



Established 1942

# SAUSALITO YACHT CLUB



## SAILING INSTRUCTIONS Women Skippers Regatta August 19<sup>th</sup>, 2023

### 1. RULES:

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2 A skipper will retire her boat and notify the race committee if at any time while racing a man touches the helm.

1.3 RRS 46 is changed: “The woman skipper that entered the boat shall be the person in charge”.

1.4 RRS 61.2(e) is changed: “The skipper shall be the protestor’s representative”.

1.5 The division in which a boat starts can be changed only in written form and must reach the WSR PRO prior to the signal boat leaving the SYC dock.

2. SAFETY: Boats shall not impede the passage of a vessel which can safely navigate only within a narrow channel or fairway (see US Dept. of Commerce chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessel with restricted ability to maneuver. Boats identified by sail number who endanger their own safety or that of the commercial or government vessel will be subject to protest by the Race Committee or a contestant and face possible disqualification. A protest for allegations of the above will be heard by a protest committee whether or not the requirements of RRS 61.1(a) & (b) have been fulfilled or exclusions referenced in RRS 60.2(a) have been met.

a) Propulsion: To comply with this section and to avoid impeding such a vessel, a competitor may utilize auxiliary power without being obligated to retire (in accordance with RRS 42.3(b)) for only as long as required to clear a channel expeditiously. In so doing, she shall notify the Race Committee as soon as possible. She shall then be subjected to a scoring penalty of two (2) places worse than she would have received, however, she shall not be scored worse than DNF.

b) Personal safety is the responsibility of each individual while racing. Wearing a personal flotation device (PFD) is not a requirement of this race but it is encouraged. However, the RC may fly the Y flag in which event a PFD is required to be worn by all racers.

3. NOTICES TO COMPETITORS: Notices to competitors will be posted on the official notice board located inside the SYC clubhouse.

4. CHANGES TO SAILING INSTRUCTIONS: Any change to the Sailing Instructions (SI) will

be posted before 0900 on Saturday, August 19<sup>th</sup> except any change to the schedule of race will be posted by 1900 on Friday, August 18<sup>th</sup>.

5. SIGNALS MADE ASHORE: Signals made ashore will be displayed from the main flag pole adjacent to the clubhouse. If a postponement is signaled ashore, the warning signal will be made not less than one hour after the AP flag is lowered.

6. SCHEDULE OF RACE: Starts will not be rolled.

<u>Time</u>	<u>Fleet</u>	<u>Class</u>	<u>Flag</u>
1200 First Warning	Div. A	Spinnaker	A
After the above	Div. D	Non-spinnaker	D

7. COURSES: Courses are described in Appendix A of these SIs.

8. ON THE WATER COMMUNICATIONS: RRS 25 is amended to allow on-the-water communications between the Race Committee and competitors on VHF 71. The Race Committee will attempt to communicate OCS and the signaled course for the race. The inability of a competitor to hear a hail for OCS or any other information shall not relieve her of her responsibility nor shall it be grounds for redress. RRS 90.2(c) is amended to allow oral changes to the SI on the water. In the event the Race Committee needs to communicate oral changes it shall raise the “L” flag and attempt to hail competitors on VHF 71.

9. RACING AREA COURSES AND MARKS: The intended start and finish venue is the Knox area west of Angel Island. Courses will use temporary (drop) and fixed government marks. Courses will be optimized for prevailing conditions.

10. START LINE: The start line will be between the staff displaying an orange flag on the Race Committee signal boat and an inflatable mark.

11. FINISH LINE: The finish line will be between the staff displaying an orange flag on the Race Committee signal boat and an inflatable mark.

12. RESTRICTED START/FINISH LINE: The Start/Finish line is restricted. After the first leg boats shall not pass through the start line. A boat shall not cross the finish line until she has completed the last leg of the course. Boats violating this restriction may not unwind their course and shall retire immediately and be scored DNF.

