



iqFOIL

**NOTICE OF RACE &
SAILING INSTRUCTIONS
IQFOIL MIDWINTERS
East**

1-4th February 2024

*Organizing Authority: Clearwater Community
Sailing Center*



1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. The National prescriptions that will apply will be posted on the Official Notice Board.
- 1.3. RRS Appendix B will apply, however RRS B5 61.1(a)(protest requirements) and B8.A8(series ties) are deleted.
- 1.4. RRS Appendix T - Arbitration - will apply.
- 1.5. Supplemental Sailing Instructions (SSI) will be published and may change or supplement rules in these NoR/SI
- 1.6. In all rules governing this regatta:
 - 1.6.1.[SP] denotes a rule for which a standard penalty may be applied by the race committee or without a hearing, or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.
 - 1.6.2.[NP] denotes a rule that shall not be grounds for protests by a board. This changes RRS 60.1(a).
- 1.7. If there is a conflict between languages the English text will take precedence.
- 1.8. Decisions on protests concerning class rules: RRS 64.4(a)(deviations from class rules) shall not apply.
- 1.9. Add new RRS rule 27.4 as follows: The race committee may signal that boards shall sail on a specific tack during the 10 seconds before and 10 seconds after the starting signal is made, by displaying a green flag for starboard tack or a red flag for port tack, before or with the warning signal.
- 1.10. Add new RRS rule 29.3 as follows: When, at the warning signal, the course to the first mark is approximately ninety degrees from the true wind then,
 - (a) When at the starting signal the race committee identifies a board on the course side of the starting line, the race committee shall signal a general recall.
 - (b) If the race committee acts under NoR/SI rule 1.12(a) and the board is identified, she shall be disqualified without a hearing, even if the race is abandoned. The race committee shall hail or display her sail number, and she shall leave the course area immediately. If the race is restarted or resailed, she shall not sail in it.

2. ELIGIBILITY AND ENTRY REGULATIONS

- 2.1. Classes Eligible for entry include IQ Foil, Youth IQ Foil, Junior IQ Foil, Youth Open windfoil(U19) and Open Windfoil.
- 2.2 Youth Open windfoil is limited to sailors under 19 years of age at December 31st the year of the competition and Sail sizes are capped at 8 meters. The Youth Open Windfoil Fleet may start and sail with the IQ Foil Women, Youth IQ Foil, and Junior IQ Foil
- 2.3 Open Windfoil class has no restrictions on age or equipment and may start and sail with the IQ Foil men's fleet.
- 2.4 A minimum of 3 entries is required for each class to constitute a valid fleet.
- 2.5 The deadline for valid online entries is by 2400hrs (UTC) on January 30th
- 2.6. An entry is not valid until paid

3. Fees

- 3.1. The Entry Fee for sailors is \$175 USD.
- 3.2. The Entry Fee paid after 5th January 2024 shall be \$200 USD.



4. Schedule

Thursday February 1st	Friday February 2nd	Saturday February 3rd	Sunday February 4th
1600-1800 Check in	0800-0900 Check in	0900 Competitors meeting	0900 Competitors Meeting
	0900 Competitors meeting	1030 First possible warning	1030 First possible warning
	1030 First possible warning		1400 Last possible warning
			Awards as soon as possible

4.2. A daily schedule will be published on the online ONB.

4.3. On the last scheduled day of racing no warning signal will be made after 1400. Except as a consequence of a general recall.

5. NOTICES TO COMPETITORS

5.1. Notices to competitors will be posted to the Official Notice Board just inside the main entrance to CCSC. Notices will also be posted informally to the event website. https://www.regattanetwork.com/event/27258#_home

5.2. The organizers will set up a WhatsApp group where they intend to communicate informal information. The link to join the group will be published in SSI.

6. CHANGES TO NOTICE OF RACE & SAILING INSTRUCTIONS

Any change to the Notice of Race & Sailing Instructions will be posted no later than 60 minutes before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 1930 or by the end of protest time limit (whichever is later) on the day before it will take effect.

