

**July 12 to 14, 2024**

**INCLUDES SAIL CANADA TRAINING CLINIC ON JULY 11, 2024**

**Ashbridge's Bay Yacht Club**  
**Toronto, Canada**

## **NOTICE OF RACE**

*The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule.  
This changes RRS 60.1(a).*

### **1. RULES**

- 1.1. The event is governed by the rules as defined in the 2021 – 2024 Racing Rules of Sailing.
- 1.2. Sail Canada prescriptions available at <https://www.sailing.ca/rules-prescriptions/> will apply.
- 1.3. The following appendices will apply:
  - RRS Appendix P, Special Procedures for RRS 42 will apply. Appendix P2.3 is deleted, and P2.2 is changed to: "When a boat is penalized a second and subsequent times during the regatta, she shall promptly retire. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded."
  - Appendix T will apply.
- 1.4. RRS 40.1 will apply.
- 1.5. Rule 41 is changed for the Green Fleet by adding "(e) in-race coaching for stragglers by a race committee designated coach or coaches."
- 1.6. Rules 44.1 and P2.1 are changed for the 29er class so that the two-turns penalty is replaced by the one-turn penalty.

### **2. SAILING INSTRUCTIONS**

- 2.1. The sailing instructions will be available on the online notice board at [bit.ly/sailc24](https://bit.ly/sailc24) no later than 13:00 ET on July 10, 2024.

### **3. COMMUNICATION**

- 3.1. The online notice board can be found at [bit.ly/sailc24](https://bit.ly/sailc24) – there will be no notice board onsite.
- 3.2. All coaches are required to have functional VHF radios, and monitor them, to enable communications with the Race Committee in the event of an urgent situation or a competitor requiring assistance; courtesy announcements may also be made. Course channels will be stated in the Sailing Instructions.

#### 4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to the following classes that have met all class measurement requirements and subject to age restrictions in NoR4.2: Optimist, Club 420, ILCA, and 29er.
- 4.2. The regatta is open to the following competitors in the foregoing classes:
  - Competitors of any age in the ILCA 7, ILCA 6, ILCA 4, Club 420, 29er classes
  - Optimist competitors must be 15 years of age or under as of December 31, 2024
- 4.3. Boats may enter the event by registering online at <https://www.regattanetwork.com/event/28011> and submitting the required fee. Note that the person completing the registration **must** be 18 years or older (at time of registration) to acknowledge the appropriate consents and waivers. If unable to access online registration, please email [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca).
- 4.4. Sailors must specify at time of registration in which class they will compete:
  - Optimist
    - Racers must indicate whether they will compete either in the Championship Fleet (Red, Blue or White) or the Green Fleet.
    - Red fleet competitors must have reached the age of 13 by the first day of scheduled racing at the event and are not older than 15 years of age as of December 31st of the year of the event
    - Blue fleet competitors must have reached the age of 11 by the first day of scheduled racing at the event and are younger than 13 years of age as of the first day of the event
    - White fleet competitors must be younger than the age of 11 by the first day of scheduled racing at the event
    - Green Fleet competitors must not have competed in Red, Blue or White Optimist fleets at other regattas, unless no Green Fleet competition was offered
  - Club 420
    - Racers must indicate whether they will compete either in the Club 420 Fleet or the Club 420 Green Fleet.
    - To be eligible for Green Fleet: at least one of the boat's competitors must not have competed in the Club 420 class more than once.
  - ILCA
    - Racers must indicate whether they will compete either in the ILCA 4, ILCA 6, or ILCA 7 fleets.
  - 29er
- 4.5. As a condition of registration, the following shall be agreed to:
  - The Seahorse [Regatta Waiver](#)
  - The [Sail Canada Code of Conduct](#) and all policies that are part of the [Sail Canada Safe Sport Policy Package](#)
  - The [Office of the Sport Integrity Commissioner \(OSIC\) Consent Form](#). All participants shall be designated as [Universal Code of Conduct to Prevent and Address Maltreatment in Sport \(UCCMS\) Participants](#) and shall be subject to the conditions in the UCCMS Consent
  - The Ontario Sailing Concussion Code of Conduct (for [athletes](#) and [coaches](#)). The Code of Conduct asks competitors and coaches to confirm that they and their guardian (if applicable) have read the Ministry Approved Concussion Awareness Resource – found at <https://ontariosailing.ca/concussion-information/>
- 4.6. To be considered an entry in the event, a boat shall complete all registration requirements (including any e-signatures) and pay all fees.
- 4.7. The Organizing Authority may, at its discretion, refuse an entry where it considers the entrant's participation to be a safety risk. In this situation, fees will be fully refunded.
- 4.8. If five paid entries are not received by Saturday, July 6, 2024, in any of the regatta classes, the class may be cancelled at the discretion of the Organizing Authority. Affected entries will be refunded in full or may transfer to another class for which they are eligible.

