

SAILING INSTRUCTIONS
One Design Courses I & II
86th Annual One Design Regatta
July 19-20, 2025
Fishing Bay Yacht Club
Deltaville, Virginia



1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)* for 2025-2028, and current applicable class rules.
- 1.2. If there are any discrepancies between the Notice of Race and the Sailing Instructions, the Sailing Instructions take precedent.
- 1.3. For multihull classes (Weta, Isotope) ONLY, Appendix V1 shall apply and is modified so that only one (1) turn is required for multihulls even if in the zone. This changes Rule 44.1 and modifies the penalty in V1, but only for the multihull classes.

2. NOTICES TO COMPETITORS

- 2.1 Changes to these Sailing Instructions will be posted by 0900 on the day they will take effect, except that any change to the schedule of races will be posted no later than 1800 on the day before it will take effect. Notices will be posted on Regatta Network (<https://www.regattanetwork.com/event/250719>) and the Official Notice Board located on the back porch of the Main Clubhouse by the TV.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed on the flagpole on the Fishing Bay Dock.
- 3.2. The display of Flag "AP" accompanied by two sound signals means the start of racing is postponed. The lowering of Flag "AP" with one sound means the Warning Signal for the next race shall be made in not less than 60 minutes. This changes RRS Race Signal "AP" relative to signals made ashore only.
- 3.3. Signals made ashore shall be for all classes and courses for the regatta.

4. CHANGES TO INSTRUCTION ON THE WATER

- 4.1. If additional changes/instructions are needed to be conveyed to competitors on the water prior to the start, code flag 'L' will be hoisted while RC is anchored. Skippers must sail by the signal boat for verbal instructions.

5. SCHEDULE OF RACES

5.1 The Schedule of Races for this event.

Saturday July 19, 2025

Skippers Meeting 0900

First Warning Signal 1100

Followed by subsequent races

Sunday July 20, 2025

First Warning Signal 1000

Followed by subsequent races




No races started after 1430

Races followed by Social and Award Presentation

5.2 Code Flag "A" displayed as boats are finishing means "No more racing today on this course."

6. CLASS FLAGS

6.1 Class flags are as follows:

Class	Flag
Isotope	Code flag 6 
Weta	Code flag 7 
Melges 15	White flag with Melges 15 Class insignia
Flying Scot	White flag with Flying Scot Class insignia
Albacore	White flag with Albacore Class insignia
Hampton OD	White Flag with Hampton Class insignia
ILCA 7 ILCA 6 ILCA 4	White flag with red ILCA insignia Green flag with red ILCA insignia Yellow flag with red ILCA insignia
Portsmouth	Code flag 9 

6.2 The RC may combine classes in a Start as indicated by their Class Flag hoist at the Warning Signal.

- 6.3 Initial intended Starting Order will be reviewed at the Skippers Meeting. Starting order of subsequent races will be as signaled with class flags.
- 6.4 Boats in the Portsmouth class shall fly a colored streamer (provided at check in) from the backstay or similarly situated location on the boom if no backstay is available. [DP]

7. RACING AREAS

- 7.1 Appendix B, page 9, shows the approximate location of racing areas.
- 7.2. There will be two courses, Course I and Course II. Class/Fleet assignments for each course are at the discretion of the RC and will be posted on the Official Bulletin Board and/or Regatta Network by 0900 each day. Optimist fleets are not included in Course I and Course II. Information for Optimist fleets will be governed by the [Opti Sailing Instructions](#) for Course III and Course IV.
- 7.4 The racing area used for each OD course will be posted on the notice board each morning. The VHF Channels for Courses I and II will be 72 & 65, respectively, for RC and emergency use.
- 7.3 Optimists will be on one or two Opti Courses in Racing Area A. (See Appendix B, page 9.) The VHF Channel for this course will be 69.
- 7.3. Boats may be led to another racing area by the Signal boat hoisting code flag 'L'.