7. SIGNALS MADE ASHORE & AFLOAT

7.1. Signals made ashore will be displayed at the Official Flagpole in the center of CCSC yard.

7.2. [SP] [NP] When Flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. This changes RRS Race Signals.

7.3. Depending on which format will be sailed (Course Racing, Slalom or Marathon) the RC will display the Format flag (described in the SSI) ashore at least 45 minutes before Warning Signal or afloat not later than Warning Signal.

7.4. A signal displayed at the finish vessel applies only to the fleet/group/heat that is finishing. This changes RRS Race Signals preamble.

7.5. [SP] [NP] When a D Flag is displayed ashore it means: "the warning signal will be made not less than 45 minutes after D flag is displayed or not before the scheduled time, whichever is later." Boards shall not leave the venue or the assigned launching areas until the signal is displayed.

8. FORMAT OF RACING

8.1. The event will consist of a single series.

8.2. The intention is to sail all three disciplines (slalom, course racing, and marathon race) over the course of the event on the basis of wind conditions and forecast and it is at the discretion of Class Course Representative. This is not ground for redress. This changes RRS 62.1(a).

8.3. Fleet sizes greater than 24 will be divided into heats for sprint slalom in the following manner:



A) For the first two sprint slalom of the day based on the below table:

Rank in Series/ rank in group	Heat Assignment (2 heat format)	Heat assignment (3 heat format)	Heat assignment (4 heat format)
First	Heat 1	Heat 1	Heat 1
Second	Heat 2	Heat 2	Heat 2
Third	Heat 2	Heat 3	Heat 3
Fourth	Heat 1	Heat 3	Heat 4
Fifth	Heat 1	Heat 2	Heat 4
Sixth	Heat 2	Heat 1	Heat 3
Seventh	Heat 2	Heat 1	Heat 2
Eight	Heat 1	Heat 2	Heat 1

B) For the third and onwards sprint slalom of the day will be based on the following formula:

Two heat format	ABBA-BAAB
Three heat format	ABCCBA-CBAABC
Four heat format	ABCDDCBA-DCBAABCD

9. Racing Areas

9.1 Racing will be held in the Gulf of Mexico, South of Clearwater Pass. The map with the location of the racing area will be published in the SSI.

9.2. The racing area is defined as an area extending 150 meters beyond the entire course in which a competitor would normally sail while racing.

9.3. [DP] For reaching starts, a board not racing shall not be too windward of the area where boards may be racing.

9.4. [DP] Boards not racing shall avoid the racing area.

10. Courses

10.1. Course racing and Marathon courses will be, at the discretion of Class Representative, either Trapezoid or Windward-Leeward, with variations depending on venue specifics.

10.3. The courses to be sailed are shown in NoR/SI Addendum A. The diagrams will show the order in which marks are to be passed, and the side on which each mark is to be left. The course diagram for Marathon will be published on the ONB before the race.

10.4. If a gate mark is missing and has not been replaced by an object displaying the M flag, the remaining mark shall be rounded to port.

11. MARKS

11.1. The starting, finishing and rounding or passing marks will be described in the SSI.



12. THE START

12.1. All races will be started by using the following signals:

Minutes before Starting Signal	Visual Signal	Sound Signal	Means
3	Class flag displayed heat number displayed (if applicable)	One	Warning Signal
2	U or Black flag displayed	One	Preparatory signal
1	U or Black flag displayed	One long	One-minute signal
0	Class flag removed	One	Starting signal

This changes RRS B3 26.1 and 26.2.

12.2. For Course races and Sprint Slalom races, the starting line will be between the staff displaying an orange flag on the race committee vessel and either

12.2.1. The course side of the laid starting mark, or

12.2.2. A staff displaying an orange flag on the race committee pin-vessel.

12.3. For Marathon races as an alternative a Rabbit start may be used: at the starting signal a Rabbit (object or vessel displaying the Marathon discipline flag) will proceed at high and constant speed from the starting mark to the race committee vessel. The starting line will be between the course side of the starting mark and the course side aftermost point of the Rabbit. To inform competitors that the Rabbit start will be used the notice will be published on ONB before the race.

