



August 1 - 4, 2010

Brought to you through the Generosity of our Sponsors LaserPerformance, Gill North America and Sperry Top-Sider.



May 1, 2010

Dear 2010 U.S. Youth Sailing Championship Competitor:

CONGRATULATIONS! YOU HAVE BEEN SELECTED TO PARTICIPATE IN THE 2010 U.S. YOUTH SAILING CHAMPIONSHIP AT THE CABRILLO BEACH YACHT CLUB!

You have been selected not only on your sailing ability, but your commitment to improving in the sport, as demonstrated through the amount and quality of your training. Past participants in the U.S. Youth Sailing Championship have gone on to become Collegiate All-Americans, National and World Championship competitors, Olympic representatives, and America's Cup team members. They also have become the next wave of sail makers, boat designers, judges, race officers, instructors, and authors in the sport. As well, while many of you are already friends, others will be meeting one another for the first time. The chances are good you will be starting friendships that will last a long while. We certainly hope you will gain a great deal through participating no matter how you finish.

Here's some important information and deadlines for registering for this championship:

CONTACT INFORMATION:

- US SAILING Website: http://championships.ussailing.org/Youth/US_Youth_Champs.htm
- Event Website: www.usyouthchamps.com
- Cabrillo Beach Yacht Club Regatta Chairmen, Aaron Feves: afeves@msn.com
- CBYC Registration Chairman, Cortney Medak: cortney@cbyc.org
- CBYC Transportation Chairman, Erin O'Connell: transportation@cbyc.org
- CBYC Website: www.cbyc.org
- U.S. Youth Championship Chair, Shannon Bush: swmadero@aol.com
- US SAILING office: LizWalker@ussailing.org

REGISTRATION AND PAYMENT DEADLINES:

NOTE: If you are in a doublehanded boat, see the DOUBLEHANDED TEAMS section for further instructions.

1. ONLINE REGISTRATION and PAYMENT – due by May 15, 2010:
 - From the US SAILING website http://championships.ussailing.org/Youth/US_Youth_Champs.htm complete the on-line registration form and pay the entry fee of \$350 per competitor via credit card.
 - You will need to include your travel information.
 - You will get an e-receipt if your form went through correctly. **Save this, as it will contain a link for you to go in and update your flight plans if something changes.**
 - Incomplete entries will be deleted on May 16 and we will move you to the bottom of the waiting list.
 2. REGISTRATION FORMS – postmarked by May 15, 2010:
 - Complete the below forms which are enclosed in this packet.
 1. Acceptance Form and Competitor's Agreement
 2. Medical Form
 3. Alternate Housing Form (if applicable)
 4. Housing Request Form (if applicable)
 5. Driving Form (if applicable)
 6. Waivers: Release of Liability and Depiction Release
 7. Charter Agreement (sent separately)
 3. OTHER NOTIFICATION
 - Personal Sailboat Notification – e-mail due May 15
 - Private Spectator Boat Notification – e-mail by May 15
 - Spectator Boat Request – e-mail due June 15
- Mail completed forms to Cortney Medak, 2010 U.S. Youth Sailing Championship, 211 West 22nd Street, San Pedro, California 90731 – again, postmarked by May 15, 2010. Do NOT send them to US SAILING.**

Any changes to your entry information after May 15, 2010 must be communicated via e-mail to the US SAILING, CBYC Regatta, and CBYC Registration Chairmen.

If you have been approved for a charter, refer to the website you have been given separately for payment information.

No exceptions!

WITHDRAWALS:

- UNTIL May 15: You can withdraw from the regatta *without penalty* until May 15th; even if you have already sent your entry/charter fees. Communicate via e-mail to the US SAILING, CBYC Regatta, and CBYC Registration Chairmen that you no longer plan to compete and no longer need a charter boat, if applicable. Before May 15th, your entire respective entry fee will be refunded without penalty. US SAILING will endeavor to find a substitute for your charter. If that can be done, your charter fee will also be refunded.

- AFTER May 15: If you withdraw from the regatta or do not need a charter boat, communicate via e-mail to the US SAILING, CBYC Regatta, and CBYC Registration Chairmen. After May 15, your entry fee and your charter fee are NOT refundable.