13. AREAS THAT ARE OBSTRUCTIONS. For the purpose of RRS 18, 19 and 28, the following objects shall be left to shoreward:

Anita Rock and any buoy marking same, the vertical “H” beam off Water Quality Control Plant west of StFYC, the bell buoy 7 off the west end of Alcatraz, and the Point Blunt buoy off Angel

Island. Above obstructions are not marks of the course. The South Tower of the Golden Gate Bridge must be left to the South at all times. Any rocks visible at Mean Lower Low water immediately adjacent to Contra Costa County, Marin County or San Francisco shorelines shall be left to shoreward, except for Mile Rock, The Brothers, and Red Rock.

14. **TIME LIMIT:** The time limit will be 1600 hours for all boats. Boats finishing after this time limit shall be scored DNF. This modifies RRS 35.

15. **PROTESTS:** Written protests may be sent electronically using the standard protest form<sup>1</sup> and emailed to [race@sausalitoyachtclub.org](mailto:race@sausalitoyachtclub.org). Electronic submissions must be time stamped no later than 1900 hours the day of the race.

Protests shall be heard as soon after the filing deadline as possible.

16. **SCORING:** The low point scoring system RRS A4 shall be used. Time on time corrections shall be used.

17. **CHECK-IN AND RETIRE:** All boats shall show their sail number to the Race Committee signal boat by sailing past prior to the first warning signal. A boat that retires from the race shall notify the race committee as soon as possible.

18. **PRIZES:** Prizes will be awarded at the SYC clubhouse immediately following racing, subject to the hearing of protests, if any:

18.1 Prizes will be awarded to the 1st, 2nd, and 3rd place finishers in each division.

18.2 The SYC Woman Skippers Trophy will be awarded to an SYC skipper in each division.

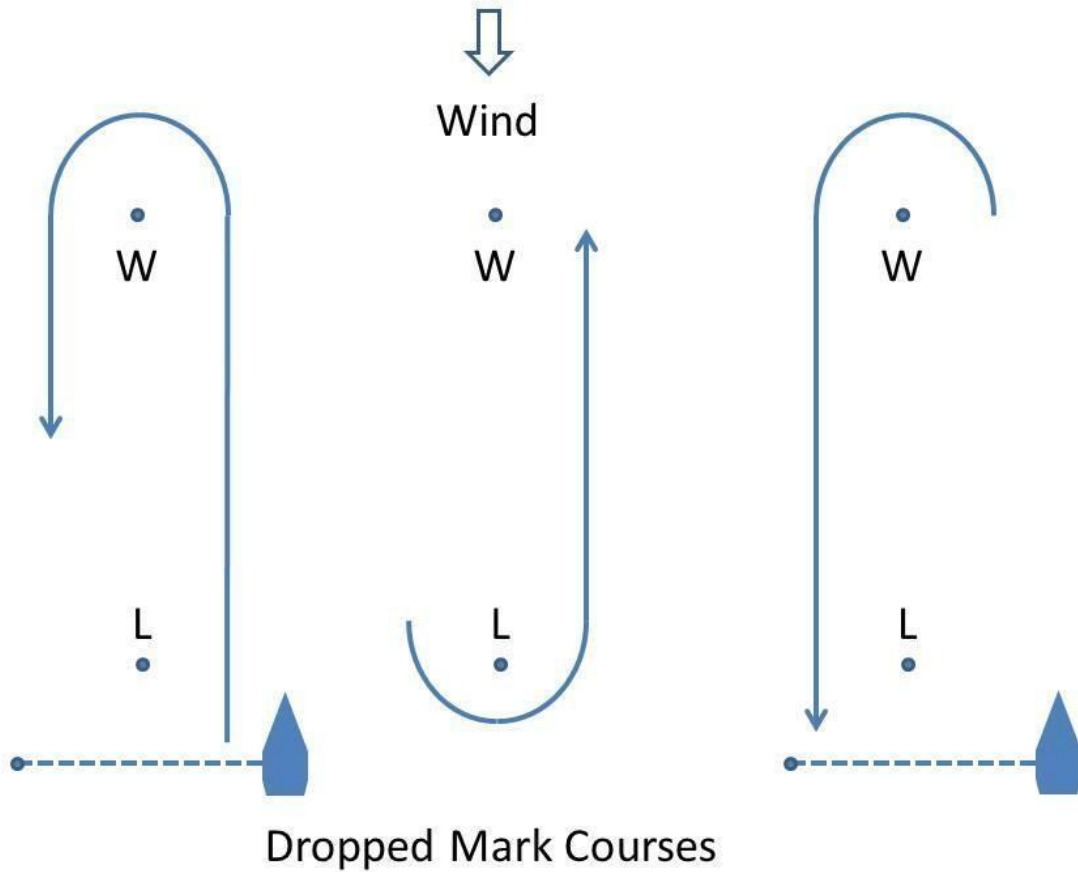
18.3 The Woman Skippers Trophy (Bay Area wide) will be awarded to the overall winners in each division.

