



2024 Sail East and ILCA Canadian Championships at the Bay Wind Regatta

Sail Canada U17 ILCA 6 and Club 420 Regional Championships

Sail Canada Optimist U15 Regional Championships

ILCA 4, ILCA 6 and ILCA 7 Canadian Championships

(30 GP Points / 50 World Sailing Points / Qualifier for the 2025 ILCA World Championships)

NS ILCA 4, ILCA 6 and ILCA 7 Championships

July 19, 20 and 21, 2024

(Including July 19, 2024 Sail Canada Training Clinic – Club 420 and Optimist)

Organizing Authority: St. Margaret Sailing Club on behalf of Sail Canada and
the International Laser Class Association of North America

NOTICE OF RACE

NP - All participants, hereinafter defined as competitors, coaches, officials, staff, and volunteers, are advised that the [Sail Canada Safe Sport Policy Package](#) is in effect for this championship.

At the time of registration all **competitors, coaches, officials, designated staff and designated volunteers shall agree to** the [Office of the Sport Integrity Commissioner \(OSIC\) Consent Form](#). All participants shall be designated as [Universal Code of Conduct to Prevent and Address Maltreatment in Sport \(UCCMS\) Participants](#) and shall be subject to the conditions in the UCCMS Consent.

All **competitors, coaches, officials, designated staff and designated volunteers shall agree to** abide by the [Sail Canada Code of Conduct](#) and all policies that are part of the [Sail Canada Safe Sport Policy Package](#).

Eligible participants & coaches must register online. There will be no opportunity to register in-person. See NOR 5 for further information.

First Release: June 2, 2024

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 Rules

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

1.2 Racing Rules will be changed as follows:

1.2.1 Rule 41 is changed for the Green Fleet by adding “(e) in-race coaching for stragglers by a race committee designated coach or coaches.”

1.2.2 Rules 44.1 and P2.1 are changed for the 29er and 49er classes so that the two-turns penalty is replaced by the one-turn penalty.



- 1.2.3 Rule 64.2 is changed so that penalties for breaking a rule other than Rule 2, the rules of RRS Part 2, Rule 31, or Rule 42 will be determined by the Protest Committee. The scoring abbreviation for a penalty imposed under this instruction will be DPI.
- 1.2.4 Sailing instructions may be amended orally afloat for the Green Fleet in accordance with Rule 90.2(c) by displaying Code Flag L and informing coaches and competitors of the change. Such changes will also be posted later.
- 1.2.5 Appendix P, Special Procedures for Rule 42, will apply. The title of RRS P2.2, “Second Penalty” is changed to “Second and Subsequent Penalties”. When a boat is penalized a second time during the regatta, she shall promptly retire, unless her penalty was signaled after she finishes, in which case she shall promptly notify the race committee at the finish line that she is retiring. RRS P2.3 is deleted.
- 1.3 Rule 40.1 applies at all times while afloat in accordance with the last sentence of Rule 40.2.
- 1.4 For ILCA 4, ILCA 6 and ILCA 7: The “class rules” for the purposes of the definition of rules are the International Laser Class Association (ILCA) Rules.

2 [NP] Public Health Procedures

- 2.1 All athletes and coaches must complete the Emergency Contact, and the Event Waiver Form during the registration process.
- 2.2 SMSC is not normally a peanut-free facility. However, the club has removed peanut products from its food offerings for the regatta. Participants are asked to bring only peanut-free snacks.

3 Communications

- 3.1 The official notice board and all official documents and communications shall be located on the event website: <https://baywind.smsc.ca>.

4 Sailing Instructions

- 4.1 The Sailing Instructions will be available at the event website no later than Thursday, July 13.

5 Eligibility and Entry

- 5.1 The regatta is open to the following classes, subject to competitor age restrictions in NOR 5.2:
 - ILCA 4, ILCA 6, ILCA 7 class membership is required.
 - Club 420
 - 29er
 - 49er
 - Optimist
 - Club 420 Green
 - Optimist Green

Competitors and coaches shall complete the Liability Release and Medical Consent forms as part of the event registration. If five paid entries are not received by Monday, 11 July, in any of the above classes, the class may be cancelled at the discretion of the Organizing Authority. Affected entries will be refunded in full or may transfer to another class for which they are eligible.

- 5.2 The regatta is open to the following competitors in the foregoing classes:
 - Competitors of any age in the ILCA 7, ILCA 6, ILCA 4, Club 420, classes
 - Competitors of any age in the Nova Scotia ILCA 7, ILCA 6 and ILCA 4 championships
 - Competitors under 17 years of age on July 20, 2024 for the Sail Canada U17 Regional Championships for the ILCA 6 and Club 420 classes
 - Competitors under 15 years of age on July 20, 2024 for the Sail Canada U15 Regional Championships for the Optimist class

- Competitors of age 10 and under on July 20, 2024 for the Optimist White category
- Competitors of age 11 or 12 on July 20, 2024 for the Optimist Blue category
- Competitors of age 13, 14 or 15 on July 20, 2024 for the Optimist Red category
- Competitors of age 15 or less on July 20, 2024 for the Optimist Green and Club 420 Green classes

5.3 Eligible participants & coaches must register online at <https://baywind.smsc.ca>. **There will be NO opportunity to register in-person.** Competitors are reminded of their responsibilities under rules 75 (Entering an Event) and Sail Canada prescription thereto (Entering an Event) and 46 (Person in Charge). Registration will be available by Monday, 10 June, at the event website. The deadline to register is 12:00 pm (NOON) on Thursday, July 14, 2024 for ILCA competitors and coaches, and 12:00 pm (NOON) on Friday, July 15, 2024 for all others.

