



# Lloyd Harbor Yacht Club

*52nd Annual*  
*Edward S. Dole Memorial*  
**Stratford Shoal Race**

Saturday July 6, 2024

## SAILING INSTRUCTIONS



All proceeds from this event will directly benefit Make-A-Wish America

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in:
  - 1.1.1. The current Racing Rules of Sailing (RRS) including Appendix V,
  - 1.1.2. The current PHRF regulations as administered by Yacht Racing Association of Long Island Sound (YRALIS) including non-spinnaker regulations for PHRF classes,
  - 1.1.3. US SAFETY EQUIPMENT REQUIREMENTS (SER), Nearshore Category,
  - 1.1.4. Current class rules for One-Design fleets.
- 1.2. All boats shall display running lights beginning one half hour before sunset.
- 1.3. The rules will be changed as noted in these instructions. Changes include, but are not limited to:
  - 1.3.1. Waiver of J/80 class rule C.4 and J/105 class rule 7.1 regarding weight limits in a One-Design division,
  - 1.3.2. Modification of RRS 35 and 63.1 to include a finishing time limit window,
  - 1.1.1. Extension of the deadline for scoring appeals to 48 hours. This changes RRS 90.3(e).

### 2. ELIGIBILITY AND ENTRY

- 2.1. The regatta is open to monohull boats, no less than 24 feet LOA and PHRF ratings of less than 190.
- 2.2. Entry is done using the Lloyd Harbor Yacht Club's online registration at [www.lhyc.org](http://www.lhyc.org), following the link to the Race Information page.
- 2.3. The final deadline for entries is 1800 hours, July 4.
- 2.4. Racing will be offered for the following PHRF classes of boats: Jib-and-Main, Spinnaker, One-Design, and Double-Handed.
- 2.5. Entrants must possess either a valid YRALIS PHRF certificate, a valid One-Design certificate, or receive a waiver and LHYC handicap rating from the LHYC Measurer. Entrants shall use their **distance** handicap rating.

### 3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the LHYC website at [www.lhyc.org](http://www.lhyc.org) no later than 1200 hours, on the day the change takes effect and will be broadcast on VHF channel 72 prior to the first warning signal.

### 4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the sailing instructions will be posted on the LHYC website at [www.lhyc.org](http://www.lhyc.org) prior to 1800 hours on the day before it will take effect.

### 5. SIGNALS MADE ASHORE

- 5.1. Any planned postponement or abandonment decisions will be announced prior to 2000 hours on the day before the race. Announcements will be posted to the LHYC website at [www.lhyc.org](http://www.lhyc.org) and distributed to the skippers via the email address used to register the boat.
- 5.2. In the event of severe weather which might compromise the welfare of the race committee (RC), warnings of postponement or abandonment from ashore will be distributed to the skippers via the email address used to register the boat prior to 1000 hours on the day of the race. The final decision will be distributed prior to 1200 hours and may be announced on VHF channel 72 from both Huntington and Northport Harbors.

### 6. SCHEDULE OF RACE

- 6.1. Racing is scheduled for Saturday, July 6, 2024.
- 6.2. The scheduled time for the first warning signal is 1400 hours.

### 7. CLASS FLAGS

- 7.1. The number of classes and the class assignment for each boat will be made at the discretion of the RC and indicated on the Scratch Sheet.
- 7.2. Scratch Sheets will be available on the LHYC website at [www.lhyc.org](http://www.lhyc.org) no later than 1800 hours on the day before the event.
- 7.3. Classes will be designated by numbers. Class flags will be numeral pennants.
- 7.4. Boats shall display the numeral pennant for its class on its backstay or, in the absence of a backstay, from a point near its stern.
- 7.5. Boats wishing to change class, e.g., spinnaker to non-spinnaker, shall notify the race committee prior to the first warning signal of the day. The RC will announce any such changes on VHF channel 72.
- 7.6. All boats shall identify themselves to the RC by sailing past the stern of the signal boat on starboard tack with mainsail hoisted prior to the first warning signal.

### 8. RACING AREAS

- 8.1. Rendezvous will be made in the vicinity of Nun "6" off Lloyd Neck. The RC will announce the approximate position of the starting area on VHF channel 72 approximately one-half hour prior to the first scheduled warning signal.

