



Sailing Instructions

FLORIDA INLAND LAKES CHAMPIONSHIP REGATTA

October 25 and 26, 2025

1. RULES

The regatta will be governed by the current Racing Rules of Sailing, the prescriptions of the United States Sailing Association (US Sailing), by the rules of the International Optimist Dinghy Association, the ILCA Class Association or the 420 Class Association as appropriate to the fleet. In case of conflict, these SIs will prevail.

2. ENTRIES

Sailors competing in Optimist, O'Pen Skiffs, ILCA 4, ILCA 6, HS 420 and Club 420's may enter by completing registration with the organizing authority, LEYSF. Notices to competitors will be posted on the official notice board south side of the LESC clubhouse and advised by email.

3. CHANGES TO INSTRUCTIONS

Any change in the sailing instructions will be posted before 9:00 on the day it will take effect, except that any change in the schedule of races will be posted by 18:00 on the day before it will take effect.

4. SIGNALS MADE FROM SHORE

5.1 Signals will be made from and displayed on the signal boat.

5.2 Code flag AP, "Answering Pennant," with two horns means the race is postponed. The warning signal will be made no less than 15 minutes after AP is lowered with one horn.

5. SCHEDULE OF RACES As many as possible races are scheduled for this event. One race constitutes a regatta. Times are posted in the NoR.

6. RACING AREA and COURSE

6.1 The racing area will be the area of Lake Eustis as close as possible to the LESC premises.

6.2 The courses will be either (W1), (W2), (LA2) or (TL2). See the Course Diagrams. The course numbers will be displayed on the rear or starboard side of the signal boat. NOTE: The number in the Course title indicates the number of times the windward mark is rounded.

7. MARKS

7.1 The shape and color of the marks will be identified at the Skippers Meeting. An offset mark may be used at the windward mark.

8. THE START

8.1 The standard class flags will be used to indicate the starting sequence for the competitors. Any additions or changes to this will be outlined at the Skippers Meeting.

8.2 Before the start of each starting sequence, the Race Committee will indicate that the sequence is about to commence by making numerous short sound signals.

8.3 Races will be started in accordance with rule 26.

8.4 The starting line will be between an orange flag on the signal boat at the starboard end and a nearby mark at the port end.

8.5 A boat shall not start later than 2 minutes after her starting signal. This changes rule A4.1.

8.6 Individual recalls shall be signaled in accordance with RRS 29.2 and accompanied with one sound signal. An attempt to hail the "on course side" competitors shall be made, but failure to be hailed, the timing of such a hail, or failure to hear a hail is insufficient cause for redress under RRS 62.

9. THE FINISH

The finish line will be between a blue flag on a race committee boat and the nearby mark as signified by the Course diagram.

10. TIME LIMIT

10.1 The target time for each race will be 45 mins. Boats failing to finish within 10 mins after the first boat in their class will be scored "No of finishers plus 1" . This changes A5.2

11. PROTESTS

11.1 As soon as practicable after finishing, protesters will hail the sail number of protestees to the race committee signal boat.

11.2 The signal boat will sound one signal upon docking to announce the start of the protest period. The docking time shall be posted on the official notice board.

11.3 Protests shall be written on forms available at the registration desk and lodged there within 30 minutes after the signal boat docks.

11.4 Protests will be heard in the approximate order of receipt as soon as possible.

11.5 At the end of the protest period, times for hearings may be assigned and will be posted on the official notice board.

12. SCORING

12.1 Will be as stated in the NoR.

13. SAFETY

13.1 Competitors shall wear USCG approved Type III life jackets. Inflatable type life jackets are not permitted. Life jackets with whistles shall be worn at all times while racing as per the NoR.

13.2 When leaving the racing area early, a competitor shall attempt to notify a race committee boat, safety boat or an official on shore immediately upon arrival.

13.3 Races will be run when, in the opinion of the PRO, the conditions are suitable for racing.

13.4 We recommend that all sailors shall have access to a safety vessel.