

The *PYC Satori Foundation*

US Sailing Certified Safety-at-Sea Hands-On Training

Saturday, 23 March 2024

Hands-On Course fee \$325

(Limited to 100 Participants)

Certificates

Attendees who complete the prerequisites and hands-on training will receive a World Sailing compliant ***US Sailing International Offshore Safety at Sea Certificate***.

Prerequisites

First time certificates:

Completion of the full 15-unit on-line *US Sailing Sanctioned Offshore Safety at Sea Course* within 365 days prior to 23 March 2024.

or

Completion of a one day in-person *US Sailing Sanctioned Offshore Safety at Sea Course* within 365 days prior to 23 March 2024.

Refresher for certificate holder:

Holders of existing *International Offshore Safety at Sea Certificates* less than 10 years old must complete a refresher course within 365 days prior to 23 March 2024.

The refresher course consists of units 11 – 15 of the *US Sailing Sanctioned Offshore Safety at Sea Course*. Upon completion of hands-on training, certificates will be renewed for 5 years.

A simplified diagram of requirements can be found at the following link:

<https://www.ussailing.org/wp-content/uploads/2022/03/SAS-graph-3.8.22.pdf>

US Sailing Safety at Sea Course Facts:

- Moderated and taught by experienced, lifelong sailors who include some of the top names in sailing and safety.
- Designed for sailors of all types and levels – cruisers and racers, novices and experts.
- Online courses developed with the support of [Cruising Club of America](#) and [Storm Trysail Foundation](#).
- Appropriate for a wide range of boats – small, big, monohulls, multihulls (and powerboats, too) – that are sailed anywhere – near shore and offshore.
- Sanctioned with approved curriculum by US Sailing, with special attention to conditions and challenges of the host organization’s sailing area.
- More than 2,500 sailors attend safety courses around North America every year and many bring their families and crews.
- The certifications are good for five years from the date of issue.
- Coastal and Offshore are offered in either in-person or online format.

Learn more at www.ussailing.org/education/adult/safety-at-sea-courses/

Registration:

Fees include Continental Breakfast, Coffee, Snacks and Lunch. Payment by credit card is due in full upon registration. Certificate fees are included. Proof of completion of prerequisite courses is required for issuance of certificates.

US Sailing On-Line course fees are **not** included. On-line courses from US Sailing may be purchased through the following link:

<https://www.firsttack.org/>

Register at the following link:

<https://www.regattanetwork.com/event/27064>

What to Bring:

The seminar will be an all-day affair. You will be in the classroom, in the water and outdoors for the fire safety segment and on a boat practicing COB. Please be prepared for all these different environments.

We recommend you bring the following:

- Foul / cold weather sailing gear (foulies) for on-the-water activities (weather dependent)
- Inflatable PFD, spare CO2 cartridge (or a second offshore/dinghy style lifejacket) AND safety tether
- Spare set of clothes and old foul weather gear for the in-the-water session - this session involves entry into lake water with full foul weather gear (foulies) and inflatable PFD, and includes climbing into an inflatable life raft
- Reusable water bottle to maintain hydration

Make sure you have a towel and change of clothes along with primary foul weather gear for your other on-the-water activities.

Have Questions? Please feel free to contact us:

- Sean Hickey – pyc.race.smh@gmail.com, [251-802-8688](tel:251-802-8688)