

ATTACHMENT #1 – PHRF Start Times

Base start: 11:00:00 AM		Course: Fall Series				Miles: 11.23			
PHRF	Start time	PHRF	Start time	PHRF	Start time	PHRF	Start time		
285	11:00:00 AM	238	11:08:48 AM	191	11:17:36 AM	144	11:26:23 AM	97	11:35:11 AM
284	11:00:11 AM	237	11:08:59 AM	190	11:17:47 AM	143	11:26:35 AM	96	11:35:22 AM
283	11:00:22 AM	236	11:09:10 AM	189	11:17:58 AM	142	11:26:46 AM	95	11:35:34 AM
282	11:00:34 AM	235	11:09:22 AM	188	11:18:09 AM	141	11:26:57 AM	94	11:35:45 AM
281	11:00:45 AM	234	11:09:33 AM	187	11:18:21 AM	140	11:27:08 AM	93	11:35:56 AM
280	11:00:56 AM	233	11:09:44 AM	186	11:18:32 AM	139	11:27:20 AM	92	11:36:07 AM
279	11:01:07 AM	232	11:09:55 AM	185	11:18:43 AM	138	11:27:31 AM	91	11:36:19 AM
278	11:01:19 AM	231	11:10:06 AM	184	11:18:54 AM	137	11:27:42 AM	90	11:36:30 AM
277	11:01:30 AM	230	11:10:18 AM	183	11:19:05 AM	136	11:27:53 AM	89	11:36:41 AM
276	11:01:41 AM	229	11:10:29 AM	182	11:19:17 AM	135	11:28:05 AM	88	11:36:52 AM
275	11:01:52 AM	228	11:10:40 AM	181	11:19:28 AM	134	11:28:16 AM	87	11:37:04 AM
274	11:02:04 AM	227	11:10:51 AM	180	11:19:39 AM	133	11:28:27 AM	86	11:37:15 AM
273	11:02:15 AM	226	11:11:03 AM	179	11:19:50 AM	132	11:28:38 AM	85	11:37:26 AM
272	11:02:26 AM	225	11:11:14 AM	178	11:20:02 AM	131	11:28:49 AM	84	11:37:37 AM
271	11:02:37 AM	224	11:11:25 AM	177	11:20:13 AM	130	11:29:01 AM	83	11:37:48 AM
270	11:02:48 AM	223	11:11:36 AM	176	11:20:24 AM	129	11:29:12 AM	82	11:38:00 AM
269	11:03:00 AM	222	11:11:47 AM	175	11:20:35 AM	128	11:29:23 AM	81	11:38:11 AM
268	11:03:11 AM	221	11:11:59 AM	174	11:20:47 AM	127	11:29:34 AM	80	11:38:22 AM
267	11:03:22 AM	220	11:12:10 AM	173	11:20:58 AM	126	11:29:46 AM	79	11:38:33 AM
266	11:03:33 AM	219	11:12:21 AM	172	11:21:09 AM	125	11:29:57 AM	78	11:38:45 AM
265	11:03:45 AM	218	11:12:32 AM	171	11:21:20 AM	124	11:30:08 AM	77	11:38:56 AM
264	11:03:56 AM	217	11:12:44 AM	170	11:21:31 AM	123	11:30:19 AM	76	11:39:07 AM
263	11:04:07 AM	216	11:12:55 AM	169	11:21:43 AM	122	11:30:30 AM	75	11:39:18 AM
262	11:04:18 AM	215	11:13:06 AM	168	11:21:54 AM	121	11:30:42 AM	74	11:39:30 AM
261	11:04:30 AM	214	11:13:17 AM	167	11:22:05 AM	120	11:30:53 AM	73	11:39:41 AM
260	11:04:41 AM	213	11:13:29 AM	166	11:22:16 AM	119	11:31:04 AM	72	11:39:52 AM
259	11:04:52 AM	212	11:13:40 AM	165	11:22:28 AM	118	11:31:15 AM	71	11:40:03 AM
258	11:05:03 AM	211	11:13:51 AM	164	11:22:39 AM	117	11:31:27 AM	70	11:40:14 AM
257	11:05:14 AM	210	11:14:02 AM	163	11:22:50 AM	116	11:31:38 AM	69	11:40:26 AM
256	11:05:26 AM	209	11:14:13 AM	162	11:23:01 AM	115	11:31:49 AM	68	11:40:37 AM
255	11:05:37 AM	208	11:14:25 AM	161	11:23:13 AM	114	11:32:00 AM	67	11:40:48 AM
254	11:05:48 AM	207	11:14:36 AM	160	11:23:24 AM	113	11:32:12 AM	66	11:40:59 AM
253	11:05:59 AM	206	11:14:47 AM	159	11:23:35 AM	112	11:32:23 AM	65	11:41:11 AM
252	11:06:11 AM	205	11:14:58 AM	158	11:23:46 AM	111	11:32:34 AM	64	11:41:22 AM
251	11:06:22 AM	204	11:15:10 AM	157	11:23:57 AM	110	11:32:45 AM	63	11:41:33 AM
250	11:06:33 AM	203	11:15:21 AM	156	11:24:09 AM	109	11:32:56 AM	62	11:41:44 AM
249	11:06:44 AM	202	11:15:32 AM	155	11:24:20 AM	108	11:33:08 AM	61	11:41:56 AM
248	11:06:56 AM	201	11:15:43 AM	154	11:24:31 AM	107	11:33:19 AM	60	11:42:07 AM
247	11:07:07 AM	200	11:15:55 AM	153	11:24:42 AM	106	11:33:30 AM	59	11:42:18 AM
246	11:07:18 AM	199	11:16:06 AM	152	11:24:54 AM	105	11:33:41 AM	58	11:42:29 AM
245	11:07:29 AM	198	11:16:17 AM	151	11:25:05 AM	104	11:33:53 AM	57	11:42:40 AM
244	11:07:40 AM	197	11:16:28 AM	150	11:25:16 AM	103	11:34:04 AM	56	11:42:52 AM
243	11:07:52 AM	196	11:16:39 AM	149	11:25:27 AM	102	11:34:15 AM	55	11:43:03 AM
242	11:08:03 AM	195	11:16:51 AM	148	11:25:39 AM	101	11:34:26 AM	54	11:43:14 AM
241	11:08:14 AM	194	11:17:02 AM	147	11:25:50 AM	100	11:34:38 AM	53	11:43:25 AM
240	11:08:25 AM	193	11:17:13 AM	146	11:26:01 AM	99	11:34:49 AM	52	11:43:37 AM
239	11:08:37 AM	192	11:17:24 AM	145	11:26:12 AM	98	11:35:00 AM	51	11:43:48 AM