DOUBLEHANDED TEAMS:

- FORMS: BOTH skipper and crew must complete the Online Registration and send in ALL forms together. (Acceptance letters and forms have been sent to both skipper and crew, so there is no need to make copies.) Please send both sets of forms and fees together in the same envelope whenever possible. We will not alert you to the fact that your sailing partner has not sent in his/her forms. This is solely the responsibility of the competitors. We will endeavor to update the registration site on a regular basis to show which boats are complete and what materials, if any are missing.
- CREW CHANGES: Occasionally, unanticipated situations may make it necessary for teams in the doublehanded divisions to change crew. Crew changes will be granted *only if* there is a valid reason. Sailors who wish to change sailing partners must submit a request in writing, stating the reason. Send your request via e-mail to Shannon Bush, U.S. Youth Sailing Championship Committee Chairman, (swmadero@aol.com).
 - Unjustified crew changes, without first receiving written permission from US SAILING, will not be allowed. We encourage you to plan well in advance in an effort to retain your original team unless a true emergency arises.

ARRIVAL AT THE SAILING SITE:

NOTE: No early arrival of boats or sailors will be allowed.

- VENUE: All registration, sailing activities, charter boats, and breakfast will be located at Cabrillo Beach Yacht Club in San Pedro, California. Social events will be based out of Cabrillo Beach Yacht Club.
- COMPETITORS AND EQUIPMENT: NO ONE, except CBYC members, may be at CBYC 2 weeks before the event and are to arrive AFTER Sunday, August 1 at 1000. Being "invited" by a CBYC member ***is not*** an exception to this rule. No housing will be provided to anyone arriving before Sunday, August 1, 2010.
- EVENT REGISTRATION: Event registration at Cabrillo Beach Yacht Club will be from 1000-1600 on Sunday, August 1.

AIR TRAVEL INFORMATION:

NOTE: It is imperative that you include the arrival and departure data in online registration forms that must be received by May 15, 2010. We encourage you to have a cell phone with you when you travel to assist with travel coordination.

AIRPORT INFORMATION:

Los Angeles International Airport (LAX) is 21 miles and approximately 30 minutes (without traffic) from CBYC. Ground Transportation will be arranged for the competitors **between 0900 – 1400** from LAX. ***See the ARRIVAL INFORMATION - GROUND TRANSPORTATION section below. IF YOU ARE NOT ARRIVING AT LAX OR YOU ARRIVE AT LAX BEFORE 0900 OR***

AFTER 1400, GO ONLINE FOR FURTHER INFORMATION WHICH WILL BE POSTED SHORTLY.:

www.usyouthchamps.com

Long Beach Airport (LGB) is 16 miles and approximately 20 minutes (without traffic) from CBYC. Ground Transportation will be arranged for the competitors **between 0900 – 1400** from LGB. **See the ARRIVAL INFORMATION - GROUND TRANSPORTATION section below. IF YOU ARE NOT ARRIVING AT LGB OR YOU ARRIVE AT LGB BEFORE 0900 OR AFTER 1400, GO ONLINE FOR FURTHER INFORMATION WHICH WILL BE POSTED SHORTLY:**

www.usyouthchamps.com

- **AIRLINES:**
- **LAX:** All major airlines service Los Angeles International Airport (LAX). This year, US SAILING has again worked with United Airlines to arrange a discount for travel that you might wish to explore. The website is <http://www.united.com/page/article/1,,52984,00.html?promo> and the US SAILING NGB number is 564EG . This code only works on championships
- **LGB:** Airline servicing Long Beach Airport (LGB) include: Alaskan Air (Horizon Air), Delta, JetBlue, and US Airways.

- **SCHEDULING:** Competitors should schedule their flights to arrive at LAX or LGB after 0900 and before 1400 on Sunday, August 1, 2010. If there is a problem meeting this schedule, contact CBYC Transportation Chairman @transportation@cbyc.org. **NO DEPARTURE FLIGHTS SHOULD BE SCHEDULED BEFORE 2100 ON WEDNESDAY, AUGUST 4.**

If you are traveling as an Unaccompanied Minor, you must let the CBYC Transportation Chairman know via e-mail, so that someone can be assigned to sign for you. There is a space on your online registration to notify us as well.