12.4. [DP] When a starting sequence is in progress, competitors whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 75 meters from the starting line and marks in all directions.

12.5. A competitor starting later than 3 minutes (or 1 minute for Sprint Slalom) after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

12.6. The warning signal for each succeeding race will be made as soon as practicable after the finish of the previous race.

12.7. To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed (with one sound) for at least 2 minutes before a warning signal is made.

12.8. For the purpose of RRS 30.4, NoR/SI 1.12 and RRS 36

a) When the fleet consists of more than 24 competitors, races sailed in different disciplines (course racing, marathon, sprint slalom) are not considered as resailed or restarted of the previously attempted race.

b) When the fleet consist of 24 and less competitors, races sailed in different disciplines are considered as resailed or restarted of the previously attempted race with the exception for the marathon.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move a mark (or move the finishing line)

14. THE FINISH

The finishing line will be between the staff displaying a solid blue flag on the finishing mark and the course side of the laid mark (or the flag staff on this mark if present) at the other end of the finish line.



15. PENALTY SYSTEM

15.1. Penalties for breaching class rules, RRS 50 or rules in the NoR/SI marked [DP] or [SP], should the case go to a hearing, are at the discretion of the Protest Committee.

15.2. For breaches of NoR/SI marked [SP] and breaches of the Class Rules: C.1.1.(a), C.3.2.(a) (i) (ii) (iii), C. 3.3.(i), C.3.4, C.10.2.(b)(c), D.2.(a), the race committee may apply a standard penalty without a hearing to the race(s) closest in time to the incident. The scores of other boards shall not be changed; therefore, two boards may receive the same score. However, the race committee or protest committee may protest a board when they consider the standard penalty to be inappropriate. A board that has been penalized with a standard penalty can neither be protested for the same incident by another board nor can another board request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

15.3. Addendum C includes the list of breaches and the associated standard penalties

16. TIME LIMITS AND TARGET TIMES

16.1. Time limits and target times for races are in minutes and as follows:

Discipline	Target time	Time Limit	Finish Window
Course Racing	16	23	6
Sprint Slalom	4-5	7	4
Marathon	60	90	30

16.2. Not meeting the target time will not be grounds for redress. This changes RRS 62.1(a).

16.3. In all races boards failing to finish within the time stated in the Finish Window, after the first competitor in that group sails the race according to RRS 28, will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

17. HEARING REQUESTS

17.1. Hearing request forms are available at CCSC's front desk. Protests and requests for redress or reopening shall be submitted there within the protest time limit.

17.2. The protest time limit is 60 minutes after the last competitor has finished the last race of the day for that fleet or group or when the race committee signals no more racing today, whichever is later.

17.3. Notices will be posted within 20 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.4. Hearings will be held in the Hearing Room, upstairs at CCSC.

17.5. On the last scheduled day of a competitor's Series (Qualification or Final/Opening), a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.2.

17.6. On the last scheduled day of a competitor's Series (Qualification or Final/Opening), request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18. SCORING

18.1. A minimum of 1 race is required for a valid Championship.

18.2. Score for the age division U21 will be extracted from the overall score without recalculation.

18.3. A race will be scored as follows:



18.3.1. A Course racing race will be scored as one race in a Series;

18.3.2. A Sprint Slalom Round (each Fleet or Group has sailed one Heat) will be scored as one race in a Series. When the Fleet or Group is divided into the Heats, the boards will be scored as follows :

Finish Position	Score	Finishing Positions	Score
1	1	13	25
2	3	14	27
3	5	15	29
4	7	16	31
5	9	17	33
6	11	18	35
7	13	19	37
8	15	20	39
9	17	21	39
10	19	22	43
11	21	23	45
12	23	24	47

18.3.3. A Marathon race will be scored as two races in a Series.

a) When the Marathon is sailed, the boards finishing position will be divided by the number of groups in the series and applied to each of these two races. For example, an event of 90 competitors, where fleet has been split into two groups, and where a board finishes in 70th position, the board's score will be recorded as 35th for both races.

b) When the Marathon is sailed in a single fleet series, the score will be the boards finishing position and applied to each of these two races.

