

# 2023 DISC Fall High Point Race 3

Saturday, October 28, 2023

## Sailing Instructions

Organizing Authority:

**DAINGERFIELD ISLAND SAILING CLUB**

1. **Entries** – All entries must be received by Saturday, October 28, 2023, by 0900 hours.
2. **Entry Fee**- is outlined in the NOR
3. **By participating and entering DISC races and regattas, the boat owner/skipper/crew agrees that there are inherent risks to competitive sailing and, 1) they are solely responsible for the decision whether to enter or continue any race (RRS 3), and, 2) they shall hold harmless DISC and DISC officers for any damage or liability that may occur during a race or regatta.**
4. **Notices to Competitors** – Notices to competitors will be posted on the DISC website ([www.discsailing.org](http://www.discsailing.org)) up until 0900, October 28, 2023, under the event tab for this race. On race day Notices to competitors will be posted outside the marina store.
5. The Race Committee may change these instructions up until the end of the mandatory Skipper's Meeting and if necessary, on the water. If changes are made on the water the RC will display code flag "L" with one short horn blast, changes will be announced over VHF channel 69. Failure to follow this procedure, or to receive or understand these changes will not be grounds for redress. This modifies RRS 62.1.
6. **Signals Made Ashore**- There will be no signals made ashore.
7. **Class Flags**- If there is an RC boat on station, standard DISC Class flags will be used. Green for Spinnaker, Blue for Non-spinnaker, White for One Designs under 20ft.
8. **Schedule of Races** - A mandatory Skipper's Meeting will be held on the deck outside the marina store at Washington Sailing Marina at 0900. On-water rendezvous at 1015 in the vicinity of Potomac River R4. First start will be at 1030, no race will be started after 1500.
9. **Radio** - Boats should monitor VHF channel 69 for courtesy communications from the Race Committee. All radio communications will be a courtesy, failure to receive, understand, or the content of the message will not be considered as grounds for redress. Except in emergencies competitors cannot send or receive electronic messages that are not available to all competitors. This modifies RRS 62.1.
10. **Racing Area** – The DISC Fall High Point Series Race 2 will be held on the DISC Middle courses. Information on these courses can be found on the DISC website ([www.discsailing.org](http://www.discsailing.org)) under the Racing Resources tab. Any unscheduled change of race location will be disseminated by the Race Committee on the water. If changes are made on the water, the Race Committee will display code flag "L" with one short horn blast, and make a courtesy announcement over VHF channel 69. Failure to follow this procedure, or to receive the announcement or to receive the changes will not be considered as grounds for redress. This modifies RRS 62.1.

11. **Course marks** – Courses will use fixed government marks. If there is a Race Committee Boat on station, courses will be displayed by the RC, and announced over VHF channel 69. Course information is available at [www.discsailing.org](http://www.discsailing.org) under Racing Resources. Failure to receive the announcement or to receive any changes will not be considered as grounds for redress. This modifies RRS 62.1.
12. **Boat check in** – If there is a Race Committee boat on station, each competitor will pass by the RC boat (if Available) and announce sail number, which fleet they are competing in and each competitor will display their PFD during check in. A boat may not protest a breach of this instruction. This changes RRS 60.1, 62.1.
13. **Starting and Finishing Lines** – The starting and finishing line will be an imaginary line from the Race Committee boat's main mast, or an orange flag, and the center section of the government mark serving as the pin end of the line. If there is no Race Committee boat the start line will be between the center of R4 and the piling at the South end of the rowing center dock.
14. **Time Limit** – The time limit will be 90 minutes per race. If a boat in a fleet finishes within the time limit, the original time limit will be extended by 30 minutes. Any boat not finishing within the time limit will be scored TLE.
15. **The Start** - Races will be started using RRS 26. If there is no Race Committee boat there will no flags used, and either horns or VHF radio can be used to signal the 5 minute start sequence. The honor system will be used, all boats are required to start properly. This modifies RRS 26, and Race Signals.
16. **The Finish**- Between Potomac River R4 and the orange flag, or sailboat mast, on the committee boat, or at a location determined by the Race Committee. Boats should record their finish time, and the boats finishing in front and behind them. If there is no Race Committee boat, each boat shall record and announce their finish time over VHF Channel 69 using GPS time, and email their finish time to [officers@discsailing.org](mailto:officers@discsailing.org) as soon after finishing as possible
  - 16.1- The Starting Area is defined as the area extending 50 yards beyond each end of the starting line and 75 yards behind the line and its extensions. After the first warning signal for each race, boats shall keep clear of this area until the warning signal for their fleet.
  - 16.2- There may be three starts: The first start is for the dinghy fleet, the second start is for the Spinnaker fleet, and the third start will be for the Non-spin fleet. If there is more than one start, there may be a delay between starts. If there is not an RC boat on station, starts may be combined.
17. **Recalls**: If there is a Race Committee boat, will be signaled according to the RRS. For individual recalls RRS 29.1, the RC may attempt to announce boats that are OCS on VHF channel 69, failure to receive this announcement, understand the announcement, or the order of boats in the announcement, will not be considered as grounds for redress. This modifies RRS 62.1.
18. **Shortening Course** – The race committee may shorten courses for any or all fleets as per RRS 32.1. If the Race Committee elects to shorten course, the Race Committee will raise the “S” flag

with 2 short horn blasts, and display the class flag of the impacted fleet below. The RC will attempt to notify the impacted fleet/s over VHF channel 69. All shortened courses will be finished at the Start-Finish line and its extensions for all courses. If there is no Race Committee boat, the competitors may agree over VHF channel 69 to shorten the course. Failure to transmit or receive this notification, promptness of the notification, shall not be considered grounds for redress. This modifies RRS 62.1(a) and RRS 32.2.