- **ARRIVAL INFORMATION:**
 - If your flight is delayed, call the **CBYC Transportation Hotline at (310) 498-4512 immediately.**
 - Upon arrival, call the CBYC Transportation Hotline at (310) 498-4512 to confirm your arrival.
 - If you are using CBYC's arranged Ground Transportation from LAX, proceed to the baggage claim area, pick up your bags and proceed to the Shuttle pickup outside and across the street to where a CBYC representative will be there to greet you and help you board the Supper Shuttle Van.
 - If you are using CBYC's arranged Ground Transportation from LBG, proceed to the baggage claim area where the CBYC representative will be there to greet you and direct you to the transportation pick up.
- **GROUND TRANSPORTATION:**
 - CBYC is currently arranging for group Ground Transportation for those arriving at LAX or LGB between 0900 – 1400. Go online for further information which will be posted shortly: www.usyouthchamps.com.

- **FOR YOUR OWN SAFETY, DO NOT ACCEPT RIDES OR TRANSPORTATION AT LAX or LGB that has not been arranged by CBYC.**

- Competitors will be met by their Host Housing parent at Cabrillo Beach Yacht Club. You will only find out who your housing host is at registration.

If there is a flight delay or travel problem during your trip, contact the ***CBYC Transportation Hotline at (310) 498-4512.***

- **DEPARTURE INFORMATION:**

- **No departure flights should be scheduled before 2100** on Wednesday, August 4. Traffic in the Los Angeles area is such that it can take up to one hour to get to the airport and we don't want you to miss your flight.
- **GROUND TRANSPORTATION:** CBYC is currently arranging group Ground Transportation from CBYC to LAX or LGB. Go online for further information which will be posted shortly: www.usyouthchamps.com.
- Vans will depart from CBYC after 1900 on Wednesday August 4. Earlier or later transportation will not be available. Costs of the van will be posted online at www.usyouthchamps.com. Please ensure you have enough money for your return trip.
- If you are traveling as an Unaccompanied Minor, check with your airline to see if it will accept credit cards to pay the required fee at check – in. Otherwise ensure that you have either traveler's checks or cash.

- **TRAVEL QUESTIONS OR DELAYS:**

- Refer to the event website for further travel information and updates.
- **QUESTIONS:** Any questions regarding transportation, airlines or airports should be directed to the Transportation Chairman, Erin O'Connell at transportation@cbyc.org. Every question or concern will be answered promptly.
- **TRAVEL CHANGES – due no later than Thursday, July 15:** **You can go into your registration using the link you were provided and update your travel plans at any point up to July 15.** If your plans change after that, **send an e-mail** to the Transportation Chairman at transportation@cbyc.org, **entitled: "Travel Changes"**. We will be tracking the arrival of each person carefully.
- **DELAYS:** Contact the Transportation Chairman at: (310) 498-4512.

DEPARTURE FROM THE SAILING SITE:

- Competitors will not be allowed to depart for any reason prior to the Awards Ceremony, Wednesday, August 4, 2010.
- All boats and trailers must depart by 1700 on Thursday, August 5, 2010.

CHARTER BOATS:

- Competitors who are approved for an official charter boat will have an additional letter with detailed information enclosed in this packet. Please read it carefully so that you will know exactly what you will need to bring. Charter fees must be paid online by the stated deadlines. Refundable damage deposits will be paid by credit card to LaserPerformance and the damage deposit forms must be on file prior to arrival. Those competitors who are approved for an official charter boat will be assigned a boat at registration on Sunday, August 1, starting at 1000. Representatives from LaserPerformance will be on site. You will be expected to help prepare and rig boats,

with assistance from the LaserPerformance representatives. **If your damage deposit form is not on file, you will not receive a boat.**

- Please note section 7 of the Notice of Race regarding charter boat handling and damage deposits.

MEALS:

- Meals for each competitor will be provided at no additional cost. Breakfast will be at CBYC each day. Lunches will be provided each day. Dinners will be at CBYC or otherwise noted.

Meals will only be available for non-competitors when advance reservations are made at registration. Dinner tickets may be purchased for Sunday, Monday, and Tuesday for \$20 per dinner or \$55 for all three dinners. Dinner tickets for non-competitors can be purchased during on-site registration or as part of online registration. Breakfasts and lunches for non-competitors will not be provided.

- Private coaches may purchase a meal plan as part of online registration for \$150 which includes; breakfast, lunch, and dinner during the regatta.
- GUEST CARDS: CBYC guest cards may be arranged through the on-site registration in Suite 102 for non-event dining or drinking at the club.