5.4 **Required Documents When Registering:**

- 5.4.1 All participants must submit a proof of age (e.g.: government-issued id, provincial health card, or passport). Details on how to send the required regatta registration documents will be provided on the event website.
- 5.4.2 All athletes and coaches must check-in on site, on July 18, July 19 or July 20 during the posted hours only. On-Site Check-In Hours are Thursday, July 18 1600-1800; Friday, July 19 1600-1800; Saturday, July 20 0800-0930.

6 Fees

Competitors' Fees include a one-day Sail Canada Training Clinic on Friday, July 19 (Club 420 and Optimist); breakfast on race days; and a post-racing meal on Saturday, July 20; water stations ashore; regatta T-shirts; and a \$25 per person Sail Canada regatta fee.

	Last Date for Early Registration Fee	Early Registration Fee (incl. HST)	Late Registration Fee (incl. HST)
Club 420, 29er, 49er	Sunday, July 14	\$195	\$235
Club 420 (Green Fleet)	Sunday, July 14	\$175	\$215
ILCA 7, ILCA 6, ILCA 4	Sunday, July 14	\$175	\$215
Optimist	Sunday, July 14	\$145	\$175
Optimist (Green Fleet)	Sunday, July 14	\$130	\$160

Refund Policy:

- Before July 1, full refund (less \$10 admin fee)
- July 1 to July 14, 50% refund.
- July 14 on, **no refund unless documented medical evidence is provided** (less \$25 admin fee)
- If the event is cancelled, you will be provided with a full refund.

Coaches' Fees include boat launch and docking (rafting or overnight mooring will be required); food as per competitors; water for coach boats; regatta T-shirts; and a \$10 per person Sail Canada regatta fee.

Early Registration Fee \$40 (incl. HST) for early registrations on or before Sunday, July 14, 2024;
Late Registration Fee \$50 (incl. HST) after July 14, 2024. Coaches using the site for training on July 15 – July 18 must pre-register for the regatta online before arrival.

7 Crew Change Limitations

7.1 Entrants in double-handed classes may change one of their crew members after the first day of racing. The Organizing Authority must be notified, and substitute crew members are required to satisfy registration and eligibility requirements.

8 Schedule

Coaches using the site for training on July 15 – 18 must pre-register for the regatta online before arrival.

Monday, June 10		Registration opens
Sunday, July 14		Last date for early registration fee
Monday, July 15		SMSC site available for practice
Tuesday, July 16		SMSC site available for practice
Wednesday, July 17		SMSC site available for practice
Thursday, July 18	1200 1600-1800	SMSC site available for practice Deadline for registration for ILCA competitors and coaches. Please note: All registrations must be completed online. In-person registrations will not be permitted. On-Site Check-In
Friday, July 19	0930-1600 0900 1100 1200 1600-1800	Sail East Training Clinic (Club 420 and Optimist) ILCA Coaches' Meeting First warning signal, ILCA 4, ILCA 6, ILCA 7 Deadline for registration for non-ILCA competitors and coaches. Please note: All registrations must be completed online. In-person registrations will not be permitted. On-Site Check-In
Saturday, 20 July	0800-0930 0900 1100	On-Site Check-In Coaches' Meeting First warning signal, all classes
Sunday, 21 July	0900 1100 1500 1630	Coaches' Meeting First warning signal, all classes Latest warning time, all classes Approximate awards time
Monday, 22 July and later		Site available for boat and trailer pick-up. Site NOT available for training.

9.1	Class	Max Races/day	Max Races in Regatta
	ILCA 4/6/7	3	9
	Optimist C420	5	8
	29er, 49er	7	12
	Opti Green	no max	no max

10 Equipment Inspection

10.1 Sail Numbers:

10.1.1 [NP] Every boat registered in a class shall have a unique sail number. In addition, every boat registered in the three ILCA fleets shall have a unique sail number.

10.1.2 [NP] Where 2 or more boats have the same sail number, the boat with the hull number nearest to that sail number may maintain that sail number. Other boats with that sail number shall change their sail number. In case of a tie, the lower hull number shall maintain the sail number.

10.2 ILCA Measurement

10.2.1 All boats and equipment must meet ILCA Rules and may be inspected by the RC, Protest Committee, or Technical Committee for compliance with the Rules at any time during the event.

10.2.2 Sail inspection will be required at this regatta. Each boat shall comply with the equipment measurement rules of the ILCA Rules and may be inspected at any time during the Regatta at the discretion of the Protest Committee or the Organizing Authority.

