



55th LHYC Katrina Cup 69th CYC Winkle Cup



Saturday, September 9, 2023

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in:
 - 1.1.1. The *Racing Rules of Sailing* (RRS).
 - 1.1.2. The current PHRF regulations, as administered by YRA of Long Island Sound (YRALIS) include non-spinnaker regulations for PHRF classes.
 - 1.1.3. US SAFETY EQUIPMENT REQUIREMENTS (SER), Nearshore Category.
 - 1.1.4. Current class rules for one-design fleets. Weight Limits will not be enforced.
 - 1.1.5. RRS Appendix V1 & V2.
 - 1.1.6. The RRS will be changed as noted in these instructions.

2. ELIGIBILITY AND ENTRY

- 2.1. The regatta is open to boats of PHRF (spinnaker, non-spinnaker, and cruising canvas), and One-Design classes of at least 21' LOA.
- 2.2. Eligible boats can enter and electronically pay the entry fee using the Lloyd Harbor Yacht Club's online registration at www.lhyc.org, following the link to the Race Information page. The final deadline for entries is 1800 hrs. September 8.
- 2.3. Entrants must possess a valid YRALIS PHRF certificate, a valid one-design certificate, or receive a waiver and LHYC handicap rating from the LHYC Measurer.
- 2.4. The intent of the Cruising Canvas division is that all sails will be of woven polyester such as Dacron, no spinnakers, gennakers, or Code 0 sails may be used.
- 2.5. No boat shall make any change during the regatta which would affect its rating.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the LHYC web site (<http://www.lhyc.org/>) as well as the Centerport YC (CYC) website, www.centerport-yc.org and shall be broadcast on VHF channel 72 prior to the first warning signal.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any changes to the sailing instructions will be posted on the LHYC website prior to 2000 hrs. on the day before it will take effect and may be announced prior to the first warning signal on VHF channel 72.

5. SIGNALS MADE ASHORE

- 5.1. No signals will be made ashore.

6. SCHEDULE OF RACES

- 6.1. Racing is scheduled for Saturday, September 9, 2023.
- 6.2. The scheduled time for the first warning signal of the Katrina Cup is 1100 hrs.
- 6.3. The Winkle Cup Race will begin as soon as practicable after the Katrina Cup Race.

6.4. Classes that have finished the Katrina Cup Race may be started in the Winkle Cup Race before other classes have finished the Katrina Cup Race. Boats should proceed to the starting area no later than the finish of the last boat in their class in the Katrina Cup Race (or expiration of the time limit for their class), being careful not to interfere with boats sailing the course or starting.

6.5. No warning signal will be made after 1530 hrs.

7. CLASS FLAGS

7.1. The number of classes and the class assignment for each boat will be made at the discretion of the race committee (RC) and indicated on the Scratch Sheet.

7.2. Scratch Sheets will be available on the LHYC website (www.LHYC.org) no later than 1800 hrs. on the day before the event. Scratch sheets in hard copy form may be available in the Binnacle Room at CYC after 1900 hrs. The Regatta Network "Current Registrants" list is NOT the Scratch Sheet.

7.3. Classes will be designated by numbers. Class flags will be numeral pennants.

7.4. Competitors are encouraged to display the numeral pennant for their class on their backstay or, in the absence of a backstay, from a point near the stern.

7.5. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the RC prior to the first warning signal of the first race of their class. The RC will announce any such changes on VHF channel 72.

7.6. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

8. RACING AREAS

8.1. Rendezvous will be made in the vicinity north of Bell 8, but no further than one mile north of Nun "6" off Lloyd Neck. The RC shall announce the approximate position of the starting area on VHF channel 72 approximately one half hour prior to the first scheduled warning signal.

9. COURSES

9.1. Course numbers I, II, III (if needed), will be displayed. Refer to the scratch sheet for your course assignment!

9.2. Courses will be signaled by the RC using letter placards indicating the turning marks set forth in sailing instruction 10. Marks indicated by green letters shall be left to starboard. Marks indicated by red letters shall be left to port.

