



LOS ANGELES YACHT CLUB®

2023 Catch Me Who Can Coastal Pursuit Race

SAILING INSTRUCTIONS

Saturday, August 12, 2023

The 2023 Catch Me Who Can Coastal Pursuit Race is presented by the Los Angeles Yacht Club. The Club is located at 285 Whaler's Walk, San Pedro, California 90731. The LAYC telephone number is 310-831-1203, and the web address is LAYC.org.

1. Rules.

- 1.1. This series will be governed by the "rules" as defined in The Racing Rules of Sailing for 2021-2024 (RRS), except as modified by these sailing instructions and the notice of race. Compliance with the US Safety Equipment Regulations (USSER), US Nearshore Race level, as effective March 1, 2023, is recommended. ([Safety Equipment Requirements - Monohull-SER-2023.0-Nearshore.pdf](#)).
- 1.2. RRS 52 is modified to allow the use of winches operated using stored power.
- 1.3. RRS 55 is modified by adding the following sentence to the rule: "However, discarding biodegradable sail stops when setting a sail is permitted."
- 1.4. All competitors are asked to observe USCG Navigational Rule 9, which in part reads "A sailing vessel shall not impede the passage of a vessel which can safely navigate only within a narrow channel or fairway."
- 1.5. Breaches of IRPCS Rule 10, Traffic Separation Schemes (TSS), will not be grounds for a protest by a yacht. This changes rule 60.1(a). However, a yacht that is reported by a government authority for a breach of IRPCS Rule 10, may be protested by the Race Committee, and also subject to any penalties levied by the government authority. The penalty is at the discretion of the protest committee. This changes rule 60.2.(a)
- 1.6. Further, USCG Navigational Rule 34, in part reads "...When vessels in sight of one another... [are] in doubt whether sufficient action is being taken by the other to avoid collision, the vessel in doubt shall immediately indicate such doubt by giving at least five short and rapid blasts on the (horn)." Any boat participating in an LAYC race that is identified in any complaint from the Coast Guard, Harbor, Pilot or a Commercial Vessel Captain that has warned that participating boat by sounding five horns will be presumed to have infringed this instruction. **RRS 60.2, 63.1 and A5 are modified to add that the Protest Committee may disqualify a yacht infringing this instruction without a hearing.**

2. **Eligibility and Entries.** This race is open to yachts possessing a current Southern California PHRF handicap. No entries will be accepted with a PHRF handicap above 222. A minimum of four entries is required to establish a class. Entry fees shall be \$60.00, and all entries must be accompanied by a current PHRF certificate. Entries must be received by 1800 hours Thursday, August 10, 2023. Late entries will only be accepted with the approval of the Race Committee Chairman. Late entries will not

be considered without a current PHRF certificate, completed necessary entry forms and entry fees. Entries shall be made by completing an LAYC Race Entry form on the Regatta Network.

3. Schedule of Races

3.1. The Warning Signal for the first start will be at 1155. Subsequent starts will follow the first start. See paragraphs 5.6 and 5.7 for start details.

3.2. **Pursuit Race Start.** (Reverse Handicap) The Race Committee will assign starting times for all yachts. Starting times for both courses will be posted on the [LAYC Website](#) as soon as possible after the entry window has closed at 1800 hours on Friday, August 11, 2023.

4. **Race Courses.** The total race distance for Course 1 is approximately 16.4 nautical miles. The total race distance for Course 2 is approximately 10.8 nautical miles. Course 1 will be used unless wind and weather conditions clearly favor a shorter course.

4.1 The start/finish line will be located in Los Angeles Harbor inside the middle breakwater east of Pier 400 in the vicinity of these coordinates: N33° 43.61, W118° 13.47'

4.2 Course 1: (Long Course) The weather mark will be located in the vicinity of Portuguese Bend, approximately southeast of Inspiration Point at approximately these coordinates: N33° 43.75, W118° 22.14'

4.3 Course 2: (Short Course) The weather mark will be located in the vicinity of White Point at approximately these coordinates: N33° 42.39', W118° 19.28'

4.4 The weather mark for both courses is a large orange tetrahedron.

4.5 The Course number will be posted on both sides of the Race Committee boat as early as possible on the day of the race but in no case later than the warning signal. The race committee will also announce the course on VHF channel 71. Your start time is dependent on the course - please watch the course boards on the committee boat and monitor VHF channel 71.

5. **The Start and Finish.** Please read this section carefully to ensure a safe and competitive start on race day.

5.1. Committee will communicate with boats on channel 71.

5.2. This is a pursuit race (reverse handicap - see paragraph 4.2). Starting times will be staggered according to assigned PHRF handicaps. The list of starting times will be available online at www.layc.org no later than 1900 on Friday, August 11, 2023.

5.3. The race will be started using RRS rule 26 except as modified by these sailing instructions. The class flag is letter "A". The prep flag is code flag India. The India flag will be raised in normal sequence prior to the first start and will remain flying until one minute prior to the start of the last yacht. (See paragraphs 5.6 and 5.7 for details of the RRS rule 26 modification.)

5.4. The starting line will be between a staff on the race committee boat displaying an orange flag and nearby orange mark.

5.5. To alert all yachts that the starting sequence is about to commence, multiple sound signals will be made approximately one minute prior to the warning signal

for the first boat. The fleet may expect the following time sequence:

Event	Time
Attention Signal	1154
Warning Signal	1155
Preparatory Signal	1156
First Start	1200

5.6. **After the first start a whistle will be sounded at each individual yacht's start time. There shall be NO FLAG signal given.** This changes RRS rule 26.

5.7. For the purpose of establishing a boat's preparatory signal time, it shall be four minutes prior to her individual start time. There shall be NO FLAG signal given. There will be NO SOUND signal given. This changes RRS rule 26.

5.8. **Boats not racing must keep clear of the racing area.**

5.9. The finish line will be between a staff on the race committee boat displaying a blue flag and nearby orange mark.

6. Recalls and OCS Procedure.

6.1. Any boat that is OCS will be signaled with a horn and hailed on channel 71.

6.2. Any boat that is OCS shall sail across an extension of the starting line to restart. There shall be no code flag "X" flown. This changes RRS rule 29.1.

6.3. Failure of equipment, failure to hear a hail, delay in hailing, or the order in which hails are given shall not be grounds for redress.

7. Time Limit and Retirement.

7.1. Boats finishing after 1630 hours shall be scored DNF. This changes RRS rules 35 and A4.

7.2. A boat that retires from the race shall notify the Race Committee by hailing or by VHF channel 71 before leaving the race area.

8. Protests and Request for Redress.

8.1. A boat intending to protest shall notify the Race Committee and identify the boat being protested promptly after finishing.

8.2. Protests shall be written on forms available online on the U.S. Sailing website and filed via email to seanmg23@gmail.com. The protest time limit is one hour after the last boat finishes.

8.3. The Protest Committee will hear protests as soon as practical in approximately the order of the receipt.

9. **Trophies.** Trophies will be presented in the Dining Room (upstairs) at LAYC at approximately 1700, Saturday, August 12, 2023, after the race.

10. **Social Events and Hospitality.** At the conclusion of the race, competitors and their families are welcome to join us in the Angel's Gate Bar on the second floor of LAYC. Burgers, toppings, and sides

will be served for \$15. The Angel's Gate Bar is adjacent to the main dining room where the trophy presentation will be at approximately 1700.

11. **Berthing.** Los Angeles Yacht Club may be able to assist with limited berthing. For further information please contact the yacht club office.
12. **Disclaimer of Liability.** Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

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