



OPTI SAILING INSTRUCTIONS
Courses III & IV
86th Annual One Design Regatta
July 19-20, 2025
Fishing Bay Yacht Club
Deltaville, Virginia

The notation "[DP]" in this SI means that the penalty for a breach of the rule may, at the discretion of the Protest Committee, be less than disqualification.

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) for 2025-2028 and current applicable class rules.
- 1.2. If there are any discrepancies between the Notice of Race and the Sailing Instructions, the Sailing Instructions take precedent.

2. Safety, Check-In and Environmental Awareness

- 2.1. A boat shall carry all equipment required by her class rules.
- 2.2. USCG-approved PFDs shall be worn by each sailor at all times.
- 2.3. Before the warning signal of a boat's first race each day, each boat will sail on starboard tack past the stern of the designated race committee boat displaying flag "L" and hail their sail number. [DP].
- 2.4. A boat that retires for the day or from a race before finishing, shall notify the RC as soon as possible.
- 2.5. A Boat requesting assistance should attempt to signal by waving an extended arm.
- 2.6. Boats observed purposefully discharging trash into the water will be subject to sanctions up to and including disqualification from all races. [DP]

3. Notices to Competitors

- 3.1. Notices will be posted on Regatta Network (<https://www.regattanetwork.com/event/28290>) and the Official Notice Board located to the left of the Main Clubhouse double door entrance between the Main Clubhouse and the parking lot.
- 3.2. Changes to these Sailing Instructions will be posted by 0900 on the day they will take effect, except that any change to the schedule of races will be posted no later than 1800 on the day before it will take effect.

4. Changes to Instructions on the Water

If additional changes/instructions are needed to be conveyed to competitors on the water prior to the start, code flag 'L' will be hoisted while RC is anchored and skippers shall sail by the signal boat for verbal instructions.

5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on the flagpole on the Fishing Bay Dock.
- 5.2. The display of Flag "AP" accompanied by two sound signals means the start of racing is postponed. The lowering of Flag "AP" with one sound means the Warning Signal for the next race shall be made in not less than 60 minutes. This changes RRS Race Signal "AP" relative to signals made ashore only.
- 5.3. Signals made ashore shall be for all classes and courses for the regatta.

6. Schedule of Races

Saturday, July 19, 2024

0930 – Skipper's Meeting

1100 - First Warning Signal Followed subsequent races

Sunday, July 20, 2024

1000 - First Warning Signal, followed by subsequent races

1430 - No Warning Signal after 1430

6.1 Four (4) races are scheduled for each day of racing. One extra race per day may be sailed, provided the championship never becomes more than one race ahead of schedule.

7. Class Designation

- 7.1. Class flags used in the starting sequence will be designated below [or in an Addendum to these Sailing Instructions].

Opti (Red)	Opti Logo over White Flag
Opti (White)	Opti Logo over White Flag
Opti (Blue)	Opti Logo over White Flag
Opti (Green)	Green Flag

- 7.2. Optimists will be divided into Red, White, Blue and Green Fleets, as defined by USODA. Red White and Blue Fleets will start together on one course. The Green Fleet will have a separate course located closer to the club house. In case less than 5 green fleet sailors were registered by Friday 1200 the race committee can decide to start the green fleet in the same course and the same sequence as RWB; which will be communicated in the skippers meeting.

8. Racing Area

- 8.1. Appendix B shows the approximate location of racing areas.
- 8.2. Optimists will be on one or two Opti Courses in Racing Area A. The VHF Channel for this course will be 69.

9. The Course

- 9.1. The diagrams in Appendix A show the courses including course designation, course diagrams with approximate angles between the legs, the order in which the marks are to be passed and the side on which each mark is to be left.
- 9.2. The course designation for each class will be displayed on the course board on the starboard side of the race committee boat for each respective class on that course.

10. Marks

- 10.1. The rounding marks for all classes will be inflatable marks.
- 10.2. Change marks, as provided in RRS 33, (Changing Course After the Start) will be inflatable marks of a different color from the original or with an added contrasting color band.
- 10.3. The starting and finishing marks will be inflatable marks for the respective race courses.

11. The Start

- 11.1. RRS Rule 26 (Warning 5 minutes prior to start), will be used for all classes with exception of the Opti Green Fleet which will use a three-minute sound start, RRS Appendix U – Audible-Signal Racing System.
- 11.2. The starting line will be between the staff displaying an orange flag on the RC signal boat at the starboard end and the course side of the port end inflatable mark or the staff displaying an orange flag on a race committee boat at the port end of the line.
- 11.3. Boats starting later than four (4) minutes after their starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.1.

