

**2023-2024 One Design Winter Series**  
**November 5, 2023 – April 28, 2024**  
**Organizing Authority: Manasquan River Yacht Club**  
 405 Riverview Lane  
 PO Box 325  
 Brielle, New Jersey 08730-0325

## SAILING INSTRUCTIONS

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**1. Rules**

The regatta will be governed by Racing Rules of Sailing and any other documents distributed for this event.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board(s) located in the basement of the clubhouse and/or online at [WWW.MRYC.ORG](http://WWW.MRYC.ORG)

**CHANGES TO SAILING INSTRUCTIONS**

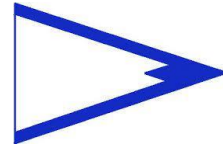
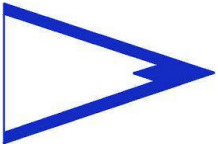
Sailing instructions may be modified verbally on the water

**3. SIGNALS MADE ASHORE**

- a) Signals made ashore will be displayed on the club's flagpole.
- b) When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.
- c) When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes the Part 4 preamble.

**4. SCHEDULE**

Date	High Tide	First Race	Notes
11/05/23	1:18 PM	1:30PM	Cunningham Race
11/19/23	12:08 PM	12:00 PM	
12/03/23	11:46 AM	12:00 PM	
12/17/23	11:35 AM	11:30 AM	
12/31/23	11:09 AM	11:00 AM	
01/01/24	11:52 AM	12:00 PM	Fun Race New Year's Day
01/14/24	10:15AM	10:00 AM	
01/28/24	9:47 AM	10:00 AM	
02/11/24	9:01 AM	9:00 AM	
02/25/24	8:36 AM	9:00 AM	
03/03/24	12:48 PM	12:45 PM	
03/10/24	8:49 AM	9:00 AM	
03/24/24	8:29 AM	9:00 AM	
03/31/24			Easter
04-14-24	1:21 PM	2:00 PM	
04/28/24	11:39 AM	11:30 AM	



- a) There will be multiple races per day.
- b) The warning signal for each succeeding race will be made as soon as practicable.

5. **Classes**

MRYC Pram

6. **RACING AREA**

Manasquan River between Route 35 Bridge and canal.

7. **THE COURSES**

- a) Courses will be portable marks, wind-leeward, Olympic or Triangle.
- b) Courses will be announced immediately prior to each race, by being posted on a marker board clearly displayed on the committee boat, and/or by verbally hailing to each competitor
- c) Marker board will show type (WL=windward-leeward, T=triangle), number of legs (1,2 3, etc) and direction of rounding (P=port or S=starboard) plus any exceptional information such as FAC=finish at club (may be accompanied by hailing).

8. **MARKS**

- a) Portable marks will be orange drop marks.
- b) New marks, as provided in instruction will be yellow inflatables.
- c) The starting mark will be a blue inflatable.
- d) The finishing mark on portable mark courses will be a blue inflatable

9. **THE START**

- a) Races will be started by using Appendix U
- b) The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and the starting mark.
- c) A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start. This changes RRS A4.1.

10. **CHANGE OF THE NEXT LEG OF THE COURSE**

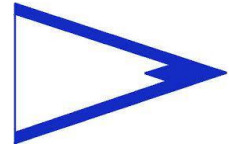
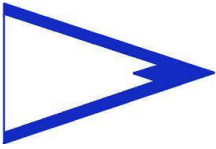
- a) **RRS33** is changed to read a green rectangular flag or board for a change to starboard or a red rectangular flag or board for a change to port will be displayed with repetitive sound signals.
- b) During the race, "gate" marks may be repositioned without signal for minor changes in course. This instruction changes Rule 33.

11. **THE FINISH**

The finish line will be between a staff displaying an orange flag on a committee boat and the finishing mark,

12. **TIME LIMITS**

- a) Time limits are as follows: Time limit forty five (45) minutes; First mark time limit fifteen (15) minutes. If no boat has passed the first mark within the first mark time limit the race will be abandoned.



- b) Boats failing to finish within fifteen (15) minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35 and A4.1.

**13. PROTESTS AND REQUESTS FOR REDRESS**

- a) Protests and/or requests for redress shall be delivered to the Principal Race Officer within the protest time limit.
- b) Notices of protests by the race committee will be posted to inform boats.

**14. SCORING**

- a) The Low Point scoring system of RRS Appendix A will apply
- b) Whatever the number of raced scheduled, only 1 must be completed to constitute the series.
- c) The Low Point scoring system of RRS Appendix A will apply as changed below. RRS A2 is changed so one (1) race will be excluded for every five (5) races completed.
- d) No race shall be declared official unless three or more entrants come to the starting line.
- e) Rule A5. 3 of RRS will Apply.

**15. SAFETY REGULATIONS**

- a) Boats intending to race shall check in at the committee boat not less than five (5) minutes prior to her warning signal.
- b) A boat that retires from a race shall notify the race committee as soon as possible.
- c) Boats are required to have on board at all times while racing the following safety equipment:

<u>Paddle</u>	<u>Pump or Bailer</u>	<u>Anchor</u>	<u>Anchor/Tow Line</u>	<u>PFD</u>
Yes	Yes	Yes	Yes	Yes

**Notes:**

1. Manual bailer must be a minimum of 4-quart capacity.
2. All boats must carry a towline solely dedicated to towing and/or anchoring and readily available for use at all times. Line must be at least 24' long and of sufficient strength to tow a swamped boat.

**16. DISCLAIMER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**17. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of the policy limit of their homeowner's insurance policy per event or the equivalent thereof.