## 5. FEES

- 5.1. **Competitor fees** include a one-day Sail Canada Training Clinic on July 11 (2024), light snacks (all days), a BBQ dinner (on July 13, 2024), and the \$25 Sail Canada regatta fee. **Coach fees** include boat launch and docking (rafting/overnight mooring may be required), food as per competitors, and the \$25 Sail Canada regatta fee. The first 300 registered competitors/coaches will receive a regatta souvenir. The entry fees are as follows – each are subject to HST:

Fleet	Early Entry Fee prior to June 2, 2024	Standard Fee June 2 – June 28, 2024	Late Entry Fee June 29 – July 10
29er or Club 420 (per boat)	\$355	\$410	\$535
ILCA 4/6/7 or Optimist	\$215	\$250	\$325
Coach	\$100	\$110	\$125

- 5.2. **Refunds:** Prior to June 2, 2024, fees paid for an entry withdrawn will be refunded, less \$50 for ILCA/Opti/Coach or less \$100 for 29er/Club 420 (per boat). Prior to June 29, 2024, fees paid for an entry withdrawn will be refunded 50%. No refunds will be provided as of June 29, 2024.

## 6. ADVERTISING

- 6.1. Boats may be required to display advertising chosen and supplied by the Organizing Authority.
- 6.2. By participating in the event, competitors automatically consent to any photograph or video taken of themselves and/or the boat they are sailing during the event for unlimited use in ABYC or Sail Canada marketing, promotional, public relations and/or editorial use, and waive the right to seek compensation for any use whatsoever and in perpetuity.

## 7. SCHEDULE

- 7.1. Online registration and payment is open at <https://www.regattanetwork.com/event/28011>. **Deadline to register** is Wednesday, July 10, 19:00 ET. Entrants may apply past the deadline to the Regatta Chair at [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca). **IMPORTANT:** The person completing the registration must be 18 years or older (at time of registration) to acknowledge the appropriate consents and waivers.

- 7.2. Detailed Schedule:

Date	Time	Description
<b>Jul 8 – 10</b>		ABYC site available for practice*
<b>Jul 10</b>	16:30 – 19:00	Boat Drop-Off **
<b>Jul 11</b>	7:30 – 9:30	Boat Drop-Off **/Registration
	9:30 – 16:00	Sail Central Training Clinic
<b>Jul 12</b>	7:30 – 9:00	Boat Drop-Off **/Registration
	9:00	Competitor's Meeting
	After Competitor's Meeting	Coaches' Meeting Check-Out/Snack Pick-Up
	11:00	First Warning Signal
	After Racing	Competitor Check-In
<b>Jul 13</b>	9:30	Coaches' Meeting Check-Out/Snack Pick-Up
	11:00	First Warning Signal
	After Racing	Competitor Check-In BBQ Dinner
<b>Jul 14</b>	9:00	Coaches' Meeting Check-Out/Snack Pick-Up
	10:30	First Warning Signal
	15:00	Latest time for Warning Signal
	After Racing	Competitor Check-In

\* Limited practice spots at ABYC are available on a first-come, first served basis. Please contact [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca) no later than July 5 for terms and conditions and to reserve.

\*\* Boats may be dropped off earlier by requesting permission to the Organizing Authority at [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca) no later than July 5.

7.3. Number of races:

Fleet	Scheduled for Event	Scheduled Per Day
29er	12	4
Club 420	9	3
Club 420 Green	n/a	n/a
ILCA 4, 6, 7	9	3
Optimist Championship	9	3
Optimist Green	n/a	n/a

7.4. The race committee may run one extra race on a day provided that they do not get more than one race ahead of the daily schedule and do not exceed the number of races scheduled for the event. On the last scheduled day of racing, no warning signal will be made after 15:00.