HOUSING:

- Housing is NOT guaranteed. CBYC has 50 beds available and will do its best to find more if they are needed. If you are interested in housing, you will need to submit the Housing Request form **by May 15th**. All requests will be reviewed at that time and you will be promptly notified. Late requests may not be honored if space is not available. Preference will be given to sailors 16 and under and distance will also be considered.
- All non-local competitors, who are accepted for housing, will be assigned a host family who will house you (the competitor) during the entire event. If you have someone you'd like to be housed with or have any particular requests or special circumstances, note this on the registration form. We will attempt to house skippers and crews together as best we can but we do separate by gender.
- If you are local and/or accompanied by a parent or other adult taking responsibility, your parent or guardian must sign the Alternative Housing Consent Forms, prior to registration, pledging to take full responsibility for you during the event, and stating that the adult taking this responsibility for you will comply with the curfew and all other rules concerning this Championship. There will be no exceptions. The Alternate Housing Consent Forms are included in this packet if you choose to make your own arrangements. ***The responsible adult must be present at registration. If the person designated as the responsible adult is not present, you will be housed elsewhere – no exceptions.***
- No Event housing will be provided to competitors after Wednesday, August 4, unless requested and approved by Shannon Bush in advance.
- BEING A GOOD GUEST IN YOUR ASSIGNED HOUSING: Housing will be generously provided by local families in their homes. It is a nice gesture to bring a small present to your host or hostess to thank them for their hospitality.

- Please be as easy a house guest as you can and show them that you appreciate their giving you a place to stay by not taking it for granted. When you arrive, call your parents with your host's name and phone number, and give your parents' names and number(s) to your host. Also, tell your host what your schedule is going to be so they know where you are at all times. Work out with your host where to hang your wet clothes, how "raid-able" their refrigerator is, etc. It's easy.....just be considerate!

ALTERNATE HOUSING:

- CBYC has arranged a rate of \$139.00 per night at the Doubletree Hotel, just down the street from the club for sailors traveling with parents or coaches. This is the most convenient hotel to the regatta and is also the only hotel within safe walking distance. Be sure to let them know that you are part of the U.S. Youth Championship.

Doubletree Hotel, San Pedro
 2800 Via Cabrillo Marina
 San Pedro CA 90731
 (310) 514-3344 ph
 (310) 514-8945 fx

MEDICAL FORM:

Each competitor must send in a completed Medical Form to CBYC. If any medical issues change after that date, it is the responsibility of the parent/ competitor to notify the CBYC Regatta Registration Chairmen by e-mail.

EVENT BEHAVIOR:

This Event is a "NO TOLERANCE" event; the use of alcohol or any illegal drug by a competitor will not be allowed or tolerated during the event. Offenders will be dealt with as stated in the Notice of Race.

CURFEW:

- There will be a 2200 curfew during the event, meaning that ALL competitors must be "home" where they are being housed by 2200 each night.
- Host families will pick up their competitors no later than 2200 from the evening's social affair location. Be prepared to leave promptly.
- These regulations are in effect from Sunday, August 1 through Wednesday, August 4.
- There will be no exceptions, even for the sailors staying in their own homes or in privately arranged housing. We are not trying to make the event less fun; we are very concerned for your safety.

TREATING THE HOST CLUB CORRECTLY:

CBYC has been planning and working on this event for a year. You can be assured that they want to put on the best possible event for you, from the racing, to the meals, to the social events, and to the housing. They take their regatta hosting very seriously, and as their guests you have an obligation to show that you appreciate their work through your actions. Whenever 120+ competitors descend on one club at the same time, the *possibility* is always there that the

place will be left a mess, stuff will turn up missing, club property will get damaged, and members will be inconvenienced. The future of the event depends on people wanting to host and run it, and most people don't want to associate themselves with an unappreciative group of teenagers. Remember that you have been *selected* to attend and that this is a privilege. Please be as self-sufficient as possible and help others as they need it. We expect that you'll jump in and help without being asked or forced to do so.

PERSONAL SAILBOAT NOTIFICATION - e-mail by May 15:

Competitors who bring their own sailboats are required to send an e-mail to the CBYC Registration Chairman, (cortney@cbyc.org), entitled "Personal Sailboat Notification" by May 15 with your name and boat type. Boat trailer parking space will be assigned and provided at Registration.