### 9. COURSE & MARKS

- 9.1. Three courses are defined. The intent is to use Course A unless the RC decides that the majority of boats will not be able to finish within the prescribed time limit. The course letter will be displayed on the Signal boat. All classes will sail the same course.
- 9.2. Course (A): Start between the orange flag on the Signal boat and Nun "6". Proceed towards Can "13" off Eaton's Neck Point leaving it to starboard, proceed to the Stratford Shoal Lighthouse, leaving it to starboard, continue back to Eaton's Neck Can "13", leaving it to port, proceed to the finish at Nun "6". Course distance for handicapping purposes is 34.0 miles.

- 9.3.** Course (B): Start between the orange flag on the Signal boat and Nun "6". Proceed towards Great Reef Lighted Buoy "28", leaving it to port, proceed to the finish, at Nun "6". Course distance for handicapping purposes is 11.8 miles.
- 9.4.** Course (C): Start between the orange flag on the Signal boat and Nun "6". Proceed towards Great Reef Lighted Buoy "28", leaving it to port, proceed to Mid-Sound Bouy "32A", leaving it to starboard, proceed to Lloyd Point Shoal Lighted Gong Buoy "15", leaving it to port, proceed to the finish, at Nun "6". Course distance for handicapping purposes is 18.0 miles.

## **10. AREAS THAT ARE OBSTRUCTIONS**

- 10.1.** Government marks Bell "8", Nuns "2", "4" and "6" used as aids to navigation along the north shore of Lloyd Neck must be observed when not designated as marks that begin, bound or end the leg of the course the competitor is on. These marks are to be considered as obstructions. This changes RRS 28.1. All other government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

## **11. THE START**

- 11.1.** Races will be started according to RRS 26 using a rolling sequence where the Start of one division is the Warning Signal for the following division unless otherwise announced by the RC.
- 11.2.** The starting line will be between the orange flag on the signal boat and the course side of Nun "6".
- 11.3.** The RC will attempt to identify OCS boats and broadcast their sail numbers via VHF channel 72. Failure of a boat to see or hear her recall notification and the timing and order of such hail shall not be cause for redress. This changes RRS 62.1a.
- 11.4.** Any boat OCS and not returning shall be penalized by having her elapsed time increased by 30 minutes. This changes RRS 29.1
- 11.5.** Boats whose warning signal has not been made shall stay clear of the starting area and boats in their starting sequence.
- 11.6.** Any boat starting later than ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS 63.1.
- 11.7.** If the automated starting system is used, i.e., the Ollie System, racers should be aware of the short, repetitive sounds emitted prior to the initial warning signal and not consider them part of the starting sequence.
- 11.8.** The race committee at its discretion may start multiple classes together. This modifies RRS 26. If multiple classes are starting at once, the RC will fly multiple class flags at the warning signal.
- 11.9.** The RC at its discretion may start multiple classes together. If multiple classes will start together, multiple class flags will be flown at the warning signal. This modifies RRS 26.

## **12. THE FINISH**

- 12.1.** The finish line will be between a staff displaying a blue flag on the Signal boat and the course side of Nun "6" off Lloyd's Neck. The committee boat will be stationed to the north of Nun "6."
- 12.2.** If finishing after dark, racing boats finishing must: call the RC on VHF channel 72 about ten minutes before they expect to finish, shine a light on their sail number at the finish line and hail the RC by voice or radio with name, sail number and class.
- 12.3.** The RC shall provide acknowledgement to finishers immediately after finishing. It is also strongly recommended that all finishing boats record their own finishing time and note the names of boats finishing immediately in front and behind.
- 12.4.** If the RC is absent when a boat finishes, she should report her finishing time and her finishing position in relation to nearby boats to the RC at the first reasonable opportunity. Her finishing time shall be taken in GPS time, when within 50 feet of Nun "6" her bow crosses a line bearing 153° magnetic to Nun "6".

### **13. TIME LIMIT**

- 13.1.** The time limit for the day will be ten hours after the start of the first class.
- 13.2.** Any boat failing to finish within 60 minutes plus her PHRF time allowance from the finish of the first boat in her class, will be scored Did Not Finish without a hearing. This changes RRS 35 and 63.1.

### **14. PENALTY SYSTEM**

- 14.1.** Penalties at the Time of the Incident
  - 14.1.1.** The One-Turn Penalty as described in RRS V1 is in effect. This modifies RRS 44.1.
- 14.2.** Post-Race Penalties
  - 14.2.1.** The Post-Race Penalty as defined in RRS V2 may be taken.