9.3. Turning marks will be displayed for each class under its course number and should be read from top to bottom. If a numeral is posted, the course cited above it shall be sailed that many times around before continuing with the remaining marks.

10. MARKS

10.1. Marks are as indicated below and as displayed on **Illustration A**

ID	Mark Location	ID	Mark Location
A	Bell "8" Target Rock off Lloyd Neck	O	Nun "34" off Greenwich
B	Nun "6" off Lloyd Neck	P	Bell "32" The Cows
D	Nun "4" off Lloyd Neck	Q	Nun "2" off entrance to Lloyd Harbor
E	Nun "2" off Lloyd Neck	R	Flasher "1" off Sand City at entrance to Northport Bay
F	Gong "15" off Lloyd Point	T	Flasher "1" off entrance to Huntington Harbor
H	Bell "17" off Oyster Bay	U	Flasher "30" off Smith Reef
I	Mid Sound buoy "32A"	V	Inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
J	Mid Sound buoy "28C" Cable and Anchor Reef	W	Windward inflatable mark. Bearing and distance from RC Signal boat will be displayed on the course board
K	"11B" Mid-Sound, off Eaton's Neck	Y	Inflatable mark south of line connecting marks "R" and "T"
L	Green/Red Can "E" NNW of Eaton's Neck Point	Z	Inflatable mark no more than 1 mile to leeward of the starting mark.
M	Can "13" off Eaton's Neck Point		

- 10.2. The starting mark will be an orange flag with an "X" marked on it.
- 10.3. The finish mark will be an inflatable mark on the opposite side of the signal boat than the start unless the course is shortened in accordance with RRS 32.2.

11. AREAS THAT ARE OBSTRUCTIONS

- 11.1. Government marks Bell "8", Nuns "2", "4" and "6" used as aids to navigation along the north shore of Lloyd Neck must be observed when not designated as marks that do not begin, bound or end the leg of the course the competitor is on. These marks are to be considered obstructions. This changes RRS 28.1. All other government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

12. THE START

- 12.1. Races will be started according to RRS 26 using a rolling sequence where the Start of one division is the Warning Signal for the following division unless otherwise announced by the RC.
- 12.2. The starting line will be between an orange flag on the signal boat and the flag on the starting pin marked "X" or as described on illustration A.
- 12.3. The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 62.1a.
- 12.4. Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 12.5. Any boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 12.6. If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.

13. CHANGE OF COURSE

- 13.1. A change of course after posting or the start will be signaled near the mark beginning the leg being changed by a race committee boat displaying flag C and making 3 sound signals. The change will be announced on VHF channel 72 and will be signaled before the leading boat has begun the leg. This changes RRS rule 33.

14. THE FINISH

- 14.1. The finishing line will be between a staff displaying a blue flag on the signal boat and the course side of the finishing mark as described in SI Section 10.3 unless the course is shortened in accordance with RRS 32.2.

15. TIME LIMIT

- 15.1. If no boat in a class sails the course and finishes within three hours of the start of that class, the race for that class will be abandoned.
- 15.2. Any boat failing to finish within 30 minutes plus her PHRF time allowance from the finish of the first finisher in her class, or by 1730 hours will be scored DNF without a hearing.

16. PENALTY SYSTEM

- 16.1. Penalties at the Time of the Incident
 - 16.1.1. The One-Turn Penalty as described in RRS V1 is in effect. This modifies RRS 44.1.

17. PENALTIES TAKEN AFTER A RACE

- 17.1. After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. The penalty shall be a Scoring Penalty, calculated as stated in rule 44.3(c). However, rules

44.1(a) and (b) apply. A boat takes a Post-Race Penalty by informing the race committee in writing and identifying the race and when and where the incident occurred.

