

3rd ANNUAL RESCUE REGATTA
Friday, July 25 – Saturday, July 26, 2025
In Support of
Middlesex County Volunteer Rescue Squad
Hosted By
Fishing Bay Yacht Club

Sailing Instructions

1. RULES

1.1 Races are governed by the rules as defined in *The Racing Rules of Sailing 2025-2028*.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located on the event's Regatta Network site.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to these sailing instructions will be posted online at Regatta Network as well as the Official Notice Board located inside the screen porch of the East Bathhouse at Fishing Bay Yacht Club following the Skipper's Meeting.

3.2 For any discrepancies between the event NOR and these Sailing Instructions, the Sailing Instructions will take precedence.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on a Race Committee Boat at the FBYC Fishing Bay Dock.

4.2 When a notice or an addendum to these sailing instructions has been posted (see *Section 2*), and the code flag "L" will be displayed on a Race Committee Boat at the FBYC Fishing Bay Dock.

5. SCHEDULE OF RACES

5.1 SCHEDULE

Date:

Friday, July 25, 2025

1600 - 1800 Check-In

1700 - 1830 Happy Hour

1800 - 1830 Skippers' Meeting (receive your start time & course to be sailed) at Fishing Bay Yacht Club

1830-2000 - Happy Hour (cont)

Saturday, July 26, 2025

1100 - Warning for the one staggered start, short-distance race around government marks.

1530 - Time Limit (See Section 5.2)

1700 - 2200 Happy Hour/ Dinner/Awards/Music - Middlesex County Volunteer Rescue Squad

5.2 TIME LIMIT

Time limit for boats to finish is **1530**. Boats not finished at the time limit will be scored DNF.

6. CLASS FLAG

The Class Flag for all boats shall be a white flag.

7. RACING AREA

The racing areas will be at the mouth of the Piankatank\Rappahannock Rivers and east into the Bay.

8. THE COURSE AND MARKS

8.1 Start will be near the mouth of the Piankatank at day mark Piankatank "G3", (Lat. 37 32.367, Long. 76 16.703) (FBYC "C").

8.2 Course will be designated by its course letter (Section 8.4) on the Starboard side of the Race Committee boat.

8.3 The course will use government marks and also as designated in Appendix B, FBYC OFFSHORE CHARTLET found at <https://www.fbyc.net/sailing-documents/appendix/> and as shown below:

8.4 COURSE

The course will be determined prior to the Skippers meeting, then posted on Regatta Network prior to the Skippers' meeting and handed out at the Skippers meeting. This allows for flexibility in the length of the course to best fit the weather. The course used will be around government marks.

9. START

9.1 Each boat will receive its own assigned start time for the course to be sailed, to be provided at the Skippers' meeting on Friday, July 25 at 1800 and posted on Regatta Network. The starting time will be based on time offsets calculated using PHRF Handicaps. Boats without a valid PHRF rating will be assigned a courtesy rating.

9.2 The Race Committee will use GPS time as the accurate time source for all starts.

9.3 The Racing Rules of Sailing (RRS) 26 shall be used. The starting line will be between the staff from which an orange flag is displayed on the Race Committee signal boat and the starting mark Piankatank R. Fl G 4s 19ft 4m "3" (FBYC "C").

9.4 Each boat is required to check in at the Race Committee signal boat by hailing her sail number and class and being acknowledged by the Race Committee before the warning signal. A boat may not seek redress for a breach of this instruction. This changes Rule 61.1(a). Code flag “L” will be flown on the signal boat when check in can be done.

9.4.1 At check-in, boats with no sail number are requested to announce the registrant's name, class, and boat name.

9.5 As a courtesy to alert boats a starting sequence will begin shortly, the Race Committee may sound multiple sounds as an alert signal. This is a not timed sound signal.

9.6 After the Start signal, a boat whose assigned Start Time is more than a minute away shall avoid the starting area during the starting sequence for boats whose Start Time is less than a minute away.

9.7 The Race Committee, as a courtesy, will attempt to notify (via VHF channel 72) each starting boat of their starting time prior to it. Failure of such notification will not be considered an improper action or omission by the Race Committee. This changes RRS 61.4(b)(1).