**8. EQUIPMENT & CREW**

- 8.1. **Sail Numbers:** Every boat registered in a class shall have a unique sail number. In addition, every boat registered in any one of the three ILCA fleets shall have a unique sail number. Where 2 or more boats have the same sail number, the boat that registered first may maintain that sail number. Other boats with that sail number shall change their sail number. In case of a tie, the boat with the lower hull number shall maintain the sail number. Sail numbers must be confirmed no later than July 10, 2024, 19:00 ET otherwise a scoring penalty may be assessed.
- 8.2. Boats may be inspected (including measurement checks) at any time at the discretion of the Race Committee.
- 8.3. Entrants in double-handed classes may change one of their crew members. The Organizing Authority must be notified, and substitute crew members are required to satisfy registration and eligibility requirements prior to launch.

**9. VENUE**

The regatta is hosted by Ashbridge’s Bay Yacht Club and racing will take place in Lake Ontario. Paid parking is available outside the club.

**10. COURSE**

Optimist Championship will run on an IODA trapezoid course, all other courses will be windward-leeward. The Green fleet may sail other course configurations.

**11. SCORING AND RESULTS**

- 11.1. One completed race constitutes the regatta.
- 11.2. The scoring will be broken down as follows for all fleets with the exception of Green (see 11.3):
  - when fewer than five (5) races have been completed, a boat’s series score will be the total of her race scores, and
  - When between five (5) and nine (9) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
  - When ten (10) or more races have been completed, a boat's series score will be the total of her race score excluding her two worst scores.
- 11.3. Green Fleet: this is a recreational class for developing sailors and casual competition. Raw finishes for each race will be posted on the official notice board, however, the series will not be scored.
- 11.4. Results will be available online only at [bit.ly/sailc24](https://bit.ly/sailc24)– they will not be posted onsite.

## 12. COACHES AND COACH/SUPPORT BOATS

All U19 athletes must provide their own coaching support and coaches must register online at <https://www.regattanetwork.com/event/28138> by the deadline. Those U19 athletes who do not have a registered coach by the deadline to register, may be refused participation and their fees will be refunded less fees (per 5.2). Coaches must identify if they are coaching clubs other than their own (during their online registration).

Coaches will be given an identifying flag which they must always display on their coach boats.

Coaches must wear a personal flotation device and kill cord (or equivalent) at all times on the water.

## 13. BERTHING, CAMPING AND VISITING KEELBOATS

Coach boats and dinghies must be kept in their assigned areas and all competitors and coaches must respect member's boats including wake reduction.

Camping will be offered at Ashbridge's Bay Yacht Club at no charge on a first-come, first-served basis from July 11 to July 14 inclusive. To enquire or arrange a camping spot (limited availability), please email [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca).

All visiting keelboats MUST have a reservation. If you are planning on using a visitor's dock at ABYC during the regatta, please visit <https://abyc.ca/abyc-visitor-reservations/> to see if your club is listed and then book your spot as soon as possible since space is limited.

## 14. RISK STATEMENT AND DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race which states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. The Organizing Authority and all other individuals and entities involved in the organization of this regatta accept no liability whatsoever for any illness/injury/death, damage, or loss, whether personal or material, sustained in conjunction with or prior to, during, or after the event.

## 15. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of C\$1,000,000 per incident or the equivalent. The Organizing Authority does not accept any responsibility for verifying that a competitor is insured.

## 16. PRIZES

Any age restrictions are based on age on the first racing day of the event.

16.1. Up to three awards per scored class and division as well as top females.

16.2. Green Fleets – Optimist and Club 420

– Participation awards for all eligible competitors. Additional prizes may be awarded.

16.3. [Ontario Sailing Grand Prix Development Series](#)

– Points awarded to eligible U19 competitors in the 29er, Club 420, ILCA 4, ILCA 6 and Optimist classes. Ontario Sailing Grand Prix Development Series winners will be presented at the Ontario Sailing Annual General Meeting.

16.4. Sail Canada medallions and Helly Hansen items will be presented to all Sail Central winners.

16.5. Additional prizes may be awarded.

## 17. CLEAN REGATTA

We wish to reduce the proliferation of single-use plastic water bottles. Competitors are asked to bring at least one refillable water bottle – water filling stations will be available onsite.

## 18. FURTHER INFORMATION

To request additional information, please email [SeahorseRegatta@abyc.ca](mailto:SeahorseRegatta@abyc.ca).