12. Change of Course After the Start

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the original course configuration. When in a subsequent change, a new mark is replaced, it will be replaced by the original mark

13. The Finish

- 13.1. The finish line will be between the staff displaying a blue flag on a RC boat and on the course side of an inflatable mark or the staff displaying a blue flag on a race committee boat at the port end of the line.
- 13.2. Immediately after downwind finishes, all boats are requested to trim mainsails to display sail numbers to the race committee for identification. [DP]

14. Time Limit

- 14.1. The time limit for the first boat in each class to finish is 75-minutes.
- 14.2. Boats failing to finish within fifteen (15) minutes after the first boat finishes will be scored "Did Not Finish." This changes RRS 35 and A5.1.

15. Protests

- 15.1. A boat intending to protest another boat must notify the Race Committee by hail after finishing or retiring and before communicating with coaches or spectators and must be acknowledged by the Race Committee. Boats are to sail to the non-course side of the Finish Boat and report to the finish boat. This notification must include the sail number of the boat being protested.
- 15.2. The Race Committee will post acknowledged protests within the Protest Time Limit on the Official Notice Board.
- 15.3. Protests shall be written on forms available from the Protest Desk (Registration Desk), completed and delivered to the Protest desk (Registration Desk) within the Protest Time Limit.
- 15.4. The time limit for filing written protests is one hour after the Race Committee Boat for that course moors at FBYC. This protest time limit will be posted on the Official Notice Board. If the Race Committee posts a list of boats scored OCS, ZFP, or BFD on the Official Notice Board before expiration of the protest time limit, the time for filing a request for redress based on such a score shall be made no later than 30 minutes after the protest time limit. This changes Rule 61.2(b).
- 15.5. A notice of protests and requests for redress filed, approximate hearing times and place of hearing will be posted on the Official Notice Board within 30 minutes after the end of protest time.
- 15.6. Any skipper wishing to become party to a redress hearing must notify the Race Committee in writing within 45 minutes after the end of protest time

- 15.7. The Protest Committee will hear protests in approximately the order of receipt.
- 15.8. A boat may not protest a boat for an alleged breach of RRS 75 (Eligibility) with respect to ISAF Regulation 19, nor for alleged breaches of sailing instructions 3 & 20.3 This changes Rule 60.1 [DP]

16. Scoring

- 16.1. One completed race shall constitute the regatta.
- 16.2. Low-point scoring will apply. When five (5) or more races have been completed, a boat's final score will be the total of her race scores excluding her worst score.
- 16.3. Red, White and Blue Fleet Optimists will be scored separately by fleet and overall. Green Fleet will be scored separately.

17. Awards

Award(s) will be presented for all classes having at least 5 boats. Opti Green Fleet will receive participation mementos.

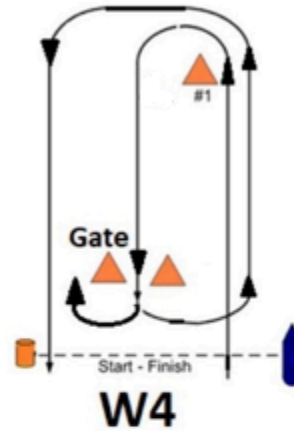
18. Support Boats

- 18.1. All support boats are welcome. All support boats are required to notify the Registration Desk of their intent to be near the course, as well as which boats they are supporting. By registering as a support boat, the operator(s) acknowledge their obligation to: 1) not interfere with any ongoing race; 2) to render aid to any sailors in distress, 3) to monitor the racecourse safety channel, (Channel 69), and; 4) to set the example in terms of safety and on-the-water decorum, including trash disposal.
- 18.2. On-the-water coaching for Green Fleet sailors is encouraged, subject to the obligations in section 20.1. Race-time coaching is only for sailors in a lower half position in the race being sailed.
- 18.3. Failure to adhere to these standards could result in sanctions up to and including disqualification of all supported team members from any or all races. [DP]

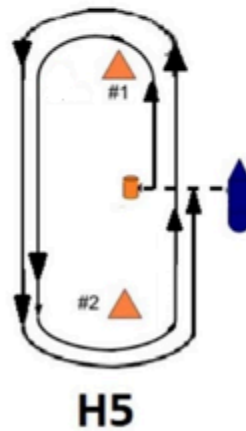
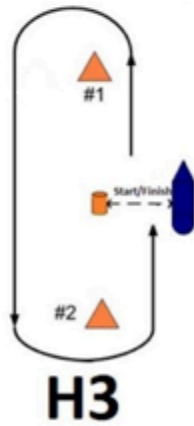
Appendix A: Courses

6. COURSES.

The following are courses that may be used. Number of legs will follow the letter designator.
Ex. W2, W4, H3, H5.



If a W4 has a single leeward mark (no gate), the mark shall be rounded to port.



H5 will be sailed in the following order: S/F, 1, 2, 1, 2, S/F. On leg 3, the start finish line is not a mark of the course. It is also allowed to be crossed (Start/Finish line is open).

Appendix B: Racing Area