18.4 The All Women Team trophy will be awarded to the best scoring all women team in each division.

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<sup>1</sup> [www.ussailing.org/wp-content/uploads/2022/01/US\\_Sailing\\_Hearing\\_Request\\_Form\\_20210301\\_Fillable.pdf](http://www.ussailing.org/wp-content/uploads/2022/01/US_Sailing_Hearing_Request_Form_20210301_Fillable.pdf)

**Appendix A to the Sailing Instructions**  
**Sausalito Yacht Club 2023 Women Skippers Regatta**



Course 1	S – W – F
Course 2	S – W – L – W – F
Course 3	S – W – L – W – L – W – F

All Roundings to Port. **The Start / Finish line is *not restricted* for courses 1-3.**

**Courses Using Fixed and Temporary Marks (distances approximate and for reference only)**

Course 4	S – 15P – F	1.5 nm
Course 5	S – 15P – 4P – F	2.9 nm
Course 6	S -- 15P -- 4P -- 15P -- F	4.9 nm
Course 7	S – 15P – 4P – 15P – 4P – F	5.8 nm
Course 8	S -- 15P -- 4P -- 15P -- 4P -- 15P -- F	7.8 nm
Course 9	S – 15P – 8P – F	6.9 nm
Course 10	S – 16P – 4P – F	5.7 nm
Course 11	S - 15P - 17P - 4P - 15P - 4P - F	6.1 nm
Course 12	S – 15P – 17P – 4P – F	3.3 nm
Course 13	S - 16P - 4P - F	6.1 nm
Course 14	S - 2P - F	2.0nm
Course 15	S - 2P - 17P - F	3.5nm
Course 16	S - 2P - 12P - 2P - F	5.6nm
Course 17	S - 2P - 6P - F	6.8nm

**The start / finish line is *restricted* for courses 4-17. See Section 12.**

**Mark Descriptions (<https://yra.org/descriptionofmarks/>)**

2	(YRA N) Sausalito Channel entrance marker “2”
4	(YRA 4) Lighted Red Nun Buoy near Pt Knox
6	(YRA 6), known as “Ft Mason” Yellow column “M” 200 yards North of Ft. Mason
8	(YRA 8) R “4” Fl Red 2.5 sec Horn 1.0 nm E of Pt. Blunt, Angel Island
12	(YRA 12) G “1” Fl G 4s “Little Harding”
15	YRA Mark known as “Hank Easom” located in the vicinity of Yellow Bluff, 37°50.491' N, 122° 28.078' W
16	(YRA16) Yellow Column “C” 0.2 nm east of Fort Point “Blackaller”
17	(YRA17) RG "HR" FL (2+1) R 6 sec -- "Harding Rock"
18	(YRA18) GR “BR” Fl(2+1) G 6s Bell “Blossom Rock” 0.9 nm E SE of Alcatraz Island