Ladies on the Lake Charity Regatta
October 14, 2023
Lake Monroe Sailing Association
Notice of Race

Ladies on the Lake Charity Regatta is back! This year we will be collecting food and donations for **Harvest Time International** in Sanford, FL. The Regatta is a different format this year to encourage all women to come out and steer! Anyone can crew, but ONLY ladies can steer! Dinner, Awards and a 50/50 Raffle will be held after the Race at the LMSA Club House with all proceeds going to **Harvest Time International LLC** in Sanford FL. Don't forget your canned goods. At least 10 cans per person please!

1. RULES
   1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.
2. SAILING INSTRUCTIONS
   2.1. The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be on the official notice board located at east doorway at the Lake Monroe Sailing Association.
3. COMMUNCATIONS
   3.1. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
   3.2. On the water, the VHF channel will be stated in the SIs.
4. ELIGIBILITY AND ENTRY
   4.1. The event is open to all boats with a lady that steers. Please visit our EVITE: http://evite.me/mzu62rWJtQ
   4.2. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
5. FEES
   5.1. Eligible competitors may register online at Regatta Network:
   5.2. Early Entry fee is $65.00 **plus 10 cans of food per boat** for all non-singlehanded boats, includes <u>one</u> meal voucher.
   5.3. Early Entry fee is $45.00 **plus 10 cans of food per boat** for all singlehanded boats, includes <u>one</u> meal voucher.
   5.4. Additional meal vouchers may be purchased for $25.00 each **plus 10 cans of food per voucher**.
   5.5 Online early registration will close on October 6, 2023.
   5.6. Late Fee/Walk-up late registration is: $85.00 non-singlehanded **plus 10 cans of food per boat**
   $65.00 singlehanded boats **plus 10 cans of food per boat**.
7. SCHEDULE
   7.1. October 14, 2023
   7.2. Registration and Check in 1130-1230 at LMSA Club House
   7.3. Skipper's Meeting 1300
   7.4. 1st Warning 1400
   7.5. Dinner, 50/50 Raffle and Awards at the LMSA Club House after racing
8. VENUE
   8.1. Lake Monroe located in Sanford Florida.
9. COURSE
   9.1. The course will be the same format as Wednesday Night Rum Races with Race committee starting and finishing the fleet. The course and all marks to be used will be decided and discussed during the Skipper's Meeting the day of racing.
10. PENALTY SYSTEM
   10.1. RRS 44.3 is changed so that the Two-Turn Penalty is replaced by the One-Turn Penalty.
11. SCORING
   11.1. Appendix A as prescribed in the RRS 90.3(a).
   11.2. One race is required to be completed to constitute a Regatta.
   11.3. A class with four or more boats may be scored separately based on elapsed time
12. RISK STATEMENT
   12.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.
13. CONTACT
   13.2 Patti Miller at peppermintpate777@yahoo.com - Phone 407-353-4848
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