18.4. A competitor's series score will be the total of her race scores excluding her worst score(s) as follows:

Races sailed	Discards	Comments
1-2	0	No Scores excluded
3-7	1	One worst score excluded
8-15	2	Two worst scores excluded
16 or more	3	Three worst scores excluded

18.5. To request correction of an alleged error in posted results, a competitor shall complete a Scoring Enquiry Form available at CCSC's front desk.



18.7. When racing in heats, board that did not start, did not sail the course, did not finish retired or was disqualified shall be scored points for the finishing place one more than the number of boards assigned to the largest heat in the Series. This changes RRS A5.2

19. [DP] [NP] SAFETY REGULATIONS

19.1. A competitor that retires from a race shall notify the Race Committee as soon as possible.

19.2. Competitors not racing for any of the racing days shall inform the Race Office.

19.3. [SP] Sign-out/Sign-in system may be used. The procedure will be described in the SSI.

20. LOCATIONS OF IMPORTANCE

The Locations of importance will be described in the SSI.

21. OFFICIAL VESSELS

The identification of the Official vessels will be described in the SSI.

22. SUPPORT BOATS

Support boats and persons shall comply with the Support Team Regulations. See NOR/SI Addendum B.

23. ENVIRONMENTAL RESPONSIBILITY

23.1. It is recalled the Basic Principle which states: "Participants are encouraged to minimize any adverse environmental impact of the sport of sailing", it is recommended that care be taken to protect the environment at all times during and after the event. Especially attention is drawn to intentionally putting trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification".

23.2. [DP] Trash may be placed aboard support and Committee vessels.

24. [DP] RADIO COMMUNICATION

24.1. While on the water, a competitor shall not carry equipment capable of making radio transmissions or receiving radio communications, except for equipment provided by the Organizing Authority. This restriction also applies to mobile telephones.

24.2. For purposes of safety, support vessels may monitor the Race Committee working channel, but cannot transmit on this channel except in the case of an emergency. The official channel of the race committee will be published in the SSI.

25. PRIZES

25.1. Medals for the IQ Foil Midwinters East will be awarded to the first 3 (three) Men and Women from each division with over 10 registrants. In divisions with less than three competitors registered by January 5th 1st place prizes will be awarded.

26. DISCLAIMER OF LIABILITY

26.1. Rule 3 of the RRS states: "The responsibility for a board's decision to participate in a race or to continue to race is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

26.1.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their board to such inherent risk whilst taking part in the event;

26.1.2. They are responsible for the safety of themselves and their board and their other property whether afloat or ashore;



26.1.3.They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

26.1.4.Their board is in good order, equipped to sail in the event and they are fit to participate;

26.1.5.The provision of a race management team, patrol vessels and other officials and volunteers by the race organizer does not relieve them of their own responsibilities;

26.1.6.The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

26.1.7.The fact that the Race Committee or Technical Committee conducts inspections, or not, of a vessel does not reduce the responsibilities of each competitor set out in this NOR/Sl.

27. INSURANCE

27.1. Each participating competitor shall be insured with valid third-party liability insurance with a minimum cover of €1.500.000 per event or the equivalent.

27.2. Support vessel drivers shall also have valid third-party liability insurance with a minimum cover of €1,500,000 per event or the equivalent.

