



**Clinton Lake Sailing Association
Glow in the Dark Regatta 2023
Sailing Instructions**

1. RULES

- 1.1. The regatta will be governed by the Rules as defined in the current version of the Racing Rules of Sailing (RRS).
- 1.2. If there is a conflict between the Notice of Race and these Sailing Instructions, these Sailing Instructions will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the whiteboard in the CLSA pavilion.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted no later than 1000 on Saturday and 0900 on Sunday, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flagpole located at the EYC. If a postponement is signaled ashore, the warning signal will be made not less than 45 minutes after Code Flag "AP" is lowered on shore. This changes Race Signals "AP".
- 4.2. When Code Flag Y is displayed, Rule 40 applies at all times while afloat.

5. SCHEDULE

- 5.1. On both days, subsequent races each day will be held as soon as practicable after the end of the previous race.
- 5.2. Competitors Meetings will take place at 9:15am on Saturday and 8:30am on Sunday.
- 5.3. The first Warning Signal will be at 11:00am on Saturday and 9:45am on Sunday.
- 5.4. No races shall start after 12:00pm on Sunday.

6. RACING AREA

The racing area will be the waters of Clinton Lake

7. CLASS FLAG

The class flag will be the Flying Scot class flag.

8. MANDATORY CHECK IN

After the Signal Boat anchors and flies Code Flag "L" (black and yellow "Come Within Hail") with one sound signal, each boat shall check in by sailing past the Race Committee Signal Boat on starboard tack and hailing its sail number before the first warning signal each day. It shall continue to do so until acknowledged by the Race Committee. Failure to check in may result in not being scored.

9. COURSES

- 9.1. The courses that may be sailed are illustrated in Addendum A, which shows the courses, course designations, and the marks in order of rounding. Each single mark shall be rounded, leaving it to port.
- 9.2. There will be an offset mark at the windward mark. An offset mark will not be set if the windward mark is changed in accordance with Instruction 13.

- 9.3. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If only one gate mark is present, it shall be rounded as a single mark to port.
- 9.4. Course boards with W1, W2, or W3 will be displayed on the stern or side of the Signal Boat before the warning signal to designate the course to be sailed.
- 9.5. Boats sailing in the Apprentice Division will sail a W1 course regardless of what course is displayed.

10. MARKS

- 10.1. The windward mark will be a Yellow cylinder. The gate marks will be yellow cylinders.
- 10.2. The starting and finishing mark will be an orange flag on an anchored race committee boat, or a pink pin.
- 10.3. The offset mark will be a white, green, or yellow ball.
- 10.4. A new mark as provided in Instruction 13 will be an orange cylinder.

11. THE START

- 11.1. Races will be started using RRS 26.
- 11.2. The starting line will be between a staff displaying an orange flag on the Signal Boat at the starboard end, and the starting mark.
- 11.3. As a courtesy, the warning signal for each race may be preceded by short repetitive sound signals to alert competitors that a starting sequence is about to begin.
- 11.4. Boats not starting within 4 minutes of their starting signal shall be scored DNS (Did Not Start) without a hearing. This changes RRS A5.2.
- 11.5. All boats will start together regardless of racing division.

12. RECALLS

- 12.1. Individual Recalls will be made in accordance with RRS 29.1 – Code Flag “X” (white with blue cross) with one sound signal. Code Flag “X” will stay up for a maximum of four minutes after the starting signal or until all boats have started, whichever occurs first.
- 12.2. VHF radios may be carried aboard. As a courtesy, the Race Committee will use Channel 72 to provide information to competitors. After the starting signal, the Race Committee will attempt to hail boats (including by VHF radio) that are OCS and boats that have not complied with RRS 30.1. The delay of such hails, the order of hailing, the lack of a hail, or failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1(a).
- 12.3. General Recalls will be made in accordance with RRS 29.2 – Code Flag “First Substitute” (yellow triangular pennant with blue border) and two sound signals.

13. CHANGE OF THE NEXT LEG OF COURSE

- 13.1. Changes to course legs will be made in accordance with RRS 33. To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change, a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

- 14.1. The finishing line will be between a staff displaying an orange flag on a Race Committee boat and the finishing mark. This changes RRS race signals.
- 14.2. If less than the scheduled number of races will be held each day, Code Flag "A" (blue and white) displayed while boats are finishing means "no more racing today."
- 14.3. Boats that retire before finishing shall inform the Race Committee as soon as possible.

