

Rev 3

# Lewes Yacht Club CBYRA Youth Regatta

July 25th 2024

Hosted by Lewes Yacht Club Lewes, DE

## **SAILING INSTRUCTIONS**

### **1. Rules**

1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing.

### **2. Notices to Competitors**

2.1 Notices to Competitors will be posted on the official regatta notice board located in the Regatta Room on the first floor of LYC.

### **3. Changes to Sailing Instructions**

3.1 Any changes in the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change in the schedule of races will be posted by 2000 hours on the day before it will take effect.

### **4. Signals Made Ashore**

4.1 Signals made ashore will be displayed from a staff located on the LYC upper deck.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in race signal AP.

### **5. Schedule of Races**

5.1 Thursday July 25th

0800 Breakfast

0930 Competitors meeting

1100 Warning signal for the first race, all courses. Subsequent Races will be held back to back. Lunch on the water

1500 No race will be started after this time

## 6. Class Flags

Laser Radial: Starburst on red

Opti: red/white/blue-Opti symbol on white

Opti Green: Opti symbol on green

## 7. The Course

7.1 The diagrams in Addendum A show the courses, including the order in which the marks are to be passed, and the side on which each mark is to be passed.

7.2 The course will be displayed by a visual signal on board the race committee boat that states the letter and the number of the course.

7.3 The racing area will be the Delaware Bay. Specific areas for each fleet are subject to change depending on conditions and will be posted on the notice board.

7.4 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

7.5 There **may** be an offset mark used at the windward mark

## 8. The Start

8.1 **All fleets** will be started using the audible-signal racing system as described in RRS appendix U.

8.2 If more than one class is starting in the racing circle, the class starting will be displayed on a staff prior to the warning signal.

8.3 Starting Penalty flags may be displayed not later than the attention signal and comply with RRS 30. This is not a timed signal.

8.4 Recalls will be signaled in accordance with RRS 29.1 and 29.2 (this changes RRS/US U1, U2, and replaces RRS/US U4). The race committee will hail by loudhailer boats identified as OCS, UFD, or BFD. A boat may not base a request for redress on the failure to hear or receive the announcements, the timeliness of announcement or the order in which boats are announced. There will not be a display board at the weather mark with sail numbers for UFD and BFD. This changes RRS 62.1(a).

8.5 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races

8.6 A boat that does not start within 5 minutes after her starting signal shall be scored DNS/DNC without a hearing. **(Except Opti Green fleet)**. This changes RRS A4 and A5.

8.7 The starting line will be between a staff displaying an orange flag on the Race Committee boat and a pin end starting mark.

8.8 A series of short sound signals may precede the warning signal of each race. These are not timed signals.

## **9. The Finish**

9.1 The finishing line will be between a staff displaying a blue flag on the Finish boat or Signal boat (depending on the course) and the course side of the opposite end finishing mark.

## **10. Marks**

10.1 Marks will be drop marks

10.2 The windward mark for the Opti Red/White/Blue will be orange.

10.3 The windward mark for the Laser fleet will be Yellow

## **11. Hearings, requests for redress, and scoring inquires**

11.1 A competitor shall not communicate with a coach, parent or other support person before reporting the intention to protest to the protest committee.

11.2 Protests shall be in writing, on forms available in the regatta room on the notice board within the protest time limit.

11.3 Protest time limit is 30 minutes after the race committee boat for the protesting boats' course has docked.

11.4 Protest notices will be posted in the regatta room within 15 minutes of the protest time limit. This will inform competitors where and when there is a hearing.

## **12. Safety [DP]**

12.1 [DP] A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved personal flotation device (PFD), or for international competitors only, an appropriately sized PFD/buoyancy aid as approved for use in the competitor's country of origin. All PFDs/buoyancy aids shall be properly secured at all times while on the water, except for brief periods while removing or adding clothing. All PFDs must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable PFDs are not approved nor permitted as PFDs. Failure to wear a proper PFD will result in a penalty up to and including disqualification at the discretion of the protest committee. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.

12.2 All boats are required to check in with the race committee signal boat before the start of their first race of the day.

12.3 A competitor leaving the racing area before racing is completed is required to notify a race committee or safety boat as soon as practicable.

12.4 RC starting line boats may use a stand off buoy.

## **13. Scoring**

13.1 The Low Point scoring system will apply, so that each boat's series score will be the total of her race scores, with her worst score discarded if four or more races have been completed. Races scored disqualification not excludable (DNE) cannot be excluded.

