starting vessel and the pin mark. The Club 420 fleet will be started using Rule 26. The Optimist Championship and Green fleets will start by using rule 3-minute sound signals as found in Appendix "Q" of the RRS.

Time Limit: The time limit for each race will be 1 hour for first boat to finish. Boats finishing more than 30 minutes after the first boat that sails the course finishes will be scored TLE (Time Limit Expired) without a hearing. This changes RRS 35, 63.1, A4 and A5

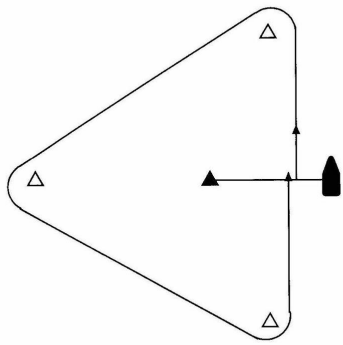
Protests: Protest shall be delivered to the RC table inside the PYC Junior Clubhouse within 30 minutes after the race committee boat docks. The protest time limit and a list of protest received will be posted on the notice board. Hearings will be held as soon as possible after racing in the Junior Clubhouse.

Other: Snacks/Drinks will be provided to competitors on the water. A cookout will be provided to all participating sailors, coaches and parents after racing on Day 1, along with live entertainment and Adult Reception. The Club's facilities will be made available both days for those remaining on premises.

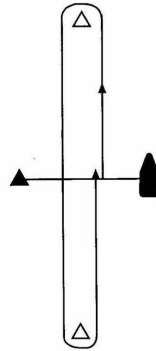
Contact: Race Chairman: Robert Reifeiss-Tel: 508 208.6264
or email: murmurj12066@gmail.com



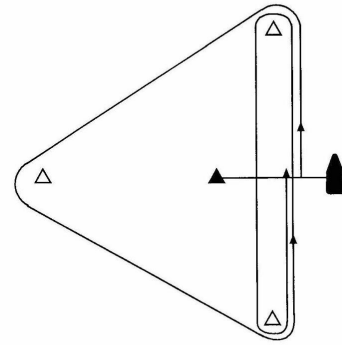
Race Course Diagrams



Triangle

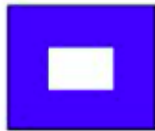


Windward/Leeward



Olympic

Preparatory Signals



↑ ● ↓ —

P Preparatory signal.



↑ ● ↓ —

I Rule 30.1 is in effect.



↑ ● ↓ —

Z Rule 30.2 is in effect.



↑ ● ↓ —

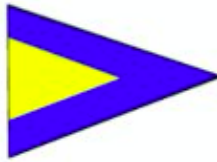
Black flag. Rule 30.3 is in effect.

Recall Signals



↑ ●

X Individual recall.



↑ ● ● ↓ ●

First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



↑ ● ●

S The course has been shortened. Rule 32.2 is in effect.

Other Signals



↑ ●

L Ashore: A notice to competitors has been posted.
Afloat: Come within hail or follow this boat.



— — — —

M The object displaying this signal replaces a missing *mark*.



↑ ●

Y Wear a personal flotation device.



(no sound)

Blue flag or shape. This race committee boat is in position at the finishing line.