PRIVATE SPECTATOR / COACH BOAT NOTIFICATION – e-mail by May 15:

All spectator and coach boats are required to meet the conditions outline in US SAILING's Championships Support Vessels policy. This can be found at http://championships.ussailing.org/Youth/US_Youth_Champs.htm. Individuals who are unable to qualify are welcome to board the designated spectator boats.

- Private Coaches are required to register no later than June 15 online at http://championships.ussailing.org/Youth/US_Youth_Champs.htm.
- Send an e-mail to the CBYC Registration Chairman, (cortney@cbyc.org) entitled "Private Spectator / Coach Boat Notification" by May 15 with your name, associated competitor's name, boat type and length.
- Boat launch and trailer storage are available at CBYC dry storage areas. For your assigned trailer parking space and boat's mooring, check-in at Registration.

SPECTATOR BOAT REQUEST - e-mail by June 15:

It is our intent to try to provide spectator boats for those wishing to go on the water.

- Spectators must send an e-note to the CBYC Registration Chairman, (cortney@cbyc.org) entitled "Spectator Boat Request" by June 15 with your name(s) and associated competitor's name.
- Sign up for each day will be at Registration in Suite 102.
- Spectators will be expected to make reservations and purchase lunches and beverages. No alcohol will be allowed on the spectator boats, as this is a NO TOLERANCE event. Please bring your own personal flotation device.

PARKING:

Competitors with vehicles are allowed to use the parking lots located adjacent to CBYC. You do not need to notify CBYC in advance.

LOCAL WEATHER:

- The Port of Los Angeles area temperature can range between 70-80's, with water temperatures in the low to mid 60s. Please bring appropriate gear for these conditions. Wetsuits or drysuits are optional, but may not be necessary.

MESSAGE CENTER:

People wishing to leave messages for competitors may do so by posting on the message board in Suite 102 or by using the Facebook Page for the U.S. Youth Sailing Championships. Where possible, messages for the competitor will be left on the bulletin board at Registration.

PERSONAL GEAR:

- Mark your belongings in advance! Take a few minutes with a permanent marker and put your name on everything you will be bringing. Also, clearly label or otherwise mark your spars and other boat equipment. Remember that all Laser spars look identical and there will be nearly 50 sets of them lying around. A clearly marked piece of equipment is much less likely to “disappear.”
- BRING THE FOLLOWING:
 1. Personal Flotation Device (Life Jacket) US Coast Guard Approved Type III or V PFD, Inherently Bouyant (i.e. not inflatable) – **no exceptions**
 2. Water bottle
 3. Sunscreen, sunglasses and hat
 4. Tools and parts
 5. 30-foot tow line (required for all boats)
 6. Entertainment (e.g., frisbee, football, iPod)
 7. Appropriate gear for the conditions (sunshirt, spray top, and wet suit)
 8. Appropriate clothing (yacht club dining) for meals. Shoes and shirts required. No cut-off shorts, tank tops, or halter tops allowed in CBYC.

SAILING INSTRUCTIONS:

Sailing Instructions will be distributed at registration and will be available on the Youth Championship Event web page.

GUESTS/ACCOMMODATIONS:

Should you wish to bring guests (parents, coaches, etc.), be aware that we cannot be responsible for the housing, feeding or transportation of your guests. Guest Cards are required for purchase of meals at CBYC. (See Meals above)

We welcome you to the Cabrillo Beach Yacht Club. See you in August!

Sincerely,

Aaron Feves
Regatta Chairmen
2010 U.S. Youth Sailing Championship

Shannon Bush
Chairman
US SAILING Youth Championship Committee

Cortney Medak
Registration Chairman
2010 U.S. Youth Sailing Championship



ACCEPTANCE FORM

IMPORTANT: This Acceptance Form **MUST BE MAILED** and postmarked no later than May 15, 2010 or your place will be given to a sailor on the waiting list and your name will go to the end of the waiting list. Doublehanded skippers and crews must **EACH** complete and sign separate copies of this form. Only **COMPLETELY FILLED IN forms** will be accepted.

I ACCEPT the invitation to compete in the 2010 U.S. Youth Sailing Championship *If I have been awarded a charter boat, I will complete the online charter form.* I will go online and complete the registration form at <http://www.ussailing.org/championships/youth/youthchamp/>

Thank you, but I **WILL NOT ATTEND** the 2010 U.S. Youth Sailing Championship. (For our information, please state the reason for not being able to attend.)