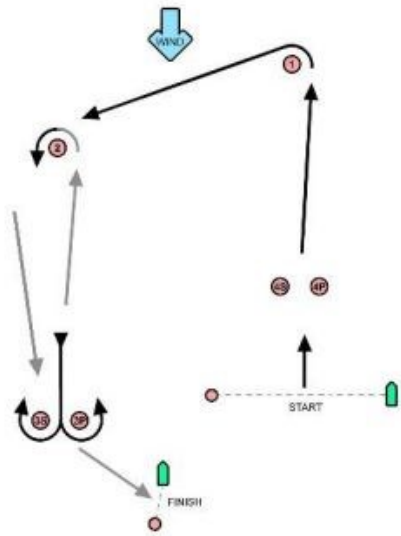
28. TELEVISION AND MEDIA

In registering for the event, competitors automatically grant to the OA and the iQFOiL Class Association the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them, taken during the period of the event as defined in the NoR/Sl in which he/she participates, without compensation.

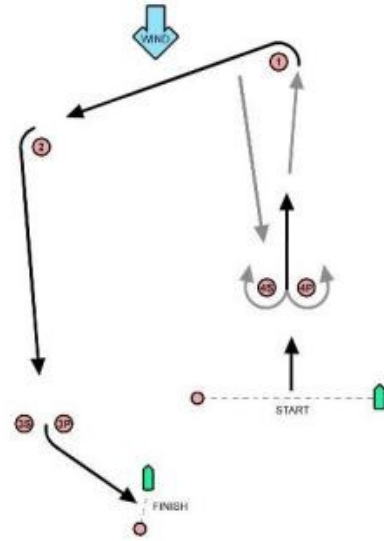


Appendix A

Course racing – Trapezoid course

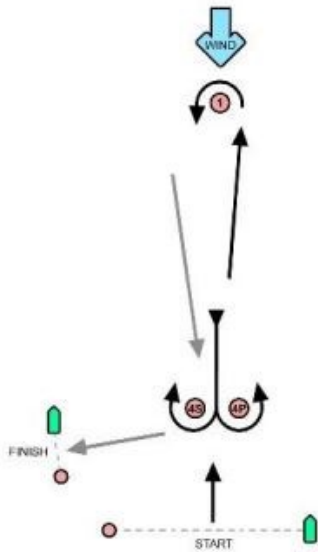


Signal	Mark rounding order
O2	Start-1-2-3S/3P-2-3P-Finish

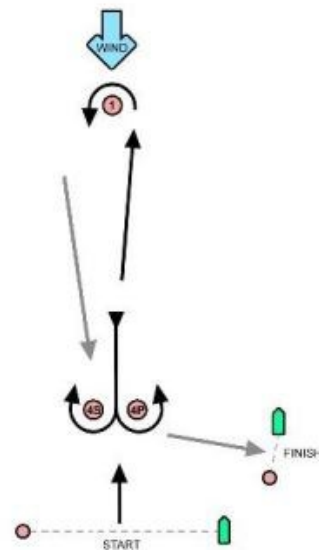


Signal	Mark rounding order
I2	Start-1-4S/4P-1-2-3P-Finish

Course racing – W/L course



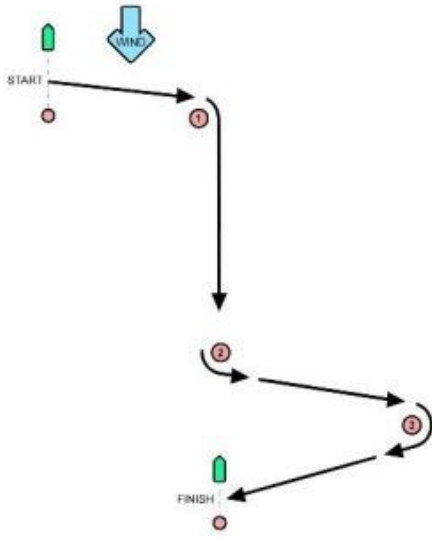
Signal	Mark rounding order
LG2	Start-1- 4S/4P-1-4S-Finish