10. RECALLS

In the event of an individual recall, the Race Committee will attempt to hail boats identified as OCS via VHF channel 72. Timing and order of such hails or failure of a boat to hear the hail will not be considered an improper action or omission by the Race Committee under RRS 61.4(b)(1)

11. THE FINISH

11.1 The finishing line will be between the staff from which a blue flag is displayed on a Race Committee signal boat and the finishing mark (Rappahannock R. Fl 6s 15 ft 4M “3R” (FBYC “J”).

11.2 A boat sailing the course whose finish position cannot be changed no matter how she finishes, may be requested by the Race Committee to accept a finish in place. Such a boat will be scored as though she had completed the race. This changes Rules 28.1, 35, A4 and A5.1.

11.3 At the finish, boats without sail numbers are requested to announce the registrant's name, and boat name.

12. PROTESTS AND REQUESTS FOR REDRESS

12.1 A boat intending to protest another boat must notify the Race Committee by hail immediately after finishing or retiring. This notification must include the boat name and/or sail number of the boat being protested and must be acknowledged by the Race Committee. This changes Rule 60.2(a).

12.2 The time limit for filing written protests is one hour after the Race Committee docks at FBYC. This protest time limit will be posted on the Official Notice Board. If the Race Committee posts a list of boats scored OCS, ZFP, or BFD on the Official Notice Board before expiration of the protest time limit, the time for filing a request for redress based on such a score shall be made no later than 30 minutes after the protest time limit. This changes Rule 61.2(b).

12.3 A notice of protests and requests for redress filed, approximate hearing times and place of hearing will be posted on the Official Notice Board within 30 minutes after the end of protest time.

12.4 Any skipper wishing to become party to a redress hearing must notify the Race Committee in writing within 45 minutes after the end of protest time.

12.5 Breaches of instructions or specified requirements in the Event Notice will not be grounds for protest or redress by a boat. This changes Rules 60.1 and 61.1(a).

13. SCORING

13.1. A completed race shall constitute the regatta.

13.2 A boat's score will be the actual Finish Position in her designated Class and Overall.

14. SAFETY REGULATIONS

14.1 A boat that retires from a race shall notify the Race Committee as soon as possible. Failure to notify as soon as possible may result in disqualification.

14.2 A boat shall carry all equipment required by her class rules. If not so specified, she shall also carry one USCG-approved PFD for each person on board.

15. RADIO COMMUNICATION

15.1 While racing, a boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction applies to mobile telephones.

15.2 The RC will make courtesy announcements via **VHF-72**. Such announcements may include such things as courses to be sailed for each fleet, initial mark bearing and distance, timing information, reasons for unexpected delays, etc.

15.3 The RC will acknowledge transmissions regarding retirements, protests, or emergencies and hails for **general fleet wide** clarification of course, OCS and similar transmissions from the fleet.

15.4 These broadcasts are made as a courtesy only and in no way relieve competitors of their responsibility to monitor and respond to RC displays, flags and signals. Failure of the Race Committee to broadcast or a competitor to receive a broadcast from the Race Committee shall not be grounds for redress under Rule 61.4(b)(1).

16. PRIZES

16.1 Overall and Class awards will be presented at the Saturday Social Event.

17. INSURANCE

17.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.

18. DISCLAIMER OF LIABILITY

18.1 Competitors participate in any race or regatta entirely at their own risk as instructed in RRS, Rule 3, Decision to Race. The race organizers include the Organizing Authorities, The Stingray Harbor Yacht Club, Fishing Bay Yacht Club, Race Committee, Protest Committee, sponsors, volunteers, or any other affiliated organization or official, who will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of practice for or participation in this event during shore side or on-the-water activities. By participating in this event, each competitor agrees to release the race organizers from

any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

19. COMMERCIAL ACTIVITY

19.1 A boat may not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial freighters, tugs and tows, or other commercial vessels that are unable to readily respond.

19.2 A boat without way in a ship channel that uses an engine to clear the channel at the approach of commercial traffic, shall either retire, or if the incident was unavoidable, continue racing and request redress.

19.3 A boat racing at night in the vicinity of vessels with which they might collide shall illuminate their sails by all available means to ensure that they are clearly seen by the other vessel(s). This is in addition to the navigation lights and shapes required by the COLREGS or other applicable government regulations. Such displays shall not be grounds for protest. This changes Rule 60.1.

19.4 Any vessel fouling commercial crab pot(s) and severing or dislocating them by more than 100' is required to record the license number from the pot float, report the event (with vessel contact information) to VMRC by calling 757-247-2127, and reimbursing the licensee for any loss if so claimed.