### **15. PROTESTS AND REQUESTS FOR REDRESS**

- 15.1.** A boat initiating a protest shall immediately after finishing, notify the RC over VHF channel 72 of its intent to lodge a protest and the identity of the boat(s) being protested until acknowledged by the RC. This changes RRS 61.1(a).
- 15.2.** Notice of Protest(s) by the RC will be made via VHF channel 72 to inform boats under RRS 61.1(b).
- 15.3.** Protests shall be written on US Sailing protest forms or equivalent and shall be delivered to the Protest Committee Chairman as listed in "Contacts", Section 23.2. Protests shall be delivered in person or via email to protest@lhyc.org by 1800 hours on the day following the race. The same time limit applies to protests by the RC about incidents they observe in their racing area and for requests for redress. This changes RRS 61.3 and 62.2.
- 15.4.** Protest hearings will be scheduled accordingly and posted on the event website notice board to inform competitors of hearings in which they are parties or named as witnesses.
- 15.5.** Appeals for scoring corrections may be made to the Fleet Captain via email at fleetcapt@lhyc.org within 48 hours of a boat's finish. Appeals shall include the believed time of finish and witness accounts of the boat finishing immediately ahead and the boat finishing immediately behind the protesting boat. This changes RRS 90.3(e).

### **16. SCORING**

- 16.1.** Time allowances will be as per YRALIS PHRF procedures using time on distance and will be based on the course distance of 34.0 nm for Course A, 11.8 for Course B, and 18 for Course C regardless of the distance sailed.
- 16.2.** Each class will be scored separately.

### **17. SAFETY REGULATIONS**

- 17.1.** All boats are cautioned to observe the Navigation Rules of the Road and to extend the right-of-way to commercial vessels, especially those restricted in their ability to manoeuvre, making passage through the racing area. Any boat observed to impede such traffic may be protested by the RC.
- 17.2.** A boat withdrawing before the start or retiring from a race for any reason is requested to notify the RC by VHF channel 72 at the earliest possible opportunity or contact the RC via cell phone as indicated on the Scratch Sheet.

### **18. RADIO COMMUNICATION**

- 18.1.** Each boat shall carry a VHF radio capable of transmitting and receiving on channel 72.
- 18.2.** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to all mobile devices.
- 18.3.** The race committee shall use VHF channel 72 for any radio communications with competitors. As an additional courtesy, radio prompts may be given to preface any actions by the RC. Boats shall not be entitled to redress for the following: misstatements by the RC, or failure of a boat to hear or receive a broadcast.

## 19. PRIZES

- 19.1. Prizes will be awarded as follows for each class: First, if there are three or more registrants, Second, if five or more, Third, if seven or more.
- 19.2. The **Stratford Shoal Trophy** will be awarded to the boat in the PHRF spinnaker fleet with the lowest corrected time (one year retention).
- 19.3. The **Silver Girl Trophy** will be awarded to the boat in the JAM fleet with the lowest corrected time (one year retention).
- 19.4. The **First Home Trophy** will be awarded to the first boat of the PHRF spinnaker fleet to finish (one year retention).
- 19.5. This event is a qualifier for the **North Sails Huntington Bay Boat of the Year Trophy**. Participation earns one point.
- 19.6. This event is a qualifier for the **North Sails Long Island Sound Charity Cup**.
- 19.7. This event is a qualifier for YRA of Long Island Sound **Youth Challenge Cup**.

## 20. DISCLAIMER OF LIABILITY

- 20.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 20.2. Each participating boat shall be insured with valid third-party liability insurance.

## 21. Contacts:

- 21.1. LHYC Fleet Captain: Maryellen Rothberg, [fleetcapt@lhyc.org](mailto:fleetcapt@lhyc.org) 516-532-8389
- 21.2. Protest Committee: Bill Maher, [protest@lhyc.org](mailto:protest@lhyc.org)
- 21.3. Fleet Measurer, [measurer@lhyc.org](mailto:measurer@lhyc.org)
- 21.4. J/105 Class Coordinator: David Willis, [davidwillis44@gmail.com](mailto:davidwillis44@gmail.com)
- 21.5. J/80 Class Coordinator: Masaki Sato, [Masaki.Sato@gmail.com](mailto:Masaki.Sato@gmail.com)
- 21.6. Technical Committee Chair, [techcomm@yralis.org](mailto:techcomm@yralis.org)