Print **competitor's name clearly**

Sign your name

date

Street

City

State

Zip

Phone

e-mail

Laser

Club 420 Helm

29er Helm

Laser Radial

Club 420 Crew

29er Crew

Sail Number

Hull Color

If sailing a doublehanded boat, please write your sailing partner's name: _____

Return ALL forms to:
Cortney Medak
2010 U.S. Youth Sailing Championship
211 West 22nd Street
San Pedro CA, 90731



RELEASE OF LIABILITY

In consideration of the undersigned's participation in the 2010 U.S. Youth Championship ("the Regatta") sponsored by US SAILING, LaserPerformance, Gill NA, Sperry Top-Sider and local event sponsors (collectively, the "Sponsors") and hosted by the Cabrillo_Beach Yacht Club (the "Host") on August 1 – August 4, 2010 the undersigned participant ("Participant"), and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below, on behalf of themselves and their respective heirs, executors, administrators, personal representatives and next of kin (collectively with Participant, "Releasors"), hereby forever waive, release and discharge each of the Sponsors, the Host and their respective parents, subsidiaries, affiliates, owners, members, managers, employees, officers, directors, agents, representatives, successors and assigns (each a "Released Party") from any and all claims, demands, damages, judgments, executions, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, which a Releasor may have, or claim to have, against any Released Party resulting from death, personal injury, property damage or other loss Releasor may sustain as a result of participating in the Regatta or other activities related thereto.

THIS RELEASE IS INTENDED TO DISCHARGE EACH RELEASED PARTY FROM ANY AND ALL LIABILITY ARISING OUT OF OR CONNECTED IN ANY WAY WITH RELEASOR'S PARTICIPATION IN THE REGATTA EVEN IF THAT LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ANY RELEASED PARTY.

Releasors hereby acknowledge that serious accidents occasionally occur during sailing activities and that mortal or serious personal injuries and/or property damage or other loss may result from participation in the Regatta. Releasors knowingly assume all risks of participation in the Regatta, including all risk of personal injury and loss of or damage to the Releasors or their property, including further injury sustained as the result of the efforts of third parties who come to the aid of Releasor(s) if injured as a result of participation in the Regatta, and release all other persons and entities mentioned above who might otherwise be liable to Releasors. Releasors agree to abide by all rules of the Sponsors and the Host in connection with participation in the Regatta and understand that the failure to observe and obey such rules may result in instant revocation of Releasor's(s') right to participate in the Regatta.

Signature of Regatta Participant: _____

Print Name:

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasors as specified herein.

Signature of Parent/Legal Guardian: _____

Print Name: _____ Date: _____



**Alternate Housing
Consent Form**

2010 U.S. YOUTH CHAMPIONSHIP

I, _____ (parent/guardian name) assume all responsibility for _____ (competitor name) during the 2010 U.S. Youth Championship from August 1 – 4, 2010. I release the Cabrillo Beach Yacht Club, US SAILING, all volunteers, and sponsors of all liability and responsibility during the Championship.

As a parent or guardian during this event, I agree that either I, or the adult* that I have designated on this form, will be responsible for the competitor on a daily basis during the entire event, stay at the same privately arranged housing site, and coordinate transportation to/from housing site and the Cabrillo Beach Yacht Club. I will assure all the rules of the Championship will be obeyed, including the curfew and US SAILING's Regulations regarding illegal drugs and alcohol. **I agree that I, or the adult I have designated, will be present at registration.**

Parent/guardian name (please print): _____

Address: _____

City/State/Zip: _____

Phone numbers: (w) _____ (h) _____ (cell) _____

Relationship to competitor: _____

Parent/guardian signature: _____ Date: _____

Name of Designated Adult: _____

Relationship to competitor: _____

Home address: _____

City/State/Zip: _____

Phone number: (w) _____ (h) _____ (cell) _____

over...



The competitor will be staying at the following address for the duration of the event:

Name of hotel/ B&B/homeowner: _____

Room in name of: _____

Address: _____

City/State/Zip: _____

Phone: _____



Complete the following section before mailing, if at all possible. If not possible, the section will be completed at registration. **Remember that the designated adult must be present at registration.**

As designated by the parent/guardian of _____ (*competitor's name*), I agree that I will be responsible for the competitor on a daily basis during the entire event, stay at the same privately arranged housing site, and coordinate transportation to and from housing site and the Yacht Club. I will assure all the rules of the Championship will be obeyed, including the curfew, US SAILING's Regulations regarding illegal drugs and alcohol. I also agree to be present at registration.