13.2 A maximum number of 5 races are scheduled. One race will constitute a regatta.

When 4 or more races are sailed, a boat's worst score shall be discarded.

#### **14. Spectators and Coaches**

14.1 Coaches, safety and spectator boats shall stay at least well clear of the racing area or within 300 ft of any racing boat, mark or lay line, as well as race committee boats, from the warning signal for the first race until all competitors have finished or the race committee signals a postponement, general recall or abandonment, except as provided in the Sailing Instructions 14.3

14.2 Radio channels: Spectator, coach and safety boats should monitor:

- Opti R/W/B/Laser Course: VHF channel 78
- Opti Green: VHF channel 68

14.3 Coaching on the Opti Green course is requested, but shall not interfere with the racing of other sailors on course.

#### **15 Disposal of Trash**

14.1 [DP] Boats observed purposefully discharging trash into the water will be disqualified from all races sailed.

#### **16. Disclaimer of Liability**

15.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority or any other party involved in the organization of the regatta will not accept any responsibility or liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

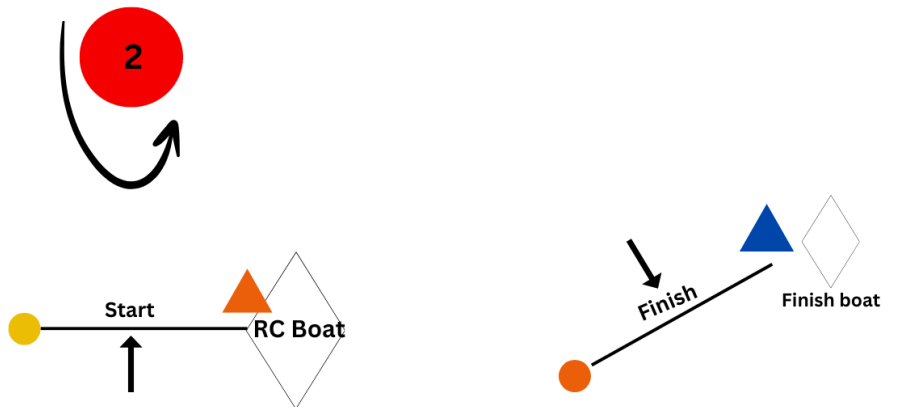
#### **17. Time limits**

17.1 The time limit for a race on all courses is 40 minutes. If the first boat finishes within the race time limit all other boats in that class not finishing within 15 minutes will be scored time limit expired (TLE) without a hearing.

**Addendum A COURSE DIAGRAMS: Be sure that you sail the correct number of legs.**



Wind

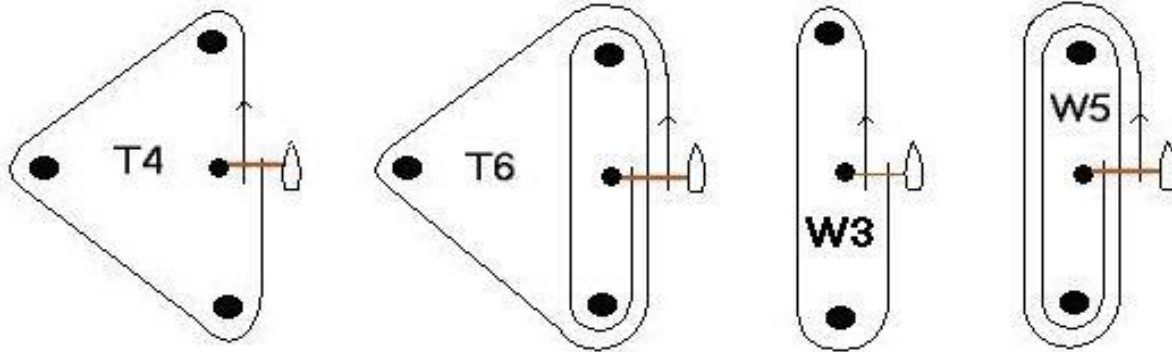


**Course L**

**L1 START-1-FINISH**

**L2 START-1-2-1-FINISH**

**L3 START-1-2-1-2-1-FINISH**



Sailing Order: S-1-2-3-F      S-1-2-3-1-3-F      S-1-3-F      S-1-3-1-3-F  
 S=Start F=Finish Courses will be designated "T4" "T6" "W3" or "W5" by RC.

**Tides in the racing area:**

Times are local DST. Tidal current is *significant* in the racing area, especially the ebb. The ebb tide flows from the Roosevelt Inlet towards the large rock breakwaters.

Thursday July 25, 2024    High 1235    Low 1832