

**Small Yacht Sailing Club of Oregon (SYSCO)
Crew Overboard Race (COB)
March 24, 2024
Columbia River near Portland, Oregon USA**

Notice of Race (NoR)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

1.1 This event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 SAILING INSTRUCTIONS

2.1 The Sailing Instructions are available as OCSA General Sailing Instructions at:
www.Sailpdx.org

3 COMMUNICATION

3.1 The online official notice board is located at: <https://sailpdx.org/notice-board/#>

3.2 [DP][NP] All boats shall carry a VHF radio capable of communicating on channels 16, 68, and 72.

4 ELIGIBILITY AND ENTRY

4.1 The race is open to all boats sailing PHRF to compete in this special regatta between the I-5 and I-205 Bridges.

4.4 Classes are defined as follows: One PHRF class.

4.6 Eligible boats may enter by completing the online entry form at www.sailpdx.org "Event Notice Board & Registration" menu, and submitting it, together with the required fee.

4.7 To be considered an entry in the event, a boat shall complete all registration requirements.

5 FEES

5.1 Entry fees are as follows:

SYSCO 2024 full membership:	no fee
Non-member of SYSCO:	no fee

5.2 Other fees: No other fees.

6 SCHEDULE

6.1 Registration: Deadline, Friday, March 22, 2024 2000 PDT

6.3 Dates of racing: Sunday, March 24 2024 [One (1) day]

6.4 Number of races:

Scheduled: One (1)

6.5 The scheduled time of the warning signal for race day is 1255 PDT.

7 **VENUE**

7.1 The Racing Area for the Crew Overboard Challenge is specified in the Sailing Instruction.

8 **COURSES and MARKS**

8.1 The start line will be between Buoy 14 and the committee boat, which will be anchored south of Buoy 14 near the RCYC docks. The course and finish line will be determined by the Race Committee on the day of the race and announced on VHF 72 before the start sequence. The course commonly includes navigational buoys 2, 14, and 18. Race Committee will monitor VHF 72.

9 **PENALTY SYSTEM**

9.1 The penalty system is described in the Sailing Instructions.

10 **SCORING**

10.1 The Scoring for this series are specified in Sailing Instructions provision 15.

11.1 **RISK STATEMENT**

11.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

12 **INSURANCE**

12.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500,000 per incident or the equivalent.

13 **PRIZES**

13.1 The prize will be the accreditation of participation in 2024 for a Crew Overboard Drill documented by the race results posted on <https://sailpdx.org>

14 **FURTHER INFORMATION**

14.1 For further information please contact race.captain@syscosailing.org and see the official notice board for this series at www.sailpdx.org.

15 **SPECIAL INSTRUCTIONS**

After starting, each boat shall, at a time and location of its choosing, but before reaching the three-boat length zone around the first mark, conduct a simulated crew overboard drill, by throwing an untethered Category IV flotation device (e.g., a throwable seat cushion, a detached ring buoy, or horseshoe buoy) a minimum 10 feet off the stern in a direction perpendicular to the transom, and then successfully recovering the device before proceeding. Between the first rounding mark and the second rounding mark or, if there is no second rounding mark, the finish line, each boat must repeat the simulated crew overboard drill, for a total of two crew overboard drills during the race. Exclusion: no boat shall initiate a simulated crew overboard drill within three boat lengths of the start line, finish line, another boat, or any mark of the course.

END NOTICE OF RACE