Print name: _____

Signature: _____

Phone number(s) during event: _____

Mail this form ***no later than May 15, 2010*** to:

**Cortney Medak
2010 U.S. Youth Sailing Championship
211 W. 22nd Street
San Pedro CA, 90731**



DEPICTION RELEASE

The signed consent form MUST be on file in order to complete registration. One must be on file for each sailor.

In consideration for my participation in the 2010 U.S. Youth Championship event ("the "Regatta"), sponsored by US SAILING, LaserPerformance, Gill, Sperry Top –Sider and local event sponsors (collectively the "Sponsors") and hosted by Cabrillo Beach Yacht Club (the "Host") on August 1 – 4, 2010, the undersigned participant ("Participant") and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below ("Parent/ Guardian"), hereby grant to the Sponsors and the Host, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification, and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the Regatta. Participant and Parent/Guardian understand and agree that one or more of the Sponsors and/or Host will be the owner(s) of any and all right, title and interest in and to the Images, in any derivative works, and in any merchandising, advertising, promotional and publicity rights and materials related thereto in all media of every nature whatsoever, whether now known or hereafter devised. Participant reserves no rights with respect to such uses. Participant and Parent/Guardian acknowledge the Sponsors' and the Host's right, title and interest in and advertisement, promotion, distribution and sale of products or events directly or indirectly related to the Regatta and/or yacht racing. Participant and Parent/Guardian agree that the Sponsors and the Host shall have unlimited right to vary, change, alter, modify, add to, and delete from any depictions of Participant in the Images and to rearrange and/or transpose such depictions as each may determine. Participant and Parent/Guardian hereby waive any right to inspect, review or approve the Images and their use by the Sponsors and the Host and acknowledge that they are to receive no payment with respect to any matter referred to herein and that any and all of the rights granted herein are freely assignable by Sponsors and/or Host.

PARTICIPANT AND PARENT/GUARDIAN, ON BEHALF OF THEMSELVES AND THEIR RESPECTIVE HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND NEXT OF KIN (COLLECTIVELY, "RELEASERS"), HEREBY FOREVER WAIVE, RELEASE AND DISCHARGE EACH OF THE SPONSORS, THE HOST AND THEIR RESPECTIVE PARENTS, SUBSIDIARIES, AFFILIATES, OWNERS, MEMBERS, MANAGERS, EMPLOYEES, OFFICERS, DIRECTORS, AGENTS, SUCCESSORS, ASSIGNS AND REPRESENTATIVES (EACH A "RELEASED PARTY") FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION THAT RELEASERS MIGHT NOW OR HEREAFTER HAVE FOR LIBEL, DEFAMATION, INVASION OF PRIVACY, RIGHT OF PUBLICITY, INFRINGEMENT OF COPYRIGHT OR TRADEMARK, OR VIOLATION OF ANY OTHER RIGHT ARISING OUT OF OR RELATING TO ANY UTILIZATION OF THE RIGHTS GRANTED UNDER THIS DEPICTION RELEASE.

PARTICIPANT (Signature): _____
NAME (print) _____ **DATE** _____

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to waive and hold harmless and indemnify each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party (ies) because of any defect in or lack of such capacity to so act and release said Party (ies) on behalf of all Releasers as specified herein.

PARENT OR GUARDIAN (Signature): _____
PARENT/GUARDIAN NAME (Printed): _____ **DATE:** _____



HOUSING REQUEST FORM

Each sailor must complete and sign separate copies of this form. Please fill it out completely - incomplete forms will not be accepted.

Competitor's name (please print) _____ M or F

Home Address _____ Age _____

City/State/Zip _____

Email: _____

Parent's Email: _____ Parent's Daytime Phone (____) _____

Parent's Home Phone (____) _____ Parent's Emergency Number (____) _____

ROOMMATE: If you are staying in the housing as arranged by the host, is there any competitor with whom you would like to share a room if you are awarded housing? **No guarantees!**

Name(s): _____

Competitor's Agreement: I accept US SAILING's invitation to sail in the 2010 U.S. Youth Championship. By accepting this invitation, I agree to comply with the restriction on drinking and the use of illegal drugs, and with the 10:00 pm curfew for the entire event. I also agree to share in the responsibility for making the event run smoothly both on and off the water. In particular, I will respect that others are also taking this championship seriously, I will respect property that is not mine, I will respect the efforts of the event hosts, and I will respect and show appreciation for the generosity of my housing hosts.

