# 2024 LCYC STANDARD LONG DISTANCE SAILING INSTRUCTIONS 

## 1 RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2021-2024

## 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on Regatta Network website.

## 3 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the "Super Dock". If a postponement is signaled ashore, the warning signal will be made not less than thirty (30) minutes after flag AP is lowered.

## 4 COURSE

The race course will be distributed at the Skipper's Meeting

## 5 STARTING LINE

The starting line will be between the flag at the end of the main walkway and the no wake buoy nearest to the end of the main walkway. A Pursuit Start format will be used with starting times handed out on the Super Dock one hour prior to start of race. The first starting Flag will be raised at 12:00. The boat with the highest PHRF will start first at 12:00, followed by the next lowest PHRF, etc.

## 6 FINISH LINE

The finish line will be between the flag at the end of the main walkway and the Pin (Yellow or Orange or Red Ball mark).

## 7 RACE COMMITTEE

There will NOT be a race committee on the water. The start and finish are on the honor system. Report your finish time to Fred Lindsey.

## 8 TIME LIMITS

Any boat not finished by 16:00 will be scored DNF.

## 9 PHRF EQUIPMENT

Any boat racing under the PHRF Handicap system must comply with PHRF requirements. If a boat desires to compete in the PHRF classes, she must either have the necessary equipment, or make declaration of deviations from the required equipment. Equipment deviations from PHRF requirements may result in changes to the PHRF Handicap rating assigned to that boat. Failure to declare a deviation from PHRF requirements shall, when discovered, result in being scored DISQUALIFIED NOT DISCARDABLE (DND) for the race, with the race counting toward the standings of the race, regatta, or series in accordance with RRS 2, Fair Sailing.

Course 1 (4.27nm): Start - 1 - 5 - 3 - Finish
Starting line is between Home Pin (No Wake Cylinder) - Flag at the end of the main walkway, leave 1 to starboard. Leave 5 and 3 to port, finish line is between Home Pin Flag at the end of the main walkway.

Course 2 ( 6.37 nm ): Start - 1 - 7 - 3 - Finish
Starting line is between Home Pin (No Wake Cylinder) - Flag at the end of the main walkway, leave 1 to starboard. Leave 7 and 3 to port, finish line is between Home Pin Flag at the end of the main walkway.

Course 3 (13.5 miles): Start - 1-7-1-5-1-Finish
Starting line is between Home Pin (No Wake Cylinder)- Flag at the end of the main walkway, leave 1 to starboard. Returning Leave 7,5 and 1 to port, finish line is between Home Pin - Flag at the end of the main walkway.

Course 4 (14.9 miles): Start - 1-7-1-6-1-Finish
Starting line is between Home Pin (No Wake Cylinder) - Flag at the end of the main walkway, leave 1 to starboard. Returning Leave 7, 6 and 1 to port, finish line is between Home Pin - Flag at the end of the main walkway.

The following image shows the WORD White Cylinders to be used in sailing course.

## LCYC

Course to be sailed: (see image)