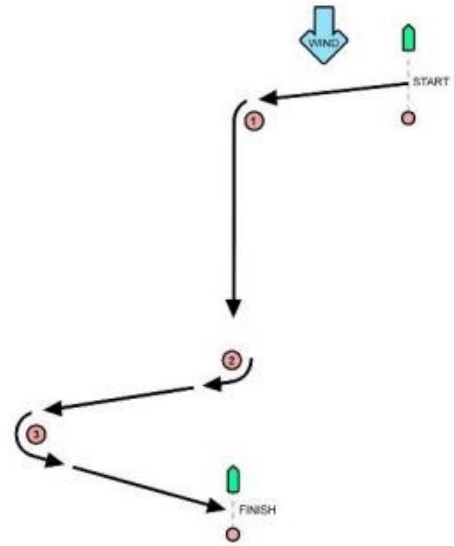
Signal	Mark rounding order
LR2	Start-1- 4S/4P-1-4P-Finish



Sprint Slalom – Downwind slalom course (MEDAL SERIES MR2)



Signal	Mark rounding order
PD3	Start-1- 2-3-Finish



Signal	Mark rounding order
SD3	Start-1- 2-3-Finish



Appendix B Support Team Regulations

1. GENERAL

1. This Support Team Regulations (STR) shall apply from 0900 on Friday 2nd February until 1800 on Sunday 4th February 2024.
2. For the purposes of these regulations, a support vessel includes any boat that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.
3. The Organizing Authority may inspect boats at any time to ensure that they comply with these regulations, and the person responsible for the boat shall facilitate such inspection.
4. An alleged breach of any of these regulations may be referred to the Protest Committee for a hearing. As a result of the hearing, the Protest Committee may instruct the Organizing Authority to withdraw accreditation and access rights from the offending party, with or without the option of substitution, either for a specified period or for the remainder of the competition.
5. The Organizing Authority may change these regulations at any time. Any changes will be posted on the Official Notice Board.
6. Support boats and designated drivers shall be registered at the Regatta Office either before leaving the venue by water for the first time or by 18:00 on the day before the first race of a competitor that it is supporting, whichever is earlier.
7. Each boat shall be insured with valid third-party liability insurance with a minimum coverage of € 1,500,000 euro (or equivalent) per incident.
8. Only the registered person may be a designated driver.
9. The person registering the support boat shall sign to confirm that:
 - 9.1. he / she holds a valid insurance certificate showing proof of third-party liability coverage as required by SBR 1.7;
 - 9.2. the designated driver has a motorboat driving license recognized by a national authority appropriate to that boat;
 - 9.3. anyone who will be using a radio has an appropriate radio operation license recognized by a national authority.
10. Support boats shall be marked as follows:
 - 10.1. the three-letter NOC code shall be clearly displayed on both sides of the boat in strongly contrasting colors at all times while afloat;
 - 10.2. the minimum height for the letters shall be 200mm. The letters will not be provided by the Organizing Authority.

2. SAILING VENUE

1. Support boats shall use the designated slipway/area for launching. Once launched, trailers shall be moved immediately to the trailer park or as otherwise directed by the Organizing Authority.
2. Only support boats that will be registered will be allowed into the sailing venue.
3. When not in use, support boats shall be appropriately berthed at the sailing venue in the allocated areas for support boats for the entire time that these SBR apply.

3. SAFETY

1. Support boats shall carry on board:
 - 1.1. Life jackets / buoyancy aid for all passengers and the driver (it is recommended that they are worn at all times when afloat);
 - 1.2. First-aid kit;
 - 1.3. VHF radio;
 - 1.4. Device for making a sound signal;



- 1.5. Compass;
- 1.6. Adequate anchor and tackle for conditions and depth;
- 1.7. Tow rope (minimum 15m long and 10mm thick);
- 1.8. Operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
- 1.9. Knife.

2. Kill cords shall be used at all times when the engine is running.

3. Team leaders are responsible for overseeing the safety of their support boats on the water, including knowledge of who is afloat and ensuring their safe return to the venue.

4. At all times, the registered driver(s) of a support boat shall comply with directions given by a Race Official. In particular, this includes assisting in rescue operations when requested to do so.

4. GENERAL RESTRICTIONS

1. The registered driver(s) of a support boat will be responsible for the control of the boat at all times and will be held responsible for any inappropriate behavior, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.