_____ / ____ / ____
Print competitor's name clearly Competitor's Signature date

Competitor's Parent(s) Agreement: I/We have read the competitor's agreement above and the restriction on the use of alcohol and illegal drugs during the 2010 U.S. Youth Championship. I/We fully understand that offenders of the restriction will immediately be removed from the racing and if practical sent home. I/We understand that I/We are responsible for the behavior of my/our child and liable for any damage to property, including chartered boats, caused by him/her, and damage to Cabrillo Beach Yacht Club property.

_____ / ____ / ____
Print parent's name Parent's Signature date

Mail this form **no later than May 15, 2010** to:
Cortney Medak
2010 U.S. Youth Sailing Championship
211 West 22nd Street
San Pedro CA, 90731



MEDICAL CONSENT FORM

Each participant or parent or guardian if applicable must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted. **Mail this form postmarked no later than May 15, 2010.**

NAME OF PARTICIPANT: _____

NAME OF PARENT OR GUARDIAN (if applicable) _____

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Cabrillo Beach Yacht Club or while participating in any activity sponsored by or under the auspices of the Cabrillo Beach Yacht Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the General Manager, Assistant General Manager or any officer or member of the Cabrillo Beach Yacht Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost the Cabrillo Beach Yacht Club, the United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of California or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature: _____

Parent/Guardian Signature (if under 18): _____ Date: _____

IN CASE OF EMERGENCY CALL:

NAME	RELATIONSHIP	PHONE NUMBER

PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER



MEDICAL AND EMERGENCY INFORMATION

Competitor's name: _____ Male ____ or Female ____

Address: _____

City/State/Zip: _____

Telephone _____ (home) _____ (Emergency cell) Date of Birth: _____

THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:		ALLERGIES:	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION (please list below)	
DIABETES OR HYPOGLYCEMIA		LATEX	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		BEE STINGS/INSECT BITES	
CIRCULATORY OR HEART PROBLEMS		IF YES, DO YOU CARRY AN EPIPEN?	
EPILEPSY/ SEIZURE		FOODS	
OTHER		OTHER	

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID / T/d or Tdap SHOT: _____

CURRENT MEDICATIONS AND DOSAGE IF ANY: _____

DETAILS: _____

**PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION
If any of the above mentioned information changes before or during the event,
please submit in writing all pertinent information to the regatta chairperson.**

Mail this form ***no later than May 15, 2010*** to:
Cortney Medak
2010 U.S. Youth Sailing Championship
211 W. 22nd Street
San Pedro CA, 90731



DRIVER'S RELEASE FORM

Only those sailors who have submitted this form in advance will be permitted to drive to and from CBYC during the championship. **Any driver who arrives without this form submitted in advance will be asked to surrender their keys.**

I _____ give permission for _____

(parent/guardian name)

(name of competitor)

to either drive themselves or be driven by _____ during the 2010

(Name)

U.S. Youth Sailing Championship from August 1 – 4. I release the Cabrillo Beach Yacht Club, US SAILING all volunteers and sponsors of all liability and responsibility during the Championship.

I understand that in event of any concerns on the part of Cabrillo Beach Yacht Club or US SAILING, my child may be required to use Event Transportation during the event instead of alternate transportation, which may require that alternate housing be arranged.

Parent/guardian name (please print): _____

Address: _____

City/State/Zip: _____

Phone numbers: (w) _____ (h) _____

Relationship to competitor: _____

Parent/guardian signature: _____

Date: _____

Please complete the following information about the vehicle(s) if you are bringing a car and/or trailer.

Vehicle Make, Model and Color _____

License Plate (vehicle) State and Number _____

License Plate (trailer if any) State and Number _____

Mail this form ***no later than May 15, 2010*** to:

**Cortney Medak
2010 U.S. Youth Sailing Championship
211 W. 22nd Street
San Pedro CA, 90731**