#### 19. **Alternative Penalties –**

a. *“A boat that may have broken a rule of Part 2, or Part 3, while racing may take a penalty:*

*(a) At the time of the incident, by taking a Two-Turns Penalty (as per RRS 44.1), OR a one-turn penalty (as per RRS 31), OR*

*(b) By taking a 20% Scoring Penalty in compliance with RRS 44.3, OR*

*(c) After racing but before the start of a protest hearing involving the incident, by taking a 30% Scoring Penalty. However, if the boat caused injury or serious damage or gained a significant advantage by her breach, her penalty shall be to retire.”*

**(d)**A boat's penalty score shall be the whole number of boats (rounding 0.5 upward) nearest to 20% (or 30% for RAF) of the number of boats entered, except that she shall not be scored worse than DNF.

20. In the interest of starting another race and/or completing racing for the day in a timely fashion, the Race Committee may assign a finish position to one or more boats, provided that position can be determined in a reasonable manner. Such boat(s) will be scored as though they have finished and, if there is another race to be sailed, should promptly return to the starting area. This modifies Appendix A3.

21. **Retiring** - Any boat retiring from a race shall promptly notify the Race Committee, either by hail or radio transmission, and be acknowledged by the Race Committee.

22. **Protests** - Protests must be made in accordance with the current Racing Rules of Sailing to be considered a “Valid Protest”. The RC (if available) must be notified of the intent to protest as soon as possible after finishing, and the protest must be filed with the Standing Race Committee in person or by email at [officers@discsailing.org](mailto:officers@discsailing.org) by 2200 the day of the race.

23. **Scoring** - Races will be scored using “Time on Time” for PHRF boats. Scoring will be based on the High Point Series Scoring. PHRF of the Chesapeake “CR” ratings will be used PHRF entries. TLE will be the number of finishers plus 2, not worse than last place.

24. **Management** - The races shall be under the management of the DISC Standing Race Committee, which shall have the full power to interpret the rules, decide protests and to reject entries of any yacht at any time. DISC accepts no responsibility for accidents occurring DISC events.

25. **Standing Race Committee** – The Standing Race Committee is comprised the DISC Executive Committee members present or a person or persons appointed by the Executive Committee.
26. **Safety** - All safety equipment required by the Coast Guard must be onboard. A minimum crew of two (skipper plus one crew) is mandatory for PHRF entries. All yachts must meet all local regulations, which may include lights for night sailing. Any yacht found negligent of Coast Guard safety regulations will be disqualified. PHRF yachts must be self-righting at all times while racing.
27. **Waiver:** all competitors shall sign a waiver located at [www.discsailing.org](http://www.discsailing.org) under the applicable Event as listed in the Regatta Network calendar section. Skippers are responsible for crew waivers. The Organizing Authority retains the right to spot check boats for compliance with crew waivers.
28. Sailing is an all-weather sport. It is the responsibility of individual skippers/owners/crews to decide, based on conditions at the time of the race and their own assessment of their boat and crew's ability, whether or not to race. The Standing Race Committee, Executive Committee, and Race Committee are aides in determining safety issues that may arise in the racing area such as a change in weather conditions, heavy commercial traffic, floating debris etc. They do not by any means substitute for the judgement of the skipper/owner or crew in the decision to participate in the event as each boat and crew has differing characteristics, skill levels, and abilities. Such decisions will be made on the day of the race, based on conditions at that time. In the case of lightning, dangerous wind or other extreme conditions, the Standing Race Committee may decide to postpone or cancel a race. On the water decisions may be made by the Race Committee on station.
29. **Personal Floatation Devices. All crewmembers shall wear Personal Floatation Devices (PFDs) while the Y flag (red/yellow stripe) is displayed during racing, or when instructed to do so by the Race Committee or Standing Race Committee. The decision to display the Y flag will be made by the Weather Committee, which consists of all available officers, and announced over VHF channel 69. Y flag will be displayed whenever a small craft advisory is in effect or when conditions warrant. Additionally, the Race Committee, should conditions warrant, may display the Y flag with one horn at their discretion. The Race Committee or Standing Race Committee may protest under this instruction if a crew member is observed without a PFD, except for the removal or addition of clothing, even if it is reported to them by someone with a *conflict of interest*. This changes RRS 40, 60.2. Safety is ultimately each skipper and crew's responsibility; DISC encourages all competitors to wear PFD's at all times.**
30. **Commercial Traffic** - A boat shall not exercise right of way over, cross in close proximity to, or interfere with reasonable transit of the race area by commercial freighters, tugs and tows, or other commercial vessels. A boat charged under this rule has the burden of proof that she did not interfere with the commercial vessel. Boats must take evasive action well in advance of any potentially dangerous situation.
31. he Race Committee may protest under this instruction based on information received from any person including persons with a *conflict of interest*. If a competing yacht is found to have violated this rule, the yacht shall be scored DSQ for that race. The Organizing Authority may impose more severe penalties if they determine that gross negligence on the part of skipper or

crew of the yacht in question endangered the safety of their yacht, other DISC yachts, or commercial traffic transiting the racecourse. There will be no protest time limit to allow commercial vessels time to report an incident. A written statement from the US Coast Guard, DC Police, or a ship captain will be accepted as evidence without the author present. This changes RRS 60.2(a).

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boat without way, may use a motor or other prohibited forms of propulsion to clear the channel for commercial traffic, or to clear themselves from running aground. If a boat uses prohibited propulsion in such circumstances, it must notify the Race Committee and provide a detailed explanation of the incident showing it did not gain advantage in the race, and may need to appear in a hearing to provide additional information.

33. Please contact the DISC officers at [officers@discsailing.org](mailto:officers@discsailing.org) with any questions about DISC racing or these Race Instructions.

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