10.2.3 Please ensure that all sail numbers are applied in accordance with ILCA Rules. National letters are not required, however, if used, national letters must comply with ILCA Rules. The RC issues blanket permission per ILCA Rules, Part 2. 4.5: competitors may use a sail with numbers that are different to the sail number allocated to the hull. <https://www.laserinternational.org/rules-and-technical/ilca-sail-numbers-and-letters/>

10.2.4 All hulls must display a certifying class decal in the aft-end of the cockpit (see ILCA Rules, part 2, Section 4).

11 [NP] Safety

11.1 All boats will be required to be kept at SMSC.

11.2 The Classes: 29er, 49er, ILCA 7, ILCA 6, and ILCA 4 must have a tow line of minimum 10 metres length and 7mm diameter fixed to their mast. Competitors may not use other lines from running rigging for this purpose. The mainsheet for an ILCA competitor is an appropriate line for towing. Club 420s and Optimist classes are required to have tow lines in accordance with their class rules. Optimist tow lines must have a secure loop in their ends (either spliced or tied) to allow daisy-chain towing.

11.3 A whistle shall be attached by a lanyard to the PFD. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.

12 [NP] Venue and Site Restrictions

- 12.1 Racing will be conducted in St. Margaret's Bay for all classes except the Green Fleet, which will race in French Village Harbour. Locations of the race circles will be provided in the Sailing Instructions.
- 12.2 St. Margaret's Bay is designated 'sheltered waters' for the summer season by Transport Canada.
- 12.3 SMSC Sailing Centre: Access to the SMSC Sailing Centre building is not permitted to competitors during the week leading up to, and including, the Bay Wind Regatta
- 12.4 Washroom/Shower Facilities: Due to limitations of the SMSC septic system, indoor washrooms and shower facilities will **NOT** be available during the week leading up to, and including, the Bay Wind Regatta. Portable toilets will be made available during this time. At no time are the main floor washrooms of the clubhouse to be used for changing.
- 12.5 Competitors are required to indicate on their registration form if they will be training at the facility during the week leading up to Bay Wind.
- 12.6 Trailers: Competitors, coaches and support personnel shall obey the directions of regatta personnel with respect to the locations of trailers, which may be required to be taken off-site if conditions warrant.
- 12.7 Use of Site Before July 15: Daily dry-sailing fees apply (\$10/day per sailor or \$50/day per team, plus HST) before the event.
- 12.8 Use of the Site After July 21: Boats and trailers may be left on site for collection early in the week of July 22 but training by non-members on or from the site will not be permitted after July 22.

13 [NP] Courses

- 13.1 Windward-leeward or trapezoid courses will be sailed. The Green fleet may sail other course configurations.

14 Penalty System

- 14.1 Appendix P will apply and is changed per NOR 1.2.2 and 1.2.5.

15 Scoring

- 15.1 ILCA 7, ILCA 6, ILCA 4; Club 420; Optimist; 29er, 49er: One race is required to constitute a series. When less than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.2 Green Fleet: The Green Fleet is a recreational class for developing sailors and casual competition. Raw finishes for each race will be posted on the official notice board; however, the series will not be scored.

16 Support Person Vessels

- 16.1 All coach and support boats shall register and, while on the water, shall always prominently display an identifier supplied by the Race Committee. All support boats must have a functioning VHF radio on board at all times.

17 Risk Statement

- 17.1 Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race.

17.2 The St. Margaret Sailing Club, Sail Canada and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage, loss, or claim, whether personal or material, incurred or inflicted to participants before, during or after this regatta.

18 Insurance

18.1 The competitor is responsible for ensuring that a minimum of \$1,000,000.00 third party coverage is in place for the event. The organizing authority does not accept any responsibility for verifying that a competitor is insured.

19 Prizes

19.1 ILCA 7, ILCA 6, and ILCA 4: Overall, 1st through 3rd; Top ILCA 7 and ILCA 6 (Master 35 or older). Standard Junior – top ILCA 7 finisher who has not have had their 18th birthday before Friday, July 19, 2024. The Nova Scotia ILCA 7, ILCA 6, and ILCA 4 Championships will be awarded to the top-placing Nova Scotian in the ILCA 7, ILCA 6, and ILCA 4 classes.

19.2 29er, 49er: Overall, 1st through 3rd.

19.3 Club 420: Overall, 1st through 3rd.

19.4 Optimist: Overall, 1st through 3rd; Top White; Top Blue; Top Red.

19.5 Green Fleets: Participation certificates to all competitors; ribbons for race first-to-finish, based on raw finishes. SMSC Fair Play Award presented to the sailor who demonstrates exemplary behavior throughout the regatta and is an all-around ‘good sport.’

19.6 Sail East & U17 Eastern Regional Championship: Overall 1st through 3rd, top U17 ILCA 6, C420, top U15 in Optimist fleet.

19.7 Sail Canada medallions and Helly Hansen items will be awarded to the top three finishers in all classes, except Green Fleets where races are not scored.

20 Further Information

20.1 For further information please contact baywind23@smc.ca. Registration inquiries should be sent to baywindregistration@smc.ca