8. THE COURSES

- 8.1 Example courses are illustrated below, Appendix A, (page 8) for the One Design Fleets.
- 8.2 The course for each class will be designated by displaying letter(s) on the Race Committee Signal Boat. A number following the course designation will indicate the number of legs
- 8.3 The Race Committee may deploy an Offset Mark adjacent to any Windward Mark. Said Offset Mark shall be a mark of the course and passed after the Windward Mark in the same direction as the Windward Mark. If there is a change of course, there will not be an offset mark, even if it was present during previous rounding.
- 8.4 When a "W" course is used, the Leeward mark is not a mark of the course for the final finishing leg.

9. MARKS

- 9.1. Marks of Race Courses shall be orange inflatable marks or inflatable marks as designated by the race committees.
- 9.2. New change marks, as provided in Rule 33, will be yellow inflatable marks.

- 9.2.1. If the course is changed after the start, only one change mark will be set. All boats shall round this single change mark.
- 9.2.2 When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 9.3. The starting marks will be yellow inflatable marks.
- 9.4. The finishing marks will be orange inflatable marks.

10. THE START

- 10.1 The starting line will be between the staff from which an orange flag is displayed on the RC signal boat and the starting mark (pin).
- 10.2 Boats starting later than four (4) minutes after their starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.1.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.
- 10.4 As a courtesy, to alert boats that a starting sequence will begin shortly, the Race Committee may make multiple sounds approximately one minute prior to the warning signal. This is not a timed sound signal.
- 10.5 Each boat is required to check in at the Race Committee signal boat by hailing her sail number and class and being acknowledged by the Race Committee before the warning signal of the first race in which she intends to participate each day of racing. A boat may not request redress for a breach of this instruction. This changes Rule 61.1(a)
- 10.6 The Race Committee may attempt to hail OCS boats by sail number on individual recalls. Where classes allow use of VHF, attempts to notify OCS boats may use the VHF channel designated for that racing area. Failure of the Race Committee to make this hail, failure of a boat to hear the hail, her position in the sequence of notifications or promptness of notification will not be valid grounds for redress. This modifies Rule 61.1(a).

11. THE FINISH

- 11.1. The finishing line will be between a blue flag (or staff with code flag "S" if course has been shortened) on a committee boat and the designated finishing mark.
- 11.2. A boat sailing the course whose finish position cannot be changed no matter how she finishes, may be requested by the Race Committee to immediately return to the starting area. Such a boat will be scored as though she had completed the race. This changes Rules 28.1, 35, A4 and A5.2

12. TIME LIMITS

- 12.1 The time limit for the first boat in each class to finish is 75-minutes.

- 12.2 Boats failing to finish within 30-minutes after the first boat in class finishes will be scored TLE and given points 1 greater than the number of boats finishing the race. This changes Rules 35 and A5.1.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 A boat intending to protest another boat must notify the Race Committee by hail immediately after finishing or retiring. This notification must include the boat name and/or sail number of the boat being protested and must be acknowledged by the Race Committee. This changes Rule 60.2.
- 13.2 Protest forms are available at the Official Notice Board near the Protest Drop Box, located on the front porch of the Clubhouse.
- 13.3 The time limit for filing written protests is one hour after the Race Committee Boat for that course docks at FBYC. This protest time limit will be posted on the Official Notice Board. If the Race Committee posts a list of boats scored OCS, ZFP, or BFD on the Official Notice Board before expiration of the protest time limit, the time for filing a request for redress based on such a score shall be made no later than 30 minutes after the protest time limit. This changes Rule 61.2(b)
- 13.4 A notice of protests and requests for redress filed, approximate hearing times and place of hearing will be posted on the Official Notice Board within 30 minutes after the end of protest time.
- 13.5 Any skipper wishing to become party to a redress hearing must notify the Race Committee in writing within 45 minutes after the end of protest time

14. SCORING

- 14.1 One completed race shall constitute the regatta.
- 14.2 Low-point scoring will apply with the exception of no throw-outs.
- 14.3 Current Portsmouth Yardstick DPN-2 Handicaps found in FBYC Appendix E (<https://www.fbyc.net/sailing-documents/appendix/>), or as established by the OA, will be used to score races comprised of unlike boats.