15. TIME LIMITS

- 15.1. If no boat has passed Mark 1 within 30 minutes, the race will be abandoned.
- 15.2. If no boat has finished within 90 minutes of the start in accordance with Rule 28.1, the race will be abandoned.

- 15.3. If any boats are well behind in a race, the race committee may terminate their race and score those boats at their position.
- 15.4. Boats still racing 30 minutes after the first boat sails the course and finishes, and not thereafter retiring, being disqualified, or given redress, will be scored TLE and should proceed to the starting area if another race is scheduled. The Race Committee boat at the finishing line will lower the orange flag with a long sound signal when the 30-minute period expires. This changes RRS 35 and A5.2.
- 16. PROTESTS**
 - 16.1. A boat that intends to protest about an incident that occurred in the racing area shall, if practical, notify the Race Committee finish boat of her intention, and the sail number of the boat(s) being protested.
 - 16.2. Protest forms and requests for scoring review forms will be available near the official bulletin board.
 - 16.3. Completed protests shall be delivered to any of the judges within the protest time limit. A judge will be located in the upper deck of the clubhouse during the last 15 minutes of the protest period.
 - 16.4. The protest time limit is one hour after the Race Committee Signal Boat docks after the last race of the day. The docking time will be posted on the official bulletin board. The same time limit applies to protests by the Race Committee and judges about incidents they observe in the racing area. This changes RRS 61.3 and 62.2.
 - 16.5. Notices will be posted no later than 15 minutes after the end of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at EYC, beginning at the posted time. This will constitute notice to all parties under RRS 63.2 and its Prescriptions.
 - 16.6. Notices of protests by the Race Committee or protest committee will be posted to inform boats under rule 61.1(b). On the last day of the regatta, a request for reopening a hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day; and (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 17. SCORING**
 - 17.1. One race constitutes a Regatta.
 - 17.2. Up to five (5) races are scheduled.
 - 17.3. The Low Point System of RRS Appendix A will apply. A boat's score will be the total of all its race scores with no score excluded. This changes RRS A2.1. A boat scored TLE in accordance with 15.4 will receive two points more than the last boat that finished within the time limit.
- 18. VHF POLICY AND RADIO COMMUNICATION**
 - 18.1. CLSA recommends that all vessels carry a VHF handheld radio for safety reasons.
 - 18.2. As a courtesy, the Race Committee will use Channel 72 to provide information to competitors. The Race Committee may use VHF radios to inform competitors of safety information (such as approaching weather) or to hail boats that are on the course side of the starting line (OCS) at the start.
 - 18.3. Except in an emergency, a boat shall neither make radio or other electronic transmissions while racing, nor receive special radio or other electronic communications not available to all boats. These restrictions also apply to cell phones.
- 19. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected by race officials at any time for compliance with class rules and sailing instructions. Competitors are reminded that Flying Scot class rules require carrying an anchor and line, paddle, sound device, one Coast Guard approved throwable and bucket or bailer.
- 20. TOWING**

Boats may be towed to and from the race area only if towing is made available to all participants. Otherwise, a boat accepting a tow without consent of the Race Committee shall be disqualified from its most recent race without a hearing. This changes RRS 63.1. Exceptions to this rule may be made by the Protest Committee in extenuating circumstances, i.e. breakdown, illness, or other factors that may be appropriate. Protests under this rule may be made only by the Protest Committee or the Race Committee. This changes RRS 60.1(a).

21. SAFETY AND SPORTSMANSHIP

- 21.1. Competitors are reminded that they alone are responsible to decide whether to race, continue to race or participate in this event. See RRS 3, Decision to Race. The race organizers, including the Race Committee, protest committee, host club, sponsors or any other organization or official, shall not be responsible for damage to any boat or property, or injury to any competitor that may be sustained as a result of participation in this event.
- 21.2. Each competitor is reminded that the rules of Sportsmanship and Fair Sailing apply, as stated in the Basic Principles and Fundamental Rules of the RRS.

22. PRIZES

Trophies will be awarded according to the Notice of Race.

ADDENDUM A

COURSE DIAGRAM

Those boats in the Apprentice Division shall course W1 (1 lap) in every race.

W1: Start - WO - G - Finish

W2: Start - WO - G - WO - G - Finish

W3: Start - WO - G - WO - G - WO - G - Finish

