



2024 Lauderdale Olympic Classes Regatta Naca 15 Midwinters East

SAILING INSTRUCTIONS

This is an online document.

1 RULES

- 1.1 This regatta is organized under the authority of the Lauderdale Yacht Club and will be governed by the Racing Rules of Sailing (RRS) and the prescriptions of US Sailing.
- 1.2 If there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will take precedence. This changes RRS 63.7.
- 1.3 Any competitor causing serious damage to an anchored race committee vessel may not be exonerated by RRS 41 (Taking a Penalty). The protest committee may impose a penalty of up to DNE for a violation of RRS 31 (Touching a Mark) that causes such damage. This changes RRS 44.1 and 64.2.
- 1.4 Appendix P, Special Procedures for Rule 42, will apply for the ILCA classes. RRS P2.1 is changed to delete "First". RRS P2.2 and 2.3 are deleted. When a penalty is signaled after a boat has finished, the penalty is changed to a 10% penalty. This changes RRS P2.1.
- 1.5 The ILCA 6 fleet will not be divided into different fleets. All ILCA 6 competitors will start together.
- 1.6 For the Nacra 15 class, this event is US Sailing's athlete selection procedure for the 2024 World Youth Championships in Lake Garda, Italy. Competitors who wish to represent the US in this event must meet the requirements described in the selection documents here: <https://www.ussailing.org/olympics/selection/>.

2 REGISTRATION & ENTRIES

- 2.1 The regatta is open to boats from the ILCA7, ILCA6, ILCA4, and Nacra 15 classes
- 2.2 All support, spectator, and coach boats must check in during registration to receive an event identification flag. This flag must be conspicuously displayed at all times while the boat is afloat during the regatta, on or off the course, day or night.

3 VENUE

- 3.1 Competitors may be assigned specific rigging areas at check in. In this event, boats shall remain in their staging areas until released to launch, and must use the launching areas assigned.
- 3.2 The racing area shall be in the Atlantic Ocean approximately one mile north or south of the Port Everglades Channel Entrance. Designation of each day's racing area will be posted prior to the race committee signal boat's departure from LYC and will be discussed at the morning briefing.
- 3.3 There will be two race courses, one for the ILCA fleets, and one for the Nacra 15 fleet.

4 EQUIPMENT AND INSPECTION

- 4.1 In addition to all class requirements, all entrants shall carry a tow line of at least 25 feet in length and at least 1/4 inch

in diameter. The tow line shall be securely tied to the mast with a bowline at all times while afloat, including when racing.

- 4.2 Each competitor in the ILCA 6 class may be required to display two digit sail scoring numbers provided at registration. Instructions for application and location on the sail will be provided at registration if required and must be followed.

5 COMMUNICATION WITH COMPETITORS

- 5.1 When official notices ashore are made to competitors they will be signified by display of Code Flag L.
- 5.2 The [Official Notice Board](#) is online only and will display notices to competitors, including SI or schedule changes, Race Committee Actions (OCS, BFD, etc.), Protest time limits, Protest schedule, etc.
- 5.3 The Race Headquarters will be located at the Lauderdale Yacht Club in the Atlantic Room, accessible through the Atlantic Terrace.
- 5.4 The designated VHF channel for the ILCA race committee is 69 and the designated CHF channel for the Nacra 15 course is 71. An alternative VHF channel may be announced in the event of conflicting radio traffic

6 CHANGES IN SAILING INSTRUCTIONS

- 6.1 Any change in the Sailing Instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

7 SIGNALS MADE ASHORE AND AFLOAT

- 7.1 Signals made ashore will be displayed at the easternmost flagpole of the Lauderdale Yacht Club.
- 7.2 Code flag AP, Answering Pennant, when displayed ashore, with two accompanying sound signals means the racing is postponed. When AP is lowered with one accompanying sound signal, the time of the warning signal for the next race is posted on the Official Notice Board. This changes Race Signals.
- 7.3 While afloat, signals applying to each class shall be accompanied by a flag with an ILCA7, ILCA6, ILCA4, or Nacra 15 logo unless the signal applies to all classes, in which case no class flag will be used.
- 7.4 The race committee will display course selection, range and bearings for each class on a white board displayed on the main signal vessel prior to the warning for each respective class,

8 SCHEDULE

The following is the anticipated schedule of the event:

Event	Day	Time	Location
Venue Opens	Monday Jan 8 th	0900 hrs	Lauderdale YC
Registration / Check In	Friday Jan 12 th	1300 – 1900	Atlantic Room of Lauderdale YC
Skipper's Meeting	Saturday Jan 13 th	0915	Pavilion adjacent to pool Lauderdale YC
Coaches Meeting	Saturday Jan 13 th	0930	LYC Pavilion
Warning Signal first race each day	Sat, Sun, Mon Jan 13-15	1100	Racing area as announced or posted
Coaches Meeting	Sun, Mon, Jan 14,15	0900	LYC Pavilion
Post-Race Cookout	Sunday, Jan 14	After Racing	LYC Pavilion
No warning signal after:	Mon, Jan 15	1500	Racing area as announced or posted
Awards	Mon, Jan 15	to be determined	LYC Pavilion
Boats, trailers must be removed	Tues, Jan 16	1500	

9 SAFETY

- 9.1 Except while briefly changing or adjusting clothing or personal equipment, each competitor shall wear a personal flotation device at all times while afloat (RRS 40). Code Flag "Y" will not be displayed.
- 9.2 Boats choosing to remain ashore and not leave the harbor for the day's racing shall inform the Race Headquarters prior to the harbor start.
- 9.3 A skipper requesting assistance will attempt to signal by waving one arm over the skipper's head.
- 9.4 A boat that decides not to compete in the race or retires after starting a race shall notify the Race Committee or

report to a safety boat as soon as practical. No boat shall leave the vicinity of the racing area without obtaining specific permission from a safety boat.

9.6 A [Safety Protocols Addendum](#) contains additional safety-related requirements.

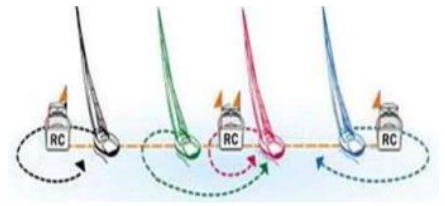
10 START

10.1 The Start will be in accordance with RRS 26. The Warning Signal for each class will be a flag with its class logo.

10.3 When there is not a Mid-line Race Committee Boat, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and either a starting mark at the port end, or an orange flag on a Race Committee Pin Boat at the port end.

10.4 When there is a Mid-line Race Committee Boat, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a staff displaying an orange flag on the Mid-line Boat, and also between the staff displaying an orange flag on the Mid-line Boat and a staff displaying an orange flag on a Race Committee Boat at the port end of the line or a starting mark at the port end of the line.

10.5 RRS 30.1 is changed. Boats subject to this rule shall sail to the pre-start side of the starting line around either end, or around the mid-line boat, leaving it to port as if it were the port end of the starting line, before starting. (see diagram right)



10.6 After a preparatory signal has been made, boats of a class not racing at that time shall remain more than 50 yards away from the starting line or any start mark, including the signal boat, and of all boats racing. The starts will not be “rolling” which is intended to allow classes not racing to remain outside the starting area until their warning or attention sounds are signalled.

10.7 A boat starting later than four minutes after her starting signal will be scored DNC. This changes RRS A4 and A5.1.

10.8 There may be multiple attention sounds before the warning signal.

11 COURSES, MARKS, FINISH

11.1 Courses are shown on the attached Course Diagrams addendums. Courses for the ILCA circle are LG, LR, L, and W. Course LA will be used for the Nacra 15 fleet.

11.2 The course to be raced for each class will be displayed on a course board on the signal boat and announced on the designated VHF channel prior to the warning signal of each race. (VHF broadcasts are intended for support and coach boats).

11.3 All rounding marks (except a leeward gate) shall be rounded to port. If only one of the gate marks is present, then that mark shall be rounded to port (except for course LG in which case the single remaining mark will be rounded to starboard. Note that the ILCA 4 course descriptions indicate the use of a shorter weather mark, noted as “P” on the diagrams.

11.4 The finishing line for each course will be between a staff displaying an orange flag on a Race Committee Finish Boat and the course side of a mark in accordance with the course diagram.

11.5 The starting mark will be either a green MarksetBot or an inflatable yellow mark, unless the port end is a boat. All rounding marks will be orange. The finish mark for courses LG and LR may be an orange ball or an inflated mark. The finish mark for course L will be the starting pin.

11.6 Routine movement of the autonomous marks on the course will not be grounds for redress. This includes marks returning to station after having been pushed away by a competitor, and collisions with marks that do not cause damage. Rule 31 still applies.

11.7 A mark, including a gate or finish mark, may be moved up to 10 degrees or up to .10 nm in distance in response to a change in wind direction or strength without signal, provided no boat has begun the leg. This changes RRS 33.

12 TIME LIMIT

12.1 Any race in which no boat rounds the first windward mark within 25 minutes, or finishes within 75 minutes of the start, will be abandoned. Boats failing to finish within 20 minutes after the first boat in her class finishes will be scored DNF. This modifies Rule 35.