15. SAFETY

- 15.1 A boat shall carry all equipment required by her class rules. If not so specified, she shall also carry one USCG-approved PFD for each person on board.
- 15.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

15.3 A yacht requesting assistance should attempt to signal by repeatedly waving an extended arm. A yacht may also contact the Race Committee on VHF Channel designated for their course.

15.4 Each boat should carry a tow line of appropriate diameter and length for the class of boat.

16. AWARDS

16.1. Annual One Design Awards will be given to the first 3 finishers in each class.

16.2 The John R. Hawksworth Memorial Trophy will be awarded to the class winner who has been most competitive as measured both by the degree to which he has consistently been at the top of his class and the number of boats against which he has competed. The formula used for calculation is:

HAWKSWORTH Score = (Class Score/Average Starters) times (Minimum Races/Class Races)

17. DISCLAIMER OF LIABILITY

17.1. Competitors participate in a regatta entirely at their own risk, per RRS Rule 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18. DISCIPLINE

18.1. All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source believes that a competitor may have committed a breach of a rule, good manners, or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.

18.2 The Skipper/Owner of each boat shall be responsible for all actions of his/her crew and guests.

18.3. In the event of a serious breach of conduct or sportsmanship, the destruction of property, or the failure to comply with a request of the Club Manager, a Club Officer, Event Chairman, or a member of the FBYC Race Committee, the offending sailor may be evicted from the FBYC premises. The Skipper/Owner will be responsible for all damages, and the Race Committee may rescind the boat's entry at any time during the regatta.

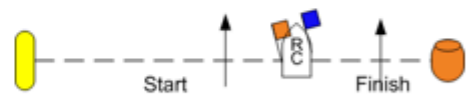
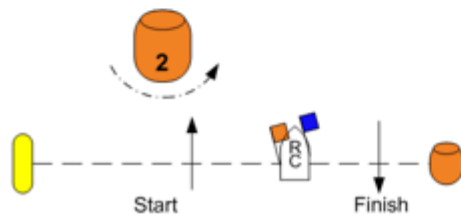
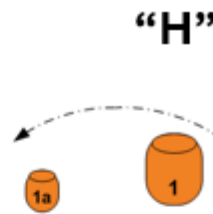
18.4. The consumption of alcoholic beverages by underage crew members or guests will lead to the immediate disqualification of a boat from the event.

19. COMMERCIAL ACTIVITY

- 19.1 A boat may not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial freighters, tugs and tows, or other commercial vessels that are unable to readily respond.
- 19.2 A boat without way in a ship channel that uses an engine to clear the channel at the approach of commercial traffic, shall either retire, or if the incident was unavoidable, continue racing and request redress.
- 19.3 A boat racing at night in the vicinity of vessels with which they might collide shall illuminate their sails by all available means to ensure that they are clearly seen by the other vessel(s). This is in addition to the navigation lights and shapes required by the COLREGS or other applicable government regulations. Such displays shall not be grounds for protest. This changes Rule 60.1.
- 19.4 Any vessel fouling commercial crab pot(s) and severing or dislocating them by more than 100' is required to record the license number from the pot float, report the event (with vessel contact information) to VMRC by calling 757-247-2127, and reimbursing the licensee for any loss if so claimed.

Appendix A - Adult One Design Courses

All marks are to be rounded to port. For “W” courses with a leeward finish, the leeward mark has no significance on the last leg of the course.



“W4” - Start - (1&1a) - 2 - (1&1a) - Finish

“H3” - Start - (1&1a) - 2 - Finish

“W6” - Start - (1&1a) - 2 - (1&1a) - 2 - (1&1a) - Finish

“H5” - Start - (1&1a) - 2 - (1&1a) - 2 - Finish

APPENDIX B