- 17.2.** The Post-Race Penalty shall be: (a) 20% if taken before the protest time limit or (b) 30% if taken after the protest time limit but before the beginning of a hearing involving the incident.

18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1.** A boat initiating a protest shall immediately after finishing, notify the race committee over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested. Repeating the notification at [reasonable] intervals until acknowledged by the race committee. This changes RRS 61.1(a).
- 18.2.** Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 61.1(b).
- 18.3.** Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as described as described in "Contacts", Section 23.2. Protests shall be delivered in person or via email to protest@lhyc.org by 1900 on the day of the race. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 18.4.** Protest hearings will be scheduled accordingly, and posted on the event website notice board to inform competitors of hearings in which they are parties or named as witnesses.

19. PROTEST ARBITRATION

- 19.1.** Based on evidence given by the representatives, the arbitrator will offer an opinion as to what the protest committee is likely to decide: (a) the protest is valid, (b) no boat will be penalized for breaking a rule, or (c) one or more boats will be penalized for breaking a rule, identifying the boats and the penalties.
- 19.2.** A boat that may have broken a rule may take a Post-Race Penalty as provided in Section 17 of these Sailing Instructions. However, the penalty in Section 17.2(a) of these Sailing Instructions is available only until the protest time limit or until the beginning of the arbitration meeting, whichever is earlier. During a meeting, a boat may take a penalty by acknowledging her acceptance of the penalty in writing.
- 19.3.** If a boat asks to withdraw her protest, the arbitrator may act on behalf of the protest committee in accordance with rule 63.1 to accept the withdrawal.

20. SCORING

- 20.1.** Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance as calculated by the RC, regardless of the distance sailed.
- 20.2.** Each class will be scored separately in each race.

21. SAFETY REGULATIONS

- 21.1.** All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to maneuver, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.
- 21.2.** A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity.

22. RADIO COMMUNICATION

- 22.1.** Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 22.2.** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 22.3.** The RC shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast. This changes RRS 62.1(a).

23. PRIZES

- 23.1. Prizes in each race will be awarded as follows for each class: First if three or more competitors, Second if five or more and Third if seven or more.
- 23.2. The name of the first-place finisher in each division of the Winkle Cup race will be placed on the Winkle Cup Trophy, which is on permanent display at Centerport Yacht Club.
- 23.3. The Byers Trophy will be awarded to the best PHRF spinnaker boat with the lowest overall corrected time in the Winkle Cup race.
- 23.4. The Katrina Cup will be awarded to the best PHRF spinnaker boat with the lowest overall corrected time (one year retention of the trophy) in the Katrina Cup race.
- 23.5. The Katrina Cup Race is a qualifying race for the Schuster Trophy – awarded to the best overall Lloyd Harbor Yacht Club boat, using Cox-Sprague scoring based upon fleet placement, with the combined scores from the Lloyd Trophy, Stratford Shoal Race and Katrina Cup.
- 23.6. Each race is a qualifying race for the North Sails Huntington Bay Boat of the Year Trophy. Participation earns one point per race.
- 23.7. Each race is a qualifier for the YRALIS PHRF Fall, Gitana, Sappho, Competitors, Kings Point, Mertz, and Youth Challenge trophies.