13 PROTESTS, PENALTIES AND REDRESS

- 13.1 For the Nacra 15 class, RRS 44.1 and Appendix V1 are changed so that the Two Turns Penalty is replaced by a One Turn Penalty.
- 13.2 The protest time limit will be posted on the [Official Notice Board](#) on the event website. Protests shall be submitted within 45 minutes of the respective circle's finish boat docking time. Requests for redress and scoring inquiries shall be submitted within 30 minutes of the docking time of the respective circle's signal boat.
- 13.3 Protests, Requests for Redress and Scoring Inquiries shall be submitted to the regatta office in the Atlantic Room. Forms will be available online on the regatta website and by hard copy in the regatta office. Protests and requests for redress will be heard in the approximate order of posting. The schedule of the hearings will be posted on the Protest Hearing Schedule on the [Official Notice Board](#) within 10 minutes after the end of the protest time limit. Parties to a hearing, with their witnesses, should report to the Protest Desk by the hearing time listed and remain in that vicinity. The Protest Desk is located at the Atlantic Room in the northeast corner, ground floor, of the Lauderdale Yacht Club.
- 13.4 Notices of protests by the race committee, technical committee or protest committee will be posted on the [Official Notice Board](#) to inform boats under rule 61.1(a).
- 13.5 Appendix T1 (Post-Race Penalties) applies. A form requesting to take the penalty may be completed on-line by submitting an "Other Inquiry" from the sailor account requesting to take the post-race penalty with a brief description of where and when the incident occurred and the boat number of the other boat involved, or the protest number.
- 13.6 Alleged breaches of Notice of Race 2, 6, 10; Sailing Instructions 1.3, 3, 4, 9, 10.6 and 16; or the Safety and Protests Addenda will not be grounds for protest by a boat. This changes rule 60.1(a).
- 13.7 After a hearing, a protest committee may impose penalties less than disqualification for any violation of a rule other than those of Part 2 and 3 of the RRS. This does not change RRS 64.1.
- 13.8 The race committee will post a list of boats with starting penalties on the [Official Notice Board](#) under RC Race Documents. This changes rule 62.2. The race committee will also attempt to post a list of starting penalties on the respective signal boat before the finish of each race.
- 13.9 Scoring inquiries may be submitted as a request for redress by a competitor with a time limit of 30 minutes after posting of the results of the scoring inquiry. This changes rule 62.2.
- 13.10 Special procedures for Protected Competitions described in NOR 11 will apply.

14 SCORING

- 14.1 The Low Point scoring system, RRS Appendix A, will apply, modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if five or more races have been completed.
- 14.2 Three races shall be completed to constitute a regatta. 8 or more races are planned for the ILCA classes. For the Nacra 15 class, more than 8 races may be sailed, depending on weather conditions.

15 PRIZES

- 15.1 Race trophies will be awarded for 1st, 2nd, and 3rd place in each class (or greater at the discretion of the Organizing Authority).
- 15.2 In addition, the overall winner of the ILCA 6 and ILCA 7 classes will be awarded the Tim ("Tiny") Miller Memorial Perpetual Award, given in recognition of Tim's dedication to excellence in Race Management at the Lauderdale Yacht Club.

16 SUPPORT AND SPECTATOR BOATS

- 16.1 Except when providing safety assistance to a competitor, support boats shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The racing area is defined as 75 yards away from the outside of the exterior lay lines of the race course, including the windward mark and finish lines.

- 16.2 All support and spectator boats shall monitor the designated VHF channel for requests from the Race Committee to assist with fleet safety. Support boats may enter the race area at the request of the Race Committee, or when they deem it necessary to provide outside safety assistance to a boat in obvious distress.
- 16.3 Anchoring on Coral Reefs, Hardbottom or Seagrass is prohibited under Florida law.
- 16.4 Special provisions are in effect for the protection of, including but not limited to: Manatee, Sea Turtle & Sawfish, as well as critical habitat, including but not limited to Johnson Sea Grass, Staghorn and Elkhorn corals. See the [Safety Protocols Addendum](#) for further reference.
- 16.5 Competitors may not drop off or retrieve gear from Race Committee boats. Competitors may drop off trash on Race Committee boats.
- 16.6 Support and coach boats are subject to additional rules in the [Safety Protocols Addendum](#). Support and Coach boats' overnight dockage will be subject to an assignment from the Lauderdale Yacht Club Marina Director. Boats left in slips or areas without authorization from the Marina Director or Regatta Chair may be removed from the venue and stored offsite at the owner's expense.

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