2. Support boats shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.

3. Support boats should take particular care to minimize their wash when transiting the course areas.

5. SUPPORT BOAT ZONE

1. Support Boats shall not be positioned:

1.1. Closer than 150 meters of any board racing;

1.2. Within 150 meters of the starting line and marks from the time of the preparatory signal until all boards have left the starting area, or the race committee signals a postponement, general recall or abandonment;

1.3. Between any board racing and the next mark of the course;

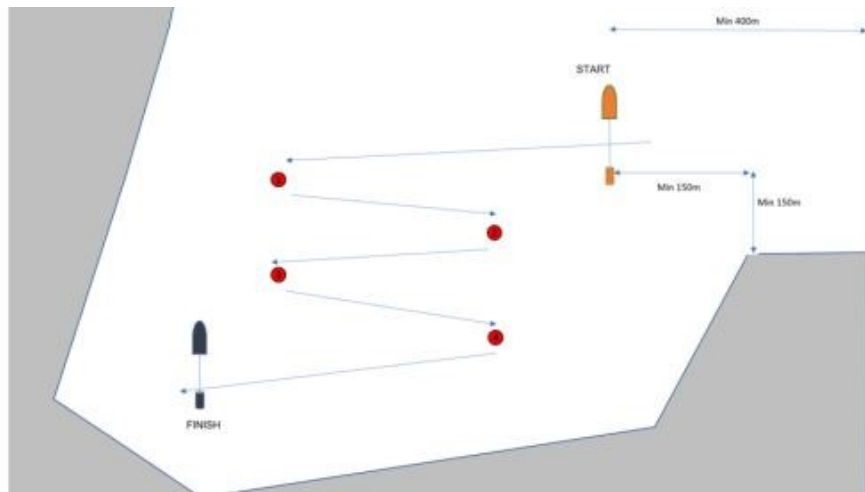
1.4. Between the inner and outer trapezoid courses when boards are racing on both courses;

1.5. Within 150 meters of any mark of the course while boards are in the vicinity of that mark;

1.6. Within 150 meters of the finishing line and marks while boards are finishing.

2. For reaching starts, support boats shall not be positioned to windward of any areas where boards may be racing and within 400m of the approach to the starting line.

Example:





ADDENDUM C - STANDARD PENALTIES

In accordance with the NoR/SI 15, the Race Committee will initially apply the following

Standard Penalties:

Event bib/Leaders' bib not worn as instructed	One point scoring penalty for each race where instruction has been broken
Event advertising not displayed as prescribed	One point scoring penalty for each race where instruction has been broken
Colored ribbon not displayed as instructed	One point scoring penalty for each race where instruction has been broken
No sign out or not collected a tracking module or camera or other electronic equipment if so prescribed	One point scoring penalty for the first race of the day
No sign in or not returned a tracking module or camera or other electronic equipment if so prescribed	One point scoring penalty for the last race of the day. (If no sign out and sign in, only one point scoring penalty will be applied for the last/first race of the day)
Leaving when D flag is not displayed ashore	Five points scoring penalty for the race closest in time.

In accordance with the NoR/SI 15, the protest committee will initially apply the following Standard Penalties:

Standard Penalties:

Helmet - did not wear	Five points scoring penalty for the race where rule has been broken
Whistle - did not carry	Five points scoring penalty for the race where rule has been broken
Impact vest – did not wear	Five points scoring penalty for the race where rule has been broken
Harness – above 4kg	Five points scoring penalty for the race where rule has been broken
Personal Equipment – above 10 kg	Five points scoring penalty for the race where rule has been broken
Personal Flotation Device (if required) according to CR/RRS	Five points scoring penalty for the race where rule has been broken
Sail Numbers/ National letter not applied according to CR	Two points scoring penalty for the race where rule has been broken
National Flag not applied according to the CR	Two points scoring penalty for the race where rule has been broken
QR Sticker missing	One points scoring penalty for the race where rule has been broken