24. DISCLAIMER OF LIABILITY

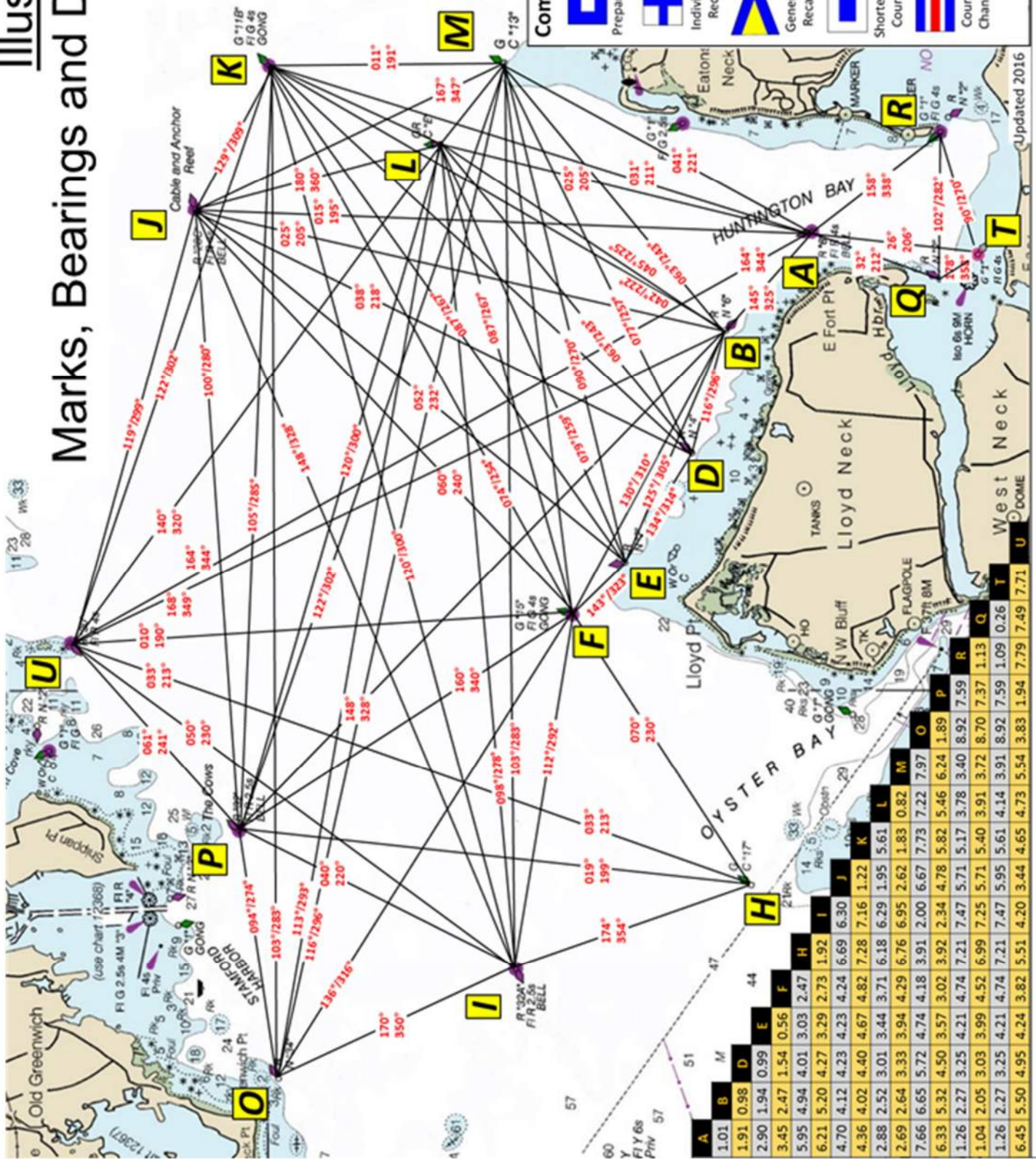
- 24.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 24.2. Each participating boat shall be insured with valid third-party liability insurance.

25. Contacts:

- 25.1. LHYC Fleet Captain: Larry Murphy, fleetcapt@lhyc.org 917 939 4656
- 25.2. Protest Committee Chair: Bill Mahr, protest@lhyc.org
- 25.3. Measurer Chair: June Kendrick, measurer@lhyc.org

Illustration A

Marks, Bearings and Distances



Common Signal Flags

NOT TO BE USED FOR NAVIGATION! Courses and distances are for assistance in identifying marks, not to determine your course to the mark nor the distance used in calculating the course length. Bearings indicated may cross non-navigable water.